Woman---Some

The Woman Who Changed By JANE PHELPS

Prevented by "Fruit-a-tives" The Wonderful Fruit Medicine

58 MAISONNEOVE Sr., HULL, QUE. "In my opinion, no other medicine is so good as 'Fruit-a-tives' for Indigestion and Constipation.

For years, I suffered with these dreaded diseases, trying all kinds of treatments until I was told I was incurable.

One day a friend told me to try 'Fruit-a-tives'. To my surprise, I found this medicine gave immediate relief, and in a short time I was all right again".

DONAT LALONDE 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or from Fruit-a-tives Limited, Ottawa.

Carpenter and Builder



Clean to handle. Sold by all Drug-



For Hair and Skin Health Cuticura is Supreme

If you use Cuticura Soap for everyday toilet purposes, with touches of Cuticura Ointment now and then as needed to soothe and heal the first pimples, redness, roughness or scalp irritation you will have as clear a complexion and as good hair as it is possible to have.

Sample Each Free by Mail. Address post-ard: "Cuticura, Dept. N. Boston, U. S. A." sold by dealers throughout the world.

War Garden Bulletin

Practical Daily Guide For Vacant Lot and Backyard Gardeners Enlisted in Greater Production Cam-

Issued by the Canada Food Board in collaboration with experts on the staff of the Dominion Experimental Farm.

Watering.

There is always the danger of watering yegetable crops over abundantly. Ontario has been fortunate this spring in the amount of natural watering that the gardens have received, but this does not necessarily apply all over Canada. A city garden should never be watered in the heat of the sun. In any event the water should be applied in as fine a spray as it is. possible to obtain. Force will wash out the seeds, flatten the soll, expose the roots to the sun's rays and thus cause the wilting of the plant. As the seeds are breaking through the ground should be gently watered in the evening with the watering can. The hose is destructive if used too soon after planting. It is necessary to stir the soil after each rain or watering in order to conserve the moisture.

Particular care must be taken in the watering of transplanted vegetables. It is a good plan to put a little water in the holes before the plants are put in them. Or, on the other hand, the watering may be done immediately after planting, while the soil is still loose. This will prevent the plants from wilting.

Nearly every woman labors unde the delusion that no man can tell her a lie and look her straight in the eye at the same time. Injustice often pats a man on the back, while justice kicks him.

HOME AGAIN CHAPTER LXXXIV. met him?" she asked David, We had a simple and very quiet

"Yes, the first night I came. He dinner on the train, then, as we were all pretty well tired out, we went to The train reached Moreland "You silly boy," I interrupted, em- n't to be trusted." early in the morning, but I was barrassed. awake long before it was time to get up. I lay thinking of David-how do." Evelyn said.

perfect joy to hame him, in spite of on. Merton will be cross if I am meant that even innocent things took my fear that he would feel that I late." So, talking and laughing, we on an air of romance to the French was neglected and would tell mo- all three went to the studio. we had breakfast at home. Then, quiet, with so many looking at you?" my head at Merton. He had been

see Evelyn. She made us tell her all away. about our trip, and was delighted

"I suppose you will be going away because I had said it.

to David, "The idea of dreading a mind in a whirl. Why was I so pleas- French maids talk to each other." ed that he, Merton Gray, successful Merton turned away to hide the "I, too, think your trip will be a artist and popular man about town, smile trembling on his lips, and nice one-your vacation, rather," should miss me? I concluded it was Mrs. Loring broke in: ESTIMATES II EXPERIENCE David responded. "It will be awfully because he had been the first, al- "What are you two scrapping most the only man, who had made me about? I can fairly see your claws, "The boys are great for outdoors," feel at ease when I first came to Julia."

> she asked me. "I met him about window looking at a book of etch- ther, David!" I called, "Come and three days ago, and he said he was lngs. The studio was very quiet meet some of George's friends. . My inconsolable because you had gone when Robert, Merton's man, came in brother, David Milner, Mrs. Collins. to New York. He is anxious to work and spoke quietly to him. Merton and Mrs. Loring," I purposely spoke frowned, but nodded assent. In a of him first, instead of following the "I have a sitting today. Don't you moment there was a soft rap, a swish correct manner of presentation. "And with me and see how the picture is ing and Julia Collins.

> she needn't go with me today, if you fectually hid David and Evelyn. I would say that you and David had saw Mrs. Collins look around, then some sort of an affair, I am sure! "I'd love to! Perhaps Merton will saw a sneering look, followed by one Wouldn't she, Mrs. Collins?" ask us to luncheon again. Have you I could not understand. It was as

> > dred, in Boston, Mass,

solidaying in Kingston.

LESSONS FOR THE

Home Embroiderer

Specially prepared for this Newspaper by Pictorial Review.

A l'estante l'estante lle l'estante l'estante l'estante l'estante l'estante l'estante l'estante l'estante l'est

New Linens for the Dining Room Beautiful.

are these new linens. They consist as a beautiful gift and one that as

No. 12446 Scarf with Filet Ends and Embroidery.

the linen, as preferred.

Equally appropriate for the library

in natural color crochet cotton.

day in honor of her guest, Miss Mar-

Mrs. Henry Joseph and Lady Bury

thing more acceptable than either

for with use and the consequen

if she were pleased at nomething. "I see you've dispensed with Celseems to like Sis. He said a lot about este. I don't blame you," she said. her picture and sort of bragged about |"It is much more cozy; here, by yourselves. Then, French maids are-

"What do you mean?" I said quick-"Merton does like Helen. We all ly, my face flushing, my heart thump-I should miss him. It had been a "Stop talking about me and come. "Oh, don't get excited! I only ing so it seemed they must hear it. servant."

as soon as George had left for the Merton asked after he had greeted about to speak, to explain. I knew office, David and I walked over to us, and scolded me a bit for running what was in his mind by the way he glanced toward the window.

"Oh, yes, I don't mind David, nor "Yes, I think you are right," with the handkerchiefs I had brought Evelyn, half as much as I do you," said coldly, remembering how pleas-I confessed, then blushed furiously ed Mrs. Sexton had been when I had come out shead of Julia Collins once "I . . . have missed . . . you," before by keeping cool. "And you "Yes, in about ten days. I dread he said, so low that the others did surely should know: Celeste told me she had a friend who worked for you "Isn't she foolish?" Evelyn said I took the pose he suggested, my as private maid. And you know,

"Oh, pardon me!" I exclaimed, "Have you seen Merton lately?" David and Evelyn sat in the bow "but I so want you to meet my broand David want to walk up there of skirts and in came Madge Lor- Evelyn, come out from behind those eurtains! You know both ladies. If getting along? I'll tetephone Celeste The draperies at the window ef- we had a French maid here, she

(To be continued)

Told In Twilight

soon?" she said to me.

(Continued from Page 3.) Mr. and Mrs. W. J. Rathman, Mrs. ion Cooke, of Montreal. Empson, Belleville, were guests of tawa after spending the week-end i

Mr. and Mrs. W. J. Rathman over the with her mother at "The Elms." Mayor Derbyshire, Brockville, has are the general convenors for the

By KATHRYN MUTTERER.

Bespeaking the attention of nee-

dleworkers who go to lavish lengths

to make the dining room one of the

of a scarf and a center-piece of en-

tirely new shape. Embroidery and

made lace, are combined in the deco-

ration of the pieces. The embroidery

is worked in raised satin and oyelet

stitches combined with Roman cut-

work. The octagonal center-piece is

twenty inches wide. The filet crochet

motifs are worked with No. 80

No. 12446-Centerpiece to Match

Persons preparing gifts for pros-

pective brides could not select any- strain on the eyes.

Working pattern and directions filet crochet motifs, Nos. 87 and 90,

crochet cotton.

I. Empson, and Master Douglas | Miss Roe Spooner returned to Ot-

left to visit his daughter, Miss Mil- garden party to be given at the The Duchess of Devonshire has the Wolfe and Montealm Chapters of been promoted from Lady of Grace the Empire. to be Lady of Justice in the Order

o fthe Hospital of St. John of Jerusaleaving Toronto for Petawawa camp. Miss Helen Farrow, Belleville, is where he will be stationed for the summer. Mrs. Storms will join him Mrs. Philip Gilbert, Toronto, gave there later. a young people's luncheon on Mon-

Miss McKay, Toronto, has returned hame after visiting Mrs. J. At kins, Union street.

Ottawa from Kingston for a few They are at the Chateau Dr. and Mrs. George W. Bell, Miss

tawa, and Dr. 'Hodgins, London, motored to Gananoque jon Friday. Mr. and Mrs. George McKay, Uni-

a visit/to Buffalo, N.Y. Mr. and Mrs. D. G. Laidlaw, Earl street, are on a visit to Detroit, Miss Antoinette Rogers and Miss Jennie Rogers, Watertown, N.Y., are at Newboro, to remain for about a

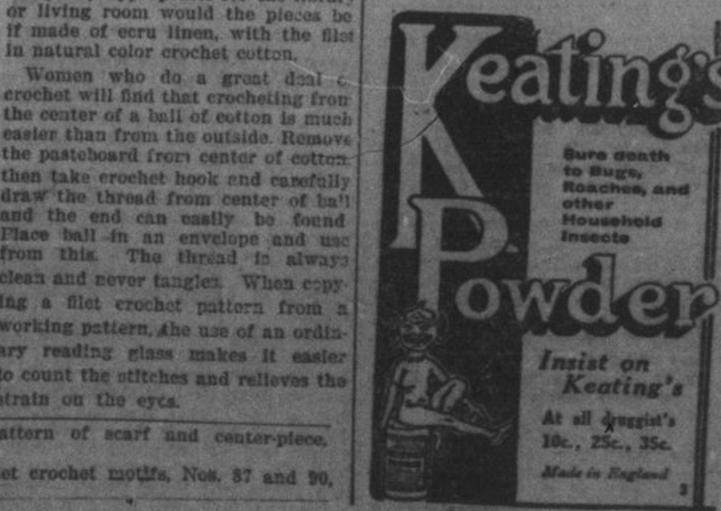
the scarf or center-piece, though hav. N.Y., is visiting Miss Muriel Brooks, ing seen them together, it is hard to Earl street.

most beautiful rooms in the home make an essential practical as well sures more than transient pleasure, is expected home to-morrow.

her home in Chatham, Ont,

burgh on June 12th, leave permitting. filet crochet, the simplest of all hand- laundering, the texture of the line of Lieut, Arthur La Touche Bisset, Composition of Two Food becomes more pleasing and to R.N., and Margaret, only daughter of charm of the decoration more pr. Lieut.-Gov. Grant, of Halifax, N.S.

Crocheted corners are a very effec. The world is probably a little Water 10.6 10.6 tive means of ornamentation for larger than you think it is, and you Protein 12.2 11.8 scarfs and center-pieces. The inner are probably a little smaller than Fat 1.7 5.0 edges of the corners may be satin you thought you were. stitched, buttonnois or whipped to Some people's idea of economy is Ash 1.8 3.0 having money for others to spend.



Montreal Hunt Club on June 13th by

Major Douglas Storms, M.C., is

General and Mrs. Maunsell are in

R. A. Spooner and Dr. Klotz. Ot-

ersity avenue, have returned from

Miss Jean Nichol, Westmount, has left to spend the summer with her uncle and aunt, Mr. and Mrs. H. B. Bristol, "Inglehurst," Picton.

Miss Gladys Counter, Watertown,

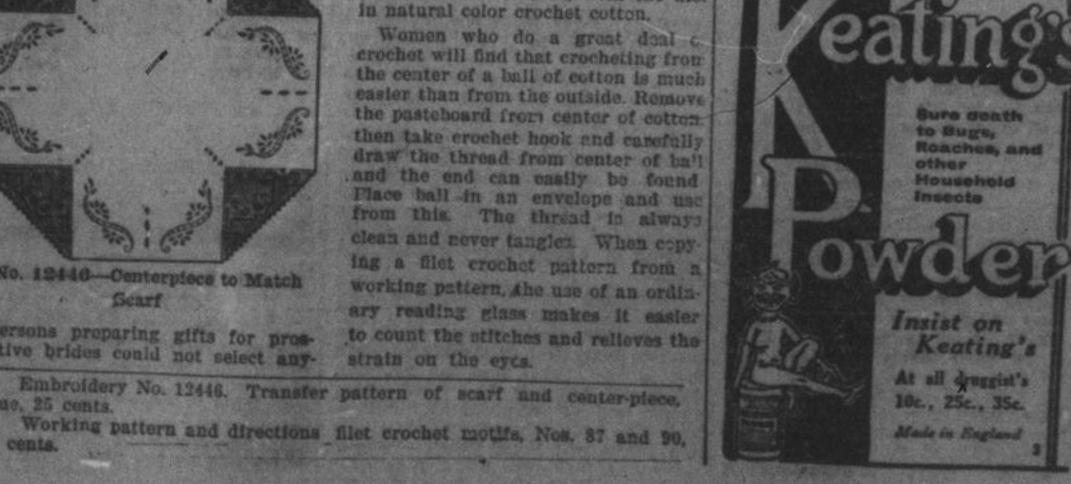
dissociate one from the other. They Miss Enzadeth dissociate one from the other. They Earl street, who has been visiting the land of the transfer of the land of t Miss Wilhelminia Aird, in Toronto. Mrs. M .L. Dunham and daughter, Lillian, Athens, are spending this week as guests of Mrs. R. E. Kilborn, Wellington street.

. . . Miss Alice McKeown, Montreal, is the guest of Mrs. E. T. Steacy, King

Miss Maynard, Ottawa, spent the week-end the guest of Miss Hazel Browne, Kensington avenue,
Miss Sewell Woodward, who has been the guest of Mrs. W. Bermingham, Barrie street, has returned to Mrs. Harold Lewis, Montreal, is

The engagement of M. O'Neill.

The marriage takes place at Edin-





Interesting

INSPECTION

The F. F. DALLEY CORPORATIONS, LIMITED, HAMILTON, CAN.

Drink Charm Tea

To Reduce the High Cost of Living try a

package of Charm New Japan Tea at the

low price of 28c a half pound package.

SPECIAL

Ripe Tomatoes, 25c pound; Large Pineapples, 25c, 30c each; Bananas, 30c, 40c dozen; Choice Eating Apples, 30c, 40c and

50c dozen; Best Grape Fruit, 5c, 10c each, 4 for 25c, 3 for 25c.

California Fruit Store

When Women are Weak)

Women who feel weak, languid and depressed-

who look pale and dull-eyed, and have lost appe-

tite and fresh looks-need a tonic that will

purify the blood, help the organs of digestion,

regulate the liver and bowels, and strengthen

are a blessing to weak women, for they quickly correct

womanly ailments, improve the appetite, purify the blood and re-establish healthy conditions. They are safe to take as they are purely vegetable and without

any harmful drug. A few doses will bring better spirits, improved health and a feeling of fitness.

Worth a Guinea a Box

Prepared only by Thomas Beecham, St. Helens, Lancashire, England. Sold everywhere in Canada and U.S. America. In boxes, 25 cents.

the system. It long has been known that

Prompt Delivery. Phone 2168.

Oranges, all prices, and cucumbers, at

LOCAL BRANCH TIME TABLE

IN EFFECT MARCH SIST.

Trains will leave and arrive at City Station, Foot of Johnson Street. No. 13 Express . . . 3.10 a.m. 3.52 a.m. No. 27 Local ... 9.45 a.m. 10.17 a.m. No. 1 Intern'l Ltd. 1.20 p.m. 1.50 p.m. No. 7 Mail . . . 3.00 p.m. 3.40 p.m.

No. 16 Express . . . 3.10 a.m. Direct route to Toronto, Peterboro Hamilton, Buffalo, London, Detroit

hicago, Bay City, Saginaw, Montreal, Halifax, Boston and New York, For Pullman accommodation, tickets and all other information, apply to J. P Hanley, Agent, Agency for all ocean steamship lines. Open day and night.

CANADIAN PACIFIC

Change In Train

Schedules

Effective Sunday

June 2nd, 1918.

For particulars apply to:

B. Howard, D.P.A., Toronto, or

F. Conway, C.P.A., Kingston.

NEW LAWN MOWERS ARE COSTLY.

Get your old one sharpened, repaired or refitted at moderate cost. Parts supplied for all standard machines.

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For the Boys at the Front

CHOCOLATTA

Contains the Chocolate, Milk and Prepared Instantly by Adding Bolling Water Only. No Cooking or Wilk Required. For Sale By

D. Couper 341-3 Princess St.

Prices Reduced

On All Kinds. Eat Fish and Save Bacon.

Bon Marche Grocery Cor. King and Earl Sts. Phone 1844.

Mrs. Harold Lewis, Montreal, is visiting her parents, Sir Percy and Lady Sherwood, Ottawa. The Popular New War Biscuit Port Hope, to Miss Garvey, Washington, D.C., is announced, the wedding to take place in Toronto in June. M. O'Neill. Made From the Big Rich Oats

Carbohydrates . 73.7 69.2

Wheat flour must be conserved. Be sure to try these new biscuits.

Every bite is mellow. A wealth of flavor. Just the proper balance.

Eat them yourself and be convinced. Give them to the hungry children home from school.

Manufacturers Biscuits and Confectionery.

A quiet wedding was solemnized Crillia, son of Mr. and Mrs. C. J. at the residence of Mrs. A. Y. Ken- Shirreff, Brockville. fille on Thursday, when Deseronto lost another of its old her daughter, Miss Ameoret Lillian residents on Friday when Mrs. Wil-Kendall, was unted in marriage to liam McKee passed to the great be-*Clifford Fitzroy Shirren, of the staff youd after sixty-eight years of earthof the Electro Fonadries Co., Ltd., ly life.

40 ft. x 120 ft. Enough stone

Snap for \$150

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To our customers! Bring your Panama in NOW.

Don't wait until you are ready to wear it. Our business has increased so rapidly this o season that we will have to disappoint those who wait until the rush is on. Experienced help in this business is not to be found in this part of the country, so if you want to have yours done right, bring it in now. Call for it at your leis-

Get the number right, 163

Kingston Hat Cleaners.

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