

# In The Realm Of Woman—Some Interesting Features

## THEY GAVE THIS RUN-DOWN MAN VINOL

And He Got Back His Strength and Energy

Sheboygan, Wis.—"I was all 'fagged out,' run down, no appetite, nervous, sleepless nights and drowsy during the day, and was not fit to work. A friend told me to take Vinol. I did so, and can now eat three square meals a day. I sleep well, am alert, active, strong and well and have gained eleven pounds."—A. W. Higby, Sheboygan, Wis.

This is because Vinol contains the elements needed to create a healthy appetite and restore strength. The complete formula is printed on every package. This is your protection.

Mahood's Drug Store, Kingston. Also at the best druggist in all Ontario towns.

### Cook's Cotton Root Compound

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, 2, 3. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Underwood).

**Fresh Haddock and Cod, Whiting, Tom Cods, Smelts, Oysters.**

**Dominion Fish Co.**

### Cobbans Herb Tablets

Direct from Nature's Laboratory  
A pure, simple, delicate preservative and restorative that makes rich, red blood restores wasted tissues restores impaired nerves corrects imperfect performance of the functions of Brain, Nervous System, Stomach, Liver, Kidneys and Bowels. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Underwood).

**Save Your Coal**  
THE SOWARDS COAL CO.  
Phone 155.

## Cuticura For The Skin

The Soap to Cleanse and Purify The Ointment to Soothe and Heal  
These fragrant, super-creamy emollients stop itching, clear the skin of pimples, blotches, redness and roughness, the scalp of itching and dandruff, and the hands of chaps and sores. In purity, delicate medication, refreshing fragrance, convenience and economy, Cuticura Soap and Ointment meet with the approval of the most discriminating. Ideal for every-day toilet uses.

**THE CALL TO ACTION**  
**KEEP YOUR SHOES NEAT**  
**2 IN 1 SHOE POLISHES**  
LIQUIDS AND PASTES. FOR BLACK, WHITE, TAN, DARK BROWN OR OX-BLOOD SHOES! PRESERVE THE LEATHER.  
THE F. E. DALLAY CORPORATION, LIMITED, BARRISTON.

## The Woman Who Changed

By JANE PHELPS

### MY FIRST SITTING

CHAPTER LXXIII.  
I was as excited as if I were a child, instead of a married woman. I was to go to Merton Gray's studio with Celeste for my first sitting. I fussed over my hair, worried for fear my eyes looked duller than usual, and was so hard to suit that finally Celeste said:

"Madame must not be so anxious. Monsieur Gray will most likely do nothing but sketch in an outline today."

It was silly, I conceded, and tried to be natural. But I was in anything but my usual mood, when we reached the studio.

Merton was very pleasant, very affable. But never before had I seen him when business was uppermost with him. Business and art. He was the artist, that day—the artist with a commission to execute.

His manner was a bit abrupt, at times, and occasionally he became a trifle impatient. I could not hold a pose. Finally I said:

"It is all so strange, Mr. Gray. I am excited and nervous. I shall do better next time."

"Of course you will! A first sitting is never very satisfactory," he returned pleasantly. He kept me only an hour, but remarked as we left: "I shall expect you to be less nervous next time, and I shall have to keep you longer, if I am to do anything before you leave town."

An Afternoon Call.  
That afternoon Claude Huntington dropped in at tea time. We chatted gaily, I telling him of my unsatisfactory sitting of that morning. I liked talking to Claude Hunt-

ton. His easy carelessness was restful. The levels of his mental processes made talking to him a pleasure.

He was rather witty, a good story teller, without demanding an incessant flow of humor from me. He enjoyed appreciation, though, and that I gave freely and honestly. If he was a bit egotistical, a bit inclined to emphasize the I in talking, I was so accustomed to that quality in George that I never dreamed of resenting it in any one.

So this afternoon he entertained me by recounting his experiences when he sat for his portrait. The artist was a woman, and he said he never was so nervous in all his life, until she threw down her brushes and palette in disgust and asked him to have some tea. Then after they had become better acquainted, had chatted for half an hour, she tried again.

"It went better that second time," he assured me, encouragingly. "I thought I might expect my next sitting to go much more smoothly than the first one. Just forget you are sitting for your portrait; pretend you have only dropped into Gray's studio for a call."

I told George of his call at dinner, also of what he had said about my next sitting.

George is Annoyed.  
"So you did not accomplish anything, today," he observed, frowning.

"Not much."

"I might have known that you would be upset over anything new or different," he went on caustically. "I should have asked Mrs. Sexton to ac-

company you."  
"Oh, please don't!" I exclaimed. "I shall be all right next time. It was more nervousness, for fear I would not look my best, than anything else."

The very idea of having Mrs. Sexton tutoring me before Merton Gray, was unbearable. I had hidden her abominable interference—as I still called it—from every one but Evelyn Reeve, and it would be dreadful to have others know that George thought me incapable of properly sitting for my portrait. I had Celeste as chaperon, surely nothing further was necessary.

But George resorted to the subject once again before we finished dinner.

"If you do not get along well the next sitting, I shall see if I can get Mrs. Sexton to go with you. I want a good likeness."

Just why he was so keen upon having a portrait of me, I could not imagine. But he was like that in everything, when he had once made up his mind. If a thing was to be done, it must be done at once and done to suit him—that is, perfectly.

I quickly assured him that the next sitting would be productive of good results. Foolishly adding:

"Drop in, yourself, and see how we are getting along."

"A good idea. I'll do so." I regretted immediately that I had suggested such a thing. Would I never learn not to act and speak on impulse? Now if he were not pleased with the progress of the portrait, he would insist on Mrs. Sexton.

(To be continued.)

## Told In Twilight

(Continued from Page 3.)

Miss Laura Kilborn, King street, was hostess at the Bridge Club last evening.

Mrs. W. L. Uglow, who has been visiting Mr. and Mrs. R. Uglow, Barrie street, left on Monday for Fenelon Falls, to be the guest of her mother, Mrs. Robinson.

Mrs. James Craig, Johnson street, left on Saturday for Ottawa to be the guest of her sister, Mrs. W. Adams. Col. and Mrs. D. Wilson have rented Mrs. Rankin Smith's house on Wellington street.

Mrs. H. R. Duff, Princess street, is leaving tomorrow for Toronto, for the graduating exercises at the Toronto General Hospital, when Miss Helen Duff will be one of the graduates.

Miss Elizabeth Cunningham, Earl street, left on Monday for Toronto to be the guest of Sir John and Lady Aird.

Hon. H. W. Richardson and Mrs. Richardson spent the week-end with Miss Agnes Richardson at "Pettercalm."

Miss McCallum, Kingston, is the guest of her sister, Mrs. A. J. McDermid, of the Island, Martintown.

Clyton Cobb and bride, Kingston, are spending a few days in Tweed, guests of his mother, Mrs. F. Cobb.

Hon. Peter McLaren, Perth, is the guest of his daughter, Mrs. C. L. Benedict, St. Vincent street, Toronto. Sir William Mackenzie and Miss Mackenzie are leaving for England this week.

Mrs. Peter McCaul, Trenton, is visiting in the city.

Miss Helen Darragh, King street, is home from New York.

### DR. EDWARDS SCORES THE CHIEF JUSTICE

Indignant Over His Accepting Money For Purpose "Not Carried Out."

Ottawa, May 14.—A clash between Dr. Edwards of Frontenac and Deputy Speaker Balfour, and a demand from several quarters for preferential treatment of returned soldiers in the matter of Govern-

ment positions, were the outstanding features of an all day discussion in the House of the bill to amend the Civil Service Act.

The member for Frontenac waxed indignant over the action of Chief Justice Fitzpatrick in accepting a vote of \$2,500 for the specific purpose of going to England, attending the Privy Council, when specific purpose, Dr. Edwards claimed, was "not carried out." Cries of "Order, order," came from the Opposition benches when the doctor mentioned the Chief Justice by name, and the Deputy Speaker ordered Dr. Edwards to desist. The latter very adroitly got around the ruling of the Chair and referred to the acceptance of \$2,500 for a purpose which was not carried out as a "species of profiteering."

"If former Hon. Col. J. Wealey Allison had done the same thing I could have called him a scoundrel and a thief," said Dr. Edwards, "but the rules of Parliament do not permit me to say what I think about a species of profiteering. I do not consider it is breaking the rules to tell the truth. It judges have the right to punish others when they do not walk the straight and narrow path. I maintain the people should have the right to criticize them when they fail to do what is right."

In concluding, Dr. Edwards observed that there would be more for the returned soldiers "if the finances of our country were not looted by men in positions which make them immune from criticism on the floor of this House."

Wise men act as if they expected to live 100 years; but are prepared to shuffle to-morrow.

The author of a recent novel likened the hair of his heroine to spun yarn. It is evidently a chestnut.

### War Garden Bulletin

Practical Daily Guide for Vacant Lot and Backyard Gardeners Enlisted in Greater Production Campaign.

Issued by the Canada Food Board in collaboration with experts on the staff of the Dominion Experimental Farm.

#### Thinning.

In some parts of Canada the very early vegetables may now have reached the stage where it is necessary to thin them.

This, too, is one of the ticklish problems that confronts the beginner. No gardener is able to get good results unless he does some judicious thinning. Although there are some general rules as to the distances at which plants should be left in the row, yet definite rules need not bother the amateur so long as he does a reasonable amount of thinning. Every housekeeper does not know that the tenderest and most delicious vegetables she can have for early picking are the young vegetables thinned out, and often, through ignorance—thrown away.

Beets should be thinned until they are from four to six inches apart in the row. It is preferable to thin them out gradually. Lettuce should be four inches apart, onions three inches, peas three inches, and carrots and parsnips from four to six inches.

**LESSONS FOR THE Home Embroiderer**  
Specially prepared for this Newspaper by Pictorial Review.

### Effective Towel Ends for the Guest Room.

By KATHRYN MUTTERER.  
To be truly practical in these war times, everything should have a twofold use. So in keeping with that spirit the towel ends shown here were designed. They are especially appropriate for the guest chamber, being highly decorative without too much

elaboration. In addition to towel ends the design may be applied to day pillow cases, bureau or serving table scarfs. They are best in all white for bed rooms, but one is allowed the widest latitude in the selection of colors for towels or dining room linens. In fact, it is always an artistic idea to have the towels or scarfs correspond with the general color scheme of the rooms in which they are used.

The first pattern may be developed in crests and solid satin stitch embroidery. The scallops are buttonholed and although their shape is different from the usual scallop there is nothing about the scallops that offers the slightest difficulty to its development by the inexperienced needlewoman.

The satin stitches used for the flowers should be done with a fine thread. If cotton floss is used the strand should be split for that part

No. 11914—Guest-Room Towel.

No. 11911—For Towels and Scarfs.

of the work. In doing the curves, the stitches must spring with the curve, but there must be no overlapping.

Bring the stitches gradually with the curve having them crowded close together on the inner edge and on the outer edge spaced as far apart as one dares without showing the running stitches beneath.

Pictorial Review Transfer pattern No. 11911, blue, 15 cents. Transfer pattern No. 11914, blue, 15 cents.



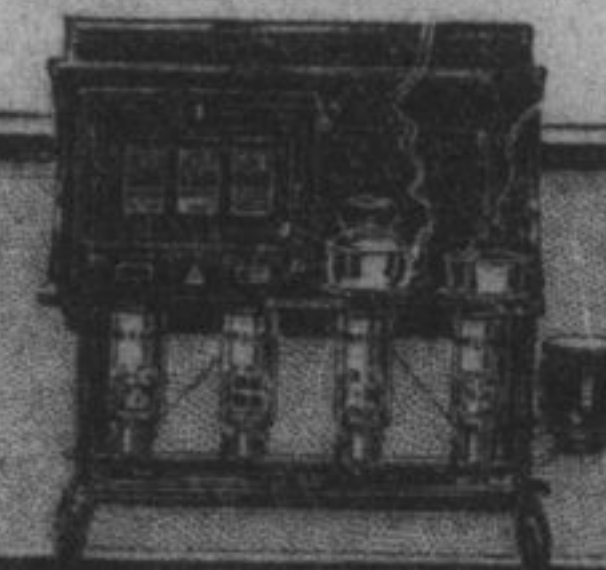
**ATTENTION!**  
New Perfection Oil Cook Stove Week  
May 20th to May 25th

BEGINNING Monday morning, hardware, furniture and department stores from Halifax to Vancouver will display New Perfection Oil Cook Stoves, to remind you that now is the time to buy—to save coal and other scarce fuels; to save time, money and needless worry.

The New Perfection, with its Long Blue Chimney, makes oil the ideal fuel—banishes the drudgery of coal, ashes and kindling—and gives excellent year-round cooking service at the low cost of Royalite Coal Oil.

WATCH FOR YOUR DEALER'S WINDOW DISPLAY

**IMPERIAL OIL LIMITED**  
BRANCHES IN ALL CITIES



**NEW PERFECTION OIL COOK STOVE**



The patent "Front-Flap", under the lacing (in front) of the "Goddess" Corset entirely prevents pinching and allows the corset to be loosely laced if required. Dainty materials and exquisite finish, accentuate the style and comfort of Goddess Corsets.

Corset Departments which give best values sell them. Made by the makers of the celebrated D & A and La Dieu Corsets. THE DOMINION CORSET CO., QUEBEC, MONTREAL AND TORONTO.



**They're delighted with it!**

Our war-time plan of giving a bigger Comfort bar without premiums has made a big "hit". The new Comfort Soap bar is rejoicing the hearts of womenkind all over the country.

## COMFORT SOAP

The factories who made premiums are nearly all making war supplies and the premiums we could still buy would not be good enough for you. But we are giving you full value in the bigger Comfort bar.

Use Comfort Soap—the bigger, economical, high-quality bar.

**PUGSLEY, DINGMAN & CO., LIMITED, TORONTO**