FEELS IT HER DUTY

Mrs. Campbell Was On Verge Of Breakdown-Tanlac Restores Her.

Campbell, who resides on Barker avenue in East Toronto, recently.

to eat. Gas would form on my tained his seventy-seventh birthday stomach almost as soon as I had eat-on April 6th last, he carried his years

gradually improving ever since I be- his recommendations Mr. Derry was Marjorie Pense, Miss Eva Richardgan taking it. My appetite is simply always guided by the principles fine now and I can eat good, hearty economy and efficiency. meals without suffering a particle from gas indigestion. And it certainly is a blessing to be able to eat without suffering afterwards. My nerves have improved until I can sleep splendidly, my color is better and I feel stronger and better in every way than I have since my troubles began. All my friends tell for Oswego to-night. me I am looking much better and it must be so for I surely do feel a thousand times better.

Tanlac is sold in Kingston by A. as there was quite a heavy sea. P. Chown. In Plevna by Gilbert Ost-Lake by W. Y. Cannon .- Advt.

House Cleaners

Let us demonstrate to you the latest Cadillac Electric Cleaner with Automatic .revolving dust brush, for catching lint and hairs. It is a wonderful cleaner, time and labor saver. Telephone 819.

J. R. C. Dobbs & Co. 41 Clarence Street.

Best's

Princess & Division

ity Dairy ice Cream Bricks, all flavors, 30 cents, fresh daily

Phone Your Orders

Best's

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FROM SERVICE AT THE PRO-VINCIAL PENITENTIARY.

Thomas W. Bowie, Storekeeper, and William Derry Engineer, Were Ap-pointed in 1897, and Have Rendered Faithful Service.

ervice at the end of the present riage or reception announcement.) month. They are Thomas W. Bowie, "There may be other medicines as good as Tanlac," she continued, "but on Aug. 5th, 1897, coming from on Monday afternoon in honor of Landing, Stoney Lake.

I have been trying for three f and I have been trying for three liv were all educated here. Mr. for Saskatoon, Sask., where she has Peterboro, after spending the past years to get relief from stomach Bowie was a brother-in-law of the been appointed to the position of two weeks in the Maritime Provinces. trouble and indigestion. I had no ap- late Senator McMullen. He has en- school nurse. Miss MacCallum was Mrs. Goodwill, who accompanied him,

ing off in weight, was very sallow engineer, which demands a knowledge Sally Quirk, Miss Ethel Kent and Hora and Miss Adice Macnee have gone up to Toronto for a few days. stand up. I seemed to be right on tion had been entered upon, and the "Tanlac just seemed to be suited with energy and ability. It was the those present were Mrs. George Wood and Mrs. J. R. Those present were Mrs. George Wood and

IN MARINE CIRCLES

Movements of Vessels In and About Kingston Harbor. The steamer Jex arrived from Os-Company, and will probably

The steamer Jeska is in port from Oswego with coal for Robert Crawford. The Jeska had a rough trip, M.T. Co's. Bulletin .- The tug

ler. In Battersea by C. S. Clark. In Laura Grace arrived with the barge Fernleigh by Ervin Martin. In Ar- Edwards with coal from Oswego for doch by M. J. Scullion. In Sharbot Montreal; the Laura Grace will clear with the barge Dunmore for wego; the tug Mary arrived from Montreal with three light barges, and will clear with one grain and one coal barge for Montreal.

> Principal Taylor To Speak. Former pupils of the late Dr. P. C. MacGregor, for more than twenty five years principal of Almonte high school, are presenting the town Board of Education with a memorial to their former teacher, on Friday even-

> Dr. Bruce Taylor, principal Queen's University, will deliver an address at the meeting in the Town Hall, and Hon, T. W. McGarry, Provincial Treasurer, will preside.

The memorial takes the form of what will be known as the P. C. Mac-Gregor Memorial Scholarship, and it will be open to pupils of Almonte high school. The endowment of \$2 .- in town. 000 for the matriculation scholarship to Queen's University, has been subscribed by the alumni, now scattered far and wide.

If any business man should pay bill due you by other medium than a check you would naturally wonder why he did not have a bank account. A fool refuses a paying job to-day because he has a thankless one for to-

At the Golden Lion Grocery

Fancy Clover HONEY

Fresh California Prunes, nice and juicy 10c, 12 1/2 c, 15c lb. Evaporated Peaches, 2 lbs for 25c Evaporated Apricots 15c lb.

Branch W.R.McRae&Co

Golden Lion Grocery
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R Tonight -Tomorrow Feel Right Get a 25° Box

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Come in and See Our Stock of

Tweed Rain Coats. Large stock of all wool and worsted suitings, Indigo blue serge.

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Is Your Panama beginning to fade?

In order to keep a Panama Right it Must Be Cleaned, Bleached and Reblocked

at intervals. Bring us your work. We guarantee satisfaction and will add to the appearance and life of your hat.

New York Hat Cleaning Co.,

203 Princess St. Phone 395. Five doors below Opera House.

Told in the Twilight

Two officials at the Portsmouth Canada, will make a charge of 50c for her home in Lindsay. penitentiary are to be retired from for inserting an engagement, mar-

storekeeper, and William Derry, engi- Members of the Nurses' Alumnae from Kingston neer. Mr. Bowie has been a hard- Association of the General Hospital Mrs. Fowler, Kingston, is a guest

There was an awful pressure and William Derry was appointed engi- in honor of Miss Isobel Macausland, parents, Mr. and Mrs. H. Heyman, 40 severe pains about my heart and neer at the penitentiary on Sept. 1st, Toronto, and Miss Alix Garvin, Otta- Ellice street. sometimes I felt like I would smoth- 1897, succeeding James Devlin. Mr. wa, when the other guests included er. No matter what I would eat I Derry had for many years been in the Mrs. Jack Fraser, Mrs. Stewart M. suffered the same way and my nerves lake steamboat service, and was tech- Robertson, Miss May and Miss Rose got in such a bad fix I could hardly mically qualified for the position he Rogers, Milss Mary and Miss Helen are in Toronto. get a good night's sleep. I was fall- was called upon to fill as penitentiary Strange, Milss Norah Macnee, Miss

> Anglin, Miss Eva Martin, Miss Aileen avenue, Toronto, Rogers and Miss May Rogers.

street, this evening, for the benefit of week, her music pupils.

Mrs. A. E. Elmer, Earl street, is Going. giving a kitchen shower this afternoon for Miss Lena Elmer, the bride of next week.

Mrs. M. Branscombe, Picton, has been spending a few days with friends in town. Miss Edith Pense, West street, returned from Rochester, N.Y., on

Tuesday, where she had been the guest of Mrs. Horsey. Miss Marion Booth spent the weekend with Miss Edna Booth at Tre-

mont Park. J. A. N. Inglis, of the Canadian Bank of Commence, left to-day for Toronto, Mrs. Inglis and little Miss Pat are remaining in Kingston for a couple of weeks longer. Mr. and Mrs. Charles McDunnough

Woodstock, are the guests of Mrs. H. J. Wilkinson, Bagot street. Miss Foster, Y.W.C.A., Johnson street, left on Saturday for Toronto. Major and Mrs. P. de L. Passy and

relatives in Port Hope. Mrs. W. B. Mudie and Miss Agnes Johnson, Gananoque, spent Monday Miss F. Carroll, Belleville, has been spending a few days in town,

Miss Lorraine Shortt, who has been spending a few weeks in Toronto and

ed home this week, after spending a is eighteen years since Mr. Pierce few days at Alexandria Bay, N.Y. Mrs. G. B. O'Connor and Miss Peggy, who have been the guests of Rev.

John and Mrs. Fairlie, are leaving to- street, left on Sunday via steamer morrow for their home in Edmonton. Kingston for Prescott to join a party Miss Gertrude Coutlee, who have been rence to Quebec. They will stop spending the past few months at Echo over at several places and expect to Lodge, returned to Ottawa this week. be gone about two weeks.

Miss Hilda Hughes, University ave- next two weeks. nue, left on Monday to do V.A.D.

ronto, is expected in town to-morrow mouth.

to be the guest of Mrs. G. Hunter Ogilvie, Earl street. Miss Eva Richardson spent the

week-end with Misss Agnes Richard-

before leaving for Toronto. she will be the guest of her sister, she is a graduate.

Mrs. Carlos Kirkegaarde. Mrs. Fred Birkett and her daughter, Miss Vera Birkett, returned to Ottawa this week, after spending the

past month at Echo Lodge. Miss Edith Cairn, Montreal, is the guest of Mrs. W. Claxton, Union

Mr. and Mrs. J. T. Sutherland, Mr. and Mrs. S. G. Sutherland of St. Louis, and Victor Minnes are enjoying a motor trip through New York State.
Mr. and Mrs. Thomas Bowie and Miss Barbara Bowie, Earl street, have left for Leamington, where they will reside. At present they are the guests of Dr. and Mrs. James Reid. Mrs. Reid has been spending a few days

Miss Marjorie Hopkirk is visiting Mrs. Hal. Dougall in Montreal. Mrs. Buxton-Smith has returned to town, after visiting Miss Machar at

Major and Mrs. H. O. Lawson have

Miss May Macdonnell and Dr. Phillips Macdonnell, who have been University avenue, returned to Mont-Mrs. M. Machar, Wellington street.

"Ferncliffe," returned home on Mon-

Mrs. E. J. B. Pense, West street left on Saturday to visit friends in

Pte. Clarence L. Duncan, of 5th Ordnance Guard Company, U.S.A., stationed at Camp Raritan, N.J., is visiting his wife, Mrs. Clarence Duncan, who has been staying with her parents, Mr. and Mrs. William Moore, 4 Quebec street. On Pte. Duncan's return to camp Mrs. C. T. Duncan will leave with him for New Jersey, where she will spend the winter. Miss Emily Sproule, who has been

(Notice-Hereafter, the Whig, in ithe guest of Miss Ardelle Elder, St. common with other papers all over Clare Apartments, left on Tuesday

Mrs. Charles Cheverill and daugh-

the present time and, while he at years.

Anthony Rankin, M.P.P. for Frontenac, and Mrs. Rankin, Collins Bay,

stand up. I seemed to be right on tion had been entered upon, and the the verge of a nervous break-down engineering department was filled try Club on Tuesday evening, when day, after spending the past two

Mr. and Mrs. George Simmons and son, Miss Wilhelmina Gordon, Miss Mr. and Mrs. K. N. Storms, Wilton, Mildred Jones, Miss Jessie Smith, left to-day to spend two weeks with Miss Mollie Saunders; Miss Mamie Mr. and Mrs. Byron Caton, Browning

Miss Rogers, Union street, who has Mrs. Browett is giving a little musi- been visiting Mrs. Washington at cale at her studio, 27 Wellington Hamilton, is expected home this

> Miss Going left for Brockville on Tuesday to visit Mr. and Mrs. H. W. Marjorie Uglow, Barrie Miss

street, is leaving to-morrow for Toronto to take the Vacational Training Course. Mr. and Mrs. Kenneth Field, Rochester, N.Y., are guests at the "Belvidere" while in town for the Steven-

son-Campbell wedding. Lieut. Fred Watts, Toronto, who was a guest at the Stevenson-Campbell wedding, was with Mr. and Mrs. Neil C. Polson, Jr., Stuart street,

Sibbald Hamilton, Earl street, is leaving the end of the week for Toronto, to take the Vacation

Training Course. Mrs. F. E. Fisher, Tweed, is the son-Campbell wedding. Mrs. W. T. Walker, Perth, who

was a guest at the Stevenson-Campbell wedding, is with Mrs. John Macgillivray. Albert street. their baby spent the week-end with Mr. and Mrs. Foster, Messrs

Foster, of Moira, Mrs. (Dr.) Harrison and daughter, Luella, Madoc motored to the city on Thursday and were the guests of Mr. and Mr. John Jenkin, Princess street, until

Mr. and Mrs. Pierce, London with their daughters, Grace and Hamilton, returned to Ottawa this Amy, are guests of the Misses Clark, University avenue. They motored Dr. and Mrs. Ernest Sparks return- here and will return on Friday. It was in the city.

Mrs. Coutlee and Miss Helen and of friends going down the St. Law-

Mr. and Mrs. George MacKay and Mr. and Mrs. David Abeles and Master Donald and Jack spent the little son, Aubrey, Division street, York, where they will spend the nouncements in reference to next

Miss Loyola Keane, Ottawa, has "The reinstatement of British work at 'Fettercairn' for a couple of returned home after spending her and Canadian history as one of the weeks. Miss Knox, Havergel College, To- Guire, Union street west, Ports- entrance examination for 1919 is a

> Mrs. Lester Jones, Toronto, left it is believed, will stimulate and on Monday, after spending two direct the study of history in the weeks with Miss Ardelie Elder, schools. The value of the subject

Miss Margaret (Margav) Allen. Miss Lucy Merrick, William street, Mr. and Mrs. E. Allen, Douro, has be issued which will contain a deis leaving this week for Beloeil, where returned to the Hotel Dieu, of which

James Girven, Peterboro,



Tear on that boy of yours during the active years of childhood and youth necessitates a real building food.

Grape-Nuts supplies the essentials for

vigorous minds and bodies at any age.

"There's a Reason" Canada Food Board License NF2-026 Probs: Thursday, local showers or thunderstorms.

AForeword ith the Event of Autumn



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We have prepared as never before, and will have a stock of highclass dry goods, ready-to-wear and millinery that for broadness of assortment and lowness of price will make this busy store the shopping centre of every thrifty woman.

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Of the many loyal Canadian women, then this store should make greater appeal than ever-as what greater economy is there than saving money while you spend it. You do this by shopping the Steacyway through the medium of our Merchandise Discount Stamps.

You save 5% on all cash purchases!

Steacy's - Limited

guest of Mrs. J. M. Campbell, Emily Toronto Base Hospital, youngest street, while in town for the Steven- son or Robert Logan, Tweed, Ont. The marriage will take place quietly about the middle of September



FRESH FISH Miss Fish-How dare you to me know you, you fresh fish?

nouncement for 1919 Exams. week-end with friends on Wolfe Is- have left for Montreal and New cation, has made the following anyear's examinations:

matter of importance to the teachers and the schools. The department has made arrangements which, Mrs. Rayson and Robert Rayson Jones will be the guest of her aunt. In promoting patriotism, in providing material for a clear grasp of Canadian civics, and in expounding Canada's Imperial relations and he British and Canadian history, with selected periods and topics, a mini-James Girven. Peterboro, anmum of chronology and a statement
nounces the engagement of his
youngest daughter. Annie Elizabeth. text-books dealing with the topics and sub-topics to be examined upon. The circular also contains a special Hst of books suitable for school libraries and for the teachers' use in preparing the lessons.

In the introduction to the circular will be found a brief and instructive exposition of the method of teaching history. The course, as laid down, should prove to be easily within the compass of any teacher and fascinating to the pupils. As an illustration that the modified course is not too heavy, it may be noted that while the present textbooks centain 587 pages of read-ing matter, a total of only 237

rages is assigned for study in form "The course in grammar for form IV. of the public and separate schools has been lightened and amended by omitting easy parsing and the paper set in the subject for the high school entrance examination will emphasize the application to composition of the principles of

"Turn to the Right" Coming. Kingston had an interesting visitor in the city on Tuesday in the person of Thomas Francis Kane, whe is business manager for "Turn !! to the Right," a comedy drama, which is coming to the Grand for one night only, Thursday, September 5th. Mr. Kane is an old newspaperman, who is making good in the theatrical buiness.

"Turn to the Right" is at the Princess Theatre, Toronto, this week, and is regarded by the critics as one of the best plays of its kind ever produced. It is playing to a crowded house every night, and tells a story of romance and "the simple title" and it is one that accesses life," and it is one that appeals to



Nothing will add more to your comfort than a nicely cushioned

chair for your porch or roof garden.. We have them in reed. old hickory, rush and rattan, with tapestry and chintz cush CREX GRASS RUGS

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18 pair only of men's low shoes, sizes 51, 6, 6½ and 8; regular \$7.00 values for half price, \$3.50.

A few white canvas oxfords, \$2.19.

70 Brock Street Kingston