

In the Realm of Woman -- Some Interesting Features

Gray Hair
USE
Hay's Health
Hair

A preparation for turning natural color to gray or faded hair, for removing dandruff and as a hairdresser's aid. Is not a dye. Contains no lead or other dangerous poisons. **Hay's Co., Newark, N. J.**

The Telgmann School of Music

Piano, violin and other stringed instruments; elocution and dramatic art. Pupils may begin at any date. Terms on application. Engagements for concerts accepted.

216 Frontenac Street. Phone 1610.

LIVEN UP THE LIVER
PARMELLE'S VEGETABLE PILLS

A HIGHLY EFFICIENT CORRECTIVE FOR REGULATING THE ACTION OF THE LIVER AND ASSISTING THE DIGESTIVE ORGANS TO PERFORM THEIR FUNCTIONS AND ELIMINATING IRREGULARITIES IN THE DIGESTIVE TRACT.

For Women's Ailments

Dr. Martel's Female Pills have been ordered by physicians and sold by reliable druggists everywhere for over a quarter of a century. Don't accept a substitute.

THREE FULL LOTS FOR SALE

On Nelson Street. CHEAP.

W. H. Godwin & Son
Insurance and Real Estate.
89 Brock St. Phone 424.

Washing Won't Rid Head of Dandruff

The only sure way to get rid of dandruff is to dissolve it, then you destroy it entirely. To do this, get about four ounces of ordinary liquid arvon; apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips.

A Humanitarian.

"What is your objection to children?" asked the man who was hunting a flat.

"I like 'em," replied the janitor. "I haven't the heart to ask anybody with children to move into a place that was as short of heat as this was last winter."—Washington Star.

Hopeful Corporation.

Pat—"This is the first time in my of those corporations heve done anything to benefit the workingman."

Pat—"It is this sixteen-cent fare. I've bin walkin' to and from me work and savin' tin cents, and now I kin save fourteen cents."—Boston Transcript.

Women's Work in Dallas.

Dallas is going to have a woman deputy sheriff. Women are doing men's work right along in Dallas. Indeed, many of them are supporting husbands and children. —Houston Post.

Study the store ads—that you may understand the drift and the trend in present day merchandizing.

During courtship a young couple are apt to sit around and hold hands in silence, but after marriage—oh, well, that's another story.

If a man is unable to boast of what his ancestors accomplished, it's up to him to do something worth while.

There are two kinds of family jars. Into one you put preserves and into the other you put your foot.

Give us continuous contentment and you may have perpetual motion—providing you can get it.

EATS DIRT

NO. 1 IN CANADA

GILLETT'S LYE

"The Wife" By Jane Phelps

RUTH IS DISTURBED BECAUSE OF MRS. CURTIS'S CHATTER.

CHAPTER XXXVII.

Ruth's luncheon with Mrs. Curtis had a very upsetting effect upon her. All the afternoon her careless remarks recurred, making Ruth rather absent minded so much so that La Monte wondered if her husband had been unpleasant because of her absence. For, while not at all intending to do so, Ruth had given both Mr. Mandel and his clerk an impression that Brian objected to her being in the shop.

So it was known and talked of, already—she thought bitterly.

Ruth wished that Brian hadn't taken Mollie to dinner. Of course she couldn't say so, couldn't object to what he did when she was away. But it was rather disconcerting to be with this Mollie King. Ruth had to own to herself that Mollie was attractive. "Fascinating," Mrs. Curtis had called her. She would watch Brian closely if Mrs. Curtis did give a dinner and asked them. She would also watch Mollie King.

"A penny for your thoughts, Mrs. Hackett!" Mr. Mandel stood at her elbow, smiling down on her, "I have stood here for ten minutes, and you haven't moved a muscle."

"Oh, excuse me, Mr. Mandel!" Ruth flushed with embarrassment as she took the papers he had brought her plans. He had for the redecoration of the Philadelphia house.

"Thinking of that new apartment you told me you were going to take the asked with a quizzical smile.

"No—but I really am going to move, and I haven't half thanked you for the lovely things you said I might have to help make it attractive," she returned with more fulsome smiles in her manner than she usually displayed. She had been glad he spoke of the apartment, that he had said no more about what she was thinking. She was not accustomed to hiding her feelings. She must learn to

do so, or else to so concentrate on her work that even what Brian had done, or might do, could not take her thoughts from it.

Mr. Mandel said no more, save about the work in hand. For half an hour they discussed the lovely old house they were to "make over inside," as he expressed it; and when he left her with the plans nearly ready for her to work up the colors scheme, Ruth really had forgotten all about what Mrs. Curtis had said—had even forgotten there was such a person as Mollie King.

But she recalled her again at dinner when she told Brian of meeting Mrs. Curtis.

"She is going to ask us to dinner, and she also said she was going to ask that nice Miss King you took out to dinner while I was away. I told her we would be glad to come. I hope I did right."

"Of course we'll go! The Curtises are rather jolly people, and they also have a very good cook. Curtis is pretty well fixed," he added, flushing a little as he always did when money was the subject.

Ruth started to repeat what Mrs. Curtis had said concerning a woman who worked and a husband's attitude because of it; then caught herself. Brian was already more than a little sensitive on the subject. It might possibly make him more so.

But several times during the evening Ruth thought of what had been said, and wondered if, by any possibility, Mrs. Curtis could be right. Did it have a demoralizing effect on a man to have his wife earn money? Why should it? If a woman were happier doing something outside of the home, and capable of doing it so that she made money, it seemed to her that it showed a smallness, a lack of broadness of character, which she did not like to think of in connection with Brian.

TALKING IT OVER
With Lorna Moon

Pa and Ma Come Home Again.

We are all so glad that they have come back again—the little old lady with her kind brown eyes and her understanding smiles; and the bent old man with his decided opinions of things and his stories of the civil war that we have heard a hundred times.

They are Pa and Ma to the many young couples who make their homes in the hotel. When they were away in the spring we were sorry to lose them, although we were glad that daughter wanted to have them. We were glad, because they were so sure that they would be happy living in a real home once more with a garden and a garage, and a full grown kitchen; after living four years in a hotel apartment.

They came back two days ago. Pa hasn't been well a day since he left. Ma says he became so melancholy that he would sit on the veranda for hours and mumble to himself. At last he became so depressed and weak that he couldn't walk a block, although the doctor insisted that exercise was very necessary. Ma also found the time

Pelican an Abused Bird.

What a wonderful bird is the pelican. His bill can hold more than his belief.

He can keep in his beak Food enough for a week. But I don't know how the helican.

From the ballad of the pelican as quoted by W. D. Howser, poet of the Fish and Game Commission of Tennessee.

The tenth convention of the International Association of Game and Fish Commissioners, which closed its session at the Waldorf gave the

WOUNDED IN RECENT ADVANCE

Canadians wearing gas masks bring in injured comrades.—Canadian Official Photo. Copyright.

Seven Sentence Sermons.

The man who cannot forgive any mortal thing is a green hand in life.—Robert Louis Stevenson.

Nothing is impossible; there are ways which lead to everything; and if we had sufficient will we should always have sufficient means.—La Rochefoucauld.

To say well is good, but to do well is better.

Do well in the spirit, and say well the letter.

If we do well and say well were fitted in one frame.

All were won, all were done, and got were all the gain. —Anon.

A friend that you buy with presents will be bought from you.—Solomon.

When thou doest alms, let not thy left hand know what thy right hand doeth.—Matt. 6: 3.

O Truth is easy, and the light shines clear.

In hearts kept open, honest and sincere. —Abraham Coles.

There are three kinds of people in the world—the wills, the wots and the cans; the first accomplish everything, the second oppose everything, and the third fail in everything.—William T. Ellis.

Disgorge their food, and when Mr. Pierson could get near enough to a rookery he investigated the contents of the bill, that in an adult bird will hold four quarts. The Audobon man found that pelicans are decreasing in the Gulf States very rapidly, and he estimated that the 50,000 to 65,000 pelicans that breed in the reservations do little or no damage to food fish, for their diet consists of menhaden principally, varied with mullet, pig fish, pinfish, herring, with an occasional crevalle, of which only two are food fish whose price in the markets does not exceed four cents a pound.

The pelican is of more value as a curiosity in Florida, Mr. Pierson said, than in any other form, and thousands of feet of film are used yearly in photographing the bird, and the picture postcard is an industry of some account throughout Florida.

Dr. William T. Hornaday remarked that "if the quail and grouse are to be saved there must be long close seasons, killing of cats and other vermin, the suppression of free ranging dogs during the breeding and rearing seasons, the utmost possible feeding and sheltering of quail in winter and the eliminating of the deadly and now universal pump and automatic guns."

Forty Years More.

Harry Lauder paid a visit to the western front some time ago. While standing before a great barbed-wire barricade he asked a Highlander how long he thought the war would last.

"Forty years," said the Highlander, never moving an eyelid. "We'll be fighting another year, and then it'll tak' us thirty-nine years more to wind up the war."

Linguistic Impotence.

The man who would try to paint the Hun finds himself as impotent as the clergyman who, whose caddie lodged his arm during an important putt.

This clergyman, red with rage, looked at his caddie a long while; then he stammered:

"You—you—you naughty caddie!"

Study the store ads—that you may know how to plan your buying wisely and within your "appropriation."

Poverty develops either a woman's worst traits or her best ones.



Speeding 'em up on Fry's Cocoa

The best way to get the most work out of the "human engine" is to give it the food that has the most energy in it. Of all foods, certainly this means FRY'S COCOA—the great food beverage that is all delicious nourishment. If you have to work harder these days, try a regular course of FRY'S. You will need less of other and more expensive foods. There is concentrated strength for muscle and brain in every single cup.

Truest economy—use FRY'S

Tomorrow—Brian Finds Out That Ruth Wears Expensive Clothes.

Drink Charm Tea

To Reduce the High Cost of Living try a package of Charm New Japan Tea at the low price of 28c a half pound package.

Canada Food Board License No. 6-064.

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SERVE BY SAVING WHEAT

To Fight, our armies must have plenty of food. We can all help by using substitutes for wheat flour.

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Western Canada Flour Mills Co. Limited
HEAD OFFICE: TORONTO

GRAND TRUNK RAILWAY SYSTEM

TIME TABLE CHANGES

A Change of Time will be made on September 29th, 1918. Information now in Agent's hands.

J. P. Hanley, C.P. & T. A., Kingston, Ont.

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A lawyer never gives up a case until he has exhausted all the means at his client's disposal.