

In The Realm Of Woman---Some Interesting Features

The Woman Who Changed

By JANE PHELPS

AN EMBARRASSING SITUATION

CHAPTER CXV.

On my way home from Evelyn's I stumbled and fell. It was carelessness on my part. I was so engaged thinking of Evelyn's baby, so pleased that she had named it for me, that I didn't see a stone on the crossing, and tripped over it. As I was scrambling to my feet hoping no one had seen my undignified performance I heard a voice say:

"Let me help you! Are you hurt?" and Merton Gray assisted me to rise. He held my arm a moment to steady me, and in that moment Madge Loring came along.

"What is it? A rescue of some sort?" she asked as I jerked away from Merton.

Her tone made me angry and I answered feebly:

"It was, a most fortunate one," then I turned to Merton. "Thank you Mr. Gray, now if you are ready we'll hurry on and get that cup of tea I promised you." All the time I was talking I tried to make myself more presentable. First I tried to straighten my hat, then to brush the dust from my skirt. Merton helped brush me.

"Mrs. Loring Thinks Falls Ludicrous."

"It makes one feel so silly and small to fall in the street, doesn't it?" Madge Loring asked, then without waiting for a reply, "It always strikes the onlooker as so ludicrous."

Even though the person who fell may be hurt. I always feel like laughing when I see anyone fall.

"I suppose you would enjoy seeing others laugh if you fell," I remarked sarcastically.

"Oh, I never fall, but some people are naturally clumsy," she returned, then said "good-bye," and hoped I would feel no bad effects of my fall, and rather maliciously added: "I trust you will enjoy your tea."

"Cat!" Merton said as soon as she was out of hearing. "Did you really mean that you were going to be kind and give me a cup of tea?"

"Certainly I will if you care for it. But to be honest I said it on the spur of the moment. I was so embarrassed to have her see me. I suppose I was clumsy, but—oh, well! It is over now. I will try to look where I am going after this. But I was thinking of my little namesake."

"Your what?"

"Evelyn Reeves has a little daughter and she has named it for me. I am delighted to think she did so, and was thinking what I should give the baby for a christening gift when I stumbled over that stone."

"You are sure you aren't hurt?"

"Only my pride! That is terribly bruised."

"Don't mind her! She may fall some day."

"I wasn't thinking entirely of Mrs. Loring. I had been terribly mortified to have Merton see me. But I answered:

"I hope she does, and that I will be where I see her," at which Merton laughed heartily, then added:

"Me too!"

library while I went upstairs and changed my soiled dress and rearranged my hair. When I looked in the glass and saw how blowsy I was I flushed again to think that Madge Loring had seen me. But I soon forgot the contretemps when Merton and I began to talk.

I had ordered the tea things when I went up, and everything was ready for me. I made the tea and then we chatted. Merton touched very lightly upon his feeling for me; said he had been thinking things over, and that he wanted me to forgive him for presuming. He had perhaps thought me more unhappy than I was, and had acted accordingly. Then he stopped talking of our affairs and told me of places he had visited, stories of people he knew; and finally he told me of many things he had experienced, things which seriously affected him, and which were intensely interesting. We talked until nearly time for George to come in. An intimate, serious talk that made me feel I knew Merton Gray, the real Merton Gray for the first time.

When George came in I told him of my day. Of the baby, how cute it was, at which he smiled rather indulgently, but said nothing. Then I told him of my fall, of Merton Gray happening along, of his assistance, of Madge Loring and her catty remarks, then of my tea with Merton, and some of the things he had told me, the serious things.

To my surprise George said nothing about my clumsiness. His only remark about my fall being:

"You are sure you weren't hurt?" I gave him the same answer I had given Merton. That "my pride only was bruised," at which he laughed. (To be continued)

permitted the enlistment of girls for clerical duties.

The Turkish government is appealing for women between eighteen and thirty years of age to join field battalions for service behind the front.

Miss Eva Penton, who organized the women workers in a British munition factory, has been asked by the American Government to undertake the same work in this country.

The women of the East End of London have entered a protest with Lloyd George for sending airplanes to protect them from German air raids instead of sending the machines to the front.

The leadership of fifty women's organizations in New York with a combined membership of 30,000, in launching an attack against German language newspapers, has been followed by similar action on the part of women's clubs throughout the entire United States.

A Serious Talk.

When we reached the house I excused myself and left Merton in the

TALKING IT OVER With Lorna Moon

Don't Worry

I am going to have the motto of the Pollu framed and I shall hang it where my eyes can readily rest upon it. I think that I, like many thousands of women in this country shall be glad to borrow a little of its comforting philosophy. Briefly it means "Don't Worry. Here it is in full:

One of two things is certain; either you are mobilized or you are not mobilized. If you are not mobilized there is no need to worry. If you ARE mobilized one of two things is certain; you are either at the front or you are behind the lines. If you are behind the lines there's no need to worry. If you are in front one of two things is certain; you are either wounded or you are not wounded. If you're not wounded there is no need to worry. If you ARE wounded one of two things is certain; you are either seriously wounded or you are not seriously

wounded. If you are not seriously wounded there is no need to worry. If you ARE seriously wounded one of two things is certain; you will either get well or you will die. If you get well there is no need to worry, and if you die you can't worry—so why worry?

That is so like the gay brave spirit of Francis! Don't worry, does not mean don't think. It does not mean don't feel your responsibility in this war; but it DOES mean, illuminate all unnecessary dwelling on possible danger, all unnecessary crying for the moon. It does mean don't waste breath regretting the war or trying to side step your share of it. It DOES mean, grit your teeth and do your job as cheerfully as you know how.

It is the horrible uncertainty that is so hard to bear, the dread of what MAY be that is so haunting. If we can learn to face one day at a time and say with the Pollu "one of two things is certain" and then see the bright side of that which "is certain"—that will help so much.

Let us try to do this; then at the last if hearts are broken and nerves shattered, it will be with things accomplished, with sacrifices made. They will not have broken under a load of useless wonderings and doubts. We will at least have built a monument of effort under which to take our rest; and surely there is more comfort in the shelter of a well built monument, than in the shapeless shadow of a junk pile of aimless whimperings and purposeless regret.

War Garden Bulletin

Practical Daily Guide For Vacant Lot and Backyard Gardeners Enlisted in Greater Production Campaign.

Issued by the Canada Food Board in collaboration with experts on the staff of the Dominion Experimental Farm.

How They Operate.

Have you ever watched the bugs eat? They don't all do it the same way. Some bite out small portions of plants, then chew and swallow them in quite a human way. Other bugs belong to the nursing bottle class and suck their food—the juices or sap of plants. Most bugs are partial to tender young garden plants.

The chewing class is killed by feeding them with poisons; the sucking class by remedies which kill by coming in contact with their bodies and smothering or dissolving them.

The chewing insects are easiest to recognize since they eat the plants. They do a good deal of damage when they are worms. In maturity they become beetles, moths and butterflies and are a still greater menace.

The worms and beetles should be killed by spraying or dusting on the plants arsenate of lead or Paris green. Some of the chewing insects, like the cutworms, are killed by poisoned bait like bran mixed with Paris green and molasses. Garden slugs also are killed in this manner.

THE ACTIVITIES OF WOMEN

The Remington Arms Company is seeking 1,000 additional women employees for work in manufacturing and inspecting rifles for the American troops.

American educators claim that unless more girls take courses preparing them to enter college many girls' schools will have to be abandoned.

A conference was recently held in England to provide parents with advice and information on the various professions and occupations open to girls.

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The title of The Iron Man of Russia has been conferred on Mme. Kallental, the woman minister of welfare of the Bolshevik Government.

Vassar College is raising a fund to endow four scholarships in memory of Miss Anabel S. Roberts of the class of 1912, who was the first American nurse to die at the front.

On several occasions recently the Queen of England has pitched in with rolled up sleeves to wash dishes at the canteens for women in munitions factories.

The first women to enlist in the United States coast guard are Lucille and Genevieve Baker, of Brooklyn, and the coast guard has asked the navy department for a special order

permitting the enlistment of girls for clerical duties.

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Told In Twilight

(Continued from Page 3.)

Mr. and Mrs. Daniel Smith, King street, left on Thursday for Brownburg, Que., to visit Mr. and Mrs. E. Hooley.

Miss E. Muckleston is spending a few days with Mrs. Grant Macdonald in Toronto.

Mr. and Mrs. W. N. Davy, Kingston, are spending some weeks in Montreal, staying at the Place Viger Hotel.

Mrs. W. J. Renton, University avenue, and family have gone to "Glen Logie" farm to spend two months in a cottage beside the St. Lawrence.

Miss Edith Rankin, summering at Collins Bay, has gone to Ottawa to spend a week with college friends.

Mrs. Wilson and children arrived from Toronto on Thursday to join Rev. Dr. R. J. Wilson, and are at their home on University avenue.

Mr. and Mrs. J. Maynard Waite, of New York, are visiting in the city. Mrs. Waite was formerly Miss Knopf, whose family used to summer at Milton Island.

Eighty-five people have been registered at the post office since June 22nd.

Mrs. Reed, Windsor, is coming next week to spend the summer with her daughter, Mrs. W. H. Rankin, Collins Bay.

Hon. George F. and Mrs. Graham, Brockville, have left on a motor trip to New York.

Dr. J. A. MacDonald is expected back in Canada from Korea in the autumn.

Mrs. M. F. Hughes and daughter, Miss Agnes, Division street, have left for Ogdensburg, N.Y., where they will visit their cousins, and will then proceed to Ocean City, Maryland, to spend the summer.

Mrs. F. A. Thomas and children, Peterboro, are visiting in Kingston the guests of Sergt. Major and Mrs. A. Jarrett.

Prof. N. K. White, superintendent of the schools of Troy, N.Y., and his family have arrived at Cape Vincent, N.Y., for the summer. They are occupying the Scotch homestead.

Mrs. J. E. Wilmet, Ottawa, is visiting her mother, Mrs. W. J. Mahood, Johnson street.

Mrs. F. Wilmet and grand-daughter, Miss Kirk, are visiting in Gananoque.

Mrs. H. W. Britton, Almonte, is holidaying at Gananoque, with her father and sister, T. C. Stark and Miss Edith Stark.

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FOOD BOARD FLASHES FOR FEMININE FOLK

Do you know that four new booklets which every Canadian woman should possess for herself have now made their bow to the public? Hundreds of so-called war-time cook books have come out during the last two or three years, until women are a little bored with what other people are trying to tell them.

But these are different. They deal with bread-making, the cooking of fish, the cooking of fruits and vegetables, and preserving and canning. They have attractive covers which are but the outward index to the authoritative and practical contents. In short, they are distinctive from any of the war-time cook books which have been issued in Canada up to date, and each is prepared by an expert.

A nominal five-cent fee is being charged for each, on the principle that people value more highly what they have to pay for.

Send to the Food Board, Ottawa, without delay for these books. Every woman should give them a place of honor in her home and follow their advice day by day in her kitchen.

GRAY HAIR

Dr. Tremula's Natural Hair Restorative, used as directed, is guaranteed to restore gray hair to its natural color or money refunded. Positively no dye and non-injurious. Price \$1.00. On sale in Kingston by T. H. Sargent, Druggist, Trafalgar and Montreal Sts.

For Women's Ailments

Dr. Martel's Female Pills have been ordered by physicians and sold by reliable Druggists everywhere for over a quarter of a century, don't accept a substitute.

Skin Sufferers

You will sigh with relief at the first magic touch of D.D.D. the soothing wash of oils. Many of our customers thank us for this advice. You will too. Try D.D.D. today. We guarantee it. Mahood's Drug Store, Kingston.

D.D.D. The Liquid Wash

LEMON JUICE TAKES OFF TAN

Girls! Make bleaching lotion if skin is sunburned, tanned or freckled

Squeeze the juice of two lemons into a bottle containing three ounces of Orchard White, shake well, and you have a quarter pint of the best freckle, sunburn and tan lotion, and complexion beautifier, at very, very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of Orchard White for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles, sunburn, windburn, and tan disappear and how clear, soft and white the skin becomes. Yes! It is harmless.

Every 10c Packet of **WILSON'S FLY PADS** WILL KILL MORE FLIES THAN \$8.00 WORTH OF ANY STICKY FLY CATCHER

Clean to handle. Sold by all Druggists, Grocers and General Stores.

You pay the same war tax on a pound of cheap, poor tea that you pay on Red Rose. In other words you pay 10¢ war tax on a cheap tea which will make perhaps 150 cups to the pound and you pay the same 10¢ tax on a pound of Red Rose which easily makes about 250 cups.

You will find today more value, more economy, more real satisfaction in Red Rose Tea than ever before.

It is truly a war time tea.

T. H. Estabrooks Co. LIMITED

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—lends genuine distinction to hospitality. Each cup contains the delicate aroma of the blossoms of Japan and the flavor that comes only from tender leaves, protected and stored.

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"Tea is a medium of no inconsiderable amount of nutrition."

—Enc. Britannica.

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Women's disorders always yield from the very beginning of the trouble to the mild, but effective, action of Orange Lily. Within two or three days after commencing its use the improvement becomes noticeable, and this improvement continues until the patient is completely restored. Orange Lily is so applied or local treatment, and acts directly on the woman's organs, relieving the congestion, toning and strengthening the nerves, and restoring perfect circulation in the diseased parts. In order to convince all suffering women of the value of this remedy, I will send a 4c cent box, enough for ten days' treatment, absolutely FREE, each lady sending me her address. Enclose 3c stamp and address MRS. L. D. W. W. W. Windsor, Ont. Sold by leading druggists everywhere.

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