

IMPERIAL LIFE

Wise is the young man, any man, who buys an Imperial Endowment Policy to provide for his later years. And the sooner the cheaper.

J. B. COOKE

332 King Street. Phone 503. Residence 842

CLOTHING ON EASY TERMS

Ladies' Suits, Dresses and Furs, Gentlemen's Suits and Overcoats. N. Morris, 374 King St.

CHOCOLATTA

"The Ready-to-use Chocolate" Contains the Chocolate, Milk and Sugar. Prepared Instantly by Adding Boiling Water Only.

D. Couper

Phone 78. 241-5 Princess St.

GRAND TRUNK RAILWAY SYSTEM

LOCAL BRANCH TIME TABLE

IN EFFECT MARCH 3RD

Trains will leave and arrive at City Station, Foot of Johnson Street. Going West. No. 19 Mail... 12:30 a.m. 12:57 a.m. No. 15 Express... 3:19 a.m. 3:52 a.m. No. 27 Local... 7:15 a.m. 10:17 a.m. No. 2 Interl. Ltd. 1:30 p.m. 1:50 p.m. No. 7 Mail... 3:00 p.m. 3:40 p.m. Going East. No. 18 Mail... 1:40 a.m. 2:17 a.m. No. 14 Express... 3:19 a.m. 3:52 a.m. No. 6 Mail... 7:15 a.m. 10:17 p.m. No. 14 Interl. Ltd. 1:30 p.m. 1:50 p.m. No. 23 Local... 3:00 p.m. 3:40 p.m. Nos. 1, 12, 14, 16, 18, 19 run daily. Other trains daily except Sunday. Direct route to Toronto, Peterboro, Hamilton, Buffalo, London, Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Halifax, Boston and New York. For Pullman accommodation, tickets and all other information, apply to J. P. Vanley, Agent. Agency for all ocean steamship lines. Open day and night.

CUNARD LINE

Passenger Service

Halifax and Bristol. Money remittances made by mail or cable. Apply to Local Agents or The Robert Bedford Co., Limited, General Agents, 50 King St. East, Toronto, Ont.

Celery!

THOMPSON'S GROCERY

294 Princess Street. Phone 387.

KLIM

Use it regularly in place of fresh milk. IT IS PURE, GENUINE separated milk in powder form. A pound makes four quarts. 35 cents. Reduce your milk bill.

H.C. Merriman

Successor to J. A. BOYD. 611 Princess Street. Phone 847.

Glasses Broken!



We are equipped to replace any broken lens, no matter where it was made. Quick and sure service. "EYES EXAMINED."

J. J. STEWART, Opt.D. OPTICIAN AND OPTOMETRIST. Opposite Post Office, Kingston.

USE LESS CREAM, THEN CHILDREN MAY GET MORE WHOLE MILK. —Canada Food Board.

APPLES

SPECIAL SALE OF APPLES. 30c Per Peck

Crawford's Grocery, "Good Things To Eat."

TROUBLED WITH CONSTIPATION FROM 16 TO 20.

Constipation is one of the commonest ills of mankind and one too often allowed to go unlooked after until some serious complication sets in. If the bowels are properly looked after there will be no constipation, jaundice, sick or bilious headaches, heartburn, coated tongue, sour stomach, floating specks before the eyes, etc. Milburn's Lax-Liver Pills will keep your bowels so regulated that in no time the constipation will disappear entirely. Miss Emma E. Melanson, Halifax, N.S., writes: "I am now 20 years of age, and since I was 16 I have been greatly troubled with constipation, so much so that at times I would be in bed three or four days a month. I tried all the old-fashioned remedies, castor oil, cascara, etc. with only temporary relief until my sister-in-law gave me some of Milburn's Lax-Liver Pills. From the first they seem to be beneficial and I gave them a fair trial. This was two years ago, and with an occasional dose I have kept entirely free from constipation for the period mentioned." Milburn's Lax-Liver Pills are 25c a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Freckle-Face

Now Is The Time to Get Rid of These Ugly Spots. Do you know how easy it is to remove those ugly spots so that no one will call you freckle-face? Simply get an ounce of othine, double strength, from your druggist and a few applications should show you how easy it is to rid yourself of freckles and get a beautiful complexion. The sun and winds of March have a strong tendency to bring out freckles and as a result more othine is sold in this month. Be sure to ask for the double strength othine as this is sold under guarantee of money back if it fails to remove the freckles.

SAYS ACID STOMACH CAUSES INDIGESTION

Excess of Hydrochloric Acid Stours the Food and Forms Gasses. Undigested food delayed in the stomach decays, or rather, ferments the same as food left in the open air, says a noted authority. He also tells us that indigestion is caused by Hyper-acidity, meaning, there is an excess of hydrochloric acid in the stomach which prevents complete digestion and starts food fermentation. Thus everything eaten sour in the stomach much like garbage sours in a can, forming acid fluids and gases which inflate the stomach like a toy balloon. Then we feel a heavy, lumpy misery in the chest, we belch up gas, we eructate sour food or have heartburn, flatulence, water-brash or nausea. He tells us to lay aside all digestive aids and instead, get from any pharmacy four ounces of Jad Salts and take a tablespoonful in a glass of water before breakfast and drink while it is effervescing, and furthermore, to continue this for a week. While relief follows the first dose, it is important to neutralize the acidity, remove the gas-making mass, start the liver, stimulate the kidneys and thus promote a free flow of pure digestive juices. Jad Salts is inexpensive and is made from the acid of grapes and lemon juice, combined with lithia and sodium phosphate. This harmless salt is used by thousands of people for stomach trouble with excellent results.

Save Your Coal

THE SOWARDS COAL CO. Phone 155.

ADDRESS GIVEN BY DR. TAYLOR

On "Silent Resolutions of the War" Before Women's Canadian Club.

CHANGES HERE TO STAY

WE WILL NOT SWING BACK TO INDIVIDUALISM.

Silent Resolutions Have Occurred In Our Social Customs And Religious Life, Principal Taylor Said. "Silent Resolutions of the War," formed the topic of an interesting address, delivered by Dr. Bruce Taylor, Principal of Queen's University, before the members of the Kingston Woman's Canadian Club, at a meeting held in Convocation Hall, on Friday evening, Mrs. John MacGillivray, the president of the Club, presided, and introduced the speaker. Principal Taylor spoke of the revolutions brought about by the war in politics, social and religious life. He said that to-day we were going through "silent revolutions" because of the war and such a struggle as the world had never before witnessed. And we all had a part in the great changes. The speaker went on to point out one or two of the spheres in which the "silent revolutions" are proceeding. In the first place, there had been a complete change in the function of government. There had been government interference, in that men not needed in one line of work had been asked to swing their labor into another channel, where it was most needed. Socialism had come from the side of the government, and not from the people. It came as the result of the war stress. And we had commenced to realize that it was well that we should have these conditions. The speaker felt that the change was here to stay, and that we would not swing back into individualism. Turning to the question of women working, the speaker said that it had not been regarded as the function of women to work. But it had been brought about as a natural result. He was not decided on the point as to whether women should receive the same pay for the work as men. It had, however, been stated that the women were more than a match for the men working on munitions, and also for other tasks. The barrier had been let down and women were being engaged on munition work, on farms, driving ambulances, and on other work. It was almost inconceivable the distance we had gone in this direction.

Letters to the Editor

From the Canadian West. Condor, Alta., March 14.—(To the Editor): We are having fine weather here now; but we need it all to take the snow off, as there is plenty here, more than has ever been known for years, and feed is getting scarce. Patterson Brass, held an auction sale to-day selling off their surplus stock, on account of shortage of help. A carload of hogs has been loaded at Condor recently, one of which tipped the scales at six hundred and ninety pounds. S. Barton has just finished loading his last car of hay at Leslieville, which makes three and one-half carloads this season; the last car brought the sum of \$190.

Leave of Absence Board Sat.

The Leave of Absence Board for Military District No. 3 met on Friday to consider applications for leave of absence. By the introduction of new procedure the personal files of the applicants concerned are available to the board, leading to the board access to all of the evidence before determining what action should be taken. The following applicants were unsuccessful: Ptes. A. F. Parker, L. H. McKel, J. E. Dunn, M. L. E. Fenton, C. H. Frost, C. S. Windsor and J. E. Proulx. The board is not disposed to grant leave in future unless urgent necessity, occasioned by change in the domestic position, etc., is apparent.

Easter Music.

You can, if you wish, have a phonograph on terms so easy you will not notice paying for it. The choice of models is large and attractive. Call at our warehouses without delay. See and hear for yourself. —C. W. Lindsay, L.L.

War Relief Committee.

The War Relief Committee named on Monday for Friday to consider the advisability and possibility of securing the services of an executive secretary or to consider other means of securing continuity and initiative in the work of the committee.

Stole a Car.

Thieves stole a Briscoe car, owned by VanLoven Bros., from in front of the Hotel Dufferin on Thursday evening. It was located on Friday morning when the thieves returned it to the hospital entrance.

Dance in aid of Harry Lauder fund

for Scotland's widows and orphans, City Hall, Monday, March 25th. Help a worthy cause and have a good time. Dancing till 2 a.m. Tickets, \$1 couple; ladies, 25c. Mrs. William Weir was removed from her home at Kiburnie to the General Hospital on Friday in James Reid's ambulance.

STOMACH RELIEF! NO INDIGESTION, GAS, SOURNESS — PAPE'S DIAPEPSIN

Time it! In Five Minutes Your Upset Stomach Will Feel Fine. You don't want a slow remedy when your stomach is bad—or an uncertain one—or a harmful one—your stomach is too valuable; you must not injure it with drastic drugs. Pape's Diapepsin is noted for its speed in giving relief; it's harmless; it's certain unfailing action in relieving sick, sour, gassy stomachs. It's millions of cures in indigestion, dyspepsia, gastritis and other stomach trouble has made it famous the world over. Keep this perfect stomach doctor in your home—keep it handy—get a large fifty-cent case from any drug store, and then if anyone should eat something which doesn't agree with them; if what they eat lays like lead, ferments and causes gas and sourness; eructations of acid and undigested food—remember as soon as Pape's Diapepsin comes in contact with the stomach, all such distress vanishes. It's promptness, certainty and ease in overcoming the worst stomach disorders is a revelation to those who try it.

HAS YOUR CASE ARRIVED?

KINGSTONIANS RECEIVE MANY BOXES OF LIQUOR.

Big Quantities of Booze Coming to the City—The Express Companies Are Busy. The express officials of the city are now working night and day to handle the large volume of business created when the Dominion Government recently enacted that on and after April 1st there would be no further inter-provincial shipments of liquor. Into the homes of the people there has been a stream of boxes from Montreal, with the "glass" label appearing very prominently. License Inspector McCammon has been watching the shipments very closely to see that there is no violation of the law. Every day has seen large quantities of liquor arrive and it is expected that the shipments will increase as the time for entry draws to a close. The Dominion Express Company agent was interviewed with reference to a rumor that his company would refuse liquor shipments next week. He had not been received no orders on this matter. As he was talking, the staff was hustling the familiar boxes around making ready for the next shipment. The most prominent people in the city have laid in a stock. The situation is indeed a surprise particularly when one looks over the list of those who are receiving booze.

The Only Medicine For Little Ones

Once a mother has used Baby's Own Tablets for her little ones she will use nothing else. Their use teaches her they are absolutely safe; that they never fail to give relief, and that the little ones do not dread taking them as they do castor oil and other harsh purgatives. Concerning the Tablets Mrs. John M. Weaver, Blissfield, N.B., says: "I have used Baby's Own Tablets for the past ten years and have found them so good I always keep a box in the house." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

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PRACTISE ECONOMY. THERE IS NO VIRTUE IN ONLY TALKING IT. —Canada Food Board.

\$2.45

About 40 pairs ladies' patent button, patent bluchers, gun metal and kid, button boots, cloth tops, etc. Clean up price \$2.45. Some regular \$4.00 and \$5.00 values in the lot.

Abernethy's Shoe Store

Borsalino Hats ready for your inspection. MALLORY HATS From the United States. CHRISTY'S HATS From London, England. Visit our spring opening and try on some of the new styles.

STROLLERS, SULKEYS, AND BABY CARRIAGES. The Very Latest Styles and Finishes. Fresh air and sunshine is essential to baby health. The new shades: Tullip yellow, ecrú, old ivory and white enamel and battleship grey. At the busy store with the large stock. Reid High Quality — Reid's Low Prices. JAMES REID The Leading Undertaker. Phone 147 for Personal Services.

Campbell Bros. Kingston's Largest Hat Dealers. Wood's Great English Remedy. The Great English Remedy Tones and invigorates the whole nervous system, makes new blood in old veins, cures nervous debility, mental and brain worry, sleeplessness, loss of energy, indigestion of the heart, falling memory. Price 50¢ per box, 95¢ per 3. One will please, six will cure. Sold by druggists or mailed in plain package on receipt of price. Free prospectus mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Inventor)

Government Standard Flour Made by Kingstons Milling Co. Limited. Is Eminently Satisfactory To All Users. HUNGARIAN—For Bread. WHITE ROSE—For Bread and Cake. CROWN—Winter Wheat Pastry. For Sale by All Dealers.

Nyal's Spring Tonic. Will vanish that tired feeling and brace you up. Get a bottle now at Prouse's Drug Store. Phone 82.

Overseas' Boxes. Safety Razors, Shaving Soap, Antiseptic Soap, Antiseptic Powder, and all the little comforts that go to make life bearable for the boys in the trenches. SARGENT'S DRUG STORE. Corner Princess and Montreal Sts. Telephone 41.

Ringworm—Scalp Sores. If you want speedy help try the D. D. D. Prescription. So easy to apply, not greasy or messy. It washes into the scalp and the relief is instant. Try it today on our guarantee. Mahood's Drug Store, Kingston. D.D.D. The Liquid Wash

The Real Life Preserver. THE EVER WARM SAFETY SUIT YOU CANNOT DROWN — YOU CANNOT CHILL. The above illustration taken off Sandy Hook in December illustrates the buoyancy of this new invention. You Can Fit On the Suit in Less Than One Minute. If You Are Going Overseas Arrange For a Demonstration. McKelvey & Birch, Limited. Phone 237-2060. 69-71 Brock Street

KINGSTON EVENTS 25 YEARS AGO. S. Harkness sold a handsome Percheron mare to E. McFayden for \$90. John Simmonds has a position in a hardware store in Chicago. The butchers do not entertain better prospects for the trade just now. Pigs are selling from 7 to 8 cents per pound. A Future Ahead of Him. The prime virtue of a good angler is patience. No man or boy ever developed into a successful fisherman who hadn't at least twice the patience of Job. There's a boy in S— who is going to make a champion one of these days. I saw him fishing the other afternoon on the bank of a creek, and I said to him: "What are you fishing for, son?" "Snigs," said he. "What are snigs?" said I. "I dunno," said the boy. "I ain't never caught none yet."