## **Boston Cooking School** COOK BOOK

Fannie Merritt Farmer

The Leading American Authority on Cooking For many years the Boston Cooking-School Cook Book has been considered the most scientific, most practical, most reliable and up-to-date cook book on the market. It represents the painstaking labors of Fannie Merritt Farmer, the celebrated cooking-school teacher of Boston

New and enlarged edition, containing nearly 700 pages. Over 2,000 thoroughly tested recipes. 132 handsome illustrations in half-tone, reproduced from photographs of dishes originated by the author.

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The SAFEST MATCHES in the WORLD Also the Cheapest! - are

## **EDDY'S** "SILENT 500'S"

Safest because they are impregnated with a chemical solution which renders the stick "dead" immediately the match is

Cheapest, because there are more perfect matches to the sized box than in any other box on the market. War time economy and your own good sense, will urge the necessity of buying none but EDDY'S MATCHES.

# Car Service

On and after Monday, Sept. 30th, 1918, there will be a ten minute car service. All cars will run down Princess street. There will be no belt line car. Up to Sept. 30th, there will be a ten-minute service between 12.30 and 8.30 p.m.

EVER WITNESSED HERE WERE RUN OFF.

Everyone Pleased With the Exhibits and the Attractions-The Kingston Fair Has Been a Great Suc-

Wednesday was a record day at the fair. A rough estimate placed the number of visitors at 20,000. The number of tickets sold on Tuesday and Wednesday amounted to Danger, Dr. Alyea, Col-35,000. The weather was most favorable to visitors, and the great- Forest Boy, Thomas Ridest expectations of the management Little Mack ..... 6 6 were realized, demonstrating indisputably that Kingston can conduct between the heats. a big fair.

Visitors from Ottawa and other points outside Kingston expressed the whole fair on Wednesday was great admiration for the manner in the failure of the balloon to make which the whole management has been conducted, and of the high sion were painfully slow, but at quality of the exhibits. The enter- half-past five it appeared that it tainment features left nothing to be would be made. One of the men desired and the great throngs took ull advantage of them.

way round the race course both inside and outside the track, and at the same time the grounds about the buildings were jammed. buildings containing the exhibits were constantly thronged all day, and there was no time throughout the afternoon that visitors were not being admitted. Everyone is pleased with the attractions. There is so ternoon, and it is probable that the much to be seen that one visit is Farleys will make their sensational not enough. The ingenuity of the parachute drop. show management is remarkable, for different shows are presented morning and afternoon every day at the midway, producing wonderment and fascination.

Some of the finest horse races ever seen on the Kingston track were run. The best time made was 2.16 1-4, and Manulla, a bay mare. 15 years old, owned by George Powell, of Belleville, was the winner of three straight heats. The other three, Mansfield, owned by J. McDonald, of Toronto; Florence however, on Wednesday night which Peters, owned by Thomas Riddell, was received with plaudits. Under Toronto; and Rex Alfred, owned by the direction of Prof. Hand of Hamil-Field and Stroud, of Hamilton, each ton, whose reputation in producing held second place once, but Man- fireworks displays of unexcelled ulla sustained her reputation as an beauty and brilliance is known exceedingly fast mare.

In the 2.40 class Golden Rex, owned by F. LaRoche, of Ottawa and driven by himself, again took first money. Robert Patch, owned by Robert Orr, of Belleville,

#### When Appetite Fails And Health Declines Follow This Suggestion

REQUIRES ONLY A COUPLE OF SMALL TABLETS AFTER MEALS TO FIX YOU UP AGAIN

A New Blood-Food Called Ferrozone Sure to Restore You Quickly. wonderful cures with Ferrozone. for Louis Meehan-put him right on to show the various stages of fertilihis feet-made him entirely well. Meehan, "I had the Grippe which left on glass plates which are illuminated me in a very run-down condition that in the evening. The result is similar finally developed into Dyspepsia. Il to familiar methods in candling and was unable to eat but a few things, government experts are explaining and other pests with safety to the catand had a craving for acid. I gave the stages of development in the egg. up treating with the doctors because The exhibit is very daintily arranged they did not help me and on the ad- and in the great rush on Wednesday vice of a friend used Ferrozone. It the demonstrators were kept busy not only cured me of Dyspepsia and answering the questions of farmers Biliousness, but has built up my who were desirous of learning the strength to what it was before I had latest methods in egg handling. the Grippe. I can recommend Ferro-

Ferrozone gives you force, energy indigestion, prevents headachesguarantees good health.

zone as an ideal restorative."

all feel better; try it yourseifsold in 50c boxes, six for \$2.50, at

second place; Dolly Patch, the threeyear-old winner of the green race on Tuesday, took third place, and Danger, owned by Dr. Alyea, of Colborne, came fourth. Danger was seond in the last heat and showed nat he possessed speed. The best'

ime in this race was 2,24 1/4. Walter Hurdman, of Ottawa, and official judge of horses at the fair. stated that nothing better was to be seen on the Ottawa track; in fact, in some respects, our races on Tuesday were superior. The re-

2.12 Class. Manulla, George Powell

Manskield, J. McDonald Florence Peters, Thomas Stroud, Hamilton .... Time-2.16 1/2, 2.16 1-4, 2.16 1-4.

2.40 Class. Golden Rex, F. La Roche,

Ottawa . . . . . . . . . . . . 4 1 1 1 Robert Patch, W. Orr, Belleville .. .. . . . . . . . . 2 2 Dolly Patch, D. Gallivan, Kingston .. . . . . . . . . 2 4 4 borne . . . . . . . . . . . . 5 5 3 2

The 14th, P.W.O.R., band played

No Balloon Ascension. The only disconcerting part of o'clock. Preparations for an ascenpassed the hat around amongst the hundreds who had waited patiently for the event and boys were scurry-The crowd extended nearly half ing all over the grounds trying to this part of the event informed Manager Bushell that the ascension could not be made on account of the wind, and as a result thousands of spectators were disappointed. Strict instructions were given by Mr. Bushell, however, that the ascension must be made on Thursday af-

> Wednesday Night at Fair. Immense crowds attended the fair on Wednesday night. In the bright glow of the powerful Mazda lamps, which are illuminating the midway, the jostling crowd which packed the place was a unique sight. Thousands ment features and the interior of the tents/were just as filled with a crowd that viewed with astonishment the

freaks of nature in the red stalls. A new feature was introduced throughout the Dominion, a number of contrivances were erected on the all became dark in the evening the powder was ignited and a spectacle of unsurpassed beauty was unfolded to the great throngs that witnessed it from the grandstand and the race' track. Various patriotic devices were unfolded in the scintillating brilliance and fiery letters were wrought from the arrangement. No more splendid exhibition of pyrotechnics was ever seen in Kingston.

Of Interest to Farmers. Although all the exhibits in the Crystal Palace appeal to the farmers of the district, there are a number in which they should take a particular Every day comes the good news of interest. For instance there is the electrical display arranged by the In Peterboro' it worked marvels Dominion department of agriculture zation in eggs. An X-ray photograph "About three years ago," says Mr. of the egg greatly magnified is shown

The Ontario Department of Agriculture has also installed in the centre of the palace an artistic display of grains. The various grains which It strengthens the stomach, cures are the best specimens which could be gathered from the fields of Ontario are arranged in tiers and are Thousands use Ferrozone-they atracting the attention of everyone. The decorations, though simple, are well chosen and the beauty of the wheat, the barley and the oats is well

> Not less interesting is the exhibit f vegetables which occupies a section of the building. Some of the finest grades of vegetables ever seen in this part of the country have been been placed on view by A. W. Sirrett, local agricultural representative, and

# LEMON JUICE

Girls! Make bleaching lotion skin is sunburned,

supply three ounces of Orchard White for a few cents. Massage this sweetly fragrant lotion into the face, born in that city neck, arms and hands each day and Mr. Bird formerly conducted a large see how freckies, sunburn, windburn, restaurant at the Exhibition here, but,



## See Abernethy's \$4.50 Footwear

LADIES' FALL FOOTWEAR in black kid laced boots, with medium or high heels . . LADIES' AND GIRLS' COLLEGE BOOTS, made of brown calf skin

with rubber fibre soles . . . \$4.50 LADIES' GUN METAL LACED BOOTS, grey cloth tops, white Neolin soles .

Abernethy's Shoe Store



Get Ready For Kingston's Fair!

#### WE HAVE THE HATS

Hundreds to choose from. A hat for every man. New colors, new styles at popular



All the best in Men's fine gloves, including Dent's celebrated English make. This is the store for real

MEN'S FALL SUITS AND **OVERCOATS** 

Our new autumn stock is in and ready for your inspection. Our prices are reasonably low. Men's Suits, \$16.50, \$18, \$22, \$25 to \$35. Men's Overcoats, \$15, \$16.50

Also a big line of Men's and Children's boots.

ISAAC ZACKS 271 Princess St.

onsiderable interest. Enlightened farm methods and means of ridding the barns and outhouses of rodests tle are being shown.

Charles Fraser, a professional wrestler and trap shooter entertained the crowds in front of the grand stand on Wednesday afternoon with a skillful exhibition of trapshooting. Mr. Fraser, who is a returned vsoldier, having served overseas with the 74th Battalion, is now physical instructor to the Civil Service Club in Ottawa. He has a record of

breaking fifteen clay birds in ten

Never has the fair grounds had grounds as on Wednesday afternoon. They were lined up on both sides | Sergt. E. C. Bird, with the 180th of the race track, and nearly a thou- Four sons and one daughter reside in sand were admitted to the grounds. Toronto. They are T. J. Bird, the former years could be seen at the reside at 174 Heward avenue. Mrs. grounds on Wednesday afternoon. John Fuller is the daughter, and there

The grounds were brightly illuminated on Wednesday night. The splendid electrical arrangements

the leadership of Bandmaster A. E. Hunt, played all afternoon on Wed-nesday in frost of the grand stand. The organization is making great strides in improvement and is no

#### WEDDED FIFTY YEARS.

Mr. and Mrs. R. Bird, Toronto, For-

of Orchard White, shake well, and Mrs. Bird was born in the county have a quarter pint of the best of Limbert, Ireland, and came to Canfreckle, sumbern and tan lotion, and ada with her parents when a baby of the symbers and tan lotion, and ada with her parents when a baby of the bones, the muscles, and all about a year. Mr. Bird was born in the organs of the body depend for Your grocer has the lemons and this country as a young man between any drug store or tollet counter will twenty and thirty years old.

and tan disappear and how clear, owing to two sons being at the war, soft and white he skin becomes he has been obliged to close it. There are two sons overseas, Sergt.

# Kingston Headquarters for FURNITURE!

During Fair Week-

Meet your friends as opportunity beckons you. If you are going to buy furniture for present or future use. No matter how little you need, you need it a long time.

We have the kind that lasts for years, at moderate prices.



## JAMES REID,

Phone 147

NEW LAWN MOWERS ARE COSTLY.

let your old one snarpened, reaired or refitted at moderate cost. Parts supplied for all standard machines.

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> COKE ORDERS ONLY TAKEN

The James Sowards Coal Co. Phone 155.

BRITISH WHIG PUBLISHING CO.

Several of those who complained well-known horseman; F. W. Bird, about the decency of the midway in H. H. Bird, and N. G. Bird, who also It is not thought that any complaint are seven grandshifdren,

## Dates of Fall/Fairs, 1918

Belleville has raised over \$5,000 for the Catholic Army Hut Fund.

#### THE WHOLE BODY NEEDS PURE BLOOD

their strength and tone and healthy action on pure blood.

Hood's Sarsaparilla makes pure blood. It is positively unequaled in the treatment of scrofula, catarrh, rheumatism, dyspepsia, loss of appetite, that tired feeling. There is to other medicine like it. Be sure sold by all druggists.

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The Busy Store

Gold Debentures Due 1st June, 1928
Interest payable 1st June and
int December
Denominations, \$500, \$1,000.
Principal May He Registered. Price 100 and Interest

We have many other attractive insues, yielding good returns.

USE

Durn's

61 FRONTENAC ST., NORTH,

We have just been granted permission to sell these rings to members of the G. W.V. Association.

At present we have some in stock.

Jewelers,

100 Princess St., City.

# VISITORS SHOULD LOOK AFTER THEIR

While in Kingston for Fair Week come prepared to enjoy yourself. If you suffer with eye trouble that requires eye glasses, you will do well to come and see us before going to the fair. We will make your glasses in time for the fun at the fair.

Save Your Eyes

J. Stewart, Upt. D. Optometrist; Eyesight Specialist.

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Kingston