Made Her Strong and

Barneveld, Wis .- "I was in a weak, nervous, run-down, anaemic condition, so that my housework was a burden. Vinol was recommended, and it made me well and strong. It is certainly the best tonic and strength creator I have ever taken."- broken." Mrs. John Lewis.

Vinol is a cod liver and iron constitutional remedy for weak, nervous, run-down conditions of men, women turned if it does not help you.

Also at the best druggist in all On-

For the Boys at the Front

## **CHOCOLATTA**

"The Ready-to-use Chocolate" Contains the Chocolate, Milk and Prepared Instantly by Adding Bolling Water Only. No Cooking or Milk Required. For Sale By

D. Couper Phone 76 341-3 Princess St.

## Save Your Coal

THE SOWARDS COAL CO. Phone 155.

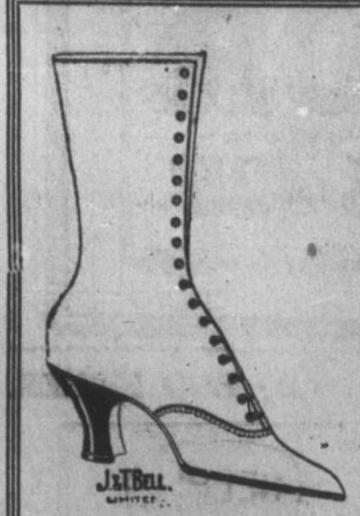
IN EFFECT MARCH 3RD

Station, Foot of Johnson Street.

No. 27 Local ... 9.45 a.m. No. 1 Intern'l Ltd. 1.20 p.m.

o. 14 Intern'l Ltd. 1.20 p.m. No. 28 Local . . . . 6.48 p.m. 7.27 p. Nos. 1, 13, 14, 16, 18, 19 run daily. Other trains daily except Sunday. Direct route to Toronto, Peterboro, Hamilton, Buffalo, London, Detroit Chicago, Bay City, Saginaw, Montreal Quebec, Portland, St. John. Boston and New York. For Pullman accommodation, tickets and all other information, apply to J. P. Hanley, Agent. Agency for all ocean teamship lines. Open day and night.

Passenger Service RESTAURT OF BURE IN Halifax and Bristol cable. Apply to Local Agents or The Robert Reford Co., Limited. General Agents, 50 King St. East, Toronto, Ont.



## EASTER SHOES

Shoes that are in charming harmony with Easter styles. Shoes that are noticeably becoming with spring suits. Newest shades.

It Always Pays Better to Train Them for Work.

TRAIN EARLY TO HARNESS

Must Be Increased in Proportion to Work Done.

and children. Your money will be re- the functions of a horse in the spring. Mahood's Drug Store, Kingston. Colts should not be "broken," they should be taught or educated. In the (the organs whose functions are in height. taxed in the performance of the ordiand undeveloped from lack of func- of the malarial trouble? This has B.B.B." tion. Hence a regular course of pre- been only very recently explained. | Manufactured only by The T. Milparation during the late winter and There is probably no tree having a burn Co., Limited, Toronto, Ont. early spring months, when the time | greater avidity for water than the | of both man and horse is not very eucalyptus. Experiments with seedvaluable, should be given in order to lings grown in water have shown that have the colts in such condition when a baby blue-gum will take up the libe able to perform a reasonable the blue-gums grow at a marvelous amount of work with satisfaction to rate (often as much as 10 or 12 feet

the driver and safety to themselves, is added to their height in a single taught to wear harness and bridle by from the soil goes on at a rapidly idbeing allowed to run free for a few creasing rate. Now, it is well known hours daily in a box stall or paddock. | that the malarial poison is introduced with the harness on. It is then good | into the blood of man through the practice to match each with a handy, agency of a certain variety of mossmart and good-natured horse, or if | quito (Anopheles), and the dwelling necessary a pair of colts together, and | place of these insects, when in the teach them to drive, obey the words | larval stage, is to be found in pools of command, stand when asked to, of water. With the planting of the

handy without being hitched, they paratively dry. Thus the breedingshould be hitched to a wag- places of the mosquitoes are destroygon. Care should be taken to see ed and the insects are no longer able that the harness fits properly. This to carry on their pernicious activiapplies especially to collars. The col- ties." - S. Leonard Bastin in St lars in which they are expected to Nicholas. work later on, should be worn. Each should have his own, and it should fit properly, not being too wide, so as to allow a rolling motion, nor yet who had just won the Legion of

The amount of grain given should al-2.20 p.m. tion to the work or exercise given. to Paris I should need a motor-" By such usage the muscular, respiratory and nervous systems gradually the harness, especially the collar. comes in contact, gradually become hardened and increased in power of Marshal Joffre." resistance, hence become much less account of this hardening of the muscles, they lose bulk, hence a collar that may have Atted perfectly at sir, so incrediblefirst may now be too large .- J. H. R. Ontario Agricultural College, Guelph.

Preparing for Gardening. This month begins the active gar- of staff. Money remit inners made by mail or peppers should be started. Many of dinner at headquarters.' these seeds for small gardening work may be started inside which will relieve the necessity of making hotbeds The greatest department store in until the first part of next month. the world, to supply every need of Manure for top dressing the ground the American soldiers, is springing up may be hauled out the latter part of in France. The survey for the mam-

Hints For the Poultryman. The flock should be given the oppreparation for hatching. Clean up some good insect powder before aet- Weekly. ting, and again about two weeks later.

Care of the Freshening Cow.

This is the month when a large number of cows freshen. Both fresh receive special attention. Cows expected to freshen should be placed in a box stall for a 'ew days before stable; or else have a special barn for the purpose. A few hours "sun shine bath" each week will make far more healthful stock and improve the dairying.

Feeding the Ewe.

On many farms lambs will begin to land .- Family Herald. rrive about this time. If ewes have been liberally fed for a month before milk. From 1/2 to 1 lb. of grain fed in' Bill, as nothink and nobody matper ewe per day for a month before tered? As if the 'ole world was a lambing is generally good practice willin, wear; wilderness? especially if ewes are somewhat thin. Bill-I allus understood. Alf. as

THE EUCALYPTUS TREE.

Blue-Gums Absorb Excess Water and Prevent Mosquito Breeding. "Before it was known that the

malarial poison was introduced into the blood by mosquitoes it was a common practice to plant eucalyptus, or blue gum, trees in infected areas. century the idea was commonly held that malaria was caused by the pesti-

'As is well known, the eucalyptus friends tree produces enormous quantities of to be a totally wrong impression, yet this cloud of embarrassment? trict about twenty miles from Algiers. | complexion healthy and clear.

The colt or colts should first be | season), the consumption of moisture eucalyptus trees the pools disappear When they have become reasonably and the marshy land becomes com-

An Invitation. Col. X., a gallant British officer,

"Don't worry, I'll see to that." honor of speaking?"

liable to soreness. In many cases, on bowing low over the instrument, the clean and stimulate clogged kidneys; made him financial adviser to the

early beets, and the long season the wire? All the same I'll send the and backache plants like tomatoes, egg plants and motor. Cheer up. You're invited to

A Departmental Store.

The greatest department store in moth intermediate depot, as it is known in army circles,, was made in August. The first railroad track was laid in September and now the site portunity to get out of doors and ex- has the appearance of a railroad yard ercise on fine days. Begin to make in a seacoast town. The store, which the incubators and brooders, get wide, in reality a series of buildings, boxes ready for setting hens. Do not will have a daily capacity of 50,000 set hens in the laying pens where tons, which is not an excessive other birds are running. If you want amount when it is considered that vices requires 200 pounds of supplies and brooder. Usually chickens of the of all kinds, including food, clothing general purpose breeds batched ammunition, medical and engineering during the last week of March make equipment, each day. As the Amerithe best winter layers. Where using can force grows the store will be exbens for hatching dust them well with | tended, and enlarged. - Capper's

The Origin of Deserts, There is a popular idea that deserts ike the Sahara are the bottoms of above their original elevation by geographical forces. This notion is hat accumulates on our highroads in their moisture by passing over mountains or across extensive tracts of

Ontario Agricultural College Notes. you wasn't married!-London Opin-

## Face Covered With **PIMPLES**

ASHAMED TO GO OUT.

Many an otherwise beautiful and attractive face is sadly marred by unsightly pimples, blotches, flesh worms and various other blood lis-

Their presence is a source of emlential exhalations which arose from barrassment to those afflicted as

Many a cheek and brow cast in

tricts from the infection. Many cases It is Burdock Blood Bitters. This It was not possible for any one to re- Mrs. Katherine Henry, Port Syd-

side in the locality without contract- ney, Ont., writes: "Two years ago ing malarial fever in an aggravated my face was so covered with pimples is irrational, and unfair to the animal. form. Thirteen thousand eucalyptus I was ashamed to go out at all. I trees were planted over the area in tried several remedies, but they were one year. Within a year, malarial of no use. At last a friend advised fever was almost unknown in the dis- me to try Burdock Blood Bitters. I trict, the disease disappearing as soon got a bottle, and by the time it was cular, respiratory and nervous system | as the trees were two or three yards | used I could see a difference. I then got two more, and when I had used "What is the connection between them the pimples were completely pary functions of a horse) are weak | the eucalyptus and the disappearance | gone. I can highly recommend

Near the city, at low prices.

W. H. Godwin & Son 39 Brock Street.

If Your Back Hurts, or Bladder Bothers, Drink Lots of Water.

"Certainly," said the voice, "I am made from the acid of grapes and The Khedive was glad to see him lemon juice, combined with lithia, and more than glad to see an extra As red as a staff officer's cap band, and has been used for generations to \$200,000. To reward Cavallini he also to neutralize the acids in urine royal house, though it is not explain-

It was the voice of the divisional chief should take now and then to keep

Fresh Haddock and Cod, Whiting, Tom Cods, Smelts, Oysters.

Instead I took Lydia E. Pinkham's Vegetable Compound and Was Cured.

My sister asked me

Lydia E. Pinkham's Vegetable Combound has done for me. "-NELLIE

Mrs. L. Garratt who with her husband the late Caleb Garratt, has conducted a general store in Wellington for some years past, has disposed of her property to Mrs. Fred Bonter of the late Hon. J. R. Coffee are being sued a meliasburg.

It is only natural for any woman to dread the thought of an operation. So many women have been restored to health by this famous remedy, Lydia E. Pinkham's Vegetable Compound, after an operation has been advised that it Miss Martha Madison and Edward will be a property to Mrs. Fred Bonter of the recovery of \$2,000,000 days.

## Another Bolo Arrested in Italy

melodrama entitled "German Inwell as pain and regret to their it seems likely that the world will be (Contributed by Ontario Departmen of a volatile oil that has marked anti- the mould of beauty have been sadly had a glimpse behind the scenes in septic properties. The disinfecting defaced, their attractiveness lost and the United States and in Ireland. We odors exhaled by the leaves were sup- their possessor rendered unhappy for see what is going on in Russia, of the marshes. This is now known Why, then, consent to rest under though we may have no idea how the the fact remains that the planting of There is an effectual remedy for thriller is about to be reproduced. might be mentioned, but one of the remedy will drive out all the im- has had more disastrous results for The too common practice of allow- most striking is the instance of a dis- purities from the blood and leave the the Allies than in any other country punish those responsible for the disaster. Already several arrests have been made, and, as is the cae in France, the chief villain was a member of the Italian Parliament. This is Signor Cavallini. He is

accused of nothing more desperate than having had "intelligence with the enemy," but this may prove as serious as giving "aid and comfort to the enemy," which is a euphemism for treason. 'Cavallini's connection with Bolo Pasha has been estabtime becomes valuable that they will quid at an extremely rapid rate. As FARMS FOR SALE } lished beyond all doubt. He admits He asserts, however, that his relations with the Levantine was innocent of all intent to injure the cause of the allies. His defence is, in fact, an Italian version of Bolo's defence. Cavallini has a somewhat doubtful record. He has already been in the hands of the Italian police. The charge on this occasion was fraudulent bankruptcy, and he was convicted and served a short term of imprisonment. After his release be left Italy, went to South America, and in a few years returned with plenty of money. This event occurred just before the war. He will have the opportunity of

proving that he did not return to Italy as a German agent, that he was not financed by Germany, and that he was not "planted" in the Italian Parliament for the purpose of playing Germany's game. Cavallini says that he was approached some years ago by When your kidneys hurt and your a man who told him that the Khedive sufficiently narrow to pinch at any Honor, was called to the telephone back feels sore, don't get scared and Tewfik, of Egypt, father of Abbas point. The bearing surface should in his dug-out. The voice at the oth- proceed to load your stomach with a Hilmi, who was deposed by the Brit-LOCAL BRANCH TIME TABLE conform thoroughly to the surfaces er end of the wire spoke in broken lot of drugs that excite the kidneys ish shortly after the beginning of the of the neck and shoulder with which | English, with strong accent -, a and irritate the entire urinary tract. | war, was in need of a loan of some it comes in contact, except at the bot- French accent. "Allo, Col. X. Col- Keep your kidneys clean like you \$600,000, which he hoped to raise in tom, where sufficient vacant space to onel, you know the French Govern- keep your bowels clean, by flushing Italy. Cavallini undertook to find the Trains will leave and arrive at City allow the introduction of a man's fire ment has just conferred upon you the them with a mild harmless salts money, and approached the Bank of cross of the Legion of Honor. Per- which removes the body's urinous Italy on the matter. He was told The colt or pair should be given mit me to offer my warmest congratu- waste and stimulates them to their that the money was available, but daily exercise or light work, com- lations. When will you be in Paris?" normal activity. The functions of that the bank would not lend it to 3.52 a.m. mencing with an hour or two the first "When will I be in Paris?" stam- the kidneys is to filter the blood. In Tewfik. So Cavallini had the loan 10.17 a.m. day and gradually increasing the mered the colonel. "M. Poincare nas 24 hours they strain from it 500 made to himself and signed three bills 3.40 p.m. amount until they will be able to per- expressed the wish to pin the decor- grains of acid and waste, so we can of exchange. He handed the currency form a full day's reasonable exertion ation upon your breast with his own readily understand the vital import- over to the Khedive, who gave him as without showing signs of weariness. hands, and if you could fix a date-" ance of keeping the kidneys active. security a bag of jewels. When the "I am overwhelmed with the hon- Drink lots of water-you can't bills fell due the Khedive appeared 12.52 p.m. so be gradually increased in propor- or," gasped the colonel, "but to get drink too much; also get from any to have forgotten all about the incipharmacist about four ounces of Jad dent. So Cavallini took them up and Salts; take a tablespoonful in a glass sold the jewels to recoup himself. He "Thanks-thanks. Might I know- of water before breakfast each morn- secured \$800,000 for them, he says, gain tone, the muscles with which venture to ask to whom I have the ing for a few days and your kidneys and then went to Egypt to hand over will act fine. This famous salts is the balance to the forgetful Khedive.

> "The marshal! This is so sudden, so it no longer is a source of irrita- ed what the Khedive wanted with a tion, thus ending bladder weakness. financial adviser when he had Cromer The voice on the other end of the Jad Salts is inexpensive; cannot in- at his service. After the war began, wire suddenly changed. It spoke clip- jure; makes a delightful effervescent and when the Khedive Abbas was deped English with an accent of irony. lithia-water drink which everyone posed, he went to Switzerland, and summoned Cavallini to his side. He their kidneys clean and active. Try told Cavallini that he wanted him to dening work. Hotbeds should be made and the seed of the early plants like cabbage, cauliflower, early celery, like cabb priety of appointing the son of Abbas Hilmi Khedive in his stead. Sonning refused to see Cavallini, and thereupon the former Khedive asked Bolo to make similar effort with the French Government. Before moving in this matter Bolo insisted upon be ing well paid. He demanded \$300,-000 as the price of his efforts, and Abbas Hilmi is said to have considered the money well invested. He sent Cavallini to France to pay Bolo his commission. Considerable secrecy surrounded the negotiations between the two men, and it has been established that an Italian baritone singer, named Sottolana, acted as intermediary and took the part of a post office for the exchange of letters. The baritone was also a witness, Cavallini says, to the payment of the \$300.000. This, according to the accused Italian, is the story of his relachesa" Ricci, a woman who had no than to the title of Cavallini's wife, Caillaux went to Italy he was entertained by the Marchesa and the Sig-Baltimore, Md .- "Nearly four years nor, and they apparently were thicksuffered from organic troubles, ner- er than thieves. Unless Cavallini was vousness and head- a German agent, it is difficult to unaches and every derstand his relations with such traitmonth would have to ors as Caillaux and Bolo. The Marthe time. Treat- mediary between several disloyal Italwas socially prominent, her arrest has created a considerable sensation, More, we understand, are to follow.

> > Motors In Cold Climates

For northern motor cars particuconsenting to an diator shield regulates the introducwater changes the shutters are automatically adjusted. - Popular Ms

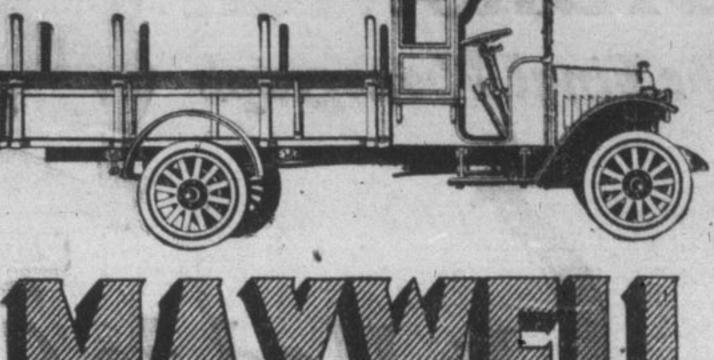
A good reputation is sometimes useful as a parachute to the man who rises rapidly in the world.

A good reputation is sometimes and T. B. College are being such a parachute to the man who rises rapidly in the world.

Dr. John A. Stevenson, Trenton is dead, aged seventy-two years.

The property to Mrs. Fred Bonter of per and T. B. College are being such a million per and T. B. College are being such as the million per and T. B. College are being such as the million per and T. B. College are being such as the million per and T. B. College are being such as the million per and T. B. College are being such as the million per and T. B. College are being such as the million per and T. B. College are being such as the million per and T. B. College are being such as the million per and T. B. College are being such as the million per and T. B. College are being such as the million per and T. B. College are being such as the million per and T. B. College are being such as the million per and T. B. College are being such as the million per and T. B. Coll

Maxwell trucks or the price of Perhaps German intrigue in Italy has had more disastrous results for the Allies than in any other countries.



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