

# In the Realm of a Woman --- Some Interesting Features

## INDIGESTION AND CONSTIPATION

Quickly Relieved By "Fruit-a-lives"

Rochester, P. Q.  
"I suffered for many years with terrible indigestion and constipation. A neighbor advised me to try 'Fruit-a-lives'. I did so and to the surprise of my doctor, I began to improve and he advised me to go on with 'Fruit-a-lives'."

I consider that I owe my life to 'Fruit-a-lives' and I want to say to those who suffer from indigestion, constipation or headaches—try 'Fruit-a-lives' and you will get well!"

CORINE GARDREAU.  
50c a box, 6 for \$2.50. Trial also 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

THOMAS COPLEY  
Telephone 987

Wanting anything done in the carpenter line, estimates given on all kinds of repairs and new work also hand-wood floors of all kinds. All orders will receive prompt attention. Shop 30 Queen street.

"Ranks with the Strongest"

**HUDSON BAY Insurance Company**

FIRE INSURANCE

Home Office, Royal Insurance Bldg. MONTREAL  
FRANCY J. GILMAN, Manager, Ontario Branch, Toronto  
**W. H. GODWIN & SONS**  
AGENTS, KINGSTON, ONT.

**COAL CUSTOMERS**  
Please Notice!  
Coal Sales will be for **Cash Only.**

**BOOTH & CO.**  
Phone 133.

DR THOMAS' **ECLECTIC OIL**

A SAFE AND SIMPLE REMEDY FOR THE COMMON AFFLICTIONS OF MAN AND BEAST. IT SHOULD ALWAYS BE KEPT ON HAND AS A MORE EFFECTIVE REMEDY FOR SUCH AFFLICTIONS AS HEADACHE, RHEUMATISM, BRUISES, AND ALL THE PAINS OF THE FLESH. IT WILL RELIEVE IT.

WHEN USING **WILSON'S FLY PADS**

READ DIRECTIONS CAREFULLY AND FOLLOW THEM EXACTLY

For more effective than Sticky Fly Catchers. Clean to handle. Sold by Druggists and Grocers everywhere.

**THIS WOMAN ESCAPED AN OPERATION**

By Taking Lydia E. Pinkham's Vegetable Compound. Many Others Have Done the Same.

Troy, N. Y.—"I suffered for more than seven months from a displacement and three doctors told me I would have to have an operation. I had dragging down pains, backache and headaches and could not do my housework. My sister who had been helped by Lydia E. Pinkham's Vegetable Compound asked me to try it. I have taken several bottles and am now entirely well—so I do all my work—and not a trace of my old trouble. I have told many of my friends what wonderful results they will get from its use."—Mrs. S. EARL, 1850 5th Ave., Troy, N. Y.

Women who are in Mrs. Semler's condition should not give up hope or submit to such an ordeal until they have given Lydia E. Pinkham's Vegetable Compound a trial.

For suggestions in regard to your condition write Lydia E. Pinkham Med.

## "The Wife" By Jane Phelps

RUTH SEES BRIAN AND MOLLIE KING TOGETHER AT THE NOON HOUR.

CHAPTER XLII.  
Ruth had just returned from her luncheon and was removing her hat when Mr. Mandell's office boy told her he wanted to see her in his private office.

"I want you to go with me to look at an old house in Washington Square," he told her.

She stepped into a taxi with him and soon they stopped at a fine old house on the North Side of the park.

They finished looking the house over, then started up the avenue.

"We will walk until I see a taxi, or until a stage comes along," Mr. Mandell said, then continued the discussion of the decoration suitable for the house had just left.

As they drew near a very popular restaurant, Ruth saw Brian and Mollie King come out and stroll slowly toward the Square they had just left.

Ruth and Mr. Mandell were on the opposite side of the street, so Ruth had no fear of being seen by them, engrossed as they evidently were.

A feeling of dread, of fear, settled over Ruth. Up to that minute, no thought that Brian might ever be disloyal had entered her mind. Now, all suddenly, Ruth blamed herself.

If she had not been so anxious about doing something that was congenial, Brian might never have dined alone with Mollie King, and so renewed the acquaintance—in an intimate form.

Then came the thought. If he was so easily led away, if he cared for her so much less than she had imagined he did, it was well she should know it at once.

So while Ruth answered Mandell at random, thinking hard things of Brian, she could not know that it

was Brian's unconscious appeal for help and sympathy that had caused Mollie King to be kind and give up her coveted working hours to him.

That when he had telephoned her to meet him for lunch, she had let aside her work with a sigh and gone to meet him because she liked him and thought he needed comfort.

It was in this spirit that Mollie King, artist and Bohemian, had gone to meet Brian's husband—just because she thought Ruth wasn't being fair to him. And it was just the spirit that under the circumstances, appealed most strongly to Brian Mackett.

People who saw them together, that noon, shrugged their shoulders and said to one another:

"What can you expect? His wife is with some Fifth Avenue firm, doing as she pleases. Why shouldn't he be with Mollie? You remember they were always rather fond of each other. Half the village thought they would be married."

Really, to be fair to Ruth and also to Brian, she had not connected unfaithfulness to her as a result of his intimacy with Mollie. The coarse expressions and forms of love never occurred to Ruth. Her mind was as dimly clear as her body.

She had to care at all for what he was doing, Brian, that someone beside herself could interest him so that he would come so far from his office for luncheon. Mrs. Curtis had told her that Brian had used to be a great favorite in the village. She did not care at all for what he knew of it; and she hated to think that Brian was being drawn back into its arms.

As they hailed a stage Ruth turned

once more to see if Brian was still visible. Yes, they were talking on the sidewalk, then the stage started and she saw no more.

One moment she grew cold at the thought of the possibility of Mollie stealing Brian's love; the next a wave of defiance would sweep over her. She hated this "village," she hated the people who claimed it as their ballwick. But Brian had once loved it. What if he were firing of her prosy conventionalities? What if he were more interested in this colony of artists and writers than the world she represented? Was it not her duty to follow him, to make his friends her friends—if they would let her?

Not only that afternoon but for days afterward, Ruth thought of her own perplexities. It became a task to hold her mind upon her work. It constantly trailed after Brian, and always in the distance, but where she could see her, was Mollie King.

It was fortunate that Ruth had the new apartment to put in order; it gave her less time to think. Every evening she worked until late, and after they moved in Brian worked with her. She could see that he was delighted with the change; but he never had admitted it save to say that it was a better location for him, for a professional man, than was the other. Aside from that, he made no concession to Ruth's entire planning, and—financing, of the move.

Then, all suddenly, Ruth was obliged to go away. She would be away at least a week. She had not told Brian that she had seen him with Mollie King.

(To Be Continued.)

## WAR PUZZLES



GENERAL VON FALKENHAYN

Started a drive against the Roumanians in Transylvania, two years ago today, September 30, 1916.

Find a Roumanian.  
SATURDAY'S ANSWER  
Top side down in clouds.



IT'S POPULAR AT THE FRONT

There is no postal regulation that forbids sending tins of Reindeer Coffee to your Soldier Boy. Each can means twenty-five cups of savory coffee for him and his pals. Keep him supplied.

Handy for home use, at picnics, on motor trips, when you're hunting, fishing or camping, and as a coffee icing.

BORDEN MILK CO.  
Montreal, Canada  
Canada Food Control License No. 14118

**Borden's Reindeer Coffee**

It contains both Milk and Sugar  
You just add Boiling Water

**NOTICE TO OUR PATRONS**

Owing to the scarcity of help we have been handicapped in our repair department, and have been unable to get the work out as soon as we expected. We now have a full staff of repair men and assure prompt service in the future.

**Central Garage**  
Ed Walsh, Prop.  
835 King St.

**KNOCKS OUT PAIN—THE FIRST ROUND**

Comforting relief from pain makes Sloan's the World's Liniment

This famous reliever of rheumatic aches, soreness, stiffness, painful sprains, neuralgic pains, and most other external twinges that humanity suffers from, enjoys its great sales because it practically never fails to bring speedy, comforting relief.

Always ready for use, it takes little time to penetrate without rubbing and produce results. Clean, refreshing. Made in Canada. At all drug stores. Large bottle means economy.

**Sloan's Liniment Kills Pain**

**THREE FULL LOTS FOR SALE**

On Nelsc. Street CHEAP.

**W. H. Godwin & Son**  
Insurance and Real Estate.  
Front St. Phone 577

## TALKING IT OVER With Lorna Moon

Wanted—A Winter Wrap For Kitty.

I think the following letter from France is a pretty good answer to the pessimists who would have us believe that war is making our boys hard and unfeeling.

"I'm as happy as a king to-day—but come to think of it a king hasn't much reason to be happy these days. Anyway it takes more to make a king happy, I guess, than it does to make me happy, that's where a king is out of luck so to speak.

"I have all the fellows jealous enough to eat my head off and it's all about a kitten—I saw it first! I gave a French youngster a franc for it. I don't know for sure if it's a kitten or if it hasn't been fed well enough to grow to its full size, but its jake, and it's mine! It cuddles up against my chin at night and goes to sleep purring like everything. It makes a fellow feel good, having something warm and soft and little like that.

The other night I woke and missed it. That stable was a pretty lively place for fifteen minutes. I found

the kitty all right, one of the fellows was asleep with it in the hollow of his arm. I—pirate! Some guys certainly carry their nerves right along with them. Lifting soap and matches or socks, that isn't so bad; but when it comes to alienating a fellow's kitten—well, I bet he won't try to again!

"I'm nearly forgetting what I wrote to ask about. I was wondering if you could make something woolly and soft with rubber or some kind of water proofing on the outside; you'll be wondering what the mischief I want that for, eh? They say the weather is pretty cold and damp here in the winter. And I was thinking that if I had something like that, Kitty could lie in it when I'm in the front lines, and so I could have her with me without chilling her to death. I could make a ledge in the side of the trench and she could lie there as cozy as toast in her case with her head sticking out. If you think I'm mad just write and say so, never mind my feelings. One of the fellows in my company has a duck. He took it into the front lines last week. He's crazy about it, but I can't see anything to a duck myself. If you'll let me have Miss Kitty's winter wrap as soon as possible I'll be obliged."

Needless to say Kitty's winter wrap is on the way to France.

## LESSONS FOR THE Home Embroiderer

Specially prepared for this Newspaper by Pictorial Review.

An Attractive Luncheon Set in Filet Crochet.

As regularly as the year rolls round just so regularly do wedding invitations find their way into the mail box. Then follows the perplexing problem of what to give the bride.

A filet luncheon set is suggested because it has intrinsic value, without being beyond the means of the woman who better can spend the time making a gift than she can money in the purchase of one. The set pictured today is made of linen, or one of the clever imitations of linen which do not cost as much as the genuine article may be used in.

A ball of No. 80 cotton will be required. The lunch cloth is thirty-six inches square and the insert nine inches from the corner to the end of each arm.

Accompanying the luncheon set are six napkins 14 inches square. Each has an insert 1 1/2 inches wide and 4 inches along each side. To set the medallions into the cloth, place each one in position and whip to the linen with fine sewing cotton. Then cut away the material, leaving a margin of an eighth of an inch wide. Use embroidery cotton and working on the right side of the cloth, button-hole the linen and crochet, together with a fine even stitch having the knot on the linen. The raw edge of the linen should be worked over and disappear inside of this row of button-hole stitching. Finish the edge of the crochet with a simple crochet border continuing the single crochet all around the cloth.

Appropriate table linens is the affair of the housewife today. The breakfast as well as the luncheon table must have individual touches, not to be mistaken for any other purpose. The bride who takes the task of furnishing a new home welcomes nothing more than gifts of linen. When they are decorated with embroidery or crochet made by the giver, they become doubly valuable because of personal association.

No. 90—Filet Luncheon Set.

In each piece of the set there is a filet insert, the design being new and unusually attractive. For the lace a No. 14 crochet hook and

## NORWAY'S HERRING CATCH.

A Neutral Nation Faces Important War Problem.

In order to secure the fishermen against loss on the catches they make, by reason of the withdrawal by Britain of the agreement to purchase a fixed amount of fish, the Norwegian Government has fixed minimum prices for the sale of salted herring. It develops as the fishing season advanced that the fishermen had no cause for complaint with the result. The amount of fish caught increased and the fishermen were financially better off than during the previous year. On March 15, 1918, the state was able to reduce the minimum price of herring from 50 crowns (\$13.40) to 40 crowns (\$10.72) per barrel. In April 6, 1918, the state decided that the state guarantee was to be withdrawn, beginning with April 15, 1918, so that in future it would not be bound to buy herring caught after that time. The quality is also becoming poorer, thus increasing the risk incurred by the state if the fish were to be purchased. It may also be added that the spring catch may be regarded as ended.

The sixth year herring (storsild) fishing that takes place along the coasts of the Provinces of Romsdal and Søndre Trondhjem may be regarded as closed on March 15, 1918, from which time the state's minimum prices ceased to be in effect. The herring caught after that time may be regarded as spring herring. Last year the sixth-year herring amounted to almost twice as much as it did this year.

The catch of spring herring for the present year amounted to about 1,500,000 measures (mease), valued at about 25,000,000 crowns (\$6,200,000). The catch itself is not much larger, but the value is considerably greater than that of last year. It has been estimated that the total catch of both kinds of herring will amount to about 1,500,000 barrels. Up to the present the state has purchased herring to a value of 2,000,000 crowns (\$526,000); 10,000,000 crowns (\$2,650,000) worth has been offered for sale to the state. Contrary to all expectations, it has not been difficult to procure salt. A part of the herring was purchased by the state but already been exported—300,000 barrels herring been sent to Sweden. The fishermen themselves have also sold various amounts to the adjacent counties. The state has assumed that it will be able to sell abroad the greater part of the fish that it has been obliged to purchase; but it is also prepared to be able to dispose of a considerable amount in other ways. Part of the herring has been sold to the Royal Norwegian Provision Department, remarkable circumstance arose recently when a shipment of about 5,000 barrels of herring was sent from the southern part of Norway to Bode and Pionmarken. Formerly herring was always sent from the north of Norway toward the south; but last year's fat herring catch in north Norway was a failure. The Norwegians do not eat very much herring, for which reason the Government still has on hand about 20,000 tons of salt herring from last year. This amount will probably have to be distributed for use as cattle feed in the course of the next few days. This course will probably have to be followed with regard to the surplus of the catch of the present year. Part of it may possibly be used in the preparation of herring oil and herring meal.

If you are not satisfied with your lot put it in the hands of the real estate dealer.

## CASTORIA

For Infants and Children In Use For Over 30 Years

Always bears the name of the manufacturer.

W. H. Godwin & Son

Insurance and Real Estate.  
Front St. Phone 577

## Economy! "SALADA" TEA

is not only the most economical on account of its great strength but you have the refreshing and delicious qualities as well.

Ask your Grocer. In Sealed Metal Packets.

## Our New Fall Designs in Furniture Are Arriving Daily

We invite everybody whether they wish to purchase or not, as it keeps prospective buyers posted in the latest designs.

**R. J. Reid**

The Lending Undertaker, Motor and Horse Equipment  
230 PRINCESS STREET PHONE 577

## Insist on Getting CHARM TEA

In Packages Only Black, Green, Mixed. At all Grocers.

## DIAMOND CONSTRUCTION MAKES THE PENNSYLVANIA STATION

LIKE THE PHILADELPHIA DIAMOND GRID BATTERY

The Pennsylvania Station is strong because it is supported in every direction by sturdy diagonal braces that form diamonds everywhere.

The battery is strong because, like the station, are built on the Diamond principle.

That is why the plates do not buckle nor lose their active material. That is why the battery can be guaranteed for eighteen months.

That is why we are the official Philadelphia Service Station. Expert battery re-charging and repairing.

Free inspection—any battery—any make, any car, any time. Drop in to-day and let us look at the condition of your battery.

**George Boyd**  
Phone 201 129 Brock Street

## WE ARE NOW SHOWING OUR NEW RANGE OF MEN'S, WOMEN'S AND CHILDREN'S

## SHOES FOR FALL & WINTER WEAR

Men's Shoes priced at \$4.00 to \$10.00  
Women's Shoes priced at 4.50 to 15.00  
Boys' Shoes priced at 3.00 to 6.00  
Misses' Shoes priced at 3.00 to 5.00  
Children's Shoes priced at 1.00 to 3.50

SEE OUR WINDOW DISPLAY

**J. H. Sutherland & Bro.**  
The Home of Good Shoes.