

In The Realm Of Woman--Some Interesting Features

The Woman Who Changed

By JANE PHELPS

CHAPTER XXIV.

We started out in high spirits. George seemed almost as pleased as I was to go. I chatted and laughed with him, forgetting to be dignified, exhilarated by the swiftly moving car, and the fresh air. I had carefully pinned my veil before we left the restaurant so that my hair would not blow, and look untidy, and so win me a reprimand from George, who had very little patience with straggling locks.

When we reached the town George proposed I wait for him in the parlor of the inn. I gladly consented. Like all women I had powder, etc. in my hand bag. I would freshen up a little while waiting. He had said something about having a bite before we started back as it would be quite late when we reached home.

I bathed my face and hands, then rearranged my hair and brushed my clothes. George said I didn't look as if I had been out of my own boudoir; and he said it in such a complimentary tone that I blushed with pleasure. He wanted to start home at once after we had finished our 'bite' which consisted of a club sandwich and a bottle of beer; but I persuaded him to walk about the town for a little. I never had been there, and it was such a pretty place.

We had not gone far on our way home when a most terrific thunder storm came up. I never had seen sharper, more terrifying flashes of lightning; never heard thunder that each peal seemed to strike so directly near me. I tried to be brave, but did not succeed very well.

"It is all your own fault!" George grumbled. "Had you not urged me to remain here, this heaviest storm would have been at home before this. You would have been at home before this heaviest storm came up. Serves me right also for taking such

AN UNPLEASANT RIDE

a trip in an open car just to please you. I'll never do it again!" "Please don't say that!" I begged. "Don't talk to me, I'm disgusted," and the remainder of the way home neither spoke. The ending of our ordinary perfect day, had as usual spoiled whatever pleasure I had had. I wished we had not gone more than once before I went to bed. George didn't speak a single pleasant word all the evening.

Evelyn Reeves Names Her Baby Girl For Helen.

Before the evening was over however I had a message from Kurtz Reeves that he had effectively banished my depression; and gave me something to think about aside from my own troubles.

"It's a girl, and Evelyn says it is to be named for you," Kurtz told me, his voice vibrating with pride.

"Oh really! when can I come over?" I asked, delighted that they should have thought of me.

"Tomorrow, the nurse says," he returned after a moment. "She came to town about noon. We tried to get you several times but could not find you."

"I have been out to Leonard Park with Mr. Howard. Give my love to Evelyn, and tell her I will be over the very first thing in the morning."

"Oh, George!" I exclaimed. "Evelyn has a baby girl and she has named it after me and I am to go over and see her first thing in the morning."

"Helen is a very fine name," was all he said. "The look on his face also discouraged any further attempts to talk of the, to me, wonderful event."

"Mrs. Collins and that bunch are right," I murmured to myself when after waiting a few moments, I had

gone upstairs to see what else aside from a gift already prepared, I could find to give my little namesake. Surely when a baby was named after one it was one's duty to remember the child more lavishly than just an ordinary baby would be remembered. "George would not like me to have children, I can see that," and a queer little lonesome shiver ran over me.

The next day I could hardly eat my breakfast I was in such a hurry to get over and see the baby--my namesake. It seemed to me that George never had idled so over his breakfast, that he never had been so hard to please. His egg was not cooked right, and he had to have another one. By that time his coffee was cold and that had to be sent back and heated. I digested dreadfully, and he noticed it, I was sure, though he said nothing.

He's doing it purposely, I thought, he doesn't like babies, and has no sympathy with my desire to be with Evelyn.

The moment he left I rushed to my room, changed to a street costume and almost ran over to Evelyn's. She looked so proud, so happy it almost made me cry. And her mother-in-law spoke so beautifully to her and of the baby that I was sure all her troubles in that direction were over.

But the climax of my joy came when the nurse brought the little pink bundle in and let me hold her, "baby Helen," Evelyn said with a smile.

I wonder if I could explain the heart ache I had as I thought I never shall have a baby all my own. Because I mustn't lose George, and I can't keep him and have a baby, too. I know I couldn't explain so I shall not try.

(To be continued.)

German Air Cadets Fleeing.

London, July 5.—Young Germans learning to fly are deserting into Holland wholesale.

"Whole batches of German pilots training at Nivelles in Belgium," says a British official statement, "secreted stores of petrol and flew across the Dutch frontier, where they were surrounded and interned."

The reasons for these defections, it is learned, are the wastage among German aviators has forced the army authorities to coerce recruits, that the coerced recruits find the "intensive training" intolerable, and that training accidents abound.

War Garden Bulletin

Practical Daily Guide For Vacant Lot and Backyard Gardeners Enlisted in Great-Production Campaign.

Issued by the Canada Food Board in collaboration with experts on the staff of the Dominion Experimental Farm.

Feed The Pests.

Feeding the garden insects on poison is the surest way of keeping them from feeding on the vegetables you are growing for your own use.

Perhaps you have never watched them closely, but the various pests have different ways of attacking the plants. For instance, some insects chew and swallow their food, and others suck it from the juices and sap of the plants. The best way to get rid of both varieties is to make a study of the various poisons and how to apply them.

Arsenate of lead is the simplest poison to handle. It comes in two forms, powder and paste. The powder is easiest to weigh out, and handle and it keeps indefinitely. One ounce will go as far as two ounces of paste.

Paris green is more expensive and does not mix with water as well as arsenate of lead. Furthermore it will burn plants if it does not have two or three times its weight of lime added to the water. Used in Bordeaux it does not need the extra lime. In preparing the spraying mixture use half an ounce of Paris green and two ounces of lime in five gallons of water. Keep well stirred so as to spread the poison evenly.

Analysis of Poisons.

As the season advances careful study should be given to the use of poisons for spraying purposes. The best way to keep the pests from feeding on the vegetables you are growing for yourself is to feed them with poison.

One of the easiest ways to apply poison is with a whisk broom. Of course there is the spray pump, but the other is cheaper and just as efficacious. When used in its dry form the poison should be dusted on by mixing it with six-shaded lime, sifted ashes or dry road dust.

Use one ounce of powder and two ounces of paste in six quarts of water for Bordeaux mixture. Put the powder into a bucket and stir in enough water to wet thoroughly. Then it will mix evenly into the rest of the liquid.

DONATION OF \$10,000.

Former Resident of Guelph Gave the Money.
Guelph, July 5.—Through the generosity of A. W. Cullen a former Guelphite, who has made his mark in Chicago, and who on more than one occasion has generously remembered his native city, the sum of \$10,000 has been placed in his solicitor's hands, to be used for the permanent improvement of Guelph Union and St. George's cemetery.

Three German submarines were sunk when they attacked a steamer, so an arrival at an Atlantic port declares. Allies' gains in Italy and France were all held strongly on Thursday night.



Gray Hair Hays Health
A preparation for restoring natural color to gray or faded hair, for removing dandruff and as a hair-dressing, is not a dye. Cleanses and bottles at all dealers, ready to use. Philo Hays Co., Newark, N. J.

A Daily Treat—Always Acceptable and Delicious.

"SALADA"

The Tea of all Teas. E 152
Black, Green or Mixed } Get a package and enjoy a cup of Tea "In Perfection".

England's Potato Crop. London, July 5.—To relieve the food shortage England is growing more potatoes this year than ever in its history. Announcement was made recently by the Ministry of Food that approximately 900,000 acres of potatoes had been planted in Great Britain this year.

THOMAS COPLEY Telephone 987

wanting anything done in the carpentry line, Estimates given on all kinds of repairs and new work; also hardwood floors of all kinds. All orders will receive prompt attention. Shop at Queen street.

It's an Honour to be a Good Cook

TO BE ABLE TO FEED THE FAMILY WELL AND ECONOMICALLY IS REAL WAR WORK

BENSON'S CORN STARCH

is of vital importance to the good cook. It is the foundation of dozens of every-day desserts—gives lightness of touch to homemade "wafers"—makes far smoother gravies and sauces than flour. Be sure to get BENSON'S—famous for quality for more than half a century.

MANUFACTURED BY THE CANADA STARCH CO. LIMITED, MONTREAL



Following the sun with

WRIGLEY'S

Vision, for a moment, those far off ports beyond the trackless seas—

From Arctic ice, to the torrid lands beneath the Southern Cross—

From towns tucked in the mountains, to the busy river's mouth—

WRIGLEY'S is there!

MADE IN CANADA Sealed tight—Kept right

There, because men find comfort and refreshment in its continued use.

Because of its benefits and because

The Flavour Lasts!



After Every Meal



Hail! Smiling morn
ENO'S makes cheery optimists out of bilious pessimists
ENO'S FRUIT SALT
—Nature's Laxative

Every 10c Packet of WILSON'S FLY PADS
WILL KILL MORE FLIES THAN \$2.00 WORTH OF ANY STICKY FLY CATCHER
Clean to handle. Sold by all Drug-Grocers and General Stores.

IT'S PURE
COMFORT 100% PURE LYE
IT'S STRONG

Lake Ontario Trout and Whitefish, Fresh Sea Salmon, Haddock, Halibut and Cod.
Dominion Fish Co.

GRAND TRUNK RAILWAY SYSTEM
LOCAL BRANCH TIME TABLE
IN EFFECT MARCH 31ST.

Trains will leave and arrive at City Station, Foot of Johnson Street, Going West.		
No. 19 Mail	1:30 p.m.	1:55 a.m.
No. 13 Express	3:10 a.m.	3:22 a.m.
No. 27 Local	9:45 a.m.	10:17 a.m.
No. 1 Inter-City	1:20 p.m.	1:50 p.m.
No. 7 Mail	3:00 p.m.	3:40 p.m.
Going East.		
No. 18 Mail	1:40 a.m.	2:17 a.m.
No. 14 Express	3:10 a.m.	3:22 a.m.
No. 6 Mail	12:20 p.m.	12:52 p.m.
No. 14 Inter-City	1:20 p.m.	1:50 p.m.
No. 28 Local	5:45 p.m.	7:21 p.m.
No. 1, 12, 14, 16, 18, 19	Run daily.	
Other trains daily except Sunday.		
Direct routes to Toronto, Peterboro, Hamilton, Buffalo, London, Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Halifax, Boston and New York. For Pullman accommodation, tickets and all other information, apply to J. F. Hanley, Agent, Agency for all ocean steamship lines. Open day and night.		

DIRTY? Yes SUNBURNT? No.
Your Panama will get dirty in time as usual after having Pan-a-Lac applied, but it will never get sunburnt. It does neither rot, run or crack and drop off on your clothes. It is waterproof. Pan-a-Lac is life insurance to Panamanians. Made and used exclusively by—
Kingston Hat Cleaners.
163 Princess Street. Phone 1488.

TALKING IT OVER With Lorna Moon

The White-Pansy-Face and the Tiger-Lily
"I made forty-eight tampons today. They're hard to make, aren't they?" she said pushing the hair back from her face with a weary gesture. Her little face was white and tired.



Somehow when I look at her I think of white pansies. She is not arrestingly pretty, some people might not see that she is pretty at all, but when you look close you see that her face is velvety white, and her eyes a pansy blue. The surprised arch of her faintly marked eyebrows always recall a cluster of pansies that grew in my grannie's garden. THEY were the most surprised pansies that I have ever seen. I think that was because they grew so close to the Tiger Lilies. They looked up and up all day long at the Tiger Lilies. Everyone could see the Tiger Lilies, everyone who passed could admire them, but only those who stayed to look could see the white pansies. I went to gather Tiger Lilies one day and a haunting sweet perfume made me look down; it was then that the

pansies got that surprised expression! They were astonished that I would bother to look at them when I could look at those arresting flamboyant tiger lilies growing so close by.

I learned the beauty of white pansy faces that day and I have loved them ever since, whether they are human or grow in grannies' gardens. Oh yes, I suppose that Tiger Lilies have their own beauty, the human ones carry off the big matrimonial prizes, and the flower ones fill the vases that decorate the halls of stately homes. Their appeal is to the eye, but pansy faces appeal to the heart.

And so White Pansy Face had made forty-eight tampons and she was tired—well making forty-eight tampons is a task to make a full sized Tiger Lily tired—only I think the Tiger Lily is so busy being attractive that she leaves most of the Tampons for White Pansy Face to make.

And the soldier boy over there? When he comes back which one will he take to his heart? Perhaps he will be so dazzled by the Tiger Lily that he will never notice the sweet perfume of the pansy, perhaps he will never look down. Oh, but if he should see the pansy face and pick it for his own, I hope he will love it well—no need to fear—the heart that learns to love the sweet pansy face will know how to treasure it.

TORONTO'S SUNDAY LAWS
Sale of Ice Cream and Papers on Sabbath Banned.
Toronto, July 5.—If Toronto's citizens want ice-cream on Sundays after the first of August, they will have to buy it on Saturday night, when they are doing the rest of the marketing, and preserve it, for the Police Commission have decided that, from then on, ice-cream parlors must close on the Sabbath.
Also, they decreed that the more or less melodious voices of news vendors will be stilled every seventh day.

School Girls' Nerves

When an undue amount of nervous energy is consumed in the brain there is bound to be failure of the other functions of the body.
Digestion is impaired—the head aches—you cannot sleep—you are easily excited and irritated—feel tired and lack energy.
Dr. Chase's Nerve Food is a creator of rich, red blood and a builder up of the exhausted, nervous system.

FOOD BOARD FLASHES FOR FEMINE FOLK

Refuse to deal with any grocers, fish-mongers, butchers, bakers or other tradesmen who have not yet secured a license from the Canada Food Board.
"How sure 't' to know?" you ask.
The easiest thing in the world.
Every dealer has to display his license number on all stationery, invoices, etc., so that you can readily ascertain whether he is licensed or not.
It is now against the law for the various trades to operate without a license from the Canada Food Board. The same applies to public eating houses, and women can help by refusing to patronize them unless they are duly licensed.