In the Realm of Woman --- Some Interesting Features

INDIGESTION AND CONSTIPATION

Quickly Relieved By "Fruit-a-tives"

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"I suffered for many years with *terrible Indigestion and Constipation*. A neighbor advised me to try "*Fruit-a-tives*". I did so and to the surprise of my doctor, I began to improve and he advised me to go on with "*Fruit-a-tives*".

I consider that I owe my life to "Fruit-a-tives" and I want to say to those who suffer from Indigestion, Constipation or Headaches — try "Fruit-a-tives" and you will get well".

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50c. a box, 6 for $2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

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VELNOR SHAMPOO

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GOOD DIGESTION

WHEN THE STOMACH REFUSES TO PERFORM ITS NORMAL FUNCTIONS THE WHOLE SYSTEM SUFFERS AND IT IS THEN THAT AN EFFICACIOUS CORRECTIVE SHOULD BE USED. YOU WILL FIND THIS IN THE OLD AND RELIABLE REMEDY

PARMELEE'S VEGETABLE PILLS

THIS WOMAN SAVED FROM AN OPERATION

By taking Lydia E. Pinkham's Vegetable Compound, One of Thousands of Such Cases.

Black River Falls, Wis.—"As Lydia E. Pinkham's Vegetable Compound saved me from an operation, I cannot say enough in praise of it. I suffered from organic troubles and my side hurt me so I could hardly be up from my bed, and I was unable to do my housework. I had the best doctors in Eau Claire and they wanted me to have an operation, but Lydia E. Pinkham's Vegetable Compound cured me so I did not need the operation, and I am telling all my friends about it"—Mrs. A. W. BINZER, Black River Falls, Wis.

It is just such experiences as that of Mrs. Binzer that has made this famous root and herb remedy a household word from ocean to ocean. Any woman who suffers from inflammation, ulceration, displacements, backache, nervousness, irregularities or "the blues" should not rest until she has given it a trial, and for special advice write Lydia E. Pinkham Medicine Co., Lynn, Mass.

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Get your old one sharpened, repaired or refitted at moderate cost. Parts supplied for all standard machines.

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"The Wife" By Jane Phelps

MRS. CURTIS COSSIPS WITH CLARA ROBERTS ABOUT BRIAN.

CHAPTER LXXVII.

Brian had flushed when Kenyon Roberts had asked him where the business college was situated. Had he not, Kenyon would have thought nothing of it, as the locality was one in which such a school might well be located. But that sudden flush and embarrassed look, though gone in a moment, told a story to the astute young lawyer.

They had a really gay time while eating the rarebit, and Ruth felt sure she was going to be very happy again, no what she was at home. Once more she thought: "I will ask Mr. Mandel not to send me away oftener the nis absolutely necessary; and not for so long a time." She would meet Brian more than half way in trying to be together all they could.

When they were preparing for bed, Kenyon Roberts said to his wife:

"I wonder what Hackett is up to!"

"Why—what do you mean?"

"Nothing much—perhaps it is my notion, and I should say nothing about it even to you. But when you and Ruth were making the rarebit I asked him where the school of typing was located, and he said "Down near the Square," and flushed peculiarly. The queer part of it is that I have seen him several times lately—while Ruth was away—going in that direction with his arms full of paper bundles. Looked like groceries."

"Nonsense! what would he be carrying groceries down there for?"

"I'm sure I don't know! but I hope he isn't carrying on an affair with one of those Village girls. Ruth is too nice a woman to be up against anything like that."

"You remember that Mollie King we met that night we called on the Curtis'?"

"Yes, why?"

"Well, I met Mrs. Curtis the other day. She is pretty much of a gossip, and she told men that Miss King and Brian used to be 'thick as thieves.' Perhaps he goes there. She lives down there near the Square."

"I hope not! although I recall being favorably impressed with Miss King. She seemed a good sort."

"I liked her too! Mrs. Curtis said every one always liked her; and that her friends were astonished when Brian married Ruth. He had been going with Mollie so long, they thought he was going to marry her."

"Too bad Ruth has to be away from him so much." Kenyon yawned. "We men don't like to come home to a womanless home, you know."

"All men aren't like you," Clara answered, then they both forgot Brian and Ruth, in planning something for themselves.

"Well, Brian, how did you get along?" Ruth asked after their guests had left.

"Pretty well! I'm a little clumsy with my hands. Guess they are too big."

"Have you a good teacher?"

"Pretty fair, I guess." Had Ruth been looking, she would have seen him flush as he had when Kenyon Roberts had questioned him.

"Man or woman?" Ruth was brushing her hair and did not look up as she put the query.

"A woman! what pretty hair you have, Ruth," adroitly Brian changed the subject.

"Do you think so?" pleased at the compliment.

"Of course I do! did you have a good game to-night?"

"Very! Clara won, and you know how pleased she is when she does win."

"Roberts tell you any news? Has he any more new clients?" Brian unconsciously was a bit jealous of Kenyon Roberts, yet he liked him.

"No—but he thought it fine you were studying typing," again Ruth veered around to the subject, "he said he had taught himself, but that he did not type correctly, although he made good-looking letters and briefs."

"I am learning the touch system,"

"He said he wished he had! that it was the thing to do."

Again Brian changed the subject. He never had told an out and out lie to Ruth, he didn't want to; really had no intention of doing so. Should she ask him, he would frankly tell her that Mollie King was his teacher, but he would prevent the asking if he could. Surely there was nothing wrong in that!—so he reasoned.

And Brian really meant no wrong. He had been lonely because Ruth left him; and had taken means to dissipate that loneliness. If Ruth remained at home, he would never leave her after he finished learning to do his own typing.

When he figured this way, he never gave a thought to the comforts Ruth's salary made possible. Comforts he would now miss almost as much as would she.

To-morrow—Arthur Mandel Knows About Brian's Evenings with Mollie.

TALKING IT OVER
With Lorna Moon

More Power To Their Elbows.

Such a hustling and a packing up suddenly there has been this week. The two sisters on the next floor who did dress-making suddenly sent all their clients notice to come for their silks and velvets and jersey cloth, for they will sew no more for anyone until the war is over. They are off to France as canteen workers. Away they went this morning in trig workmanlike suits, not at all like the Frenchy creations that used to bear their name. And it seems that just about every other girl has gone, or is going in for nursing or some form of war work. You miss a familiar face, and when you inquire—this is the answer "Oh, she's gone. Left for France. Gone as a telephone operator. She was part French you know and could speak both languages."

I got a letter to-day which read "of course, you will be surprised out of a year's growth to hear that I have been accepted in the Ambulance Corps and leave for overseas any moment now. I am just waiting for orders." I would have been surprised out of a year's growth, if I hadn't stopped growing long ago; for I can't visualize the writer of that note as an ambulance driver. Last time I had breakfast with her (at ten o'clock), she came down stairs in a blue and pink breakfast gown and a ravishing cap of cobwebby lace and asked me, stifling a yawn apologetically, if I always got up at that unearthly hour!

I'm wondering how on earth—no I'm not, I'm not wondering about anything any more. I just know that fragile little wisps of girls can hoe potatoes and turnips for weeks and get rosy and healthy while doing it. And I know that pampered society belles can do canteen work, getting up at five and working all hours, and get as husky as a farmer at the game. I know that there isn't any limit to what women can do when they put there whole hearts into the work they are doing. And their hearts are in it, bless them, all of them, canteen workers, nurses, ambulance drivers and farmerettes. More power to their elbows!

LETTERS TO POSTMASTER.

One Was From a Major Since Killed.

Postmaster James Stewart on Saturday received a letter from Lt.-Col. J. C. Stewart, dated October 4th. It was written while Col. Stewart was still in France, and it stated that he was at that time undergoing all the discomforts of life in the trenches. He had for some days been living in shell-holes, and had been finding it a hard task fighting those pesky little insects which are inseperable from life in the trenches.

Postmaster Stewart also received a letter from Major Huntley Macpherson, who has since been killed in action. This letter was written six days before his death. In it Major MacPherson stated that he had visited the grave of the late Capt. Rogie Stewart, son of the postmaster. The grave is on ground that was captured by the Germans during their advance in the strong, but was recaptured by the Allies. It had not been molested during the German occupation, but was in good condition.

To Be With Niece.

Miss Mary Douglas has come from New York to be with her niece, Miss Lillian Diack, who is seriously ill with typhoid fever.

Facts for Health Seekers To Ponder Over

Nearly every disease can be traced to clogged or inactive stomachs, livers or intestines. Indigestion, biliousness, headaches and insomnia all emanate from this cause. Keep these organs in working order and you'll have continuous good health. No case was ever treated with Dr. Hamilton's pills and not cured; their record is one of marvelous success. Dr. Hamilton's Pills are very mild, yet they cleanse the bowels promptly and establish healthy regularity. You'll eat plenty, digest well, sleep soundly, feel like new after using Dr. Hamilton's Pills—one a dose—25c. a box everywhere. Be sure you get the genuine Dr. Hamilton's Pills, in a yellow box always.

Missing Report Cancelled.

Pte. Archibald Hall enlisted at Belleville in June, 1915, and trained for overseas service with the 59th Battalion at Barriefield camp and Brockville. He went overseas when that unit left in April, 1916. In the casualty list of October 24th he was reported missing, believed wounded. In the list published on Saturday he was reported wounded and the report that he is missing is cancelled. Pte. Hall's friends in the city will be relieved to receive this report.

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Write today for your copy. 195

CHASE & SANBORN - MONTREAL
Blenders and Roasters of "Seal Brand" Coffee

LATE SENATOR RICHARDSON

An Appreciation of Him By a Brockville Paper.

Brockville Recorder and Times.

He was "Harry" after his appointment to the senate, just as he was before that honor came to him. Speaking to the R. and T. shortly after going to Ottawa, the senator remarked: "I did not ask for this job and if I had known it was like this blest if I would have accepted it." Full of steam himself, and with a bit of a punch in business affairs, he felt as if much valuable time were being wasted. As he put it, there were too many adjournments in the Upper House and too little business. There is this in that contention, that if the senate instead of waiting for business from the Commons, would use its prerogative in initiating legislation, its members might be kept very busy. Later he became somewhat reconciled to the situation, but it never really suited him. He made at least one important contribution to the debates, and in committees startled the senators with new, independent and almost radical suggestions. No frills adorned the character of Senator Richardson and no airs were ever assumed, but he was real all the way through, and tried in his short public career to act upon the same business principles that brought success in such a marked degree to his private enterprises.

Those who had commercial relations with him admired his ability and candor, and though he never gushed his friendship rang as true as his business instinct was keen. Kingston and the country lost a good man when Harry Richardson went.

IMPORTANT ANNOUNCEMENT.

The Provincial Government to Protect Subscribers.

The Ontario Government makes two announcements of great importance in connection with the question of provincial and municipal taxation of Victory Bonds.

It will be recalled that in the case of a subscription made last year by the Massey-Harris Company the Toronto assessment department took the view that the company was subject to taxation on the whole amount of the subscription regardless of the fact that this subscription was subsequently reduced and the company's actual income was correspondingly reduced. Legal action being taken the city's position was sustained. In future the Provincial Government proposes to protect the subscriber in such cases.

The other announcement is of particular interest to large investors in Victory Bonds outside the province of Ontario; the point having been raised that Ottawa being located in this province and all Dominion of Canada bonds having technical domicile at Ottawa, all Victory Bonds would, therefore, be subject to the Ontario succession's duty act on the death of the owner, the Ontario Government makes it clear that it has no intention of setting up any such claim.

Canadian Casualties.

Died of Wounds—G. Barnes, Brockville; M. Moore, Portsmouth.

Died—A. Shields, Renfrew.

Missing—D. Robertson, Iroquois.

Cancel Report Missing—A. Hall, Brockville.

Prisoner of war—C. Merkley, Chesterville.

Wounded—D. Nottingham, Carp; R. Hamilton, Ardoch; W. Virtue, Tyrone; J. Halpin, T. Skinner, Peterboro; H. Francis, Port Hope; A. Generoux, Queensboro; S. Gannon, Cornwall; A. Clark, Brockville; J. Corby, Deseronto; T. Corrigan, Kingston; J. Soran, Aultsville; T. O'Neil, Lakefield; J. Hughes, Arden; G. Farnell, Wellington; W. Craig, Port Hope; R. Brown, Picton; W. Boyd, Kingston.

Ill—M. Hayes, Pembroke; J. Barry, Kingston.

Gassed—W. Quibell, Fenelon Falls; W. Trumper, M.M., Port Hope; F. Fagan, Kingston.

Anticipate Some of Those Petty Pleasures

BY USING THE MONEY *NOW* TO BUY THE GREATEST SATISFACTION MONEY *CAN* BUY——— A CLEAR CONSCIENCE

Nothing can ever excuse you if you fail to use your resources to the limit to support the cause of Justice at this time.

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SHOES FOR FALL & WINTER WEAR

Men's Shoes priced at	$4.00	to	$10.00
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Boys' Shoes priced at	3.00	to	6.00
Misses' Shoes priced at	3.00	to	5.00
Children's Shoes priced at	1.00	to	3.50

SEE OUR WINDOW DISPLAY

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The Home of Good Shoes.

GRAND TRUNK RAILWAY SYSTEM

LOCAL BRANCH TIME TABLE

IN EFFECT SEPT. 29TH, 1918.

Trains will leave and arrive at City Station, Foot of Johnson Street.

Going West.	Lve. City	Arr. City
No. 19 Mail	12.20 a.m.	12.57 a.m.
No. 13 Express	2.10 a.m.	3.52 a.m.
No. 27 Local	9.45 a.m.	10.17 a.m.
No. 1 Intern'l Ltd.	1.15 p.m.	1.46 p.m.
No. 7 Mail	3.10 p.m.	3.47 p.m.

Going East.	Lve. City	Arr. City
No. 18 Mail	1.40 a.m.	2.17 a.m.
No. 16 Express	3.10 a.m.	3.52 a.m.
No. 6 Mail	12.20 p.m.	12.52 p.m.
No. 14 Intern'l Ltd.	1.15 p.m.	2.16 p.m.
No. 28 Local	6.48 p.m.	7.24 p.m.

Nos. 1, 13, 14, 16, 18, 19 run daily.

Other trains daily except Sunday.

Direct route to Toronto, Peterboro, Hamilton, Buffalo, London, Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Halifax, Boston and New York. For Pullman accommodation, tickets and all other information, apply to J. P. Hanley, Agent. Agency for all ocean steamship lines. Open day and night.

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—offers you milk that will *keep fresh* for weeks, milk you can always have handy, when you need it. He offers you milk that is always the same in quality—rich, pure, sweet milk—sealed safe from contamination. He has done away with worry, bother, and waste; he has solved your milk problem!

Carnation Milk "from contented cows" contains *all* the rich butter fat and food value of rich "whole milk"—and *nothing more*. It is evaporated to the consistency of cream. No artificial sweetening is added; and no preservatives. Because it is *sterilized* it will keep fresh for several days, even when the can is opened.

Carnation Milk takes the place of cream and milk in your home. You can use it for *everything*. As a delicious cream for coffee. For cooking, making candies, creaming soups or vegetables. For fruit and cereals. Diluted, as a drink for the children. For baby's bottle. It is the only milk supply your home needs. And it is always at hand—always fresh—always pure.

Try three or four cans of Carnation Milk. Order your week's supply of milk with your groceries. For remember—the Carnation Milkman is handy to your home—he is

Many a fine tested recipe you'll find in the illustrated booklet, "The Story of Carnation Milk"—sent FREE to anyone who writes. Mention this paper—please.

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