

In The Realm Of Woman--Some Interesting Features

INDIGESTION AND CONSTIPATION

Quickly Relieved By "Fruit-a-lives"

ROCHON, P. Q.
"I suffered for many years with terrible indigestion and constipation. A neighbor advised me to try 'Fruit-a-lives'. I did so and to the surprise of my doctor, I began to improve and he advised me to go on with 'Fruit-a-lives'.
I consider that I owe my life to 'Fruit-a-lives' and I want to say to those who suffer from indigestion, constipation or headaches—try 'Fruit-a-lives' and you will get well!"
CORINE GAUDREAU.
50c. a box, 75c. for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

Talking Machines

All makes of talking machines cleaned, repaired, adjusted. Parts for all machines supplied. Expert workmanship. Prices reasonable.

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"BEST MEDICINE FOR WOMEN"

What Lydia E. Pinkham's Vegetable Compound Did For Ohio Woman.

Portsmouth, Ohio.—"I suffered from irregularities, pains in my side and was so weak at times I could hardly get around to do my work, and as I had four in my family and three boarders it made it very hard for me. Lydia E. Pinkham's Vegetable Compound was recommended to me. I took it and it has restored my health. It is certainly the best medicine for woman's ailments I ever saw."—Mrs. SARA SHAW, R. No. 1, Portsmouth, Ohio.

Mrs. Shaw proved the merit of this medicine and wrote this letter in order that other suffering women may find relief as she did.
Women who are suffering as she was should not drag along from day to day without giving this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial. For special advice in regard to such ailments write to Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its forty years experience is at your service.

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The Sawyer Shoe Store

A cork extractor patented in England comprises an awl like stem with a loose cross bar, which is passed through a cork with the stem, turning against the cork as it is withdrawn.

The Woman Who Changed

By JANE PHELPS

MADGE LORING'S DINNER

CHAPTER XII.
The night of Madge Loring's dinner arrived. My dress had come home in ample time, and was perfect. At least Annie said so and I said so too. I had taken a nap in the afternoon so that I would be fresh. I had a most comfortable habit of becoming sleepy about ten o'clock.
George had come home early and was in high good humor. Of course I did not know that the stock market had gone as he wanted it to, that he had made a great deal of money in the rise in certain stocks which he controlled. In fact I knew nothing at all of his business. I doubt if I should have understood had he explained.

He was delighted with my dress. And the cloak he had bought me was perfect—a combination of chiffon, satin, and chinchilla fur that was fascinating.

We were in plenty of time for the dinner. And I felt very excited and happy. George had been really nice to me—had said he was satisfied with the way I looked. But I was a little frightened when I met all the new people at Mrs. Loring's; and more delighted when I found that Merton Gray was to take me in.
"I am so glad I am going to sit next to you," I confessed as he gave me his arm. "I should be frightened to death to be next to a stranger."
"Then catching his smile I added, 'Someone I had never met until tonight.'"

An Imposing Table.
I never had seen a dining table set in so scintillating a manner. It fairly blinded me with its glitter of Sevres and Venetian glass. The wine goblets were set at each plate in an ascending row; their number making me wonder how in the world I was going to refuse to drink anything, without making myself conspicuous.

The sideboard and serving table were also loaded with silver and glass. The walls were of tapestry, hunting scenes mostly. The furniture was of the richest red mahogany. A truly wonderful room.

The food was of the finest. We had many dishes, and sat at table for an interminable time; or so it seemed to me.
The conversation was as varied as the food. It wandered from American art, to the latest new topical song, and the most popular moving picture artist. I listened eagerly, simply replying to Merton Gray when he addressed me; for I was uncer-

tain of myself. I did not know how to talk to this highbrow crowd which seemed so friendly with my husband. "You are very quiet," Merton Gray said.
"What about?" I made reply.
"Oh, people—everything!"
"If you want to know anything special about them," he indicated, the guests, "ask me. I am a walking directory."
"Very well, I'll remember," I answered, and I thought if a man like Merton Gray were my husband, he would at least express my feelings of what I did. He would consider that I was much younger than his usual associates and make allowances.

Merton Gray interests.
Because of my desire to talk, my pleasure in meeting someone to whom I could express myself freely, I perhaps gave Merton Gray more thought than I otherwise should have done. I only knew that everything he talked of interested me, gave me joy. I had at once feared the group of women at the table. These artistically arranged, socially perfect women who seemed so to delight in holding George's attention. I saw how easily and naturally he smiled. How very much at home he seemed to be in their company.

He had seemed to forget me entirely after the usual conversation and the exchange of greetings was over. Of course he probably supposed me engaged with those near me. But I tried repeatedly to catch his eye, to win a smile, but with no success. For all the attention he paid me I might as well be sitting at home alone.
That it was not considered "good form" for a man to show his own wife attention in public I had yet to learn.

I felt chagrined, dazed and frightened when a very showy woman about thirty years old came over to talk to me. The men were still at the table smoking; they would join us presently; but my gaze wandered often to the door. If only George or Merton Gray would appear!

"Is your husband here?" I asked. I had not caught her name, and made my first faux pas.

"Unfortunately I have none! I am a widow," she said in a peculiar tone; not as if she were a bit sorry or sad because of it.
"Oh! I'm sorry!" I said tritely. Then subsided.
Later I heard her telling one of the men that that child George How-

ard married had asked her point to blank where her husband was. "What did you tell her?" he laughed.
"That I was a widow. How do I know where he went?" and they both laughed heartily. It seemed terribly heartless to me.
Later I learned that her name was Julia Collins and that she had been two years a widow.
(To be Continued.)

In the largest explosive factory in England there are 15,000 employees of whom 11,000 are women. On trinitrotoluol manufacture the average is about 80 per cent, while the picric acid average is about 40 per cent.

Miss Lola Anderson, of Pueblo, Col., daughter of Daniel Anderson, secretary of the Colorado State Federation of Labor, was recently sworn in as a deputy United States marshal.

In England and Wales 200,000 people have been married between August, 1914, and June, 1917, who in ordinary course of events would not have been married.

SEVEN SENTENCE SERMONS.

Little minds are tamed and subdued by misfortune but great minds rise above it.—Washington Irving.

Know ye soldiers all that God always comes to a mans help in the nick of time.—Cromwell.

It matters not how straight the gate. How changed with punishment the scroll. I am the master of my fate: I am the captain of my soul. —Wm. Henley.

There is no solitude into which the Living Christ cannot enter and make it a society.—A. C. Hill.

Be strong and quiet yourselves like men.—Samuel 4:9.

The Life of God is not to be discovered by reasoning, but by obeying.—Ruskin.

Next to a sound rule of faith, there is nothing of so much consequence as a sober standard of feeling in the matters of practical religion.—John Keble.

Miss Elizabeth McGovern, now employed in the Locust Point (Md.) shops of the Baltimore & Ohio railroad, is the only woman in the United States who tests triple valves.

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Good music is a necessity—not a luxury, as some would have us believe. In these troubled days the comfort and solace that only good music can bring is more than ever needed.
Come to our store where these wonderful entertainers are sold, not necessarily to buy, but to hear your favorite music played.
Many styles to choose from, and as low as \$24.00; and double-faced records at 85c each.

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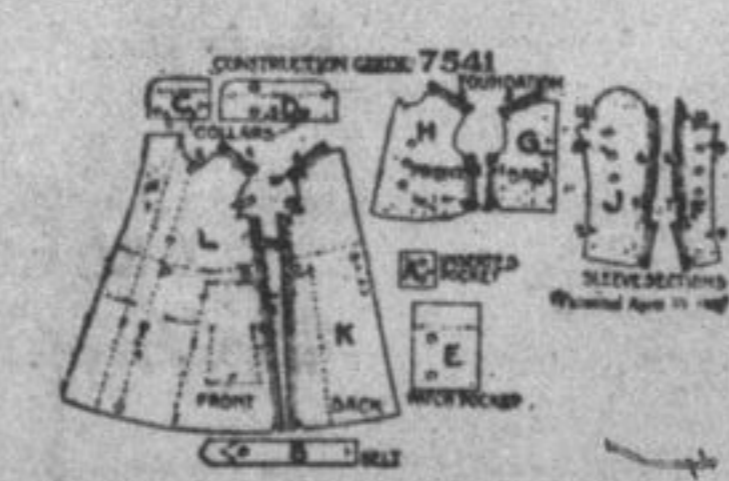
Easy & Practical Home Dress Making Lessons

Prepared Specially for This Newspaper
By Pictorial Review

Attractive Side Closing Jacket.



backs and under-arm seams even; bring lower row of gathers over crossline of small "o" perforations in foundation and stitch gathers to position. Leave right front free forward of center-front; draw the gathers to required size and finish with a stay. Lap right front on left with center-



fronts even and finish for closing. When jacket is made in panel effect, gather the extensions of front and back at waistline and tack to lower edge of foundation.

Face collar and sew to neck edge as notched, with center-fronts and center-backs even (large "O" perforations in collar indicate center-front and double small "oo" perforation, center-back); lap right end of collar on left to small "o" perforations and finish for closing. Roll collar on small "o" perforations.

Next, close sleeve seams as notched using in any fulness between notches at elbow; leave extensions free. Turn extension under on sloe perforations, lap to small "o" perforations and finish for closing. Turn hem at lower edge of sleeve on small "o" perforations. Sew in armhole as notched, with small "o" perforation at shoulder seam easing in any fulness at top between seams, or the fulness may be shrunk out. Hold sleeve toward you when basting it in armhole.

Join 2 pocket sections leaving edges having small "o" perforation free. Slash right front of jacket between indicating small "o" perforations and bind slashed edges. Sew pocket to opening.

Adjust belt with center over lower row of gathers. Lap right end of belt on left with center-fronts even (large "O" perforation indicate center-front); close as illustrated.

Instead of the panel effect the peplum may continue all the way around the waistline and be trimmed with patch pockets.

Pictorial Review Blouse No. 7541, Sizes, 14 to 20 years. Price, 25 cents. Skirt No. 7400, Sizes, 14 to 20 years. Price, 20 cents.

SUNLIGHT SOAP

The Seal has been set once and for all on the purity of SUNLIGHT SOAP.

SUNLIGHT SOAP is known by name throughout all the world, but not by name alone. Sunlight Soap is known by purity just as it is known by name. An established and guaranteed purity is ever associated with Sunlight Soap. The name and the guarantee are inseparable. They must ever remain so, because PURITY is the great soap essential. Cleansing means purification—without pure soap you cannot have perfect cleanliness—this stands to reason.

The \$5,000 Guarantee of Purity given with every bar of Sunlight Soap is something more than an advertisement. It is a dominant force throughout the whole of the Sunlight Soap manufacture. To say that this guarantee is the dominant chord in the perfect harmony of the Sunlight Works would better express its influence.

The buyer who buys the choice Sunlight Soap materials—the soap boiler—the expert chemist—the girls who wrap and pack Sunlight Soap—all are mindful of the guarantee. The \$5,000 Guarantee of Purity is a source of gratification to all the Sunlight workers.

SUNLIGHT SOAP
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Toronto, Canada