Interesting

Table Salt

reatures

Seemed just like my back would break.

Then I put on "Cat's Paw" Heels.

My! how restful "Cat's Paw" feels.

Every single step I'd take









## People of Taste

and refinement are revealed by the care with which they select their toilet requisites.

To these, Vinolia Liril Soap appeals by reason of its high quality its purity and its soft and refreshing action upon the skin.

# VINOLIA LIRIL SOAP

is entirely a "different" soap. It contains no animal fats whatever, but makes use of the gentler-cleansing and skin-feeding qualities of the oils from certain truits and flowers.

Livil is a splendid soap for anyone but it is a decided boon to those of "delicate" complexion. Try it today.

All druggists sell Liril 10c a cake

Other Vinolia toilet delights are Royal Vinolia Tooth Paste 25c Royal Vinolia Face Cream 250 Viuolia Face Powder 500 and up

VINOLIA COMPANY LTD. TORONTO Parie



# The Woman Who Changed

By JANE PHELPS

GEORGE REFERS TO HIS PLANS FOR THE SUMMER

CHAPTER LVII. She really felt very hadly.

"We could have had such a nice time," she said. "I know, and you aren't half as "Let me see. This is Tuesday."

a wry face.

summer outfit. Tell her you will go ran over to tell Evelyn. need. I called her up today and fore we leave, won't you?"

style," I ventured.

nearly as I care to make them." Then, "You will need several bathing and Bar Harbor." sufts. I am fond of swimming."

A Request. As Thought of being able - to swim, the longing to see the boys, to be with mother and father, came my clothes? I am to have every can to keep things pleasant." over me so strongly I couldn't resist thing I want." saying, (neither could I keep the longing from my voice): tle while before we go?"

WHEATLESS MONTHS.

rifice Till Harvest.

to mothers in New York state asking

them to pledge themselves and mem-

entirely from the use of wheat and

wheat products until the next har-

man of the Federal Food Board.

wheat products until the next harvest. In New York city 75,000 club-

men have voluntarily surrendered to

Total abstention is not expected,

however, in families whose members

engage in manuel labor, if it means

more than it is "humanly possible

NEW FEDERAL EXPRESS CO.

Name Suggested For Merged Com-

panies With Capital of \$34,000,000

Orders For 66 Steamers,

Women As Constables.

Washington, April . 26 .- Rallroad adminstration officials and express company representatives conferred

a wheatless program."

to perform."

bers of their households to abstain

New York, April 26 .- An appeal

plans for the summer until nearly a "Yes, I don't see any objection to up where we are going. They are week had passed. I had told Evelyn your going home for a week or two. mostly fishermen, you know. Kurts that George wouldn't consider a Give the order for your summer out- has hired a sailboat for the sumquiet place such as they had selected. fit, first, then they can be working | mer, and we will take all the new "Oh, thank you George! When papers sent to us."

see no reason why you shouldn't go "What can't be cured must be en- Saturday. I have an engagement go to these fashionable places. dured, I suppose," she said, making Saturday night. You will plan to don't care for that sort of life anytake an early train." That very night at dinner, George Always I must do as he said. But much as I did."

"You'd better go to your dress- going home that nothing else matmaker and give the order for your tered. The next morning, early, 1

gave her carte blanche as to ex- "My, yes. I can only stay two these last few months. I know I weeks at the longest. But I am so have learned many things.

My plans are all made—that is, as summer? Has Mr. Howard decided?" savoir faire, of George's friends. I "Yes. We are going to Newport get awfully discouraged at times."

Fortunately I was, also, and was you were going to the morgue." And Kurts' family seem to think I might rather expert. My prothers had she laughed merrily. "It is lovely do better." I just say to myself:

A Real Lark.

"You are in luck. Of course I sweet, unselfish disposition. I fight will go. It will be a real lark. You like the dickens, inside, even when "George, may I go home for a lit- see, I am not going to get a single I say nothing." thing but some wash dresses and a

HOW FOCH WAS APPOINTED

and Clemenceau.

terly retreat of the Fifth Army in the

tory, Clemenceau has assured Lord

ion on this subject among the British

opened and Milner entered. Together

William B. Sturgeon, who for a

number of years has been engaged

in a store at Madawaska, recently

removed from there to Clarendon

Front and will henceforth engage in

vest, was issued yesterday, by John and French peoples. Apropos of the

Mitchell, President of the New York | meeting of these statesmen a remark-Food Commission and State Chair- able story is told of how at the time

"In all sections of the country they conferred with Foch and Petain.

there is a general movement for The outcome of the conference was

total abstinence from wheat and the appointment of a generalissimo.

London, April 26 .- That the mas-

"I envy you, Evelyn; I hate to

I was so happy over the thought of "I told you that you would get "I am trying very hard, Evelyn. to Newport, Bar Harbor, and perhaps "I shall miss you, but I am glad him proud of me-which I am beother resorts. Get everything you you are going. You'll be back be- ginning to think is the only way to

are such fashionable happy, even for that little time -- I handle my servants now, handle places, George. I wish we might go have to order my summer outfit be- them almost as well as Mrs. Sexton where there wasn't quite so much fore I go." I added, just remember- did. She says so, herself. I have learned many other things too, but "Well, we can't. So say no more. | "Where are you going to spend the still I am sadly lacking in the

"You mustn't! That's what I say to "What a tone! One would think myself when, no matter what I do. taught me when I was a tiny girl, at both places. You'll enjoy it, I am "You mustn't, you mustn't mind!" and go on trying. If I didn't love Kurts so much I don't suppose I'd be so meek. But he loves his people "Will you go with me to order and he loves me. So I do all I "I try to, also, but I haven't your

New York Commissioner Wants Sac- Result of Conference Between Milner

In Use For Over 30 Years face of great odds would live in his-Milner. There is no division of opin-

of the greatest crisis Clemencean sat "Wheat must be saved," says the in his library writing a telegram to appeal. "It is needed abroad for Lloyd George, asking him to send COAL CUSTOMERS American, English, Irish, Scotch, Milner, believing that between them Canadian, Australian, French and they could formulate a plan to stem Please Notice! Italian youths fighting for you and the flood of the German advance. civilization. It is a big part of their Just as he finished writing the door Coal Sales will be for

> BOOTH & CO. Phone 133.

Cash Only.

Save

Materials

Apparatus

Make your calls brief

Men

For Infants and Children



230 Princess Street.

· JUST ARRIVED — A LARGE

ASSORTMENT

Jolly Jitneys, from .... .... \$1.50 to \$2.50 Folding Sewing with yard measure .... \$2.00 Curtain Stretchers ... ... ... ... \$1.50 White enamel bassonette ... ... \$5.50 White Enamel medicine cabinet ....... \$3.50

> At ROBT. J. REID'S Undertaker and Furniture Dealer

### AWFUL ATTACKS OF HEART TROUBLE

Eased by the Second Dose of

on terms of a tenative contract under which the companies would be merged with capital of \$34,000,000 to act as a Government agent in express nouncing something wrong with the business, but without direct Govern- heart is the irregular beat or violment control. A name suggested ent throb. Often there is only a flut-for the new concern is the Federal tering sensation, or an "all-gone" sinking feeling, or, again you may experience a smothering sensation, gasp for breath and feel as thoug

Cleveland, April 26 .- An order about to die. was booked here by the Emergency In such cases the action of Mil-Fleet Corporation with the American burn's Heart and Nerve Pills in Shipbuilding Company, which calls quieting the heart, restoring its nor-for the construction and delivery of mal beat and imparting tone to the sixty-six steamers for salt water ser- nerve centres, is, beyond question, vice early in 1919. The order is the marvellous,

Lakes. The cost of the vessels will be in excess of fifty million dollars. Hart trouble for the past five or six Of full canal size the boats will be of an average capacity of 4,000 tons each, 261 feet in length and 43.5 ter, I decided to give Milburn's Heart and Nerve Pills a trial, and to my surprise I found ease from the sec-Women As Constables. ond dose. I continued taking them London, Ont., April 26.—Two Lon- until I had used six boxes, and now don women, one of them an officer I feel as well as can he.

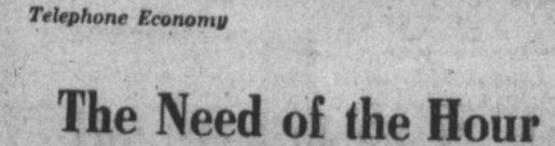
of the Y.W.C.A., have been sworn in At present my sister is taking as special constables without salary them for nervousness, and finds great to carry on welfare work here. The comfort by their use."
women will make a drive against Milburn's Heart and Nerve Pills

The state of the s

street mashers, it is reported, and are 50c a box at all dealers, or mailwill bend their special efforts to the ed direct on receipt of price by The protection of young girls on the T. Milburn Co., Limited, Toronto.



A scene from "The Trail of the Lonesome Pine" at the Grand on Saturday April 27th, matinec and night.



Motor Ambulance 577.

THE vital need of the hour is for economy!

We are urged to save, to conserve our resources. Nothing is so important, so pressing.

I We must economize, we are told, in food, in fuel, in clothing, in railway travel-all along the line, in order that the war efforts of our Empire and its Allies may have a clear track to victory.

The telephone, by the very nature of the work it does, is a powerful agent making for economy and efficiency. Without it, business would slow down with a fatal reaction on war effort.

If But the increasing scarcity of telephone material of all kinds, and of skilled labor demands that our subscribers should practice a rigid telephone

I That they should order only such tele-phone equipment as is indispensable— I That they should be careful of present telephone apparatus in home or office so as to avoid breakage and repairs

I That they should refrain from unnecessary telephone conter-sations and make their talks brief so as to keep the lines open for the next caller.

9 We ask your co-operation in our efforts to keep our service equal to war-time demands.

The Bell Telephone Company of Canada



