

INTESTINAL PARALYSIS

"Fruit-a-lives" Quickly Relieved This Chronic Trouble

589 CANORAIN STREET, MONTREAL. "In my opinion, no other medicine is so curative for Constipation and Indigestion as 'Fruit-a-lives'."

GROCERIES AND PROVISIONS

Are costly these days. It is necessary for you to buy the best. Our store is stocked with the best of every thing in our lines.

ACIDS IN STOMACH CAUSE INDIGESTION

Create Gas, Sourness and Pain How To Treat.

Medical authorities state that nearly nine tenths of the cases of stomach trouble, indigestion, sourness, burning, gas, bloating, nausea, etc., are due to an excess of hydrochloric acid in the stomach...

The Telmann School of Music

Piano, violin and other stringed instruments; elocution and dramatic art. Pupils may begin at any date. Terms on application.

216 Frontenac Street. Phone 1610.

NERVOUS PROSTRATION

May be Overcome by Lydia E. Pinkham's Vegetable Compound - This Letter Proves it.

West Philadelphia, Pa. "During the thirty years I have been married, I have been in and out of health..."

There are thousands of women everywhere in Mrs. Fitzgerald's condition, suffering from nervousness, backache, headaches, and other symptoms of a functional derangement.

For suggestions in regard to your condition write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of their 40 years experience is at your service.

The railway strike in Ukraine is extending and assuming the aspect of permanence. The only train running in the whole district is one which the crew was compelled to operate under threat of shooting.

THREE WERE DROWNED

ON SUNDAY IN VICINITY OF MARBLE ROCK.

Two Men and a Boy Were the Victims—The Bodies Were Recovered, But Life Was Extinct—An Inquest Unnecessary.

Gananoque, July 29.—A sad drowning fatality whereby three young men of the Front of Leeds and Lansdowne Township lost their lives occurred about eleven o'clock Sunday morning about forty rods north of the Gananoque Water Power Company's dam at Marble Rock.

The three lads on shore, frightened, ran across the fields to notify their people of the mishap, and went back to the scene of the mishap. On arriving there Richmond Address was seen on the opposite bank of the river and the alarm given to him.

When found Graham was lying in about eight feet of water with the head and shoulders of Day across his feet, while the body of the younger lad, Pritchard, was some six or eight feet down stream. The scene of the fatality was only about forty rods above the Marble Rock dam, where the stream narrows and is divided into two channels by a little island; the channel to the north is quite shallow, while the southern one, which is only some twenty-five or thirty feet wide, is much deeper, and is the regular channel for motor and other boats.

BUSY WITH THE HAY.

The Choice Moonlight Has Helped In the Harvest.

Enterprise East, July 25.—These are great days for the gathering in of the hay. The weather has been real hot all week, and it is just what the farmers require to get in their crops.

Huckleberrying is the order of the day. A number from here will attend the celebration in Kingston on Monday.

Leo O'Mara and sister, Jennie, Yarker, spent Sunday at Joseph Dillon's. Miss Grace Foster spent Sunday the guest of Miss Bridget Tallon.

Died in Picton. Picton, July 27.—F. G. Tobey died in Picton on Friday, aged forty-seven years. He was a dry goods clerk, who served in Chicago and New York.

Three years ago he was affected with serious illness. He was able to be about until two weeks ago. In New York he was a representative of one of the large French exporting houses, making several trips to Europe in addition to his work through the United States.

In 1900 he was married to Miss Claudia Hemminger, Painesville, Ohio, who was in attendance at the funeral. His father, Uriel Tobey, died some years ago. His mother resides with her son, Harry, in Picton.

Briefs from Bath. Bath, July 26.—Mrs. First Mills, Nanance, is visiting at Walter Mills'. Mrs. Seymour, sr., left on Thursday on a visit to her son, Rev. R. H. Seymour, Rock Haven, Sask.

Col. Hamilton Smith of the United States Army died on July 22nd, within a few hours after receiving a machine-gun wound below the heart.

BAGGED TWO IN ONE DAY



Sub-Lieut. Willy Coppens, a Belgian aviator, did so, making ten six weeks.

A SUGAR FAMINE

At Clarendon and Nearby Towns—Many Visitors.

Clarendon, July 25.—Clarence Kennedy, Herb Hill, Miss Kathleen Godfrey and Miss Maggie Campbell motored up from Godfrey on Saturday, and were the guests of Mrs. James Campbell over the week-end.

There is a sugar famine in Clarendon and nearby towns at present. Dr. Barker was in Clarendon today on account of the illness of Mrs. James Campbell. We hope she may soon be better.

Death of W. H. Shangraw. Harrowsmith, July 26.—On July 14th death claimed a highly respected resident in the person of William H. Shangraw, at the age of eighty-one years and four months.

It Has Been Beautified at T. R. Low's Expense. Renfrew, July 30.—At a meeting of the council a letter was read from Thomas A. Low intimating that his contractors had completed the work of beautifying the Albion Square and that he took much pleasure in handing it over to the corporation.

His Credentials. Mother—I don't like the looks of that little boy you were playing with on the street to-day. You mustn't play with bad little boys, you know.

Sponges. Sponges very often give shelter to small submarine animals and shell fish, but the boring sponge is fatal to oysters. It attaches itself to their shells and gradually bores its way inside until it kills the oyster.

Imitation. Mount Aetna is emitting loud reports like a long-range gun at ten minutes intervals, says a Rome telegram.

O Aetna! in our hours of ease Uncertain, coy and hard to please; When peaceful tourists sought your brow Your stunts you oft refused—but now To teach us how to strafe the Hua, You simulate a long-range gun.

A Remarkable Salmon. The most remarkable salmon is the "chinook." It occasionally reaches an enormous size, fish of 100 pounds having been taken. The average weight, however, is much less—from fifteen to twenty-two pounds.

First Mention of Silk. The only undoubted notice of silk in the Bible occurs in Revelations xviii, 12, where it is mentioned among the treasures of the typical Babylon.

"My two Boys" advertisement for Grape-Nuts cereal. It features an illustration of a man and a boy eating cereal. Text: "There's no food that contributes more splendidly to building and rebuilding sturdy, virile 'youngsters' than a morning dish of the delicious wheat and barley food Grape-Nuts—served with cream. 'There's a Reason'"

TIDINGS FOR OUR READERS

PRESENTED IN THE BRIEFEST POSSIBLE FORM.

The Whig's Daily Condensation of the News of the World From Telegraphic Service and Newspaper Exchange.

Soaking rains throughout Manitoba and also in Saskatchewan have materially benefited field and garden crops.

A Railway Labor Board is likely to be formed at Montreal of representatives of railway labor and the Canadian Railway War Board.

William Joseph Chantler, a returned soldier, discharged from the Davisville Hospital, was drowned while bathing in Lake Scugog.

Mr. and Mrs. Gilbert Gagnon, Megantic, Que., are the happy parents of their twentieth child. The Gagnons have been married twenty-one years.

The bill which finally winds up German banks in England and prevents their opening for five years after the war has passed the British House of Commons.

In Petrograd, from July 1st to July 15th, 3,635 cholera cases occurred, of which 1,210 were fatal, with a probability that there had been many unreported cases.

The Postmaster-General's Department has notified postmasters when employees are still on strike that those who have not returned to work shall be considered no longer employees.

Philippe Roy, Canadian Trade Commissioner in Paris, has been granted by the King authority to wear the decoration of the cross of a Commander of the Legion of Honor conferred on him by the President of the French republic.

There are about forty invalided soldiers at the Petercain hospital. J. H. Hayden and family are occupying Fred Alford's home.

Miss Lillian Fleming has returned from Toronto. Cecil Boyle, Kingston, is visiting William Doyle. Mrs. Boyd and little daughter, Winipeg, are visiting her mother, Mrs. William C. Simmons.

Miss Mabel Keller, Keelerville, is visiting her aunt, Mrs. William Kerruish. The many islands and points in the vicinity of Chaffey's Locks are decked with camping tents.

George Slumons, Detroit, Mich., is visiting relatives. Mr. and Mrs. Pedley, Ottawa, are occupying their cottage here.

ALBION SQUARE PARK. It Has Been Beautified at T. R. Low's Expense.

Renfrew, July 30.—At a meeting of the council a letter was read from Thomas A. Low intimating that his contractors had completed the work of beautifying the Albion Square and that he took much pleasure in handing it over to the corporation.

The floral tributes consisted of a wreath from the family and wreaths from his neighbors. A large cortege followed the remains to the grave. Deceased leaves to mourn the loss of a kind and loving husband and father, his wife, one daughter, Mrs. Edward Whitty, of Sydenham, and three sons, Milton and Oliver, of Yarker, and John at home.

Robert Maxwell Dennistoun, K.C., Winnipeg, has been appointed a judge of the Manitoba Appeal Court.

His Credentials. Mother—I don't like the looks of that little boy you were playing with on the street to-day. You mustn't play with bad little boys, you know.

Son—Oh, but he isn't a bad little boy, mamma. He's a good little boy. He's been to the reformatory school twice and they've let him out each time on account of good behaviour.

Sponges. Sponges very often give shelter to small submarine animals and shell fish, but the boring sponge is fatal to oysters. It attaches itself to their shells and gradually bores its way inside until it kills the oyster.

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THE STANDARD BANK OF CANADA. HEAD OFFICE - TORONTO. This Bank offers every facility in the conduct of accounts, of manufacturers, farmers and merchants. SAVINGS DEPARTMENT at every Branch. KINGSTON BRANCH, J. F. ROWLAND, Manager.

Fires Break Out and thieves break in. Don't risk the first, or invite the second, by keeping money in the house. Put it in The Merchants Bank, where it will be safe from loss—always available—and earn interest at highest current rates. THE MERCHANTS BANK. Head Office: Montreal, OF CANADA. Established 1864. KINGSTON BRANCH, G. E. HAGUE, Manager. Safety Deposit Boxes to Rent.

GOOD YEAR MADE IN CANADA. Very Real Advantages. All that extreme flexibility in hose can mean—freedom from kinks and tangles, ease of handling—is delivered by Goodyear Cord Hose. All that extreme strength can mean—longer service, greater security against bursting, and sounder economy—is delivered also. Goodyear Cord Hose is the sum of hose virtue, from whatever standpoint you view it. Being built like the famous Goodyear Cord Tire, Goodyear Cord Hose has all its merits. It is equally worth the slightly higher price you pay. The Goodyear Tire and Rubber Co. of Canada, Limited. At Hardware Stores. CORD HOSE.

The New Conservation Biscuit. Made from Cereals other than Wheat, Corn, Oats, Rye, Barley, Rice. Just enough roughage left in them to make them healthful. Try these biscuits and give them to the hungry children. You will be delighted and so will they. Robin Hood, Rob Roy, Bran Biscuits, Scotch Perkins, Cornmeal Snaps, Oatmeal Gems. Crothers' Biscuit and Confectionery Manufacturers. Meadow Cream Sodas. Canada Food Board License Nos. 7-536 and 11-661.