

In The Realm Of Woman--Some Interesting Features

SUFFERED TERRIBLE AGONY

"Fruit-a-lives" Alone Gave Him Quick Relief

Buckingham, Que., May 3rd, 1915.

"For seven years, I suffered terribly from Severe Headaches and Indigestion. I had belching gas from the stomach, and I had chronic Constipation. I tried many remedies but nothing did me good. Finally, a friend advised 'Fruit-a-lives'. I took this grand fruit medicine and it made me well. To everyone who has miserable health with Constipation and Indigestion and Bad Stomach, I say take 'Fruit-a-lives', and you will get well."

ALBERT VARNER.

50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-lives Limited, Ottawa, Ont.

Dandruff Germs are very small, but **HERPICIDE** will find them all

no! not new I sent them to **PARKER'S CLEANERS AND DYERS**

TORONTO MONTREAL & BRANCHES

Complexion Complaints

Keep **Abbey's Effervescent Salt**

on your dressing table, and every morning take a glass from this bubbling fountain of health.

Nice rosy cheeks and a clear complexion will surely reward the daily use of ABBEY'S NONE BETTER FOR CHILDREN

SOLD EVERYWHERE

ABBAY'S VITA TABLETS - for pale, people - 50 Cents a Box

The Woman Who Changed

By JANE PHELPS

THE COSTUME FOR THE DINNER

CHAPTER XIII.

After many conferences we had decided upon a costume for my dinner. Merton Gray had declared that he would have to sit up nights to paint the place cards. He wanted to make up our minds very soon. We finally gave up the idea of having the guests follow any one period too closely. It meant lots of work and expense. So we decided upon a sort of Dolly Varden costume for the women, and short breeches and ruffs for the men. And wigs, of course—that is, wigs for the men; and a choice of either wigs or powdered hair for the women.

I immediately ordered a handsome one made for George. I knew he wouldn't wear it unless it was perfect.

Nothing more was said of my awkwardness at the restaurant, nor of my giving way to tears on the way home. But I knew that Mrs. Sexton had felt chagrined, and, strangely enough, I felt more so because of her.

I was mortified, too, that any friend of George's should see me make such a faux pas, and I knew that Merton Gray had also seen me spill the coffee, and had turned away to save me embarrassment. I hoped that George would not hear of the incident. I came very near asking Mrs. Sexton not to speak of it to him, but I couldn't quite get up my courage.

George would be at home in a few days. Mrs. Sexton had gone back to her quiet, friendly manner of the first days when we were alone. I once more was beginning to like her. She let me alone most of the time, only insisting that we keep up some reading and our talks on the duties of a hostess.

"Your husband must not feel that

ed from a vacation spent in Portland. Sir John Hendrie and Lady Hendrie expect to be in Hot Springs this week.

The Duke and Duchess of Devonshire entertained on Saturday at dinner in honor of the Archbishop of York and his chaplain, Rev. F. I. Iremonger.

Miss Annie Gow has returned to Guelph to resume her studies at Macdonald College.

Mrs. Dennistoun, Winnipeg, who has been the guest of her daughter, Mrs. E. E. Torrance, Princess street, is leaving this week for Montreal.

Capt. and Mrs. J. Langley are now occupying "Otterburn," which they have taken for the summer months.

Mrs. Frank Ryan left to-day for New York to visit her parents, Dr. and Mrs. Savage.

Mrs. W. C. Caldwell, Lanark, is the guest of her sister, Mrs. A. Strachan.

Miss Jean Dargavel, who spent the week-end with Miss Evelyn Nickle, left on Monday for St. Agnes College, Belleville.

Miss Helen Dargavel, Elgin, spent the week-end with Miss Mamie Coon, Brock street.

Mrs. B. Noble Steacy, Johnson street, returned from New York on Monday.

Mrs. J. Robertson, Ottawa, is visiting her sister, Mrs. J. R. Henderson, Clergy street.

Judge James O'Reilly, Cornwall, is the guest of William Birmingham, Barrie street.

R. Richardson, Kingston, was one of those in attendance at a very jolly dance given on Thursday night at

Told In Twilight

(Continued from Page 3.)

Misses Ella and Dora Lindsay, Kingston, are the guests of Mr. and Mrs. E. A. Guntor, Westport.

Miss Patterson, Kingston, is a guest of Mr. and Mrs. G. H. Leggett, Westport.

Mrs. William Newman, Woodville, is visiting her mother, Mrs. William Allen, Clergy street.

Nursing Sister Eleanor Graham, daughter of Mr. and Mrs. John W. Graham, Ottawa, is home from Kingston, visiting her parents, before leaving for England.

Miss L. Parrott of the Kingston public school staff, was a week-end guest of Mrs. F. H. Henry, Belleville.

Mrs. P. McCann and Miss Frances McCann, Westport, are spending a few days in Kingston.

Miss Gwendolyn Gauley, who has been attending Queen's University, left on Monday for her home in Vars.

Duncan MacTavish, who has been in attendance at Queen's University, left on Tuesday for his home in Ottawa.

Mrs. Albert Daly and little son, Edwin, arrived last evening from Detroit to spend a month with her mother, Mrs. C. Anney, 389 Earl street.

Miss Elizabeth Henstridge spent Easter week in Toronto.

Mr. and Mrs. J. Russell Stuart, Albert street, returned from Ottawa on Saturday.

Mrs. Stanley Harrison has returned

ing to put me in the position she had, by her remarks. The intimation that, because of Mrs. Sexton's feeling unable to come down-stairs, she had interrupted a late afternoon tea between Merton Gray and me, made me very miserable. The worst of it was I had not yet learned to hide my feelings.

"I was just about to ask Mrs. Howard if she wouldn't play for me," Merton broke in. I realized that he saw my embarrassment, and was trying to help me. "Perhaps you would like to listen to some music, also?"

"I certainly should, Mrs. Howard played very well," I said.

Nothing loath, I led the way, and without giving her a chance to say anything more, I commenced to play. But I played very badly, and, realizing that it did not tend to make me more comfortable, I finally stopped abruptly and said:

"I can't play tonight! I am not in the mood."

"Temperamental, like all artists," Mrs. Loring remarked.

"Yes, I guess I am."

"Well, just go, then! I was alone, so thought I would drive over, instead of twiddling my thumbs at home. I knew George was away, so I expected to find you wearing the willow, also."

"You see, you were mistaken," I replied, goaded to the answer, "Mr. Gray took pity on me."

"That's what it means to be young and charming," she said, then made a rushing exit that night. Merton escorted her to her car, then, as he regained my side, said:

"Madge Loring is inclined to be catty. Don't let it worry you. She doesn't scratch very deeply."

(To be continued.)

How to Make a Real Wrinkle Remover

In these days of cleverly advertised "wrinkle removers" and "rejuvenators" it is hard for a woman to believe she can make a simple home remedy for the removal of wrinkles which will do her much more good than the average made preparation. There's nothing in the world so effective for erasing or preventing wrinkles as a simple and harmless solution made by dissolving an ounce of pure powdered salicylic acid in a half pint of witch hazel. These ingredients of course can be had at any drug store. Use the mixture daily for a while as a refreshing wash lotion. The quick and satisfactory results will surprise you. Even the first application produces very marked improvement. The wrinkles are less in evidence and the face has a firm, "sooty" comfortable feeling. Soon you will look considerably less than your age.

Try This If You Have Dandruff

There is one sure way that never fails to remove dandruff completely and that is to dissolve it. This destroys it entirely. To do this, just get about four ounces of plain, ordinary liquid arvon; apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips.

By morning, most if not all, of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it, no matter how much dandruff you may have.

You will find, too, that all itching and digging of the scalp will stop instantly, and your hair will be fluffy, lustrous, glossy, silky and soft, and look and feel a hundred times better.

You can get liquid arvon at any drug store. It is inexpensive, and four ounces is all you will need. This simple remedy has never been known to fail.



It's Easy To Get Rid of Dandruff

Gently rub spots of dandruff, scales, itching and irritation with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water. This treatment every two weeks is usually sufficient to keep the scalp clean and healthy. Sample Each Free by Mail. Address postpaid: "Cuticura, Dept. N, Boston, U.S.A." Sold throughout the world.

Bissell Carpet Sweepers Made Over New.

All Repair Work Done.

301 Barrie St. Ph. 1270

"BLUE BONNETS"—A New Fabric with New Features.

"Blue Bonnets" meets the needs of the woman who wants a beautiful, durable fabric that wears without wrinkling, creasing and loses its color. Admiration is attracted to the subtle drapes, sport coats and slacks, children's garments, pajamas, etc. Also dresses, fur-trimmed coats, etc. Guaranteed dye fast and durable. Wide variety of attractive patterns.

If your dealer doesn't carry "Blue Bonnets" send us this ad with name of dealer and we will send him samples and supply him of your request.

LESHER WHITMAN & CO. INC., 861 Broadway, New York



JUST LIKE A HOUSECLEANING

Every room needs an occasional "cleaning up," no matter how carefully the regular sweeping and dusting is done. Especially is this true after any unusual event, a party, a wedding or a quilting bee.

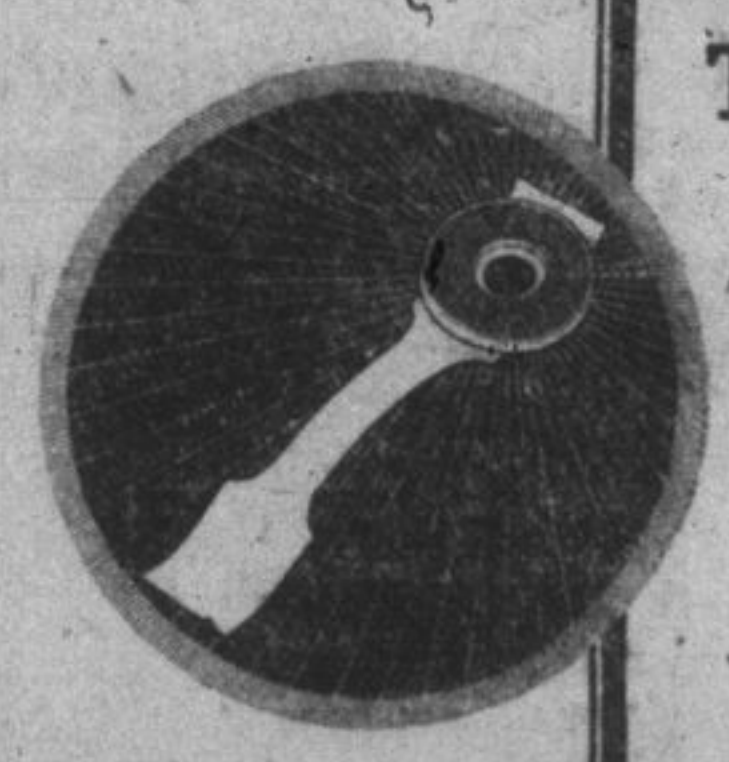
So it is with your body. No matter how regular your habits or well cooked your food, there comes a time when you don't feel just right. You may recall an unusually hearty meal or two, irregular hours, or eating something that "didn't agree with you", or it may be just the "dust-gathering".

In any case a few doses of a really good cathartic is all you need to put you right. For this purpose nothing is quite so suitable as **Chamberlain's Tablets**

Two or three after supper the first night, and one each night for two or three days, and your digestive apparatus is just like the well-cleaned room. Every part of your body is more vigorous, you go about your work with a new feeling and begin again to enjoy life. Are these benefits not worth getting? You know they are.

And you need have no hesitation about beginning them for fear you must "keep it up". The effect is just the opposite.

25c at all dealers or direct from CHAMBERLAIN MEDICINE CO., TORONTO



CHAMBERLAIN'S TABLETS 25c

Blue-jay For Corns

Stops Pain Instantly Ends Corns Completely

25c Packages at Druggists

How Blue-jay Acts

A is a thin, soft pad which stops the pain by relieving the pressure.

B is the B&B Cream which gently undermines the corn. Usually it takes only six hours to end the corn completely.

C is rubber adhesive which sticks without wetting. It wraps around the toe, and makes the plaster snug and comfortable.

Blue-jay is applied in a jiffy. After that, you don't feel the corn. The action is gentle, and applied to the corn, so the corn disappears without soreness.

LOT FOR SALE

40 ft. x 120 ft. Enough stone on it to build a house.

Snap for \$150

W. H. Godwin & Son

Insurance and Real Estate.

39 Brock St. Phone 424

Two Specials

Griffin's Seedless Raisins, 2 pkgs., 25c.

Jelly Powder (Each package makes 1 pint) 4 pkgs., 25c.

J. R. B. Gage,

Montreal Street Phone 549

Returned Soldiers

For the purpose of assisting returned soldiers the Legislature has provided for the formation of an association called "The Soldiers' Aid Commission of Ontario." The Head Office is at No. 116 College St., Toronto. Hon. W. D. McPherson is the Chairman and Mr. Joseph Warwick is the Secretary. All communications intended for either of them should be addressed to No. 116 College Street, Toronto. W. F. Nickle, Esq., K.C., M.P., of Kingston, is a member of the above-named Commission and represents it locally at Kingston and in this neighborhood at Kingston. The Kingston Branch is located at the Board of Trade Rooms, Kingston. Telephone No. 701.

The public are cordially invited to co-operate with us in securing suitable employment, and in doing other helpful work for Returned Soldiers and their dependents.

Classes for Vocational Re-Education of Returned Soldiers who have been disabled as a result of their military service are provided, and every Soldier who regards his disability as of such a nature as to entitle him to the benefits of these Classes is requested to make application to Mr. James H. Macnee, Secretary, under-mentioned, Secretary, to Mr. W. W. Nichol, Vocational Officer for Ontario, at the Head Office, 116 College St., Toronto, when full particulars will be gladly furnished and arrangements at once made for a Board to enable them to obtain certain courses of instruction in the subjects suitable to their particular ability. In addition to getting instruction free, the support of the soldier and his family or dependents during the period of re-training and for one month after it is completed, is provided for according to scale.

Cases where assistance for the families of soldiers is required are daily reported to us and subscriptions to the Relief Fund will be thankfully received. Subscribers to this Fund are assured that payments from the same are made only after careful official investigation of the merits of each case, and particulars will be furnished on request to subscribers as to the disposition of their donation. All donations should be made payable to the order of "The Soldiers' Aid Commission of Ontario," and forwarded to Joseph Warwick, Esq., 116 College St., Toronto, and in each case an official receipt will be issued therefor. Donations will be expended as far as possible in compliance with the expressed wishes of the donors.

All services are free of charge. For further particulars as to our work, please write or telephone any of the following officers:

James H. Macnee, Secretary, Treasurer, Telephone No. 701.

His Worship Mayor Hughes, Chairman, Telephone No. 427.

W. F. Nickle, Esq., K.C., M.P., Hon. Sec.-Treas., Kingston, Telephone No. 701.

GRAND TRUNK RAILWAY SYSTEM

LOCAL BRANCH TIME TABLE

IN EFFECT MARCH 31st

Trains will leave and arrive at City Station, Foot of Johnson Street.

Going West.

No. 19 Mail	Leave City Arr. City
No. 13 Express	.. 3:10 a.m. 3:52 a.m.
No. 27 Local	.. 9:45 a.m. 10:17 a.m.
No. 1 Intern'l Ltd.	1:20 p.m. 1:50 p.m.
No. 7 Mail	.. 3:00 p.m. 3:40 p.m.

Going East.

No. 18 Mail	Leave City Arr. City
No. 16 Express	.. 1:40 a.m. 2:17 a.m.
No. 6 Mail	.. 12:20 p.m. 12:52 p.m.
No. 14 Intern'l Ltd.	1:20 p.m. 2:30 p.m.
No. 28 Local	.. 6:48 p.m. 7:27 p.m.

No. 1, 12, 15, 18, 19 run daily.

Other trains daily except Sunday.

Direct route to Toronto, Peterborough, Hamilton, Buffalo, London, Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Halifax, Boston, and New York. For full accommodation, tickets and all other information, apply to J. P. Stanley, Agent, Agency for all steamship lines. Open day and night.

CUNARD LINE

Passenger Service

Halifax and Bristol

Money remittance made by mail or cable. Apply to Local Agents or The Robert Reford Co. Limited, General Agents, 50 King St. East, Toronto, Ont.

This magic spot ends corns

PLACE it on your throbbing corn tonight. It takes but a second. Relief will come instantly, because the felt ring relieves all pressure.

The medicated spot of wax soothes while it works. You will wonder why you waited so long.

Tomorrow your corn will not hurt as it has today.

And within 48 hours the corn will come out easily, painlessly.

Blue-jay is the gentle, certain way, discovered by a great chemist. Blue-jay Plasters are made by Bauer & Black, famed for surgical dressings.

Paring is Extremely Dangerous

and only a makeshift. Infection is possible. Harsh and mussy liquids are disagreeable. Blue-jay is irreplaceable to the average corn. Once in a while an old and stubborn corn requires a second treatment.

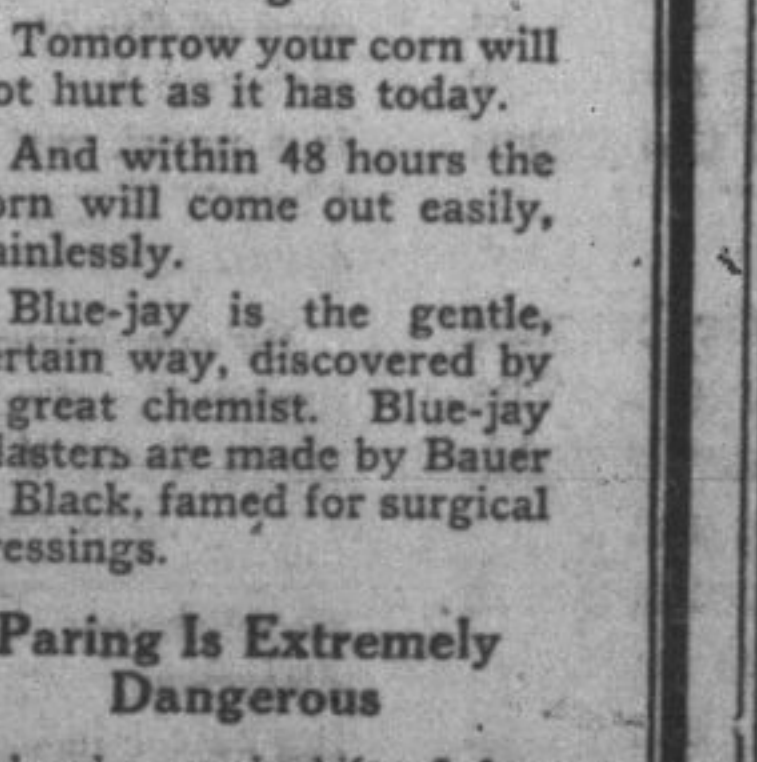
Tonight prove these truths yourself. It costs so little. Then you will never let a corn hurt again.

At All Druggists—25c a Package

BAUER & BLACK, Limited

Makers of Surgical Dressings

Chicago Toronto New York



THE DAINTIEST OF FINE FOOT-WEAR

The newest designs in grey and brown. Shoes that are smart and dressy.

The Sawyer Shoe Store

HURLBURT WELTS AND PLA-MATE

Shoes for Children

Your children require good shoes—shoes that fit properly and will give the little feet a chance to develop. That is the secret of HURLBURT and PLA-MATE shoes; they fit well and wear well.

Made in patent and gun-metal leathers, button or lace.

J. H. Sutherland & Bro.

The Home of Good Shoes.

WHO ARE BEHIND PRESS?

Hon. Mr. Lemieux Wants Lists Published Periodically.

Ottawa, April 10.—Hon. Rodolphe Lemieux, Canada's deputy minister of the United States policy, periodically revealing to public scrutiny the names of all persons behind the power of the press. He has given notice of a resolution in the Commons providing for the publishing from time to time of the names of owners, editors, managers, stockholders, bondholders or of any other persons interested in newspapers, magazines, trade papers or other periodicals publishing articles designed to influence public opinion.