URIC ACID IN MEAT

You From Dread Attack

Rheumatism is easier to avoid than to cure, states a well-known authority. We are advised to dress warmly;

function of the kidneys to filter this fourth division in August, 1916. He His home is in Ottawa. the urine; the pores of the skin are and later at Ypres, and on the also a means of freeing the blood of Somme. On the later front he was this impurity. In damp and chilly slightly wounded several times, but cold weather the skin pores are clos- did not leave the line, having medied, thus forcing the kidneys to do cal treatment at the dressing stadouble work, they become weak and tion. He was in France six months. sluggish and fail to eliminate the He returned to this country last uric acid, which keeps accumulating September. Nicholson enlisted beand circulating through the system, fore joining the 77th in the original eventually settling in the joints and Princess Pats. His home is in Rockmuscles, causing stiffness, soreness land. and pain called rheumatism.

blood of these impurities.

Jad Salts is inexpensive, harmless and is made from the acid of grapes and lemon juice, combined with lithia tawa and is used with excellent results by thousands of folks who are subject to rheumatism. Here you have a pleasant, effervescent lithia-water drink which helps overcome uric acid and is beneficial to your kidneys as

Use it regularly in place of fresh milk. IT IS PURE, GEN-UINE separated milk in powder form. A pound makes four quarts. 35 cents. Reduce your milk bill.

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VICE HEADQUARTERS.

Says a Little Salts in Water May Save The Public Are Given Some Interest- and joined the 24th Battalion. He In One Of the Best Exhibitions Put ing Information With Regard to Men Who Receive Their Dis-

144762, Private C. E. Nicholson, for a time, afterwards going to In a snappy game which proved to

At the first twinge of rheumatism enlisted on January 26th, 1916, in get from any pharmacy about four the 43rd Battalion in Ottawa. This spoonful in a glass of water and der the catagory of railway troops. drink before breakfast each morning In England their base is at Purfleet. for a week. This is said to eliminate The 43rd remained there for four uric acid by stimulating the kidneys weeks before setting out for France. to normal action, thus ridding the Jenkins was employed in the Ypres sector, and was nine months there. He returned to Canada on the 15th.

> 145981, Private J. Fairhurst, enlisted on August 2nd, 1915, in the 116th Battalion at Oshawa, and trained at Niagara before going overseas. In England his unit were hurst was drafted to the 2nd Bat- the second battle of Ypres (where he teresting for the spectators. talion in France, which were then was slightly wounded), Festubert. The Kingston youngsters continulying at Estreguough. From there Givenchy, Hooge and again at the ed their drive in the second period they went into action on the Arras bluff at Ypres. He was sent to and showed what continued effort front, and the subsequent fighting Kingsland Road Hospital, England, could do, but their opponents also up till the Vimy Ridge affair. He after fifteen months in France. He kept up hockey of a stellar variety was wounded on April 29th and sent returned on the 7th December last, and honors were divided. The play to Lakenham Military V.A.D. Hos- His home is in British Columbia at was fast, Kingston, drawing first pital at Norwich, Norfolk, and later Alexandria. went to Epsom coonvalescent. From 220121, Private J.-Cockroft, en-

February 17th, 1916, at Hull. He Virginia Water. He returned Canada last November. His home is

409668, Private N. B. Maidens, is. service to-day. He does not wish his maidenly modesty forbids it.

on December 3rd, 1915, in Dalton, Manitoba, in the 226th Battalion. base duty. He returned on the 30th He trained at Camp Hughes, until November last. His home is in injured. the unit went overseas in the fall of Rossmore. that year. Codd accompanied the unit as far as Halifax, being retainthe explosion. Just what happened in January, according to the report In the second period, Connell the b himself lying on the floor of a build- and coal, it rose to \$12.42. ing minus windows and a roof. He got treatment at the already over- Brockville plant shipped twelve fans for allowing Dye's continual lagcrowded hospital, but could not stay cars of condensed milk direct to ging. there, owing to lack of accommoda- France for the allied army. . tion. On his recovery he was sent

to No. 3 Special Service. His home Skin on Fire 40136, Corpl. C. Butler, enlisted on August 4th, 1914, in the 1st Battery, C.F.A., in Ottawa. After trainunit to England and was stationed on Salisbury Plain, and later at Devizes in Wiltshire. In February of the following year he went to | Fleurbaix, Ypres, Festubert, Givenchy and Pleogtsreet, where he was sent to the American Hospital at England to the Manor House, Folkestown, Yarrow Military Hospital in Broadstairs, and Epsom Convalescent Hospital. He was ten months in France, and returned to Canada

Preston, Lancashire. 454830, Pte. B. Stevenson, enliston July 7th, 1915, in the 59th

Battalion, in Ottawa, and trained in that city and at Barriefield Camp, In the until the unit went, overseas in the

BRINGS RHEUMATISM ISSUED BY THE SPECIAL SER- following April. They were station- DEFEATED DE LA SALLE IN a time and then at Caesar's Camp, SNAPPY GAME BY 7 TO 4. from there he was drafted to France

> On In Kingston This Season-Fast Ypres, and St. Eloi, and later on the Hockey Played Throughout the Somme front; he was also at Bois-Grenier. The unit stayed at Bruay

keep the feet dry; avoid exposure; enlisted in July, 1915, in the 77th Mount St. Eloi, and Vimy Ridge, be one of the best witnessed here this eat less meat, but drink plenty of Battalion in Ottawa, and trained at Here Stevenson contracted rheuma- season, Kingston Juniors on Friday ood water. 1 Rockcliffe camp before going over-Rheumatism is a direct result of seas. In England the unit were sta-treatment to the 6th Field Ambu-Toronto, in the third round of the eating too much meat and other rich tioned at Bramshott camp. Here he lance at Petit Servans. He was six- Junior O.H.A. series here to-night by foods that produce uric acid, which transferred to the 73rd Royal High- teen months in France, and returned, a score of 7 to 4. There was a crowd is absorbed into the blood. It is the landers and went to France with the to Canada on November 12th last. on hand, including a select party from

1042416, Pte. H. Lefere, enlisted high pitch. in December, 1916, in the 240th Bat- The Toronto team had the same talion in Cornwall, and trained at line-up as in the game with Peter-Renfrew. He was then transferred boro. It took the locals one period to No. 3, Special Service Company, to get started, but after that they where he has been to date. His home clearly outclassed by both skating 1054659, Private E. Strader, en- play. Brown and Gratton were exlisted in November, 1916 in the ceptionally good. McKelvey was hurt 244th Battalion at Montreal. He and this weakened the local's defence

accompanied the unit overseas and but Connell took care of this trouble. was at Shoreham camp, where he The first period was a pretty ex-was drafted to the 24th Battalion in hibition. Both teams worked hard, France. He acted as platoon scout the local squad taking the offensive. for five months, until he got gassed and although on several occasions at Hill 70, on the Lens front. He they had the puck around the To went to Estercouche Hospital, and ronto team's goal, they could not later to the convalescent hospital at get "the breaks." The Irish squad Etaples. He returned to this coun- pushed them back every time. Cain try on January 8th last. His home had the honor of putting in the one ii 26599, Lance Corporal J. Smith, and this he managed to get through enlisted 27th August, 1914, in the on a long shot from centre ice. He 14th Battalion, Royal Montreal pulled this trick off during the early Regiment, in Ottawa. He trained in stage, and from that time on it was Valcartier and went overseas, with nip and tuck with the two teams, and the first contingent to Salisbury the first period ended 1-0 with the plain. He went to France February fans, declaring that they were sure 8th, 1915, and was in action at in for some game. Both teams quartered at Bramshott. Here Fair- Neuve Chappelle. Langemarke, and showed the pep that made it most in-

there he was sent to Orpington Mili- listed on October 25th, 1915, in the like a machine at this stage and made tary Hospital in Kent, as blood 80th Battalion at Arnprior. He the next two scores, Green and Dye poisoning had set in in his foot. He trained at Barriefield and Picton un- taking the honors. The locals then was seven months and two weeks in til the unit assembled at Belleville get warmed up and the better of the France, returning to Canada on the to go overseas. He landed in Eng- argument for the rest of the period, 6th October last. His home is in land on the 27th May, 1916, and chalking up three more, ending the went to Borden camp for ten days, second period 4 to 3 for Kingston 1012082, Private N. Ethier, join- afterwards proceeding to Bramshott, Of the local's four goals, Elmer and ed the 230th Forestry Battalion on where the 80th went to reinforce the Brown scored two each. McKelvey 74th Battalion. From here Cock- get hurt in a clash near the end of roft was transferred to the 51st at this period and had to be carried off. North camp, where he was retained Dye was injured in the third period for garrison duty up till the time of when he was pushed up against the his return to Canada last month. side. He has been suffering from a 1093416, Private J. A. Faton, en- as a result of this mixup. He may not

listed on the 21st April, 1917, in be able to play again. the 254th Battalion in Belleville. The game was delayed some time naidenly modesty forbids it.

He went overseas with the unit on at one stage when the railing on one the 26th of the following menth to side of the rink gave way and a num-Seaford, where he was retained on ber of spectators tumbled out on the ice. Luckily, no person was badly

Gratton decorated the boards a couple of times for the locals, while ed there on garrison duty at Welling- The cost of the weekly family were given a rest. Gratten played ton Barracks. He was there during food budget advanced eighteen cents a horse of a game for the locals he wasn't very clear about; at the of the Labor Gazette of this month. cal goal tender, had a very busy ses time he was walking about inside In December the weekly budget was sion, as he had a dozen or so dangerthe building, next thing he-remem- \$12.24, and in January, owing to the ous shots to ward off. Brown, the bers he was waking up. He found increase in the price of eggs, wood Kingston right-wing was probably the best 'player on the ice. Vair was severely criticised and hissed by the

Jump In Weekly Budget.

-Few Doctors Have Satisfactory

Treatment to Offer, But This

on fire with the burning, stinging

humor; at times it becomes almost

unbearable, and in desperation you

dare not exercise for fear of aggra-

been disappointed and disgusted.

Thomas, Ont., writes: "I cannot re-

highly, as it cured me of a very bad

ashamed to go near my door when

how I was cured, and I certainly re-

commend Dr. Chase's Ointment. 1

trying in vain to get relief from a

to thoroughly cure eczema, but Dr.

Chase's Cintment will do it. You

the cure will follow. Besides being

a positive cure for eczema, Dr.

Chase's Ointment comes useful in a

commend Dr. Chase's Ointment too

case of eczema. For six years I was And Will Spend a Term in the Ports

Following is the line-up and the summary: With Eczema De La Salle-Goal, Koster; right defence, Cain; left defence, Spring; The Most Torturing of Skin Diseases centre, Green; right wing, Dye; left wing, Travers; substitute, Ingolsby. Kingston-Goal, Connell; right defence, McKelvey; left defence, Mc-Laughlin; centre, Gratton; right

St. Thomas, Ont., Feb. 23. - Ec- wing, Brown; left wing, Elmer; subzema's itch is torture, the skin seems stitute, Spoor. Referee-"Steve" Vair, Toronto. First Period: could tear the skin to pieces. You 1—De La Salle, Cain 7.50

vating the it-hing, neither can you sleep, for no sooner does the body 2-Kingston, Elmer ... become warm than the trouble be- 3—De La Salle, Green ... 8.10 gins, and instead of restful, refresh- 4—De La Salle, Dye 8.20 Talking night long. There is scarcely a mo- 6-Kingston, Brown 9.15 ment's respite from this maddening 7-Kingston, Elmer10.10 malady at any time. Of course you have tried nearly all the washes, salves, lotions and medicated soaps, 9-De La Salle, Dye11.20 but, like thousands of others, have

10-Kingston, Elmer 12.30 Mrs. Alex. Perry, 18 Ross St., St. 11-Kingston, Gratton 14.40 STOLE FROM POOR BOX.

mouth Penitentiary. Arthur Dubois, of a Montreal battalion, pleaded guilty at Ottawa to stealing ninety-five cents from the of Dr. Chase's Ointment being good for eczema, I tried it, and before I church at Hintonburg on Wedneshad used two boxes I could see it was helping me. Now, since my face is entirely healed, they want to know

Great Clearing Sale. vor, as I paid out many dollars for great reduction in ready-made clothdoctors' medicines, but did not get ing and gents' furnishings to make any relief until I used Dr. Chase's room for his spring goods. Special value in boys' overcoats from 5 to You may be skeptical regarding 10 years, in blue and gray, at \$3.50 he ability of Dr. Chase's Ointment each-could not be bought wholesale to cure you Most people are, after for the above price.

host of remedies, but Dr. Chase's To Reside in Kingston.

Ointment will not disappoint you. The auction sale at the home of You will be surprised at the marvel- W. J. Franklin, Joyceville, held on ous control which it has over all Wednesday, of stock and imple itching, burning inflammation of the ments, brought \$9,452.25. Mr. and skin, and the wonderful healing pow- Mrs. Franklin are taking up residence at 223 Alfred street.

will find relief after a few applications, and gradually and naturally KINGSTON EVENTS

hundred ways in every home for every form of skin irritation and. A fog signal will be placed at Tiberuption, chapped hands and chil- bet's Point. Capt. Joseph Dix has purchased Dr. Chase's Ointment, 60 cents a the steamer Lorelei, from Folger box, at all dealers, or Edmanson, Bros. and will run her on the Bana-Bates & Co., Limited, Toronto. Do noque-Clayton route, not be talked into accepting a substi- Men have been engaged to pump total imitations only disappoint. Out the infra mine at Spienham.

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rons, "ASK ONE" and "YOU" will come to us for your

anybody called, my face was so affectsulted several doctors, but they could

Notice!

Whatever the Government or Mr. H. C. Nickle decides is ecessary to do to help the common cause, we shall do cheer-