

In The Realm Of Woman--Some Interesting Features

The Woman Who Changed

By JANE PHELPS

THE NEW PATH

CHAPTER CXXXI.

More than ever, was I anxious to please my husband—to gain that poise and command of myself he considered so necessary. My little affair with Merton Gray had shown me, perhaps more plainly than anything else possibly could, that I loved my husband too well to be happy with anyone else, or happy if I were merely away from him. Yet I knew I should never be really content and happy until he ceased finding fault with me, or, rather, until I had made myself over so that there would be no room for criticism.

I was not very well; that, too, made it harder to bear his caustic remarks. Recalling Julia Collins' talk on the piazza of the Narragansett Hotel, I had said nothing to George, but had gone to a doctor without letting him know my errand. What he told me frightened me. I was to become a mother. I burst into tears in his office, and he had all he could do to quiet me.

"Don't be frightened, you have some months yet before anything will happen," he told me, and I blurted out:

"I'm not frightened for myself, and I adore children. But my husband won't"—then I stopped. I had almost made this physician my confidant. Almost let him see that my fear of having children was my fear that by doing so I should lose my husband.

"He'll be fond of them, all right, when they are his own," the doctor gruffly answered. Then he patted my shoulder kindly. "You are nervous and upset. I'll give you something to steady you. Don't worry, stay out doors as much as possible, and—try

not to get foolish notions into that little head."

Was ever a woman so distressed? I wondered as I walked slowly home. I loved babies, longed for one of my own. But I loved my husband dearly, and I would rather be childless forever than to lose his love—even the little I supposed belonged to me. I stopped at the drugstore's and had the prescription filled, then walked slowly home. I had thought of stopping to see Evelyn, but the thought of her happiness with my little namesake made me change my mind and go directly home.

I felt as if this were another new path I must walk; that it was going to be hard and stony, I felt convinced. But I would have to do my best.

Sorrow Tempered With Joy.

I wondered if I should tell George what the doctor had told me. I decided I would not. I would keep it to myself as long as possible. Then, in the midst of my fear, came a thrill of joy at the thought that I was to have a child of my own—a thrill that remained with me for hours.

Should now make dainty things for my own baby as well as for Evelyn's. I would not tell even Evelyn. I would keep my secret from everyone as long as I could.

As it came time for George to come home to dinner, the thought of what Julia Collins had said again was uppermost in my mind. George WAS fastidious to an extreme. He was most particular as to my looks; he always had said he admired my girl's slenderness and that it was the reason my clothes looked so well on me. All that it would mean to have

him feel ashamed of me, rushed over me and I threw myself on the bed in a perfect agony of dread, all my joy gone in the thought that I should lose my husband's love.

Added Fear.

Then, too, came another thought. George went out a great deal without me now, went where other women were—women he had known and admired before as he knew me. Now he would go all the more, probably; and he would also have an excuse not to take me even occasionally. I saw months of loneliness before me, months of neglect greater than ever yet had been my portion.

I did not cry. George would be cross if I did. But I sobbed my misery in dry tearless sobs that exhausted me. When I looked at myself in the glass I was shocked. Hurriedly I bathed and dressed, making myself as attractive as possible in a gown George had chosen for me. Then I rouged my cheeks, and just touched my lips with red. I must keep looking well as long as I could. Yet, in spite of all my preparations, I looked haggard and almost ill and Celeste begged me not to try to go down to dinner.

"Madame, please rest. You will be ill," she said as I sank back in my chair with a sigh, after she had dressed my hair.

"No, I shall dine with Mr. Howard."

"Madame is worried. She should not be; she is young—beautiful—has a lovely home."

"I know, Celeste," I replied wearily, too tired to rebuke her.

(To be continued)

Told In Twilight

(Continued from Page 3.)

Mrs. A. Strachan, King street, gave a small tea on Thursday for old friends to meet her sister, Mrs. Patterson, of Minneapolis.

Miss Doris Delano, Syracuse, N.Y., is visiting Miss Evelyn Gowan, Princess street.

Mrs. Earle Jackson, Syracuse, N.Y., is visiting her parents, Mr. and Mrs. James Gowan, Princess street.

Mrs. D. Campbell and Mrs. J. Leonard are taking a trip to Freyton, Toronto, and Niagara, where they will visit friends for a few days.

Mrs. John Sherman, Brock street, after a month's visit in Toronto, returned on Thursday.

Mrs. William Benson and daughter, Jessie, Watertown, N.Y., have come to Kingston to visit relatives and friends.

Mrs. Willoughby Cummings will leave for Lake Joseph on Saturday.

Mrs. R. W. Shannon of Regina is staying with her brother, John Sears, and Mrs. Sears, Berkeley street, Toronto.

Mr. and Mrs. J. B. Phillips, Bagot street, left on Thursday to spend a couple of weeks at Ivy Lea.

Mr. and Mrs. J. J. Fraser, Earl street, have gone to Nova Scotia to spend the next two months.

Miss Mary Andrews, Union street, returned from Toronto on Thursday.

Miss Ethel M. Graham, sister of Mrs. J. E. Jones, and Miss Louise F. Jones, New York, are visiting with Mr. and Mrs. J. E. Jones, Princess street.

Prof. and Mrs. John Maenoughton are at Owl's Head, Me., for the summer.

Herbert Steacy, Kingston, is in Ottawa for a few days, the guest of Cpl. and Mrs. Douglas R. Street.

Mrs. D. G. McPhail, "The Avonmore," has gone to Toronto to visit her father and sisters.

Judge and Mrs. H. A. Lavell and family, Barrie street, have gone to Thousand Island Park for the next few months.

Mrs. (Dr.) Yelland, Omemeo, visited her son, Pte. Albert Yelland, of Kingston.

Miss Margaret Bowby, Windsor, has come to spend two weeks in "Fetterlain."

Mr. and Mrs. A. B. Chaffee, Montreal, are at Stays Island, Gananoque, to spend the summer. Mrs. J. E. Openshaw is at present their guest.

Miss Eva J. Spry, Bowmanville, is enjoying a month's holidays with her cousins in Kingston.


The engagement is announced at Peterboro of Mary Isabel, daughter of Mrs. Williams and the late Hugh Williams, Peterboro, to Henry Rowe Buxing Kenner, B.A., principal of Peterboro Collegiate Institute. The marriage will take place this month.

The engagement is announced of Olive, second daughter of D. R. Ross, Embro, to J. A. Rowland, 72nd Queen's Battery, C.E.F., formerly of Tweed, and youngest son of Mr. and Mrs. James Rowland, Newcastle, the marriage to take place quietly this month.

War times are teaching us that there is no economy in buying the cheapest goods nor the fancy high priced ones. We are depending on the solid values of the good standard brands—the brands that were good in peace time and have doubly proved their worth in war time.

Red Rose Tea—costing today only about 1/4 of a cent per cup—is one of the solid war time values that anyone can afford—and that everyone will enjoy.

It is truly a war time tea



T. H. Estabrooks Co. LIMITED
St. John, Toronto, Winnipeg, Calgary

Canadian Food Control License No. 6-278

TALKING IT OVER With Lorna Moon

The More-Holy-Than-They Lady

The More-Holy-Than-They Lady is getting herself all worked up. She is reading and hearing so many things about wickedness on a large scale, that she has almost quite forgotten to watch if Miss Manicure's bean goes home before midnight as the Hotel rules stipulate!

In fact for the present she has washed her hands of all such small fry as Miss Manicure—she is so busy hunting up informations and confirmations. One day she will ask with baited breath, "Is it true that the women of the allied nations have simply gone to the dogs with drink—their nerves and all that—poor things? Isn't it dreadful? Do you think the women of America will do the same?" Then

GRAY HAIR

Dr. Tremaine's Natural Hair Restorative, used as directed, is guaranteed to restore gray hair to its natural color or remove entirely. Absolutely not a dye and non-injurious. Price \$1.00. On sale in Kingston by T. H. Sargent, Druggist, Princess and Montreal Sts.

For Women's Ailments

Dr. Martel's Female Pills have been ordered by physicians and sold by reliable Druggists everywhere for over a quarter of a century, don't accept a substitute.

WHEN USING WILSON'S FLY PADS CAREFULLY AND FOLLOW THEM EXACTLY

Far more effective than Sticky Fly Catchers. Clean to handle. Sold by Druggists and Grocers everywhere.

Eat less Bread

There is a delicacy about mentioning piles. And yet so many suffer needlessly who could be readily relieved and cured if they only knew about Dr. Chase's Ointment.

Men tell me "another about" this remarkably successful treatment. But many women pine away their health and vitality dreading a surgical operation and not knowing how easily they can be cured at home by Dr. Chase's Ointment.

FOOD BOARD FLASHES FOR FEMINE FOLK

It is an old, old saying that union is strength. War serves but to emphasize the truth of it.

Organized women can do more than unorganized women. This is why it pays to cultivate the community spirit, to pool equipment and ideas and energies.

A dozen women working as one can accomplish infinitely more than twelve women going their several ways. It is estimated that only twelve per cent of Canada's women belong to organized bodies. This is a small percentage.

It does not matter whether it is Red Cross work or canning or knitting, or gardening or reforming—do it en masse! In the community way!

Belonging to an organization is an incentive to work. Instead of criticizing freely wouldn't it be a good idea to belong to some organization and help to "make things go." They are all doing what they consider best for the national cause.

THE ACTIVITIES OF WOMEN

Tennis is the ideal sport for women and girls, according to the famous Sutton sisters of southern California, who are conceded to be the greatest women-tennis players the game has ever known.

With the third Liberty loan over-subscribed financiers estimate the American women were responsible for selling over one-third of the entire amount.

With a record of 200 men enlisted by her efforts, Miss Margot Barnard of New York, has enlisted in the navy as a yeoman, and will continue her recruiting work at about one-fourth of the salary she formerly received from the mayor's committee on national defence.

A new way of earning money for the Red Cross and at the same time having \$25,000 a month to the government has been found by New York women, who have installed a large pig farm near Camp Mills, so that the pigs can fatten on the camp garbage, which the government now pays to have removed.

Six women farm labor specialists have been appointed by the New York food commission, and they will assume charge of the six districts into which the state has been divided.

Cloth manufacturers in various parts of the country are protesting against women wearing uniforms, claiming the cloth is badly needed for the army.

In St. Louis soup kitchens have been established so that women munition workers can buy the family supper already prepared and take it home at the end of their day's work.

An example of the patriotism of an American mother was furnished by Mrs. Mabel F. Farrisner, who has gone to France to take up Y.M.C.A. work with the same regiment her son was an officer in before he was killed in action.

It is estimated that the railroads of the United States are employing over 250 women as machine hands, while several are working as coal inspectors.

Women munition workers in France have been granted the right to wear the insignia of a lighted grenade on their breast, such as is worn on the sleeve of the mobilized workmen.

War Garden Bulletin

Practical Daily Guide For Vacant Lot and Backyard Gardeners Enlisted in Greater Production Campaign.

Issued by the Canada Food Board in collaboration with experts on the staff of the Dominion Experimental Farm.

Booklet That Will Help.

"Canada's war gardeners and all classes of people who have engaged in food production this year have done splendid service. The response to the call for more food has been magnificent, and there is every prospect of a bountiful harvest."

Such is the statement made by Henry B. Thompson, chairman of the Canada Food Board, in a prefatory note to the new booklet dealing with the canning, drying and storing of fruit and vegetables, which has been issued by the Board for the benefit of war gardeners.

He goes on to say: "By eating fruit and vegetables freely while they are in season, and by canning, drying and storing the surplus for winter use, we can release more wheat and other foods for shipment overseas. At the same time we can reduce our own cost of living. Fruit and vegetables are conducive to health, and greater and more regular use of them throughout the year would have positively beneficial effects."

Those who want to make the best use of the produce of the war gardens should write either to the Food Board direct or to its provincial committees, asking for a copy of the fruit and vegetable booklet. A sister publication, which will be equally valuable, contains vegetable recipes. Five cents must be enclosed for each copy.

McCormick's

JERSEY CREAM Sodas

Are Made in a New, Snow-White, Sunshine Factory—the Largest, Most Modern and Most Sanitary Factory of Its Kind in Canada

Cleanliness is the watchword at McCormick's—the building is pure white, both inside and out, and is kept immaculately clean, thoroughly sanitary and perfectly ventilated throughout. And all employees—both men and women—are dressed in spotless white uniforms.

McCormick's Jersey Cream Sodas are packed in air-tight, waxed-paper lined boxes, and will reach your table in all their original purity and crispness. Order a package to-day.

Sold Fresh Everywhere in Different Sized Packages.

Canada Food Board Licenses 11-003 and 14-166.

JAPAN TEA

The subtle charm in each cup tells why more than half the tea consumed in Canada is Japan Tea. Government inspected—uncolored and unadulterated—a tea of real cup quality.

"Over our tea—quaffing the sovereign drink of pleasure and health."

—Brady.

Mrs. G. D. Boyson, a Boston woman, recently drove an automobile from Pontiac, Mich., to her home town, a distance of 1,000 miles, in 40 hours.

Under the provisions of a bill passed by the United States Senate and House, Hawaiian women can vote in all territorial and municipal elections.

COKE ORDERS ONLY TAKEN

The James Sowards Coal Co. Phone 155.

NEW LAWN MOWERS ARE COSTLY.

Get your old one sharpened, repaired or refitted at moderate cost. Parts supplied for all standard machines.

John M. Patrick
140 Hydenham Street.
Phone 2066J.