

In The Realm Of Woman---Some Interesting Features

HOW TO GET RID OF RHEUMATISM

"Fruit-a-lives" Point the Way to Quick Relief

YVES, Ont. "I suffered for a number of years with Rheumatism and severe Pain in my Side and Back, caused by strains and heavy lifting. When I had given up hope of ever being well again, a friend recommended 'Fruit-a-lives' to me and after using the first box I felt so much better that I continued to take them; and now I am enjoying the best of health, thanks to your wonderful fruit medicine."

W. M. LAMPSON, "Fruit-a-lives" are sold by all dealers at 50c. a box, 6 for \$2.50, trial size 25c.—or sent postpaid by Fruit-a-lives Limited, Ottawa.

THOMAS COPLEY
Telephone 987.

Wanting anything done in the carpentry line. Estimates given on all kinds of repairs and new work, also hardwood floors of all kinds. All orders will receive prompt attention. Shop on Queen street.

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FIRE INSURANCE
Home Office, Royal Insurance Bldg. MONTREAL.
FERRY J. OUBIN
Manager, Ontario Branch, Toronto
W. H. GODWIN & SONS
AGENTS, KINGSTON, ONT.

Every 10c Packet of
WILSON'S FLY PADS
WILL KILL MORE FLIES THAN \$8.00 WORTH OF ANY STICKY FLY CATCHER
Clean to handle. Sold by all Drug-gists, Grocers and General Stores.

YES! MAGICALLY!
CORNS LIFT OUT WITH FINGERS

You simply say to the drug store man, "Give me a quarter of an ounce of frezone." This will cost very little but is sufficient to remove every hard or soft corn from one's feet. A few drops of this new ether compound applied directly upon a tender, aching corn should relieve the soreness instantly, and soon the entire corn, root and all, dries up and can be lifted out with the fingers. This new way to rid one's feet of corns was introduced by a Cincinnati man, who says that, while frezone is sticky, it dries in a moment, and simply shrivels up the corn without inflaming or even irritating the surrounding tissue or skin. Don't let father die of infection or lockjaw from whitening at his corns, but clip this out and make him try it.

WOMAN'S NERVES MADE STRONG
By Lydia E. Pinkham's Vegetable Compound.

Winona, Minn.—"I suffered for more than a year from nervousness, and was so bad I could not rest at night—would lie awake and get so nervous I would have to get up and walk around and in the morning would be all tired out. I read about Lydia E. Pinkham's Vegetable Compound and thought I would try it. My nervousness soon left me. I sleep well and feel fine in the morning and able to do my work. I gladly recommend Lydia E. Pinkham's Vegetable Compound to make weak nerves strong."—Mrs. ALBERT SULTZ, 603 Olmsted St., Winona, Minn.

How often do we hear the expression among women, "I am so nervous, I cannot sleep," or "it seems as though I should fly." Such women should profit by Mrs. Sultz's experience and give this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial. For forty years it has been overcoming such serious conditions as displacements, inflammation, ulceration, irregularities, periodic pains, backache, dizziness, and nervous prostration of women, and is now considered the standard remedy for such ailments.

The Woman Who Changed

By JANE PHELPS

WHAT MONEY CAN'T BUY

CHAPTER XXIII.
I had found in my short married life, that there was one thing money could not buy, and that was happiness. Perhaps had I been older, more accustomed to the ways of the world, I should not have laid so much stress upon being loved, but I had been petted all my life. At home, love had been so freely showered upon me, that I took it as a matter of course.
That it was not a matter of course, I was fast learning. And it made me very unhappy.
The days passed in what would have been a round of pleasure, had I had anyone with whom I felt acquainted—someone like Evelyn—to be with when George was away. But the people to whom he introduced me were so much older, or so worldly-wise, that I longed for the time when we should leave.
I had taken one trip on Mr. Barry's yacht. Julia Collins was not of the party. I wondered why—and if my going had anything to do with her absence. Unfortunately, I was ill. The sea was rather choppy, and I was unaccustomed to a small boat. I did my best to keep up, but finally had to go into the cabin and lie down. I lay there thinking that George would be cross. Then I wondered if he wouldn't be glad, if it would be a reason to leave me at home and take Julia Collins. Soon, however, the illness crowded all else from my mind. I wanted to get back to the hotel more than ever I had wanted anything in my life—or so it seemed to me.

TALKING IT OVER With Lorna Moon

Old Hen-ism
Being an "old hen" has nothing to do with age. It is a state of mind. There are "old hens" of twenty-five, and there are jolly matrons of fifty who could never become "old hens."
I had a good example of "old henism" the other day at a Red Cross meeting. A group of matrons were knitting socks, and more socks, discussing babies, husbands, and shell shock. They were a general crowd, evidently all from the same neighborhood. It was while the Lady-in-charge was demonstrating a new way to knit the heel double, that the Young Thing walked in. She was very pretty, all short skirts, white boots and giggles. Perhaps her nose was just a little too pearls white. She carried a work bag jauntily and smiled on the room. The chatter stopped, and six pairs of hostile eyes swept the Young Thing. Her smile flickered out, and she sought the nearest seat awkwardly, fumbling in the bag for some knitting needles and a ball of khaki wool.
They Seemed To Hate Youth.
The demonstration went on, but in hushed tones and shoulders formed in a circle that said plainly "no admission." I slipped over beside the

NATION'S WHEAT CROP.
To Be Second Largest In Country's History.
Washington, June 10.—The second largest wheat crop in the history of the country is in prospect for this year's harvest. The Department of Agriculture to-day forecast a total of 931,000,000 bushels of winter and spring wheat combined. That is only 69,000,000 bushels less than the billion bushel crop the government had hoped for and continuation of ideal growing conditions, such as prevailed last month, might yet produce a harvest of 1,000,000,000 bushels.

NEW POKE BONNET.
An adaptation of the old "poke" bonnet, the lace trimmed drooping brim enhancing the demure expression on the youthful face.



War Garden Bulletin

Practical Daily Guide For Vacant Lot and Backyard Gardeners Enlisted in Greater Production Campaign.

Issued by the Canada Food Board in collaboration with experts at the staff of the Dominion Experimental Farm.

Celery Trenches

Now that the potatoes are safely in the ground the next move to be considered is the preparation of the celery trenches. A good many amateur gardeners shy at this vegetable, thinking it too troublesome to handle, but those who go in for it usually feel that their labor has been well repaid before the season is out. To prepare the trenches, set a line the length desired. Mark along this line with a spade and move the line 15 inches. Mark this also. Dig out the space between the lines to a depth of nine inches, piling the soil on either side of the trench. If more than one row is required the space between should not be less than three feet. This space can be utilized for the growing of lettuce, cauliflower, radishes or other early crops that it will be possible to clear off before the celery is ready for earthing. Put some manure in the trenches and dig in. The celery trenches should be left for some days before the plants are put in. The day before planting they should be flooded with water. A very important factor in the successful culture of this popular vegetable is a plentiful supply of water. In its wild state the celery is a bog plant and it is, therefore, naturally a water lover.

IRELAND TO HAVE A NEW GOVERNMENT

A Clean Sweep To Be Made in All the Departments in Ireland.

Dublin, June 10.—A clean sweep is to be made in the important departments of the Irish Government by Viscount French and Edward Shortt, the new heads of the reorganizing machines. It is expected that before long the familiar officials in Dublin Castle will be transferred or retired in some way. When coalition Government came into office most of the important posts of the Administration were filled by Home Rulers. The changes since then have been more in the direction of Unionist appointments. The new changes, foreshadowed in the same way. The first to go will be Lord Chancellor Sir Ignatius O'Brien, a Catholic Nationalist, who retires with the solace of a peerage. His place will be taken by Sir James Campbell, one of the ablest and most active lieutenants of Sir Edward Carson. Campbell has been for a short time Lord Chief Justice.

Buys Red Cross Ambulance.
Watertown, N.Y., June 10.—Mrs. Iva Harpster Bones has purchased an ambulance for the Red Cross. The car is to be sent to the Staten Island Distribution Hospital where all American soldiers wounded in France will be sent. The price paid for the automobile is \$2,000.

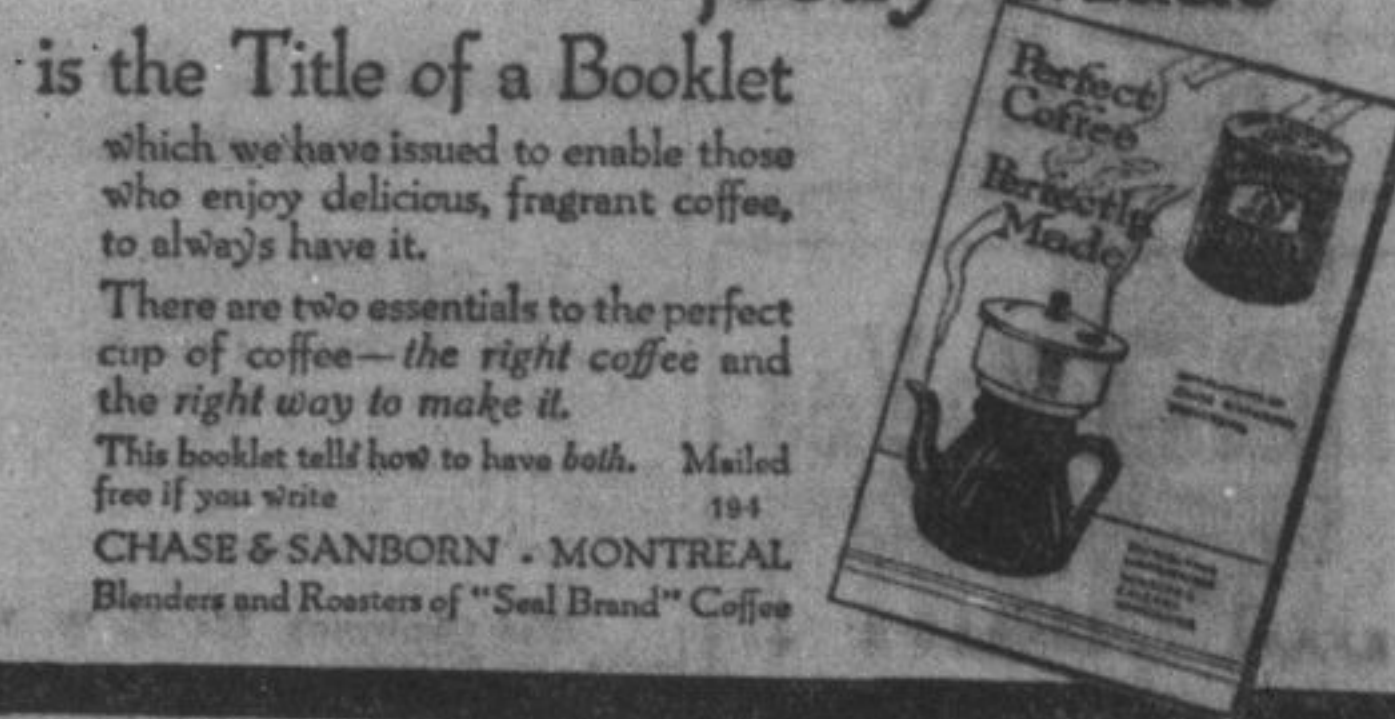
PIMPLES AND RUNNING SORES WOULD HOLD HEAD DOWN FACE WAS SUCH A SIGHT.

Pimples are caused by the blood being out of order. Those festering and running sores appear on the forehead, on the nose, on the chin and other parts of the body, and although they are not a dangerous trouble they are very unsightly to both you and your friends.
There is only one way to get rid of this obnoxious skin trouble and this is by giving the blood a thorough cleansing by the use of "Burdock Blood Bitters."
This sterling remedy has been on the market for over 40 years, during which time we have received thousands of testimonials as to its curative powers over all skin diseases.
Mrs. Victor G. Fry, North Battleford, Sask., writes: "I used Burdock Blood Bitters when I was about eighteen. I was so bad with pimples and running sores, that when I went down town I would hang my head down when I would see anyone coming, my face was such a sight. I got two bottles, and my face began to clear, so I kept on until I had a beautiful complexion. I have recommended it to everyone who is in a rundown condition, as it builds up the blood, and when the blood is at the face is clear."
Manufactured only by The T. Millburn Co., Limited, Toronto, Ont.
Happy is the individual who sees things as they should be instead of as they are.
How superior a boy feels when he hears some other boy being scolded.

WILL NOT ACCEPT AN OFFICE.
Intends to Engage in Practice of Law in Law.
Ottawa, June 10.—Hon. Albert Sevrigny, former Minister of Inland Revenue, is becoming a little tired of being mentioned for various Government offices. He is going to engage in the practice of law in Montreal, instead of Quebec, as in the past, and he denies that he is seeking any position in the public service.
A St. Louis spinster was recently kissed in a dark hall, and she hasn't had a light there since.

"Perfect Coffee—Perfectly Made"

is the Title of a Booklet which we have issued to enable those who enjoy delicious, fragrant coffee, to always have it. There are two essentials to the perfect cup of coffee—the right coffee and the right way to make it. This booklet tells how to have both. Mailed free if you write 184 CHASE & SANBORN - MONTREAL Blenders and Roasters of "Seal Brand" Coffee



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Come into the Sunlight—
Come out of the gloom of wash-day drudgery into the sweet, wholesome air of the Sunlight wash-day.
Sunlight Soap
is the purest form in which laundry soap can be made. Because it is all pure soap—no impurities or "fillers"—it will do more washing with less work than ordinary soap.
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