

FORREST SAYS HE WAS SURPRISED

Got Rid of His Troubles, Soon After He Began Taking Taniac.

"The way Taniac straightened me out and rid me of my troubles is certainly a surprise to me," said Andrew B. Forrest, who resides at 299 Spadina Avenue, Toronto, recently.

"My system was so rundown," he continued, "that for six months I was hardly fit for a thing. My blood was bad and I suffered from a troublesome, breaking out on my face and painful lumps all over my body. My appetite failed so I couldn't eat my food and I fell off in weight and got so weak I had no life about me. I felt dull and sluggish and unfit for work and was in a most miserable condition and getting worse every day in spite of all I could do, for I took about everything I could hear of."

"At last I got me a bottle of Taniac and it sure started me up hill again. I am now on my fourth bottle and zest everything yet before me. My blood is richer and better, my skin healthier and about free from every sign of that old trouble I had before. That sluggish feeling has disappeared my system is toned up, I am stronger and better in every way. I have more life and energy and can do my work with a vim that makes me feel like a new man. It is a pleasure to recommend such a wonderful medicine as Taniac and I do so every chance I get."

Taniac is sold in Kingston by A. P. Chown, in Plena by Gilbert Ouler, in Battersen by C. S. Clark, in Fernleigh by Ervin Martin, in Ardoch by M. J. Scullion.

—ADVT.

Best's Spring Tonics

Are prepared to give the quickest results — lasting, too. Sulphur and molasses . . . 25c Sarsaparilla Compound . . . \$1.00 Blood Purifier, 50c and \$1.00 Beef, Iron and Wine . . . 55c and \$1.00 Emission Cod Liver Oil . . . 1.5c and \$1.00

Best's

Popular Drug Store. Everything Photographic. Developing and Printing. Phone 59. Branch 1818

FOR AMPLE COAL SUPPLY

RETAIL MERCHANTS ANNOUCE TO HAVE PROVISION MADE

Committee Appointed to Interview Local Fuel Controller regarding Situation—Association Has Now One Hundred Members.

The Retail Merchants' Association held its monthly meeting in the Board of Trade rooms on Tuesday night, and discussed matters of interest to the members. The President, R. J. Rodgers, presided.

Secretary Bert Abernethy had a most encouraging report for the members. To the effect that fifty-eight new members had been enrolled and the fees paid to the treasurer, W. Y. Mills. This makes a total membership up to date of 101.

Regarding the steps taken by the Government to help on the campaign for increased production; the president announced that the special window displays had not yet arrived in the city, but that they were expected soon.

Mr. J. Bushell, manager of the Kingston Industrial Fair, was present, and had a conference with the members, relative to this year's exhibition, the members at a previous meeting, having pledged their support to him.

On motion of N. Noble Steacy and William Anderson, it was decided to appoint a committee to wait on the local fuel controller, regarding the supply of coal for next winter. It has been intimated that the fuel controller expected that the situation would be serious again next winter. The Association is anxious to see what steps are to be taken to make provision for the city's needs. The committee appointed to deal with this matter is composed of B. Noble Steacy, Alvin Reid, William Anderson, Charles Livingston, Thomas Milo and A. E. Ronay.

Association to attend the meeting of the Greater Production movement, to be held in the Board of Trade rooms Wednesday night.

MADE A PRESENTATION.

Christian Endeavor Union Member Inmates of Refuge.

There was a happy gathering at the Home for the Aged on Tuesday evening, when the Kingston Christian Endeavor Union paid a visit to the institution and made a presentation of a cabinet Brunswick gramophone, which was accompanied by twenty-four fine selections.

Representatives of the different societies in the union were present. Sgt.-Major Mayer made the presentation, and the gift was received by Mayor Hughes, chairman of the board of management, who, in a personal address, tendered thanks to the members of the union for their fine gift.

Subsequently the members of the union provided an entertaining programme for the inmates of the home. Robert Treener looked after the duties of chairman, and those who contributed to the programme were Miss Dora Amey, Sgt. Mayer, John Alexander, Miss Pearl Blythe and Miss Lee.

The inmates of the home warmly appreciated the kindness of the Christian Endeavor workers in remembering them in this way. The instrument will provide pleasant entertainment for the aged people, and will be the means of helping them to while away the hours.

Takes Charge Of Plant.

James M. Smith has arrived at Port William to take charge of the shipbuilding and of the plant of the Canadian Car and Foundry Company, which is under contract to turn out twelve trawlers for the French Government before the close of navigation. Mr. Smith is a native of Garden Island and well known in Kingston.

SUFFERED TERRIBLY WITH HER HEART

WOULD WAKE UP SMOTHERING

The terrible smothering and choking up sensations and sinking spells, the feelings of dizziness and faintness that come over those whose heart and nerves are deranged causes the greatest distress of both mind and body.

Milburn's Heart and Nerve Pills give prompt relief and effect a complete cure in cases of such severity.

Mrs. A. M. Powell, Norval Station, Ont., writes: "I cannot speak too highly of Milburn's Heart and Nerve Pills. I suffered five years with my heart and nerves, but the last two years I have suffered terribly. If I went to bed I would wake up as if I were smothering. I did not get one night's sleep out of seven. I got so very weak that the doctor was called in, and he said it was my heart, and that I must take great care of myself. I saw your advertisement in your almanac for Milburn's Heart and Nerve Pills, and said I would try them. I have only taken two boxes of them and I feel a new woman. I will recommend them to anyone afflicted with heart trouble." Milburn's Heart and Nerve Pills are 50c a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Told In Twilight

(Notice—Hereafter, the Whig, in common with other papers all over Canada, will make a charge of 50c for inserting an engagement, marriage or reception announcement.)

Miss Helen McKay, Sydenham street, was hostess at a delightful tea on Tuesday afternoon. The rooms were prettily decorated with daffodils and narcissi, the same flowers making an artistic centre for the tea table. Among the guests were Miss Harriet Gardiner, Miss Gwendolyn Merrick, Miss Eleanor Phelan, Miss Lucy and Miss Gwendolyn Waddell, Miss Edith Carruthers, Miss Jean McLeod, Miss Katie Berrington, Miss Helen Strange, Miss Marjorie Minnes, Miss Nora Martin, Miss Ruth Anglin, Miss Marjorie Uglow, Miss Alice Goodwin, Miss Ethel Kent, Miss Margaret Hemming, Miss Helen and Miss Marjorie Campbell, Miss Jean Wismer (Barrie), Miss Mary and Miss Margaret Taylor, Miss Laura Kilborn, Miss Gwendolyn Folger and Miss Doris Folger.

A surprise party held on Monday evening, at the home of Miss Goldie Hazlett, 474 Brook street, was a most enjoyable event. The lady's prize for the Easter egg hunt was won by Miss Helen Guild, the prize being a handsome ivory nail file. Charles Woods captured the gentleman's prize, a fine ebony nail file. The consolation prizes were won by Miss Edith Allen and Gordon Hooper.

Miss Edna Chown and her guest, Miss Eleanor Whelan are leaving tomorrow for Toronto to resume their studies at Branksome Hall.

Mr. and Mrs. Kirtley Mather left on Tuesday for Granville, Ohio, where they will remain until the fall.

Mrs. Logie Macdonnell, Alwington avenue, is visiting friends in Toronto.

Professor and Mrs. E. A. Stone have taken Mr. and Mrs. Mather's house, Union street west, Mrs. Stone's sister, Miss Edith Morrison, who has been visiting in Toronto, arrived on Tuesday to be her guest.

Miss Edith Masie, who has been visiting Mrs. R. J. McKelvey, left for Toronto on Tuesday.

Captain and Mrs. Morton Hall and Sgt.-Major and Mrs. Norman Keefe, who spent Easter in Toronto, have returned home.

Mr. and Mrs. G. D. Falls have left for Nestleton, Ont.

Mrs. R. Easton Burns, Frontenac street, left this week to spend some time in St. Catharines.

J. F. Rowland and Miss Patricia Rowland have returned from Newcastle, where they spent the Easter holidays.

Mrs. L. T. Best, Lower Albert street, entertained informally at the tea hour this afternoon.

Miss Olive Caven, who has been visiting Miss Aileen Folger, Sydenham street, has returned to her home in Toronto.

Mrs. Gaskin, Holly, Mich., is the guest of Mrs. Richard Waldron, King street.

Dr. and Mrs. Egerton Cays have returned to their home in Oswego, N.Y., after visiting Mr. and Mrs. D. A. Cays, Barrie street.

Arthur B. Cunningham has returned from Cornwall.

Miss Edith Hawley, Napanee, is visiting Miss Molly Saunders, Alice street.

Mrs. Bulkeley and her children, of Little Falls, N.Y., are visiting Mr. and Mrs. A. MacLean, King street.

H. C. C. Caswell has returned from Newtonville after spending the holiday there.

Miss Myra Dyde, Ottawa, is visiting her parents, Mr. and Mrs. Hobart Dyde, Johnson street.

Corsets of Quality. Our high-grade qualities of imported corsets stand out pre-eminently among the finest imported models. Graceful lines that follow the curves of the natural figure without rigidity are desired by all discriminating women. Quality corsets give guaranteed satisfaction — they are shapely — they wear — they mould easily to figure lines. Inquire from our expert corsetiere about the qualities of LA REINE, KABO, AMERICAN LADY, GOSSARD, FROLASET, NEMO, TREGO. Priced from \$1.50 up. All expert fittings free of charge.

Steacy's - Limited. Would You Like To Own a Nice Tea Waggon? We have a number of up-to-date designs. Nothing is more convenient for serving afternoon tea. Bedroom furniture in a great variety of designs. We save money for you by making our purchases months ago. VICTROLAS AND VICTOR RECORDS A Complete Stock on Hand. T. F. HARRISON CO., LTD. Phone 90.

IMPERIAL LIFE. Wise is the young man, any man, who buys an Imperial Endowment Policy to provide for his later years. And the sooner the cheaper. J. B. COOKE 432 King Street. Phone 503 Residence 842. Pape's Diapepsin FOR INDIGESTION OR BAD STOMACH. Relieves Sourness, Gas, Heartburn, Dyspepsia in Five Minutes.

CONTINUOUS SESSION. Sitings of Versailles Council For Political Unity. Paris, April 3.—The securing of military unity was hard because of human sensibilities. It has been brought about, and the Allied armies face the German attack with new confidence and improved prospects. Political unity involves no such peculiar difficulty, but it is no less important. Now, without losing a moment, and while our general and armies are in the final conflict to save humanity, a council with power for spot action, and composed of Allied representatives should be set up a Versailles and kept in daily session to deal instantaneously with the dangers and opportunities that are arising hourly in this last stage of the war.

A CLOSE-UP VIEW OF THE BIG EVENT. A Correspondent Talks With Spiders During the Great Battle. At the Battle Front in France, April 3.—"Where are the Germans?" asked Irvin Cobb of a freckle-faced British Tommy guarding the south end of a bridge over the Oise at Pointoise, a tiny village through which he, Martin Green, and myself had motored Tuesday afternoon in the direction of the twin-towered Cathedral of Noyon. "Right there in them woods," said the tin-hatted soldier, pointing to a patch of budding trees along the north bank, 20 yards distant. "Our engineers have mined the bridge and the bally beggars won't never get over."

A Simple Way To Remove Dandruff. There is one sure way that has never failed to remove dandruff at once, and that is to dissolve it, then you destroy it entirely. To do this, just get about four ounces of plain, common liquid arvon from any drug store (this is all you will need), apply it at night when retiring, use enough to moisten the scalp and rub it in gently with the finger tips. By morning, most if not all of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it, no matter how much dandruff you may have. You will find all itching and digging of the scalp will stop instantly, and your hair will be fluffy, lustrous, glossy, silky and soft and look and feel a hundred times better. The dwelling and stable, No. 477 Johnson street, owned by Mrs. Sarah Moore, has been sold to Frank Fisher by E. W. Mullin & Son.

Honey and Maple Sugar do not require shipping. Use them — Canada Food Board. Spring Offerings! Spring shoes for men and boys, in the latest styles, and at our special prices. Dressy shoes for men, \$5.50 to \$8.00. Boys' shoes from \$3.00 up. Jack Johnston's Shoe Store 70 Brock Street.



In ALGONQUIN PARK OF ONTARIO

The Algonquin Provincial (Ontario) Park is an unspoiled territory of nearly four thousand square miles, studded with hundreds of beautiful lakes and intersected by winding streams. No reserve that is easily accessible to the people of the eastern section of the North American Continent can excel it in wealth of attractions for the lover of the out-of-doors. Away up in the Highlands of Ontario, it has an average elevation of two thousand feet above the level of the sea. Its tonic air filters through hundreds of square miles of pine, balsam and spruce; the days are unusually long, with bright sunshine, while the cool evenings are a time of enchantment. The Park makes an especially strong appeal to the fisherman and the canoeist, but the accommodation is such that the most varied tastes can be pleased. The Park is two hundred miles north of Toronto and one hundred and seventy miles west of Ottawa.

The use of Grape-Nuts FOOD is steadily increasing among intelligent people. There's a Reason.