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**Waldron's**

**PROF. KNIGHT OBJECTS TO BEING TOLD FISH IS AS GOOD AS BEEF OR BACON.**

He Declares That Eggs are Below the Nutritive Value They are Usually Given Credit For. That the Canadian Food Controller is imposing on the good senses of the Canadian people when he makes such statements as "fish is just as good as beef or bacon," was the statement made on Tuesday morning by Prof. A. P. Knight, of Queen's University, to the senior pupils of Louise school. This statement was made in connection with a most instructive lecture on "Food Values," which showed in an interesting way the heat unit comparative values of different articles commonly used as food.

Taking the popular canned goods as an example, Dr. Knight showed in an undeniable way that it was a waste of money to buy canned goods when one takes into consideration the great proportion of water that so lowers the food value as to make the goods practically valueless.

Another popular fallacy which Prof. Knight exploded was that of beef tea. This is said to contain practically no nutrition when compared to the same quantity of milk. Another point made by the speaker was with regard to eggs. These have a certain food value, but not nearly as high as thought previously to very recent tests.

The professor illustrated his lecture by the following articles of food showing the amount of heat units they contain per pound. The list is:

| Heat Unit.                       | Cost.      |
|----------------------------------|------------|
| Yellow perch . . . . . 130       | 12 1/2c    |
| White fish . . . . . 325         | 12 1/2c    |
| Lake trout . . . . . 385         | 12 1/2c    |
| Bacon . . . . . 2685             | 48c        |
| Beef, very lean . . . . . 475    | 30c to 35c |
| lean . . . . . 675               | 30c to 35c |
| medium fat . . . . . 1155        | 30c to 35c |
| fat . . . . . 1525               | 30c to 35c |
| very fat . . . . . 1780          | 30c to 35c |
| Dry beans . . . . . 1605         | 15c        |
| Canned beans . . . . . 600       | 25c        |
| Canned string beans . . . . . 95 | 20c        |
| Cream cheese . . . . . 1950      | 31c        |
| Cheese (red) . . . . . 2185      | 31c        |
| Eggs . . . . . 700               | 31c        |
| Milk . . . . . 325               | 31c        |
| Clear soup . . . . . 50          | 31c        |
| Potatoes . . . . . 319           | 31c        |
| Porridge . . . . . 1850          | 31c        |
| Corn meal . . . . . 1645         | 31c        |
| Green corn . . . . . 470         | 31c        |

**BOLO PASHA FACES DEATH.**

He Inquired For the Benefit of Germany. Paul Bolo, or Bolo Pasha, was convicted in Paris of intruding with the German Government and the death sentence imposed.



PAUL BOLO PASHA.

Bolo's activities possess peculiar interest to people on this side of the Atlantic because of the fact that "of the funds at his disposal, it is charged that \$1,583,000 was transferred from the Deutsche Bank in Berlin to France by way of New York. It was as a result of discovery of his manipulation of this fund through five New York banks or banking houses that Attorney-General M. E. Lewis of New York State was able to obtain information which was forwarded to the French Ambassador in Washington, M. Jasserand, upon which Bolo was arrested.

According to Mr. Lewis, Count von Bernstorff, then German Ambassador to the United States, directed the transfer of the \$1,583,000 to Bolo in New York, through the financial agent of the Deutsche Bank in New York. It was stated that the money was placed at Bernstorff's disposal by wireless messages in a secret code in which fictitious names were used to represent the parties participating in the transaction.

Bolo's first appearance as a factor in international affairs was as financial adviser to Abbas Hilmi, who was in 1914 the Khedive of Egypt. It was from the Khedive that Bolo received his title of pasha. In 1915, however, the Khedive had been ousted, and Bolo, it is said, was a pensioner of his brother, a French priest, in 1914.

In the following year, it is asserted, the Khedive and Bolo set in Switzerland, and, with the approval of Gottlieb von Jagow, then German Foreign Minister, it was arranged that 10,000,000 marks should be placed to Bolo's account to influence the French press in favor of a premature peace. The money, it is charged, was transferred to Bolo through New York, and a large part of it used to purchase an interest in Le Journal, an important newspaper controlled by Senator Charles Humbert. On discovery of the origin of the fund, Senator Humbert tried to refund it, but this was opposed by Bolo.

In September last Bolo was arrested after a judicial investigation of his alleged relations with the enemy. His arrest profoundly stirred the French capital, inspiring in some French patriots the feeling that at last the scoundrel that weighed so heavily upon France was about to be cleared.

Roy Robinson has been appointed manager of the egg circle and is in full charge of the business at Athens.

**The Theatres**

**"The Katzenjammer Kids."**

Those mischievous little fellows, the "Katzenjammer Kids," Hans and Fritz, whose funny antics in the comic section of the Sunday newspapers have made millions laugh, have been made the central figure in a hilarious cartoon musical comedy, in which they are surrounded by all the other characters of the cartoons and a big chorus of beautiful girls. There is singing, dancing and fun galore in the stage version of the "Katzenjammer Kids." When it is placed on view at the Grand Opera House next Wednesday, Feb. 20th, bargain matinee and night, the theatre-going public are going to see what has been called the world's greatest fun show. The musical comedy made from the original "Katzenjammer Kids" cartoons was constructed for entertainment only. The hilariously funny situations in which Hans and Fritz involve Ma Katzenjammer, Der Professor, Der Capitain and the other characters, cause no end of merriment, and when the audience is not enjoying a good laugh they are listening to the tuneful musical numbers, or watching a pretty dance.

**At the Strand.**

To-night and Wednesday afternoon and evening a double feature bill of exceptional merit will hold the boards at this popular play house. Charles Ray will be seen in his latest Paramount feature, "Son of His Father," a story of love, youth and inspiration. Fatty Arbuckle, champion heavyweight comedian of the screen, will also be seen in his latest side-splitting comedy, and topical reels will also be shown.

**A Leap for Liberty.**

Marie Walcamp is so closely pursued in this episode of "The Red Ace" that she dives off a fifty-foot precipice and swims desperately for the opposite bank. Two halfbreeds in the employ of the foreign government pursue her in a canoe and she is being rapidly overtaken. Just what happens then will be seen at the King Edward to-night and Wednesday.

On account of the closing this afternoon, we would like as many as possible to attend Wednesday afternoon and avoid the crowding at night. For the benefit of those wishing to follow this serial a synopsis of the two preceding chapters will be given. Usual admission.

**Young Lieutenant Dies.**

Peterboro, Feb. 19.—Lieut. Herbert Boyd passed away at Niehol's Hospital after an operation for appendicitis, and indirectly from shock received while at the front. The late Lieut. Herbert Cust Boyd was a son of W. T. C. Boyd, Beckingham, who was a graduate of the Royal Military College, and in the fall of 1916 was granted a commission in the Mechanical Transport Service of the British army. Shortly before the recent severe fighting around Passchendaele he was transferred to the King's Own Yorkshire Light Infantry Regiment. He was, slightly gassed and shell shocked at Passchendaele. Lieut. Boyd was the last surviving son of W. T. C. Boyd, at present residing in Peterboro. The eldest son, Thornton, who was at the front with the Princess Patricia's, was killed in the earlier stages of the war, and the second son was accidentally drowned in Pigeon Lake last October. Three sisters survive.

**Had Battle With Lunatic.**

Windsor, Feb. 19.—Police Inspector "Mort" Wigle, one of the most powerful men on the Windsor police force, was given the battle of his life yesterday when he was called upon to subdue Frank E. Davey, a contractor, who had become violently insane. Davey was taken into custody Saturday, and this morning was given liberty of the cell corridor for exercise. Once out of his cell the madman threatened to kill the first man who crossed his path. Inspector Wigle accepted the challenge, but it took him an hour's hard work to get Davey into a straight jacket and back to his cell. He will be taken to London.

A close friend is one who refuses to loan you anything.

**DAILY MEMORANDUM**

Fair banquet, Frontenac Hotel, 8. Opening of G.W.V.A. club quarters, 8. Reform Association annual meeting, 8. See top of page 3, right hand corner, for probabilities. Matinee, Grand, 2:30 Wednesday. "Katzenjammer Kids."

**MARRIED.**

ZAPP-STONESS—In New York, on Sunday, January 27th, 1918. Madge Edna, daughter of the late James M. Stoness, of Perth Road, Ont., to Walter Zapp, Kapr. First Lieutenant, United States Army, of Schenectady, N.Y.

**DIED.**

O'REILLY—In Kingston, February 19th, 1918, Christina Johnston O'Reilly, aged 73 years. Funeral from her late residence, 37 Clergy St. W., Thursday afternoon at 2 o'clock.

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**Familiar Quotations**

It is indeed a desirable thing to be well descended, but the glory belongs to our ancestors.—LUTARCH.

**THE CURLING RESULTS**

THE CURLERS PLAYING OFF BALANCE OF SEASON'S GAMES.

Singles, Doubles and Two Club Games Were Played on Monday Evening at the Local Rink. The results of the curling games played on Monday were as follows:

Singles:

A. B. Cunningham 12 H. W. Watts 13  
 J. J. Baker 13 W. Jackson 7  
 H. D. Bibby 13 Dr. Wright 10  
 A. A. Turcotte 11 W. McCartney 13

Doubles:

S. Calvin J. Newell  
 W. M. Baillie 8 H. W. Newman 11  
 (Club games)

J. Rigney A. McMahon  
 R. Creighton J. MacDonald  
 G. Smythe H. Angrove  
 C. F. Smith Dr. Waugh  
 (skip) 11 (skip) 16

**Soldiers to Travel.**

On Wednesday the Kingston Batteries will journey to Oshawa to try and overcome a three-goal lead and wrest the Intermediate O.H.A. honors from the Oshawa team. The fans are enthusiastic in their belief that the local soldiers can overcome this lead even on strange ice, and are backing their belief in a substantial way. The management of the team strongly believe that they can defeat Oshawa. A number of Kingstonians will probably accompany the team for the game.

**Military News**

Something in the nature of a concession has been made to those who win the Distinguished Conduct and Military Medal. It is announced that in future both officers and men of the Canadian overseas forces who have been awarded these medals, will be entitled to add the distinctive letters D.C.M. or M.M. after names in all documents, reports and correspondence. This permission applied to officers who have been awarded the medals before being commissioned.

Major James Dunlop Gemmill, of the 70th Field Company, Royal Engineers, eldest son of the late J. S. Gemmill, barrister, of Ottawa, and a graduate of the Royal Military College, Kingston, has been awarded the Military Cross for gallant conduct at Cambrai.

Several officers returned from overseas were at headquarters on Monday and Tuesday. Among them were Capt. W. W. Boyd, C.F.A., and R.F.C., Camp Mohawk; Lieut. S. D. Wagar, 15th Battalion, Enterprise; Lieut. P. W. Geen, R.F.A. and R.F.C., Brockville; Capt. M. Dunsford, 18th Battalion, Peterboro.

Lieut.-Col. G. H. Gillespie left on Monday for Napanee, Arden, Tamworth and Sydneyham on duty.

Captain L. D. Stevenson has been appointed adjutant of Queen's Military hospital. He has been acting in that capacity for some time.

Lieut. R. D. Webster has been appointed as an officer in the 73rd Battery.

Lieut. John Rainboth, late 230th Battalion, has been struck off the strength of the C.E.F.

Capt. F. C. S. Wilson, C.A.M.C., has been appointed to the C.E.F. Reserve of Officers.

Among the officers granted leave to visit Canada are: Lieut. A. E. Caron, 69th; Capt. J. H. Ferguson, 8th C.M.R.; Capt. Malcolm J. Gibson, C.A.M.C.; Lieut. J. J. Hale, C.A.S.C.; Lieut. W. M. Harding, 16th; Capt. J. D. Hogan, C.A.V.C.; Lieut. C. W. Hull, C.F.A.; Lieut. A. H. Ketcheson, 39th; Lieut. J. L. Macdonald, 154th; Lieut. A. C. Moses, 1st Battery; Lieut. G. C. Matthews, C.A.S.C.

O.C.'s of units are forbidden by a recent order to grant passes allowing men to proceed to Cape Vincent, N.Y.

**A Good Company.**

"Peg o' My Heart" was at the Grand on Monday for two performances, and drew good houses. The company is a most capable one, and Ann Pittwood made a splendid "Peg."

9-12  
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