WAR DEMANDS HAVE RECON-STITUTED THE INSTITUTION.

Thousands of Soldiers Have Found a Home Influence in the Big Red Building on Princess Street-F. J. Wilson is Master of the Mansion.

No more spontaneous endorsation of the splendid work of the Y. M. C. A. has been given in Canada than the contribution of over \$4,000,000 to the Red Triangle fund recently when the objective aimed at was only \$2,-225,000. It was a practical testimony of the appreciation of the Canadian people for the interest that the Red Triangle organizations at the battlefronts have taken in the sons of Canada who have gone forth to fight the battles for the Empire and Humanity.

In press and pulpit the deeds of the Y. M. C. A. workers in the dug-outs near the front line, in the rest camps. and in the hospitals were recounted, and the story of the heroism of these men, who glory in ministering to their comrades in sickness and in health, was an inspiration to those in quieter walks of life. The devotion i to their task of caring for some lonely Canadian lad, and their efforts to open to all soldiers, and a pleasan bring a home influence to him have game of billiards in stimulating envi-

In the less conspicuous sphere of favorite pastimes of the khaki boys. duty the Y. M. C. A. in Canada has There was a constant demand for looked after the soldiers since the be- checkers during the evening, and ginning of the war, and in every city some strenuous games were recorded. and town where there is a branch of The plunge was freely used by the

the big red mansion on Princess one year. The men came individually and in his quiet and unassuming way an officer were not infrequent occur-he told of the wonderful work that rences. Soap and towels were sup-It was a marvellous story, and citizens the appreciation of this privilege of have probably no idea of what has the baths has been unbounded. been done for the soldiers.

for the young man, the demands of who had been to the battlefront were war withdrew from active member- returning. They had seen the splen- gion arising from the consciousness ship many thousands of the best- did work of the Red Triangle across spirited men in the Dominion. Hither the seas, and on their return they natand thither the call of war urged urally turned to the Y .M. C. A. At them, but whether in their home town every port of debarkation the Y. M. sentiment is certain to remain long or at the other side of the Dominion C A: has an officer, and each returnor across the sea, the uniform of the ing soldier is given a ticket which he

and with the entrance into Kingston, tary, and he is granted a ticket giving District No. 3, of hundreds and thou- six months. country, the Y. M. C. A. felt that of returned soldiers have presented who were away from home. Invita- advantages offered to them. Any tions were extended to battalion com- service in the power of the officials charge make use of the Y. M. C. A., ing of parcels, and valuables. and, as a result, almost since the he- Wilson stated that while the soldiers ginning of the war the institution has were in the baths they usually left

Writing rooms were set aside and and since the beginning of the war than body. Nevertheless, though the were loved ones at home waiting pa- laid. the familiar face of mother or dad or was a surprising lack of houses where the little sister who were so proud of accommodation for transient visitors the absent member of the household; could be secured.

The merchants do not want government fish to sell at the risk of accommodation for transient visitors or any of the other minor aliments. Concerning them, Mrs. Jos. Mouzer-pretty narrow margin to be sure.

to the soldiers, and it is a noteworthy been made and by letters that have have ever used. From my own exfact that during the year 4917 over been written from men in France. Mr. perience I would recommend every 28,000 sheets of paper and 18,000 en- Wilson is an enthusiastic worker for mother to keep a box on hand." The velopes were supplied to the soldiers the association, and is held in high Tablets are sold by medicine dealers in the Y. M. C. A. rooms. Nor was esteem by the large numbers of citi- or by mail at 25 cents a box from it an extraordinary year, for during zens with whom he comes in con- The Dr. . Williams' Medicine Co., the summer when there were eleven tact . Always he retains the respect Brockville, Ont. thousand troops at Barriefield the of the young men, although there is quantity of writing paper and enve-lopes supplied was huge. The Y. M. He has kept the association in excel-C. A. also acted as a distributing cen- lent condition, and has the entire contre for the soldiers' mail, and thou- fidence of the Board of Directors. sands of letters have been forwarded Tireless in his efforts, he has introfrom the Y. M. C. A. to their own- duced many new ideas into the activi-

Should be on every table!

(A Healthful Cereal Drink)

for years the favorite peace-time

low even more prominent because

it is a saver of ocean tonnage

much needed for our armies

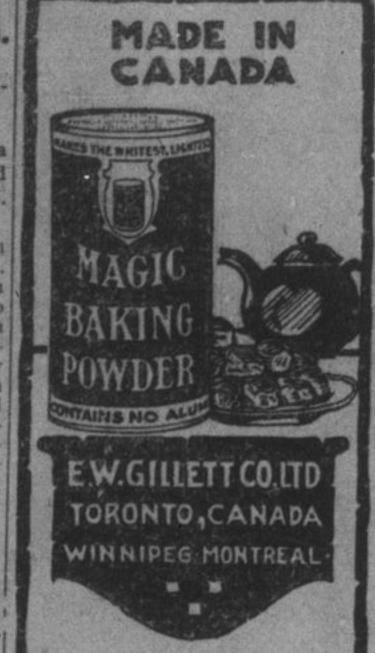
"Over There"

Made instantly-no boiling.

drink for young and old.

sugar saver and a truly

everage of tens of thousands.



the association the soldiers regard it soldiers, and it proved a boon to the lads as they came from the camp or F. J. Wilson, general secretary of from the barracks. As many as 12,the local Y. M .C. A., and master of 000 men were accommodated during

And so it happened that while the trustic spirit throughout, Like every other institution, the boys who were preparing to do their Y. M. C. A. has been affected by the bit were taking advantage of the King was a badge of welcome at the can present to the general secretary With the enlistment increasing daily This introduces him to the secre-

sands of men from the surrounding At the local Y. M. C. A. hundreds something must be done for the boys their cards and have partaken of the manders to have the men in their has been rendered, even to the checkextended comradeship and enjoyment their money and watches and oth- competitor of the churches.

er precious possessions at A visit on almost any evening would office. Thousands of dollars' worth show scores of soldiers spending their of trinkets and rings and watches. as little jogs to the memory that there not five cents has been lost or mis-

had gone were set up. "Have you city of hotel accommodation, large where in the quiet of the evening the written to mother to-day?" or "How numbers of soldiers have been commen may gather and re-tell the old about a letter for home?" or some othing to the "Y" in the hope that dor-er such inscription met the eye of mitories are located there. There is vice of King and country. the soldier as he entered the room, a great need for dormitories where The Y. M.C. A. knew that some men can secure lodgings at a mode-boys when they had left home sel-dom thought to write a few lines. The the officials that some day sleeping. The Best Medicine people left behind were not forgotten, apartments will be erected. In spite but for many a young man the writ- of this deficiency, however, the offiing of a letter was incomparable in cers at the Y. M. C. A. have been do- There is no medicine for little ones difficulty and tediousness to the hard ing all that is possible for the soldiers. The day's drill in the boiling sun. Never- Lodgings have been secured for the Tablets are a mild but thorough lax- Gomorrah class.

How to Remove Easily. theless, the little signs that were men through the aid of the officials, ative; pleasant to take; do not gripe, placed in the room brought to mind although Mr. Wilson stated that there and never fall to relieve the little

and a short letter to the folks was That the efforts of the association olle, Eel River Ridge, N.B., writes: Paper and ink were supplied gratis many appreciative remarks that have the finest medicine for little ones I ties of the association, and has en-

With the soldiers he is a great favorite, and they have been at all times welcome visitors to the institution. Mr. Wilson is ably assisted by Sam-

nel Lifley, who has been boys' work secretary for several years. Both have labored strenuously for the success of the institution, and that they have been successful is shown by the interest that is felt by the men in the city in the welfare of the Y. M. C. A. Mr. Wilson has pronounced views on the future of the association as a whole, and his observations have come largely as a result of conversations with returned soldiers, who in the course of heart to heart talks have shown that they have brought back a certain feeling from the front which is common to their comrades.

The narrow sectarianism which has sometimes embittered and antagonized the workers in the same cause—the preaching of the gospel of Christianty to every one-is to be modified. The thousands of men who have faced death in No Man's Land come back with a certain realization that above all there is a Great Being to whom they may turn for succor when in distress. It is the consciousness of a Providential Being that holds their lives in His hands. The men who have never uttered a prayer before call upon the unseen Master for strength and comfort in the moments of danger, and they invoke the aid of ronment or dominoes or checkers were the Almighty. Such men do not recognize the narrowness of a sectarian creed, but the universal omnipo-

tence of a loving Father. At the front the Y. M. C. A. acts as the church for the soldiers, and natuially enough the same spirit prevails Men of all creeds partake of the same benefits, and a discernible community of feeling develops through the Y. M.

A, which is carried from the battlefront to the homes in Canada. The sense of God as the Father and all men as brothers is more deeply grafthad been accomplished in Kingston, plied at a merely nominal sum, and ed into the souls of many soldiers than might be considered probable, and the Y. M. C. A. has fostered this al-

Roman Catholicism and Protestantsm to many are no longer incomwar. Being an association primarily privileges of the Y. M. C. A., others patible, but both are parts of the greater religion than either-the reli-

of the divine in the soul of man. The diversity of creed may pass away, but the universality of divine after the guns have ceased to roar and the soldiers have returned to their

Just as the Y. M. C. A. has been the religious centre at the front, so at home there is every reason to believe which is the headquarters of Military him privileges in the institution for before enlistment will turn to it as their church, And it will not be found wanting. In the future, as at present. the Y. M. C. A. will continue to renler all possible assistance to those who have borne the hardship of service and who answered the call of uty in the pressing hours of their

Nor will the Y. M. C. A. act as a its manguration the association has been rather an auxiliary of the church. and it will endeavor to link up the church may be the man's Sunday home, the Y. M. C. A. will be his evtiently for a letter from the boy who Of recent months, with the sear- ways find an uplifting atmosphere.

have been appreciated is evinced by "I believe Baby's Own Tablets are

The privileges of the "Y" were thused the membership of the "Y." So judges have to be paid bonuses to keep them out of temptation. The rest of us have to keep out of it without being bonused.

> How does that Montreal judge arrive at the conclusion that boxing is not a useful occupation? He must admit that at any rate boxing is a

Talking about wills, the Lampman s led to remark that in some cases it is better not to make a will as the law provides for the fair distribution of estates, and the next of kin cannot feel hurt as all are treated allke by the absence of a last testa-

The Portsmouth Philosopher when asked what the Sinn Pelners were fighting for replied that they did not know themselves, but they would not be satisfied until they got it.

Would those Sinn Fein traitors have had any ground for a kick if they had been sent to sea by themselves and been the target for a torpedo from a submarine of their friends the enemy?

A recent episode shows that dogs are just as uncontrollable in the backyard as on the street.

Late events have shown that references are needed as much in renting a house as in engaging a domestic.

Ald. Newman will have to carry

Children's Shoes



THE buying of children's shoes I is a difficult problem for parents these days. We believe you will want to know some of the important facts that we can tell you on this subject. So far as your own boots and shoes are concerned—that is, shoes for men and women -you know that advanced prices are necessary. This situation has been accepted as inevitable.

But when it comes to paying advanced prices for children's shoes, some parents are apt to regard that as a different matter.

As a matter of fact, while there is less material in a child's shoe than in an adult's, they cost almost as much to make. A boy's shoe costs as much today as did his father's a few-years ago. And this is a condition which it is not possible to avoid.

Efforts 10 buy shoes for children at low prices because the are children's shoes, are not practical. Suppose you were to demand children's shoes from your dealer at the prices current two years ago; he in turn would exert pressure on the manufacturer to supply a cheaper shoe, one which he could sell for less money than conditions make possible. The result would be most unsatisfactory, because to cheapen a shoe beyond a certain point, just in order to meet an impossible price, is wasteful. Such a shoe cannot give the wear it should.

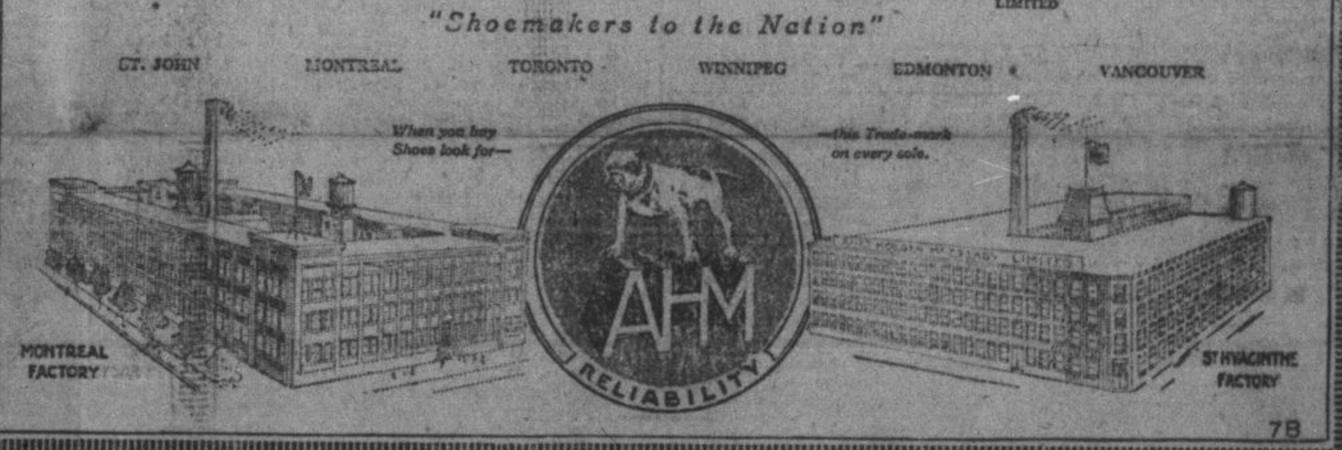
Make it a point to buy good shoes for your children-shoes of sterling quality, and be assured that a good shoe cannot be made except at a reasonable price, everything considered.

We make thousands of pairs of children's shoes a year. They are made in a factory where extreme care is taken in the selection of materials, where the grade of workmanship is high, and under manufacturing conditions of the greatest efficiency and economy.

In Ames Holden McCready shoes you get full value, and it is not possible to get the same value for

The next time you have occasion to buy children's shoes, ask your dealer to show you shoes branded A.H.M. Perhaps your children are wearing these shoes now-but the next time, as a matter of value and economy, look for the A.H.M. stamped on the

AMES HOLDEN McCREADY



For Little Ones his "clean-up" campaign to John-

With whiskey selling on the streets give you a clear at five dollars a bottle, the people are kely to keep sober. That's the laman, who is assured that the price and a few applications should show about equal in value. -THE TOWN WATCHMAN.

One secret of success is to keep money back if it fails to remove

removes the freckles; while if it does give you a clear complexion the ex-

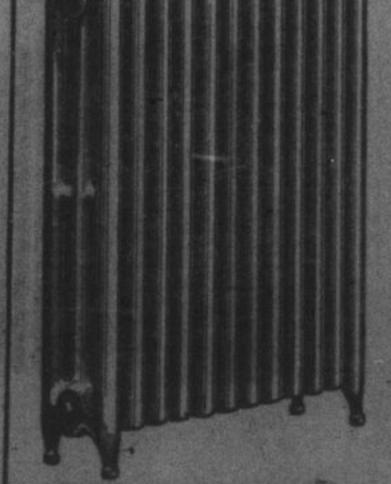
Simply get an ounce of Othinetest street quotation given the Lamp- double strength-from any druggist will be ten dollars a bottle by the you how easy it is to rid yourself of time the snow flies. A ten of coal the homely freckles and get a beautiand a bottle of booze will then be ful complexion. Rarely is more than one ounce needed for the worst case. Be sure to ask the druggist for the double strength Othine as this strength is sold under guarantee of The SAFEST MATCHES in the WORLD Also the Cheapest! - are

EDDY'S "SILENT 500'S"

Safest because they are impregnated with a chemical solu-tion which renders the stick "dead" immediately the match is

Cheapest, because there are more perfect matches to the sized box than in any other box on the market. War time economy and your own good sense, will urge the necessity of buying none but EDDY'S MATCHES

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As soon as possible, the earlier the better, get your plans complete for putting in a new and satisfactory Hot Water Heating System. Architects and Builders and Sanitary Engineers realize that the comfort of Canadian families during winter is best secured by having homes heated with the famous

NG WHER BOILERS

There are fourteen constructive advantages in the King Boiler, and Imperial Radiators have an exceptional capacity for throwing off heat quickly, uniformly and steadily, maintaining an even temperature even in the severest weather. We shall be glad to give particulars of a King Hot Rater System suited to ASH DOO your requirements if you favor us with an enquiry.

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