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ROCHON, P.Q. "I suffered for many years with terrible Indigestion and Constipation. A neighbor advised me to try "Fruit-a-tives". I did so and to the surprise of my doctor, I began to improve and he advised me to go on with "Fruit-a-tives".

I consider that I owe my life to "Fruit-a-tives" and I want to say to those who suffer from Indigestion, Constipation or Headaches - try "Fruit-a-tives" and you will get well";

CORINE GAUDREAU. 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or seat postpaid by Fruit-a-tives Limited, Ottowa,

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tery line. Estimates given on all kinds have consulted Mr. Nickle. of repairs and new work; also hard-wood floors of all kinds. All orders . There was naturally some rill receive prompt attention. Shop

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Fresh daily to your home, for 10 cents a gallon.

A limited number of new customers can lie taken on at present, and more added as soon as suitable conveyances

are completed to deliver. This water has been ex-once and make arrangements for prompt delivery.

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Don't wait until you are ready to wear it. Our business has increased so rapidly this season that we will have to disappoint those who wait until the rush is on. Experienced help in this business is not to be found in this part of the country, so if you want to have yours done right, bring it in now. Call for it at your leis-Get the number right, 163

Kingston Hat Princess street. Phone 1488. Man'f're of Pan-a-Lac--it waterproofs and does not rot your Panama



WOMEN'S DARK BROWN KID LACE

BOOT, HIGH CUT, LOW HEEL

WARNING OF W. F. NICKLE TO DOWN LIQUOR TRAFFIC "IT DID ME A

An Ottawa hady Appointed To King-

ston Post Office, But a Protest Re-Toronto World's Ottawa Despatch:

W. F. Nickle, Unionist member signed to a \$1,100 a year job in King-people as to whether the campaign that I could hardly sleep.

ston Postoffice. The transfer had would be a success. In these days of "I was getting in such had shape" been made by the assistant deputy- serious things the question of tem- that I realized I must take something postmaster-general, at the request of perance was an important one, to fix me up, and hearing so much the deputy minister of public works. Foundations were being laid and at a praise of Tanlac I decided to try it a The Kingston postmaster seems to very great cost. quest coming from another deputy

There was naturally some indignation aroused over the transaction am- debt by borrowing.

ordered the lady clerk back from plans." Kingston to Ottawa, and peace reigned once more in the Limestone City. HEAVY FOG TIED

Mr. Nickle, however, was not through with the matter. He took Government what he thought of it. He warned them that he was giving them independent support and would not stand for the reign of nepotism

Mr. Nickle onry voiced in student form what seemed to be a well grounded opposition to the bill among many of the old line Conserva- coal barge for Montreal, returned to we had to stagger through the entire



The Edison Tone **Test Answers**

Your Question

buy?"That's been your tenced to a long term of imprisonquestion. And the Edison tone test has answered it. The tone test has proved that an instru- HEART WAS BAD been finally ment has which reperfected creates the singer's voice have a clear, cool head, a strong so faithfully that the human ear can not dis- attending to their household duties tinguish between the ren- stant strain under which they conditions of the artist and

Call at our store and learn what

ham Street.

So Declared Rev. F. J. Oaten, of To- Mrs. Lawson Says Taniac Overronto, Speaking in Sydenham Street Methodist Church Sunday Night-Appeal For Housecleaning

While Boys Are at the Front. declared in effect that the bill, if his address a collection was taken up, the other day. enacted, would be liable to deprive in support of the work which is being "For the past nine or ten months,"

traffic were great. Money had been time.

tal. To use his own expression, he was "hot clean through," and seems to have spoken his mind with vigor to the officials of the postoffice departion the officials of the postoffice departion to have this liquor made into high leigh by Ervin Martin, in Ardoch by a stated that at the present time, there is a sufficient liquor stored away in Canada to supply the needs of all the hotels, should they be opened again. In Battersea by C. S. Clark in Fernton to have this liquor made into high leigh by Ervin Martin, in Ardoch by the needs of all the hotels, should they be opened again. ister of Justice and acting Postmas- That is all it is good for, and I hope Y. Cannon. ter-General, came to the rescue. He we will be able to succeed in our

advantage of the debate to tell the The Movements of Vessels Reported Along the Water-

A thick fog on the lake and river and intrigue which he thought might interfered with navigation over the follow the inauguration of civil ser- week-end. The fog horn has been titled "Across Sibe a, Homeward vice reform. He said he was not working overtime, and many vessels making a threat, bue he would not have been tied up. Captains com- impression of the Siberian journey in stand for officials at Ottawa destroy. ing up the river stated that it was war time. Here are some of Mrs. de ing the prestige of Unionist members one of the worst trips for fog they Wetter's comments:

ing responsible for appointments towed the barge Hamilton from Port to try the dining car. It did not lack a Kingston with two light barges and train; for although the speed was will clear with the barge Kingston such as to make a self-respecting for Oswego with the barges Nadine freight train smile, the tracks were from Prescont and will clear with subsequent excursions to the baththe barges Augustus and Lapwing to room. There was a tub, and there load coal at Charlotte. The steam- was water, though fearful and woners Simia and Advance passed up on derful to behold, being a bright red;

borne for orders. at Port Colborne Sunday morning ed us from head to foot after a few with grain from Fort William. with coal from Oswego for Montreal. spoon in the mornings.

The sceamer Belfeville arrived from Montreal at 11.30 p.m. on Sat-urday and cleared for Toronto at

1.55 a.m. on Sunday The steamer City of Ottawa arrived from Toronto at 9 a.m. and

The steamer Waterlily arrived from Cardinal at 3.30 p.m. on Sunday, and is in port waiting for the fog to lift before proceeding west.

The steamer City of Hamilton ar-

Chaplain Franz J. Feinler, who was sent back from France by Gene-What instrument shall I rat Pershing and afterwards was cationed in Hawali, has been sen-Ameri Johnston has been appointed sheriff of Lambton County, suc-

NERVES ALL GONE

Too much rush and bustle, work

ago I was so had with my heart 1 tion." could not walk across the house, my terves were literally all gone, and mmenced to take Milburn's Heart Britain were recorded in the news of and Nerve Pills and was soon able the other day. Cor. Princess and Syden. people would take them there would the second great guarantee of vic-

came Trouble of Many

for Kingston, created a sensation in the House of Commons Friday night, church, on Sunday night, Rev. F. J. satisfied from the way I was imfinite course of a debate upon the Oaten, PhD., of Toronto, made a proving that it was just what I Government's bill to extend the Civil strong appeal on behalf of the Done ded." said Mrs. Annie Lawson, re-Service Act to the outside service. He minion Alliance, and at the close of siding at 329 Walton avenue, Toronto

fluence in his own riding and vest The speaker told an interesting from a general run down condition the power of appointment in a centralized ring of deputy ministers at traffic, and declared that the Alliance I couldn't relish a thing I would eat way, a stenographer in the public of the liquor traffic. He stated the down was a little tea and toast. I works department, being transferred Alliance was carrying on the work of had an awful pain in my right side to the postoffice department and as- the people, and it rested with the and I would get so nervous at times

while. I have taken only three botclai superior, and his official superior was not indisposed to grant a reland, and spoke of the measures tak- my meals, that pain in my side has en to bring about a remedy. The entirely disappeared and I feel better minister. No one, however, seems to economic losses through the drink in every way than I have in a long

squandered, and Canada had been There is no season of the year when compelled to go into very heavy Tanlac can be taken to better advantage than right now. In the springong other employes in the Kingston "Our boys are doing their "bit" time all mankind after weathering postoffce, and perhaps, among the overseas and we at home have some the storms of winter, are in need of members of the Unionist-Conserva housecleaning to do here," said Dr. an upbuilding tonic. There is nothtive executive! At any rate, they all Oaten. "A very good time to do this ing move invigorating to a run-down hunted up Mr. Nickle and landed housecleaning is while the boys are system than Tanlac. It will prove inupon him, to use his own phrase, away. The liquor has been wiped valuable to persons who are suffering like a thousand of bricks." Mr. out until a year after the war, and from the after affects of pneumonia. Nickle assured them that he knew no-let us see to it that the traffic is never la grippe, catarrh or branchial thing about the appointment and allowed to be carried on again. It is troubles. Tanlac is a powerful reconstraightway hurried off to the Capi- stated that at the present time, there structive tonic and always produces

ment. Finally, Judge Doherty, min- explosives to help kill the Germans. M. J. Scullion, in Sharbot Lake by W.

ACROSS SIBERIA.

UP NAVIGATION Effect of the Revolution Upon Asla-

tic Russia. Although much has been written of late about Russia under the revolutionary regime, we have had little first-hand news of conditions in Russia's Asiatic provinces. Louise de Wetter has written an article en-Bound," which gives a vivid personal

of parliament. No matter what the ever expenienced.

M.T. Co's, bulletin—The steamer three huge hampers of food, not to law might be he said that the people India passed down with coal from mention the presents brought to the Lake Erie for Montreal; the India train by our kind friends, we decided Dalhousle to Kingston with grain piano, or discouraged-looking plants for Montreal; the tug Laura Grace on every table, but the quality of the arrived with the barge Hilda with food placed before us may be guessed eoal from Oswego for Montreal, at when I say that it was our only cleared with the one grain and one appearance in the car. To reach it, and Fairhaven; the tug Magnolia is far from even, and we careened due to arrive with two light barges drunkenly from side to side on our Monday morning light for Port Col- but at least it had the virtue of being hot and of washing off some of The steamer Westmount arrived the layers of gritty dust which coverdays. I actually took it off the win-The steamer Windsor passed down dow-sill with an after-dinner coffee-

The trawlers built at an inland "These trips to and from the bath were interesting in other ways. We were forced to climb over sleeping warriors lying upon the corridor floors their battle-stained sheepskin coats giving the indescribable and awful odors, and their guns and accoutrements lying beside them, stumbling blocks for the unwary. Woe unto-any one who accidentally fell over a loaded gun.

"Those who were awake when we passed seemed to recognize in our forced smiles a feeble attempt to be friendly, and after a few days we began to nod, and they to hold the doors open for us as we passed by.

"The nights were really terror-ridden. Awakened from a fitful sleep by a sudden jolting stop, we all lay lis-tening to the howling mobs outside. They were intent upon boarding the train, and upon frustrating the at-tempts of the conductors to keep them off. Battering upon the sides of town of Siwab, which has been rethe cars with their rifle-butts, pound- stored to Egyptian control as a reing on the windows with their fists, sult of the defeat of the Sensussi, in they shrieked maledictions upon a district of much historical interest. those within the train. Most of all At Siwah was situated the temple of they reviled the soldiers who, faithful Zeus Ammon, to which Alexander to our trust in them, refused to let the Great made his famous pilgrim-

the roofs of the cars and scrambled passed between Alexander and the for the coveted places beside the priests was never known, but that he ventilators, which, like tiny smoke- was satisfied is above by the munin-stacks, dot the roofs of Russian cars. Sent gifts he made to the temple. Curled around one of these, a man | At the present time Siwah is an could at least hold on as the train outpost of the great Berber or Libyan ped through the night. The noise | aco. The people still speak their anof their heavy boots tramping just lient mother tongue and possess disthatter the strongest system. Be above us, the sound of their heavy inclive and curious customs, perhaps Fats. fore long the heart gets weak, flut. equipment being dragged along, and the most peculiar of which is the ters and palpitates, the nerves be their groans and curses as they move egregation of unmurried youths and come unstrung, you start at the least od about trying to find a secure hold | /idowers in a separate quarter. The sound, the pulse becomes weak and will long live in my memory. Every | sisting town stands on a hill spregular, then finally comes physical morning the porter would tell us how many had been lost during the night. Milburn's Heart and Nerve Pills Gold and numb with sleep, dozens are the remedy you require to stren. | rolled off the roof and were lost. I gthen your heart and steady your still picture them as they must have lair, crushed and bleeding, often still Mrs. Jackson, 457 Bolwar St., Pet. alive and suffering on the barren erboro, Ont., writes: "Fifteen years ground, far from any human habita-

Guarantees of Victory. Two guarantees of victory for

to do my own work. I have told British-American decision to seize Grace Methodist church with a gold dozens of people about them. Some 1,000,000 tons of Dutch shipping in- chain and locket, the latter nicely CO., LIC. dozens of people about them. Some terned in allied ports was the first also-doing their own work. If more great guarantee of victory.

The second great guarantee of vic-

Milburn's Heart and Nerve Pills completiion of a 5,000-ton merchant are 50c per box at all dealers, or mail- ship built of concrete.

ed direct on receipt of price by The A Dutch fleet of 1,000,000 tons T. Milburn Co., Limited, Toronto, added to the allied shipping will em-

Probs: Tuesday, fair.

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"The Hendy-to-use Chocolate" Contains the Chocolate, Milk and Prepared Instantly by Adding Boiling Water Only. No Cooking or Milk Required. For Sale By

D. Couper

man submarines for four or six months. If the German submarines still continue to destroy British shipping at the present rate the addition which seagoing craft can be built will nable the allies to build new ships faster than the German submarines

Transfer of 1,000,000 tons of Dutch shipping and the success of the concrete ship venture will stand as mighty events in the history of this war. These events mean the defeat of Cermany's submarine campaign, The defeat of Germany's submarine campaign means the absolute defeat

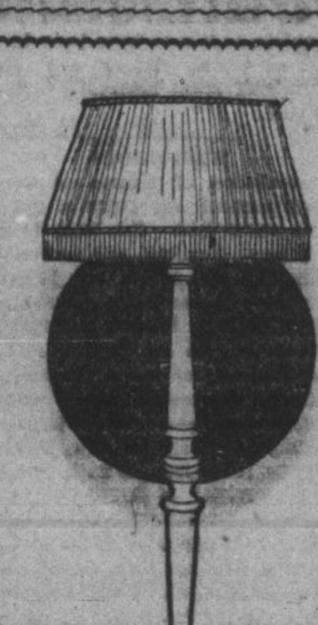
In the Libyan Desert stands the "Refused admittance, the men to have been acknowledged there as climbed up the little from ladders to the son of Ammon. What actually

egregation of unmarried youths and bunded by a wall, and presents a Crinally unbroken frost. The houses re of reck sait, mud brick, and you trunks, and are built one on ther, to a be ght of about eight gries. The wells are very thick at is have, but toper to a perdent thin-

Most of Japan's penci divers are

T. Jackson Elliott on having Arn-Grace Methodist was presented by engraved. For many years he was a leading official and worker in the

Albert H. Leal, Tweed, died andplay the destructive powers of Ger. low, seven sons and one "daughter of age.



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This Biscuit is most palatable, very nourishing and satisfying.

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10% Butter Fats.

9% Molasses

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Manufacturers Biscuits and Confectionery.

John E. Gorden, Tweed, died on | Thomas A. Low has sold the fordenly on May 5th, of heart trouble. May 5th, after a brief Blasss. He mer Francis residence at Renfrew.

aged 71 years. He carried on a was the C.P.R. agent and was high- to F. D. Vickers, retaining the farm toundry and muchine shop. "A wid- ly esteemed. He was sixty years land and securing in the transaction the home owned by Mr. Vickers.