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The Woman Who Changed

By JANE PHELPS

SIMPLE HOME PLEASURES ALLURE

CHAPTER LXIII.

How the days flew. Nearly every one in town called to see me, and while I was flattered and pleased at their interest and welcome home, yet I begrudged the time given them because it took just so much from the home folks.

David and I raced to the top of Brunel's hill, and of course he reached it first. Then he sat down and waited, laughing because I was "soft" and "puffed like an old wheezy engine." I played backgammon with dad, and auction with the older boys. I sat for hours talking with mother while she mended linen, or while we both darned socks.

"There are always socks, where one has boys in the family," mother used to say when callers came in while we were busy at the homely task.

All my favorite dishes were remembered and cooked for me. The church had a social, one night, and Mrs. Brunel—her husband owned the hill—told mother that the ladies had decided to have it at that time because I was back home.

"It was all so simple and homely; all so different from my life with George. Yet I loved every minute of it. Perhaps, had I gone back for always, I should have missed many things; the quiet village life might soon have palled. But it seemed to me that I never was so happy—so satisfied—as during that short visit home.

City Clothes Are Admired.

My clothes were very much admired—those which had not been made in Moreland. I had done as I planned and brought only two or

three dresses, but my hats and coats were borrowed and copied by the girls with whom I had been intimate before leaving home. And the dear old dressmaker who made my clothes copied the dresses. I standing while she draped me in her tape paper.

I told them all of my lovely home, describing everything as best I could; of my car, and the servants.

"My, Helen, what do you do with five servants?" Olga Thornton, one of my girl friends, asked. "I should think they would be under your feet all the time."

"No—they are trained servants, and do their work very quietly. I hated it at first; but now I am quite used to it, and rather like it. My husband is very particular, and he has been used to living in that way all his life, and it is a comfort to have the house go along so smoothly."

I told them of the dinner party I gave, and of the other that George and Mrs. Sexton gave. But of Mrs. Sexton, herself, I said nothing, save only to mother. One rainy morning when she and I were alone, I told her all about her. I told of how I hated her; how belittled I felt; then how I began to like her better when George left me alone with her.

"I understand, dear. But, in a way, I think George is right. You see, we have always lived so plainly; our home is so simply managed that, naturally, you were not quite capable of managing a home such as he has always been accustomed to. It was hard for you; but dear, you should be very willing to do what you can in return for all he does for you. Not many little country girls have the luxuries you have."

"I hated them, too, at first. It

seemed as though I never would learn to please George. He made me feel so ashamed, so small. I tried hard, too. But I guess I tried the wrong way." I added with a laugh, as mother looked worried. Then I told her of my experience with the etiquette books.

Mrs. Milner is Amused.

How mother laughed.

"You poor child!" she said, finally, "I don't wonder you were discouraged. Those books may perhaps help an older person who knows how to discriminate; but to follow them blindly would make a girl very stilted."

"But I wanted so to please George. And I hated the thought of having Mrs. Sexton. It was just as though I were a child and needed to go to school again."

"Well, that's all over now, and I can see that you have improved in many ways. I notice it, especially, in the way you greet the neighbors—in your poise when in company."

"Don't use that word," I exclaimed. "If there's a word in the entire English language I hate, it is 'poise.' It has been drilled into my ears until I loathe the very sound of it."

"But it is necessary that you acquire it, dear!" mother went on, now talking seriously. "You have married a very rich man, a society man. It is your duty to make yourself a helpmeet to him. Just as necessary as if you had married a poor man. Had you, you would have expected to go without a maid, to do all the things the wife of a poor man usually has to do. Why doesn't a rich man deserve the same consideration? Think it over, dear."

(To be continued)

CAT'S PAW CUSHION RUBBER HEELS



Every saving is a good thing—Daylight, Food and Leather, too. That's why you should have the shoeman Put "Cat's Paw" on every shoe.

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"Cat's Paw" Series, No. 6—Watch for No. 7

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FREE RUNNING

Your Grocer Sells it—Ask him



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Rocking-Like Swings \$1.75
Combination High Chairs (2 motions) \$5.50
White enamel bassonette \$5.50
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HIRST'S PAIN EXTERMINATOR

Why Suffer with Rheumatism—Hirst's stops the pain!

It is always effective, and acts quickly. Buy a bottle and follow simple directions on the circular in the package. Hirst's Pain Exterminator is the same old family remedy that has stood the test of 40 years. It should be in every household—it relieves lame back, lumbago, neuralgia, sprains, lame joints and muscles and all similar troubles. Get it today.

HIRST REMEDY COMPANY, HAMILTON, CANADA.
Also makers of HIRST'S Family Salve Ointment, and HIRST'S Pectoral Syrup of Household and Eucalyptus (U.S.), for coughs and colds.

Once used—always bought. **35¢ BOTTLE** All dealers—or write us!

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The ideal shoe for afternoon and evening wear.

All the new styles in Patent Leather, Kid, and Grey Buck. New heels and beautifully shaped toes.

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Our windows show everything that's new in footwear.

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The Home of Good Shoes.

War Garden Bulletin

Practical Daily Guide For Vacant Lot and Backyard Gardeners Enlisted in Greater Production Campaign.

Issued by the Canada Food Board in collaboration with experts on the staff of the Dominion Experimental Farm.

The Potato Patch.

Every prospective gardener must concentrate on potatoes this year. The most suitable soil for the tubers is a rich, deep, friable, warm sandy loam with good natural drainage, a constant moderate supply of moisture and an adequate supply of decayed or decaying vegetable matter. The warm, moist and best drained soils that can be obtained should be chosen of the early potatoes and the sets should be planted shallow, so that they will get the advantage of the heat from the surface soil.

May 15th is time enough to plant your potatoes, but in the meantime be preparing your soil. Get it as mellow as possible. While forking it over add some stable manure. To obtain enough food to produce twenty or thirty bushels of tubers a small patch of ground must take up and evaporate through the leaves tons and tons of water. This water holds the plant food in solution. Your soil does not hold water and it should be your task to make it do this. The more like a sponge you can make it, the better, providing the water in it does not become stagnant. If you add plant food to a physically fit or sponge-like soil, good growth is bound to result. The value of stable manure is that it makes the soil physically fit and supplies some food at the same time.

Gray Hair

Gray Hair is a sign of old age, but it is not a fate. It is a condition that can be cured. It is a condition that can be cured. It is a condition that can be cured.

When a doctor loses a patient and he isn't sure of the cause, he attributes it to a complication of diseases.

Existence of friendship depends on reciprocity of esteem.

WILL MELD UP STATUTES

War Minister Orders An Inventory of All Germany.

Amsterdam, May 1.—The German Minister of War has ordered an inventory of all bronze statutes throughout Germany, directing that the list indicate those which "can best be spared" with a view to their requisition for military use. He has also ordered an inventory of church bells, which, hitherto escaped military confiscation.

LESSONS FOR THE HOME EMBROIDERER

Specially prepared for this Newspaper by Pictorial Review.

A New Style Monogram for Table Cloths and Napkins to Interest Clever Needleworkers.

By KATHERINE MUTTERER.

There was never so great a demand for monograms as now, because of the growing appreciation of the value they add to household and personal linens. The design shown here is very graceful and lends distinction to a table cloth of fine damask with napkins to match. The monogram on the table cloth may be from 3 to 6 inches high, with that on the napkins varying from 1 to 3 inches. Solid satin stitch and seedling are used to develop the

Diagram for Applying Monogram

right of the hostess. The diagonal method, however, is not considered as smart as the other.

Fashion favors marking dinner napkins in the exact center. This necessitates folding the napkin in thirds to bring the monogram on top. For tea napkins place the monogram diagonally across one corner from 2 to 3 1/2 inches above the hem or scalloped edge, depending upon the monogram form.

Material Review Perforated Monogram No. 574, supplies, 1 1/2 to 3 inches high for 35 cents; 3 inches for 40 cents; and 10 cents extra for each additional inch in height.

MISS RITA MARTIN

Who plays the leading part in "The Heat" at the Grand on Saturday, matinee and night.

GRACE

Grace is added, even to a charming slight figure by the D & A Corset No. 624. Like all D & A's it is made in Canada and fitted on living Canadian models. It has the "chic" of the best French corsets but sells at half the price. There is a D & A to suit every figure.

DOMINION CORSET CO.
Makers also of the La Vie Corset and the D & A "Good Shape" Brassiere 7, 17.
Ask your corsetier.

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Benson's will give the best results.

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Nameless brands, even though lower in price, are more expensive in the end.

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THE CANADA STARCH CO., LIMITED, MONTREAL.

ROYAL VINOLIA TOOTH PASTE

We love to clean our teeth with

ROYAL VINOLIA TOOTH PASTE

A tooth paste of exquisite purity, with the cleansing and germicidal elements in perfect balance. The result of its regular use is health and sweetness all through the mouth, as well as white and glistening teeth.

Help Nature out—give your children's teeth every chance—use Royal Vinolia Tooth Paste.

Other Vinolia specialties you'll enjoy are LIPOL, soap made from sweet vegetable oils, Face Cream, Face Powder, and Lipol, the lip baster. As all good dentists.

VINOLIA COMPANY LIMITED
London TORONTO Paris

Don't Diet Yourself TO LOSE DYSPEPSIA IT ISN'T NECESSARY.

The sufferer from dyspepsia and indigestion who has to pick and choose his food, is the most miserable of all mankind. Even the little he does eat causes such torture and is digested so imperfectly that it does him little good. What dyspeptics need is not dieting, or artificial digestants, but something that will put their stomach right so it will manufacture its own digestive ferments.

For forty years now Harlock Blood Bitters has been making weak stomachs strong, and curing severe cases of dyspepsia and indigestion that other remedies were powerless to reach.

It restores the stomach to a normal healthy condition so that the food no longer causes distress, but is thoroughly digested and assimilated and goes on its way making rich, red blood.

Mrs. Henry Shaw, Campbellton, N. B., writes: "I was for two years troubled with a weak stomach and could not eat any food that would agree with me. I tried different medicines, but could not get cured. A friend advised me to take Harlock Blood Bitters. I took four bottles, and now I am in perfect health."

B.L.B. is manufactured only by The T. Milburn Co., Limited, Toronto, Ont.