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wanting anything come in the carpenter line. Estimates given on all kinds of repairs and work; also hardwood floors of all kinds. All orders will receive prompt attention. Shop at Queen street.

Like Being Hit By Rattle Snake

Says that every time you cut or pick at a corn you invite lockjaw.

You reckon men and women who are pestered with corns and who have at least once a week invited an awful death from lockjaw or blood poison are now told by a Cincinnati authority to use a drug called freeze, which the moment a few drops are applied to any corn, the soreness is relieved and soon the entire corn, root and all, lifts right out with the fingers, without one particle of pain. This freeze is a sticky substance which dries the moment it is applied and just loosens the corn without inflaming or even irritating the surrounding tissue or skin. He says a quarter of an ounce will cost very little at any of the drug stores, but is sufficient to rid one's feet of every hard or soft corn or callous. You are positively warned that cutting or picking at a corn is a suicidal habit.

Lake Ontario Trout and Salmon, Fresh Sea Whitefish, Haddock, Halibut and Cod.

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Every 10¢ Packet of

WILSON'S FLY PADS

WILL KILL MORE FLIES THAN \$8.00 WORTH OF ANY STICKY FLY CATCHER

Clean to handle. Sold by all Drug-gists, Grocers and General Stores.

SHE COULD NOT STAND OR WORK

But Lydia E. Pinkham's Vegetable Compound Restored Her Health and Stopped Her Pains.

Portland, Ind.—"I had a displacement and suffered so badly from it that at times I could not be on my feet at all. I was all run down and so weak I could not do my house-work, was nervous and could not lie down at night. I took treatments from a physician but they did not help me. My Aunt recommended Lydia E. Pinkham's Vegetable Compound. I tried it and now I am strong and well again and do my own work and I give Lydia E. Pinkham's Vegetable Compound the credit."

—Mrs. JOSEPHINE KIMBLE, 935 West Rice St., Portland, Ind.

Thousands of American women give this famous root and herb remedy the credit for health restored as did Mrs. Kimble.

For helpful suggestions in regard to each ailment women are asked to write to Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its long experience is at your service.

It's wrong to talk about a man behind his back. Talk about him in front of his back.

The Woman Who Changed

By JANE PHELPS

THE WAYS OF SOCIETY

CHAPTER CIVIL

To me the ways of society were most puzzling. The caustic remarks, the frank discussions of things which in my home town never were talked about always made me feel sort of out of it. When I spoke to George of my feelings he either made light of them, or said I "didn't understand." There were many things that I evidently didn't understand.

I once talked in an impetuous way of Julia Collins to Geraldine Ross. In response to something I said she returned:

"Julia is a regular man's woman," as if that excused anything she might do.

"Just what do you mean by a man's woman, Mrs. Ross?" I asked. "Oh, she makes herself like them. She never fusses, she flatters them and makes them comfortable."

"Yes, but she must do more than that to attract them as she does."

"I don't know that I can explain. But I keep close tabs on Bert when she is around. She is always ready for anything anyone proposes, she isn't a bit of a prude, yet she never has done anything to get herself to-boded. If a man does something he shouldn't, like taking a drop too much of something like that she never rakes him over the coals, just sympathizes with him because his wife does. Oh, she is clever, all right."

Helen is Enlightened as to Julia Collins' Methods.

"But how can she know that his wife hauls him over the coals, as you say?" I asked, my curiosity excited.

"My but you are innocent!" Mrs. Ross exclaimed. "Why my dear Mrs. Howard, Julia Collins is the confidante of half the men in our set. They all run to her for comfort when things go wrong at home. While I do not believe they complain of their wives, they let her see that they need sympathy, and come to her for it."

"But—I don't see"—I hesitated to say what was in my mind. That if Julia Collins did not care how much she hurt the feelings of the wives; I should think, for her own sake, her reputation she would hesitate to receive their husbands."

"I want you to understand one thing. No one ever accused Julia Collins of anything wrong," Mrs. Ross interrupted before I could put my thought into words. "She is as cold as ice, and as chaste. No one else know could do as she does, and she likes it by other women. I like her immensely. She is clever, bright, and although I wouldn't like her to get my Bert dangling after her, if she did I would not think anything wrong. I wonder sometimes you are so lenient with Mr. Howard. He is altogether too charming a man to let her monopolize him as she does. I know they are awfully old friends and all that; but there's a limit to good nature. I wouldn't be so kind, I am sure."

"Oh, yes you would. She is such an old friend, you know. It would be very small in me to object to a friendship begun before my husband knew I existed," I protested, anxious to make her think I knew and approved of all that George did.

"Don't be foolish! She is an old friend, grant you that. But that is no reason why she should lure a married man from his home with her little chatting dish suppers, and her cozy evenings when she forgets to ask his wife," then she added, "Conveniently forgets."

Helen Asks an Explanation.

"Just what do you mean?" I asked.

"Just what I have said. Julia thinks nothing of having those little suppers a deux, or if there are more it is always in a way. I'll warrant half the men in our set are with her often when their wives think they are at their clubs."

"Oh, you must be mistaken," I declared, yet making a vow to find out the next time George said he was going to his club if he were really there.

"It is awfully nice of you to stand up for the men. But I am not so generous. I want my own husband. If Julia Collins wants a man she will have to find some one else besides Bert Ross. But I don't mind telling you that I have learned a lot from her. Or that I use a good many of her methods. If she can win men by them why shouldn't I use them to hold the only man I care about? What a gossip I am," she said after a moment. "Here I have been talking about Julia Collins in a horrid manner, and I really like her. I feel as if I should beg her pardon. Yet I have said nothing but the truth."

"And nothing that was not flattering to Mrs. Collins," I assured her. "I am sure she could not object to your saying she was so fascinating that none of us could hope to vie with her."

"Not quite that! you, with your youth, your beauty, and your wonderful musical talent have no reason to be afraid of any woman. But with we ordinary women it is different. We have to watch out that she does not make our husbands discontented with their own home lives."

(To be Continued.)

TALKING IT OVER With Lorna Moon

Play For a Living.

"Life is too short to waste it working for a living," said the Journalistic Girl.

A gasp of astonishment greeted the statement, and the school matron lowered her cup and ejaculated a scandalized "Well!"

"I mean," hurriedly explained the Journalistic Girl, "that one should like one's occupation so well that working is like playing a game. Such a great part on one's life is spent in work that unless it is congenial life is merely a treadmill existence."

"I have one particular girl in mind. She entered the journalistic field not because she had any desire to write but because she found that teaching school was not as well paid in her part of the country as newspaper work. Writing is an agonizing process for her; her hours of work are hours of crucifixion. This is no reflection on her intelligence. She has more than usual intelligence and more than ordinary degree of perspicacity. I believe that she made an excellent teacher. I can't understand why she goes on—for the few dollars she makes extra cannot compensate for the grim torture that a few hundred words of "copy" means for her. She simply lacks the versatile imagination which is necessary to make writing come easy. It is just as futile as trying to grow carrots in clay. I don't believe for a minute that she can be happy writing against the grain, no matter how much money we make; and I don't believe that all the plodding the world will bring a but mediocre success unless our hearts are in our work."

"I know," agreed the Just-Engaged Girl. "Mother made me a music teacher and here I am selling the first matrimonial gateway of escape from it. If ever I have a little girl and she is fond of making dolls' dresses, I won't try to make a school teacher out of her just because the village school m'ama has more social prestige than the village dressmaker."

After all money and social prestige or even a fond mother's ambitions are poor things to take into consideration when choosing a life's work.

Told In Twilight

(Continued from Page 3.)

Capt. W. G. Cockade, of the fire department, Kingston, and his wife are the guests of Mr. and Mrs. W. G. Van Loven, Capt. and Mrs. Cockade are on their honeymoon, and are motoring through New York State to Niagara Falls. They will return to Kingston via Toronto.—Watertown, N.Y. Times.

Misses Blanche Blair and Edna Cameron, Westport, are visiting friends in Kingston.

Miss S. McCallan, has gone to spend a few weeks with friends in Picton.

Misses Ella and Dora Lindsay, Kingston, spent the week-end with their sister, Mrs. E. A. Gunter, Westport.

Mr. and Mrs. W. B. Skinner, Outremont, will spend a part of the summer at Bostwick Island.

Mr. and Mrs. W. H. Compton, Kingston, are visiting Mr. and Mrs. Charles E. Compton, 596 Metcalfe street, Ottawa.

Mrs. C. E. Taylor and her daughter, Mrs. Franklin, and Mrs. W. H. C. Carriere, Ottawa, have come up to Kingston.

FOOD-BOARD FLASHES FOR FEMINE FOLK

The need for extensively canning this year can scarcely be over-emphasized. All our fruit and vegetables must be used to the best advantage. The war gardeners have done their part. Now the housekeepers must do theirs.

Every assistance is being given them through the press, and no intelligent woman has the excuse that she does not know how to can or dry or make jam. She is given the clearest and simplest directions.

A five-cent booklet issued by the Food Board deals with the canning situation and gives the most up-to-date "conservation" methods of taking care of the fruit and vegetable crops.

It is authoritative and the woman who follows it will know that she is doing her patriotic duty and that the methods advocated are those best suited to meet the need of the hour.

Dr. C. P. Johns, Thorpitz was a week-end visitor at Dr. R. E. Sparks' Johnson street.

Miss Monica Hughes, Seattle, Wash., the guest of Mrs. Charles O'Connor, Ottawa, has left for New York to visit her uncle, Mr. Charles Crookall, and Mrs. Crookall.

Mrs. Morley Shurtleff and son, Alfred street, left for Toronto on Tuesday.

Miss Irene Dunn has returned to Brockville after visiting with Mr. and Mrs. Harold Hunter, Kingston.

Mr. and Mrs. T. B. Caldwell, who have been the guests of Mrs. Archibald Strachan at the Customs House, returned to Lunenburg to-day.

Miss Helen Nicol, Cataract, has been visiting Miss Evelyn Nickle, at "The Shelling."

Mrs. Grant, Perth, is the guest of Mrs. D. M. Fraser, Union street.

Miss Eva Richardson, Miss Phyllis Knight, Miss Marjorie Pense, Miss Mamie Garrett, Miss Jean Duff, and Miss Hilda Hague are leaving tomorrow for ten days' camping at Thurston Island Lake.

Lieut.-Col. and Mrs. McKelvey Bell, Ottawa, are spending the summer at Aylmer, Que.

Miss Alice Hague and Miss Hilda Hague have returned from Port Hope.

May Succeed Dr. Shearer.

Vancouver, July 10.—Rev. J. S. Henderson, D.D., pastor of the First Presbyterian church of this city, has been offered the general secretaryship of social service work of the Presbyterian church, the position held for a number of years by Dr. J. G. Shearer of Toronto. This is regarded as one of the most important positions in the gifts of the church in Canada.

The Tea of Teas Always Good Alike

"SALADA"

Deliciously Different to the Ordinary.

Black—Mixed or Natural Green. Preserved and Sold only in Sealed Packets.


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ALL THE FOOD VALUE OF PASTEURIZED SEPARATED MILK IN POWDER FORM

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All Styles, Finishes, Best Selection in the City to Choose From.

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Resorts in Ontario

Including:

BALA (Muskoka Lakes)
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POINT AU BARIL (Georgian Bay Resorts)
BOBAYGEON (Kawartha Lakes)
SMITH'S FALLS (Hudson Lakes)
SEVERN RIVER (Gloucester Pool)
SON ECHO (Lake Maxinaw), Etc.

ARE CONVENIENTLY REACHED BY CANADIAN PACIFIC Summer/ Tourist Fares in Effect.

General Change of Time, July 14, 1918

Particulars from F. Conway, C.P.A., City Ticket Office, Cor. Princess and Wellington Sts. Phone 1197.

PAR BELOW ESTIMATE.

Ten Million Bushel Crop on Lethbridge Railway Division.

Lethbridge, July 10.—An estimate of a ten-million bushel crop on the Lethbridge railway division is now made. This is in contrast to an expectation of more than fifty million bushels, had the weather during June been favorable. The acreage is 2,600,000 acres.

M'Cormick's Jersey Cream Sodas

are made from Government Standard Flour and in accordance with the regulations of the Canada Food Board.

Sold by Leading Merchants Everywhere



The McCormick Manufacturing Co., Limited

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More Eggs and Sturdy Chicks. For Sale By

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DIRTY? Yes SUNBURNT? No.

Your Panama will get dirty in time as usual after having Pan-a-Lac applied, but it will never get sunburnt. It does neither for, run or crack and drop off on your clothes. It is waterproof. Pan-a-Lac is life insurance to Panamas. Made and used exclusively by—

Kingston Hat Cleaners.
163 Princess Street Phone 1488.

GRAND TRUNK RAILWAY SYSTEM LOCAL BRANCH TIME TABLE

IN EFFECT MARCH 31ST.

Trains will leave and arrive at City Station, Foot of Johnson Street.

Going West.

No. 19 Mail	12:15 a.m.	12:51 a.m.
No. 13 Express	3:19 a.m.	3:55 a.m.
No. 27 Local	8:45 a.m.	10:17 a.m.
No. 7 Interim	1:15 p.m.	1:51 p.m.
No. 7 Mail	3:59 p.m.	4:40 p.m.

Going East.

No. 18 Mail	1:40 a.m.	2:17 a.m.
No. 16 Express	3:19 a.m.	3:55 a.m.
No. 6 Mail	12:30 p.m.	1:55 p.m.
No. 14 Interim Ltd.	1:30 p.m.	2:20 p.m.
No. 28 Local	6:48 p.m.	7:37 p.m.

Nos. 1, 13, 14, 16, 18, 19 from daily.

Other trains daily except Sunday.

Direct route to Toronto, Peterboro, Hamilton, Buffalo, London, Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Boston, and New York. For full information, apply to J. P. Stanley, Agent. Agency for all ocean steamship lines. Open day and night.

WHEN YOU GO WEST WE HAVE THE LOWEST FARE

THE MODERN TRAIN THE SCENIC ROUTE AND THE SERVICE TOO

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CANADIAN NORTHERN

No man can render assistance to another without at the same time helping himself. His shady character never kept a man cool.