AND VERY EFFICIENT.

The Air Was Stimulating, and the Sights Illuminating-The Appointments of the Ship Were of the Best -Capt. McCannell Known in Kingston.

ing out of Port McNicoll, a chief port a counterpart of the captain. He of the Canadian Pacific Railway Co., handles the business department of Do not get weary of the war. It with her sister ship, the S. S. Keewa-They were too large to pass through tion and despatch. the canals, and had to be cut in two and rejoined at Buffalo. The steamers have been travelling up and down the western waters to the great delight and satisfaction of thousands

It is an exhilarating trip from Port distance of a thousand miles is covered in two days and a half. It was the privilege of a Whig representahappiest and most restful vacation appearance gives assurance of safety and reliability, and this was fully demthrough the water so smoothly and quietly that one could hardly realize that he was afloat. It would seem as though he were still on solid ground. There was no vibration, no

latest novelties and conveniences. A out of both Chesterfield with bolster rollers snug-The dining room was on the stern gets from all over the world feel in-of the upper deck, and was splendidly debted to him for courtesy, discipline appointed; the decorations were quite and abounding kindness. ornate and meals were provided of a The trip up the great lakes is won- Baby's Own Tablets. These Tablets most recherche character. In the rear on the upper deck was a hand-somely fitted smoking room, provided with all the equipment for the delight of those who enjoyed the weed, while immediately behind it was an open deck with an embowered portion where those might rest who could not enjoy the strong breezes that free Superior one was given a prospect of baby. She was constipated and fevenjoy the strong breezes that fre- Superior one was given a prospect of baby. She was constipated and fevquently blow. It was on this portion of the ship that nightly dances and music was enjoyed. On the hurricane deck there were plenty of easy chairs and seats and an unobstructed promenade encircling the ship for a distance of six hundred feet or more. It was said that eight seats with their great mounds of the ship that nightly dances and music was enjoyed. On the hurricane deck there were plenty of easy chairs and seats and an unobstructed promenade encircling the ship for a distance of six hundred feet or more. It was said that eight works with their great mounds of the ship that nightly dances and music was enjoyed. On the many fascinating points, a view of the many fascinating points. or more. It was said that eight works, with their great mounds of times around made a mile. On this pulpwood, gave a faint idea of the wonderful transformation of this matter of the bridge, the pilot wonderful transformation of this matter of the Belgium Relief Commission, has house, the officers' quarters and the terial into the newsprint used around the Belgium Relief Commission, has wireless station. The engines driv-ing the ship were of the highest work-and excited the imagination. The pairs, having been fired upon by a

Summer Complaint

CAUSES MANY DEATHS AMONG INFANTS

tle of Dr. Fowler's Extract of Wild joy. Strawberry, she would be saved a great deal of anxiety and her baby a great deal of pair

Hundreds of infants are carried off annually through neglect of this simple precaution. There is no Port Hope Guide. remedy so safe and effectual for the 13th, at the Port Hope Hospital. cramps and pains in the stomach, the death of Marion M. Bletcher cholera infantum, the diarrhoea of was recorded.

teething children, and none which In that death the sympathy of the has saved so many babies' lives dur-citizens of the town was stirred to

Mrs. C. W. Cooper, Collingwood, enquiry by scores of friends as she Ont., writes: "When my little boy struggled with heroic fortitude was four months old he had a very against an incurable affliction. bad attack of summer complaint. The qualities that endeared her to Nothing seemed to do him any good so many hearts, in health, did not that was prescribed by the doctor. forsake her in the inevitable oncom-He got steadily worse until we ing of death. With unselfish sweetthought we would lose him. One ness she sent messages of love and day a friend, with children of his remembrance to all who touched her own, asked me if I had ever used life in its many activities. Gentle in Dr. Fowler's Extract of Wild Straw-spirit, cheerful in demeanor, faithberry. I at once got a bottle, but ful in friendship, industrious in with no hopes of it doing any good, act, sweet and generous in life, as so much else had faffed, but to strong in faith, boundless in hope, it my surprise and wonder, I soon saw was inevitable that the love and esa change in baby, much to my great teem of the community should be relief, and we-soon had him well hers.

I now keep it in the house all the there remain only sweet memories, time, and when the children show fragrant with the deeds of kindany signs of diarrhoea it never fails ness.

to check the attack." There are many substitutes for be comforted. "Dr. Fowler's" on the market. Don't

to the splendid ability of Chief Engineer Cameron. The holds and the forward deck were filled with mer-chandise on the round trip, and did much to give steadiness to the

all those who were their guests, and a kindlier company of officials could . We are not only taught by the not be found anywhere. Captain Good Book to pray in secret, but ac-McCannell bears a splendid reputation cording to the Temperance Act we at all the ports of the upper lakes; his are required to take our drinks in sename is spoken with the kindliest recret. gard and with the happiest of memories. We found him to be really an

old friend, for he is a cousin of Rev.
Dr. Macgillivray and Prof. John Macchew cloves, for the temperance degillivray of this city and a brother of the late lamented Rev. Daniel McCannell a graduate of Owers's Line and McCannell, a graduate of Queen's University, Wolfe Island's vegetables are rebeloved by many in the city and la-mented because of his death so soon raqui. Well, they must be some after his entry into the ministry. Cap- vegetables. tain McCannell is genial, courteous, his ship, his friends, his employees, out Yarker way, they are serenaded and is happy when out upon the foam- just the same. The people are a One of the staunchest vessels steam- ing deep. Purser Bethune is almost friendly lot out there.

is the S. S. Assiniboia. She is an the ship with graciousness, and yet takes a longer time to do a thing well ocean-going craft, and in the early with a firmness and facility that is than to half do it. The Allies are part of the century was brought over commendable. He is the great me- going to thrash the Huns well and with her sister ship, the S. S. Keewa- dium of appeal by all the passengers, are taking the full time limit to do the and every call is answered with atten- job

menu is always enticing; every meal and being handed a stone. is a gem in itself, and though restricted by the food regulations, he yet pro- The Anglican primate of Canada McNicoll to Fort William, and the vides a service most tempting and is a much bewhiskered dear old genappetizing. He has a well-equipped tleman. It is suggested that all staff of assistants and waiters and a bishops and deans should wear long retinue of chefs and cooks-aids who beards so as to look more the part of tive to enjoy a holiday outing on the Whittimore moves about with quiet are helpful and accomplished. Mr. deeply religious men, grace and yet with an alert eye to see | We hear of the inarticulate religion that all the needs of his guests are overseas. Here at home we have the spent in years. The steamer is large fully gratified and the whole company inarticulate strike, when the workers tion, and is a model of up-to-date the trip there were no unnecessary and the proprietors did not know of made to feel at home. Throughout at a certain Kingston plant went out noises, no boisterous conduct, but ev- their leaving or why they left. erything was quiet, calm and peace-

untoward rolling, but as steady as a Ontario. The down trip was with poor house garden products after a smaller number of passengers, dark. among whom were Principal W. L. Her cabin accommodations were Grant, of the Upper Canada College, luxurious. She had parlors de luxe, Toronto, returning from a visit to funeral fee? Just as proper as to give staterooms of elegance and cabins Victoria, B.C., and who manifested a him a wedding fee the Lampman comfortable and spacious. In all the two-berth staterooms a Chesterfield was provided, as well as hot and cold running water. Every comfort that the passengers could desire was nean, was also aboard, and many to know if the Utilities Commission is there. The parlor staterooms were there. The parlor staterooms were happy conversations were had with not a soulless corporation for not promarvels of beauty and elaborately them. They are hopeful that Y. M. viding gas for the people when there is none to be had. Up on that averose enclosed the brass mounted bed-the Flowery Kingdom they may be nue they think that the volume of stead while bathroom wardrobe and stead, while bathroom, wardrobe and organized in the military and politi-dressing table were equipped with the cal circles. At present they are kept ease as the miracle of the loaves and

sought quietude from a busy life.

J. McD. Duff is the general manaly fitted into the side of the ship under ger of the Great Lakes Steamship dethe port holes and was a seat of ease partment of the Canadian Pacific had some hard figuring had the and restfulness. The saloon, occupy- Railway. He is located at Port Mc- Government decided to pay \$5,000 ing the front part of the main deck, Nicoll and is a prince among men. was spacious and handsomely furnished. On the upper deck a gallery dor and the sagacity of a diplomat. Through him the whole machinery of the stand? at the immediate front on this deck a the steamship service works like a splendidly equipped lounging room charm, and by his skilful management was provided for generous service. thousands upon thousands of passen-

manship and admirably adjusted, due glimpse of Thunder Cape, with the German submarine. sleeping giant upon its crest and the mighty and formidable Mount McKav standing at the entrance to Fort William, were sights that will linger long in mind. Altogether the trip over the great expanse of waters was fas-If every mother would keep on cinating and incomparable, and is hand, during the hot season, a bot- worth while for every Canadian to en-

IN MEMORIAM

ing the past twenty-two years it has an unusual degree. Her condition was the subject of daily and anxious

To those privileged to know her, In these they that sorrow shall

The Man on Watch

The service on the Assiniboia was the very best. The officers vied in adding to the comfort and pleasure of ment who keep restaurant.

If you have an alcoholic breath and

and extremely obliging. He loves It does not matter who gets married

Another man upon whom great re- Yarker cries out for coal and sugar, sponsibility rests is the steward, and along comes the C. N. R. Com-Mr. Whittimore, and in him the pany and builds it a big ice shed. company has a valued servant. His This is surely like asking for bread

ful, just such an atmosphere as added The latest in Kingston is stealing to the restfulness of those who from the poor house. Last week the Lampman learns that the superinten-On the up trip there was a passen- dent caught a resident stealing the ger list of two hundred and seventy- cabbages from the home garden tofive, many of them being teachers re- feed the family pig . The resident turning from their vacations in old thought it quite right to share in the

Is it proper to give a minister a

fishes was performed long years ago

Wouldn't A'ssessor Mooers have

-THE TOWN WATCHMAN.

Constipated Children

Childhood constipation can be

WAR PUZZLES



FRENCH SUBMARINE "FOUCALT" Destroyed by Austrian aviator in the conditions which cause biliousness, War Personal Board.

Adriatic, two years ago today, Sepand thus permanent cures are effect- Mr. and Mrs. William Ellis, De-Find a victim.

Fellow

Canadians!

HOW much thought do you give to the War-I mean honest, sincere thought on how we should live in order to win the war?

"I mean you who live from day to day in all the comfort that you enjoyed before the war, some of you in even greater comfort

"You who spend as much or more on your enjoyment-who indulge in as many of the good things of life as you ever did-

"You who buy what you want to, eat what you fancy, go where you please—who deny yourselves nothing.

"You have no idea what it means to stand knee-deep in mud-in a dirty trench-with a cold drizzle chilling you to the bone.

"You have never heard the shells shrieking overhead-or seen bombs drop from the sky.

"But you know these things are.

"And yet you go on spending—as if this war were in a story-book-as if the menace of the Hun could never touch you.

"But it could-and it would-but for your armies.

"And we—the soldiers who make those armies.

"Do you think we could "carry-on" if we thought for a moment you were not backing us to the limit?

"Do you think we could stand it all the terrible fighting and the tiresome toiling-if we dreamed,

"over there," that you were trifling with this war?

"If we knew that you were spending money on frivolous things?

"Don't you see that when you spend a dollar on a thing you don't absolutely need, you are using the labor of a man who should be either fighting or making something that will help us-your soldiersto fight?

"Oh, you chaps with money in your pockets-and comfort in your homes-and love of ease cankering your souls!

"If you could know—as I know all that war means-you'd stint yourselves down to the barest necessities so that Canada's money and Canada's material and Canada's labor could all go into guns and shells and boots and uniforms and food-for our boys over in France to fight with."

Published under the authority of the

BOY KILLED TRYING picture hero which he had seen at the local show a few nights ago. On Saturday evening last the lad

MOVIE HERO STUNT Received Fatal Shock When He Climbed Pole and

Grasped Wire.

parents, Mr. and Mrs. Fred Payne,

Wonderful Bilious Remedy Actually

When Dr. Hamilton's Pills are tak- across the street, where he expired. en, they 'not only correct constipated bowels, but act upon the liver

imitate the "stunt" of a movingand his younger brother witnessed a movie film in which the "hero." with the aid of wire twisted around his feet, climbed a telephone pole, and by means of his hands travelled;

For several days the boys have been trying to imitate what they had seen, and yesterday afternoon, about 5.30, Arthur climbed a pole opposite his father's house, and grasping the Electric Light Company's power line with one hand swung his foot over it, thus completing the circuit, and received the high voltage through his body. After receiving the shock he fell to

The lad was carried to his home

George M. Douglas, who has been ceneral secretary of the Stratford Quite unlike ordinary medicines YMC.A. for the past year, has rewhich purge and give temporary re-lief, Dr. Hamilton's Pills remove the cial director under the American

ed. No person who occasionally uses seronto, have received word that accept any of them. Get the genuine The total number of Canadians in put up by The Milburn Co., Limited, hospital in England and Scotland Upper right hand corner down is billous complaint. Get a 25c box to-Dr. Hamilton's Pills will ever suffer their son, Lance-Corp. T. W. Ellis. lago, and was much esteemed

The Royal Guardians

INSURANCE

MONTREAL

LIFE, SICKNESS, INDUSTRIAL AND ENDOWMENT

ENGINEERS-LOOK! -SAFETY FIRST FOR YOU

CLOSE that valve on the steam main or sprinkler system quick? Life & property is endangered. The valve is hard to get at. Ladders mean falls or scalding. The BABBITT ADJUSTABLE SPROCKET RIM closes any valve with the pull of a chain. Fits the wheel of any valve. Explicit valuable information.

1900 King Street West : 1 Toronto, Ont.

Hannfacturers of the EVERLASTING VALVE for boiler blow-off service and 1000 other steel-IT MEVER LEAKS-240,000 IN USE. Write for enjalogue.

his family.