

In the Realm of Woman --- Some Interesting Features

"War-Time Cookery" FREE

Send name and address for new "War-time Cookery" This book contains recipes chosen by the judges as the best and most practical recipes submitted in our recent cash prize competition. It is intended to assist in the conservation of food and to effect savings in home cooking and baking.

Approved by Canada Food Board

ADDRESS

E. W. Gillett Co. Ltd. TORONTO, CANADA

To determine what women of the United States can do to help prosecute the war, nine women, attired in military uniforms, recently left Lansing, Mich., each driving an army truck with Government supplies for Atlanta, Ga. In addition to driving the entire journey, each of the women was expected to make any mechanical repairs her machine might require.

Although Mrs. A. T. Anderson, of Minneapolis, Minn., is 79 years old, she is doing war work for the soldiers of to-day with the same spirit in which she worked for the boys of '61. She does active work in a Red Cross unit, even to marching in parades.

Kansas limits the working hours of women employed in hotels, restaurants, dining halls and lunch rooms. The women are only allowed to work nine hours a day and 54 hours a week. For night workers seven hours' work in twelve constitute a day's work and 48 hours a week is the limit.

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Since its remarkable astringent and tonic properties became known, clever women all over the world have been using the saxonite face bath to "tone up" their faces, remove wrinkles and draw flabby cheeks and neck back to normal. After using the solution, the face immediately feels much firmer. The skin tightens evenly all over the face, thus reducing lines and sagging. The formula is: Powdered saxonite, one ounce, dissolved in witch hazel, one-half pint.

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Dr. Tremalo's Natural Hair Restorative, used as directed, is guaranteed to restore gray hair to its natural color or money refunded. Positively not a dye and non-injurious. Price \$1.00. On sale in Kingston by T. H. Sargent, Druggist, Kingston and Montreal Sts.

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He Knows
All doctors know what a wonderful protector to the skin there is in the healing, soothing oils and disinfectant properties of **LIFEBUOY HEALTH SOAP** and how effective Lifebuoy is for washing blankets, bedding and all garments that touch the skin.

The Woman Who Changed

By JANE PHELPS

A CLOUDLESS SKY

CHAPTER CXLIV.
It seemed that I was almost too happy. To have mother with me—to have George so kind, so loving—was all I could possibly desire. I was so glad, too, to have mother see how good George was to me. I had always believed that Philip had told her I was unhappy. He had seen us when we were so many times at cross purposes, and I had foolishly allowed him to see that I was miserable. But now I sang and laughed and was gay all day long. No one could think me anything but happy, now!

"We all must learn, dear. Experience is the only teacher by whose lessons we profit. Someway, we all must know things for ourselves. There is always something in the experience of others that doesn't just fit."

An Uncomfortable Night.
We had talked late, mother and I. George was out, and would not come in until after midnight—so he had said. But it was nearly twelve when

I went to bed and he was still out. I dropped off to sleep almost immediately. I partly awakened, and thought I must have the nightmare. I had been dreaming that I heard voices, shouting. I lay struggling to waken myself more thoroughly, then, suddenly, realized that I had not been dreaming at all. That I really HAD heard voices—that people were outside, calling and yes—they were screaming!

I sprang to the window. It was bright moonlight. I could see the street, and just then the clanging of the fire wagons brought a sudden realization of what it all meant. The house must be afire!

"You can go back to bed," the chief had just said, when the door flew open and in rushed George.

get above this one floor. Lucky that it didn't!"

"Of course, it would happen when I was out!" he grumbled to mother, after I was comfortably propped up in bed. None of us felt we could sleep, so Mary had gone to the kitchen with James to get us some coffee.

"Your being here couldn't have possibly made any difference," I told him.

"In the morning my baby boy was born. And there was never a happier person in the world, than was I when George gathered us both in his arms."

TALKING IT OVER With Lorna Moon

Two Parlors.

The first one had that never used look and that never-used smell. Everything was covered up and the blinds were drawn. One could tell that the door was opened only twice a week so that the big mahogany chairs under their ghost like covers could be polished and covered up once more.

There was a photo on the wall, a picture of a boy and a girl of six. Somehow that room seemed like a tomb of a broken promise—a cellar in which a young life tried to thrive out of sight in the dark. I was glad to get out of it and get into the sunlight again. I was glad to leave the withered little woman who related the shade so reluctantly.

The second one was as different as could be, no drawn blinds here! The smiling housewife pulled a chubby grandson out from under the table just like the father of him, into everything she remarked. The wall paper bleached white in places told of prolonged sunbaths, the whole room radiated home, sunshine, and happiness, yet there wasn't a piece of furniture in the room that was not shabby with wear. There is that tell-tale bare spot on the back of the Morris chair, one might think that it was worn by a very restless head. But no head is responsible for that bare spot! It came there through contact with many pairs of small breeches! You see that picture on the pi-

THE ACTIVITIES OF WOMEN

Former Empress Eugenie is now past 92 years old.
The railways of Japan are largely operated by women.
New York city has over 4,000 woman barbers and hair dressers.
Female school teachers of Tulare county, Cal., have a union.
Kansas City now has conductorettes on its trolley cars.
In some parts of West Virginia women are employed as coal miners.
Women in England have entered almost every trade except carpentry.

Thousands of women are being employed in France to make war balloons.
In Porto Rico women can hold office, but are prohibited from voting.
Over half the workers in the munition plants of the United States are women.
A majority of the woman munition workers in Great Britain are organized.
Women eligible to vote at the coming election in New York city number over 284,000.
Since 1894 the number of women workers in the United States have increased 1,413,000.
Several women in New York city have taken up paper hanging as a means of livelihood.
Miss Agnes Nestor, head of the International Glove Makers' Union, began her life as a glove maker. She

Told In Twilight

(Continued from Page 3.)

Mrs. James Sherman, Ottawa, is visiting in the city with relatives and acquaintances.
Mr. and Mrs. George Galt, guests of General and Mrs. Mansfield for a few days, have returned to Ottawa.
Hon. N. W. Rowell will shortly occupy the house at 450 Wilton street, Ottawa, formerly the residence of Dr. Arthur G. Doughty, Dominion Architect. Mrs. Rowell will go down in the autumn.

Mr. and Mrs. N. K. Scott, Toronto, are visiting in the city and country. It is twenty-five years since Mr. Scott was in Kingston. He is looking well and his many friends are glad to greet him.

Mrs. (Lieut.-Col.) Henry Genet is in Brantford, preparatory to leaving to take up permanent residence in the Limestone City, where Lieut.-Col. Genet is now A.A.G. for the district.

Miss Christie, of Ottawa, is the guest of relatives and friends at Cape Vincent, N.Y.
Mrs. C. C. McGrail, William street, who has been visiting in Barrie for the past month, has returned home.

Rev. Sydney Lindsay has gone for a holiday visit to Beaufort, N.S.
Mrs. C. H. E. Askwith, Kingston, has been visiting her parents, Mr. and Mrs. Charles Hopewell, Ottawa, for a few weeks.

Mr. and Mrs. W. H. Dyde and Miss Dorothy Dyde, Johnson street, have gone to spend some time with Mr. and Mrs. G. Hobart in the Laurentian Mountains.

Miss Ada Spooner, Albert street, are visiting Miss Chown's parents at Sydenham.
Mrs. S. R. Joyce and daughter, Peggy, Toronto, are visiting her mother, Mrs. William Craig, Brock street.

Leonard Hugdin, Selby, spent the week-end at the home of Mrs. Spooner, Albert street.
Mrs. William Addison and little son, Ottawa, are with Mrs. C. H. E. Askwith, Johnson street.

Dr. and Mrs. L. L. Scott, Scranton, Pa., are with Mrs. F. S. S. Johnson, King street. Mrs. Scott is a sister of Mrs. Johnson.
Mr. and Mrs. Amos Cummings, Dundas, spent some time in Kingston and other points east, and also took a trip through the Thousand Islands.

Liberty Loan campaign show that at least 50 per cent. of the subscriptions have come in through women.
Representatives of 100 women's organizations in New York are demanding the passage of legislation concerning Women's working conditions.
Anxious to do her bit for American freedom, Mrs. Elizabeth P. Hutchinson of New York has given up singing at \$150 per concert to enter a munition plant at \$11 per week.
The National War Council of the Y.M.C.A. has offered to Bryn-Mawr College a sum of money to meet the expenses of a training course to prepare women for industrial positions through which they may aid in the solution of the present industrial problems affecting women.

THE WIFE

By Jane Phelps

SYNOPSIS

Ruth Madden and Brian Hackett had fallen in love with each other at their first meeting. Brian could give her a comfortable home, so they were married. He could not afford luxuries, and had told her so, and Ruth believed that she would be satisfied without them. But the girl had been brought up by a wealthy aunt, in whose stately colonial house she had exercised her strong talents for interior decoration, and she soon discovered that luxurious surroundings had become necessary to her happiness. Drawn by this taste for beautiful things, she finds a place to work among lovely imported stuffs for her interior decoration, and she soon discovers that luxurious surroundings had become necessary to her happiness.

She refuses to hear children, as that would keep her at home in the little apartment which, with all her taste, she cannot make anything but cheap.

A man in the shop in which she is employed sees her passion for beauty as expressed in her desire for luxurious surroundings, and her wish for beautiful clothes. In the most insidious way, he works upon that passionate love of the beautiful, to lead her away from her husband. He is very wealthy, and more than that, to her is a connoisseur in his business. But Ruth looks upon all that he does as being only in the line of business; although occasionally wondering why he should be so kind to her.

Brian, jealous, lonely, discouraged because he cannot make more money.

First chapter of this absorbing story will appear on Monday, August 10th.

wanting home and children, waits patiently for her to tire of all this outside work, and be willing to be his homemaker. Often they do not see each other save at meals. At other times, she is sent away on long trips—once to the Orient, to purchase the stuffs she so loves to handle, and to sell.

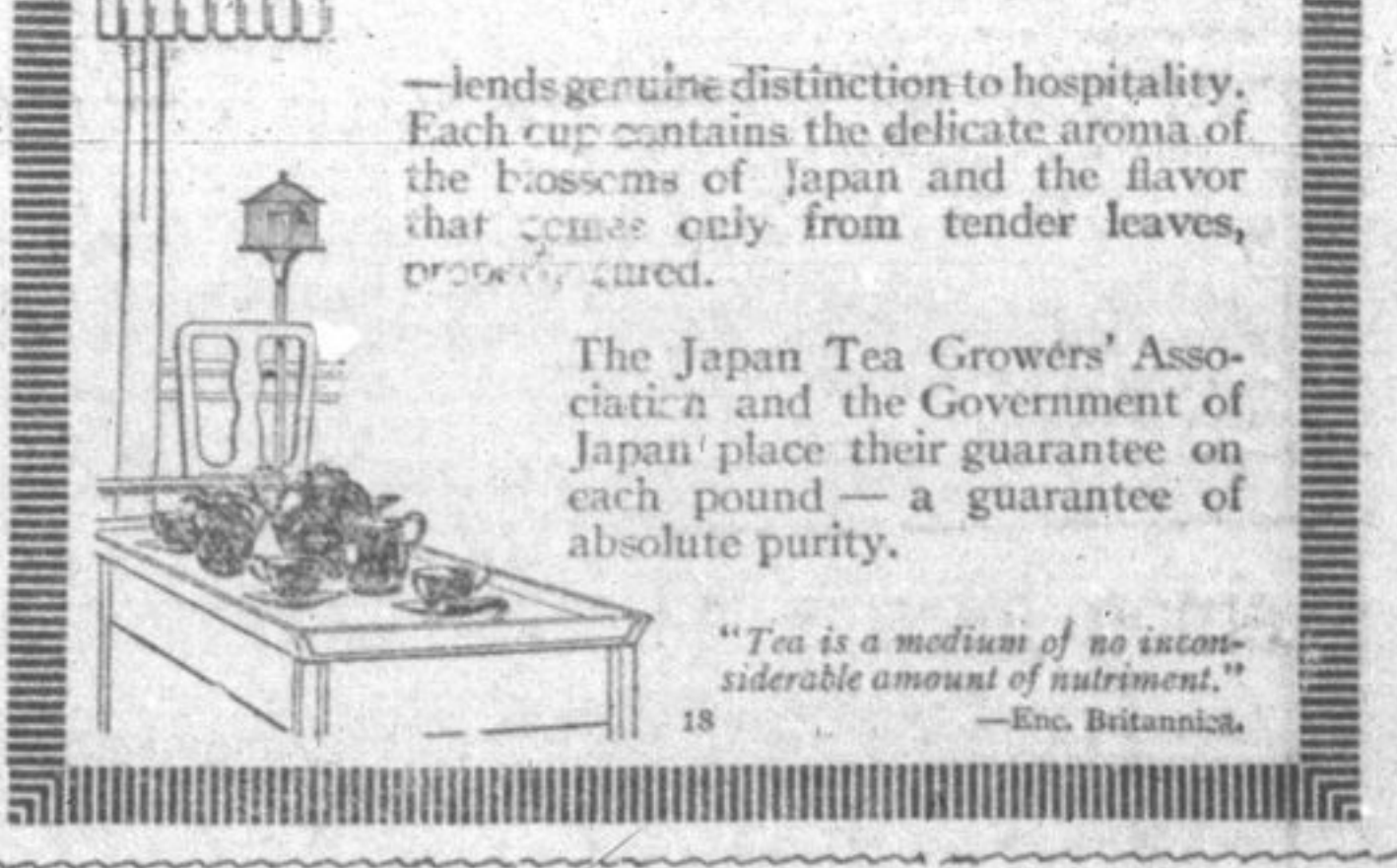
Brian becomes disheartened, discouraged.

He makes the acquaintance of a young woman, a writer who has not yet succeeded, to an extent, but who is full of faith in herself, and enthusiasm for her work. She senses his disappointment before he ever mentions his wife to her, and tries, in a way, to make up to him for his lonely life. She is good, self-reliant, and a "bully comrade for a man," as he says when talking to her.

So Brian and Ruth pull apart—not quarrelling, often, in spite of his jealousy, but each sick at heart—because she finally comes to the point where she is not certain whether she loves her husband or her employer; he because he is denied woman's society, home, children, all that, to his mind, means happiness.

Then comes the war with all its upheaval. Brian, fired with love of country, enlists among the first. Not until he has gone "Over There," does Ruth realize that she never has ceased to love him. Now her problem is to show him this—to win him back. Money, beauty, luxury, mean nothing compared to this need. And she accomplishes it, after trials and vicissitudes that would discourage most women, and makes an ally of the man who would have taken her from her husband.

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—Enc. Britannica.

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