

A LIFETIME OF SUFFERING

Prevented by "Fruit-a-lives" The Wonderful Fruit Medicine

55 MAISONNEUX ST., HULL, QUE. "In my opinion, no other medicine is so good as "Fruit-a-lives" for Indigestion and Constipation. For years, I suffered with these dreaded diseases, trying all kinds of treatments until I was told I was incurable. One day a friend told me to try "Fruit-a-lives". To my surprise, I found this medicine gave immediate relief, and in a short time I was all right again!" DONAT LALONDE

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or from Fruit-a-lives Limited, Ottawa.

Any system of personal cleanliness is incomplete, that does not include a Sanitary Hair Dressing - this can only mean NEWBRO'S HERPICIDE

Applications at the better barber shops Guaranteed by The Herpicide Co. Sold Everywhere

LIKE BOLT FROM HEAVEN'S BLUE

A happy discovery of Cincinnati chemist interests women here

Your high heels have put corns on your toes and calluses on your feet, but why care now? A genius in Cincinnati discovered a magic ether compound and named it frezone. A quarter ounce of this frezone can now be had at any drug store for a few cents. Apply a few drops on your tender, aching corn or callus. Instantly the soreness disappears and shortly you will find the corn or callus so shriveled and loose that you lift it off with your fingers. Just think! You get rid of a hard corn, soft corn or a corn between the toes, as well as hardened calluses for a few cents and without suffering one particle, without the slightest irritation of the surrounding skin. Just a touch of this marvelous frezone on a sore, troublesome corn gives instant relief.



Treasures of Hair and Skin Preserved by Cuticura

If you use Cuticura Soap for every-day toilet purposes, with touches of Cuticura Ointment now and then as needed to soothe and heal the first pimples, redness, roughness or scalp irritation, you will have an ever-complexion and as good hair as it is possible to have.

Sample Each Free by Mail Address post-paid: Cuticura, Dept. N, Boston, U.S.A. Sold throughout the world.

Easy to Make This Pine Cough Remedy

Thousands of families owe to its prompt results, inexpensive, and safe nature.

You know that pine is used in nearly all prescriptions and remedies for coughs. The reason is that pine contains several peculiar elements that have a remarkable effect in soothing and healing the membranes of the throat and chest. Pine is famous for this purpose. Pine cough syrups are combinations of pine and syrup. The "syrup" part is usually plain granulated sugar syrup. Nothing better, but why buy it? You can easily make it yourself in five minutes.

To make the best pine cough remedy that money can buy, put 2 1/2 ounces of Pine (50 cents worth) in a 16-oz. bottle, and fill up with home-made sugar syrup. This gives you 16 ounces—more than you can buy ready-made for \$2.50. It is pure, good, and very pleasant—children take it eagerly.

You can feel this take hold of a cough or cold in a way that means business. The cough may be dry, hoarse and tight, or may be persistently loose from the formation of phlegm. The cause is the same—inflamed membranes—and this Pine and syrup combination will stop it—usually in 24 hours or less. Splendid, too, for bronchial asthma, hoarseness, or any ordinary throat ailment.

Be wary of substitutes. Ask your druggist for "2 1/2 ounces of Pine" with directions and don't accept anything else. Guaranteed to give absolute satisfaction or money promptly refunded. The Pine Co., Toronto, Ont.

The "Wahlmina"

242 Mountain St., Montreal. Warm, comfortable rooms, reasonable rates. Home or restaurant. Tel. 476-2346.

Told In Twilight

(Continued from Page 3.)

The new principal of Queen's University and Mrs. Bruce Taylor arrived in Toronto on Monday and are the guests of Mr. and Mrs. H. M. Mowat in Wellesley street. On Tuesday Mrs. John A. Cooper, Past President, and Mrs. Frank Veigh, President of the Queen's Alumnae Association in Toronto, gave an informal luncheon for Mrs. Taylor at the Setby, and in the evening the Queen's graduates in town gave a reception for the Principal and his wife in the Faculty of Education Building. On Tuesday James George, son of a former professor at Queen's, gave a luncheon in Dr. Taylor's honor.

Mr. and Mrs. Frank Dobbs, who have been spending some months with their son, E. H. C. Dobbs, and Mrs. Dobbs at the Athelma, Grosvenor street, Toronto, will return to their old home in Kingston about the end of this month.

After the marriage of Capt. J. O'Reilly, son of Judge O'Reilly, Cornwall, in London, England, Mrs. Arthur Meredith, the bride's mother, held a reception at Oshafonte Court, Clarence Gate, when the health of the bride was proposed by Sir William Osler, a relative of the family. Among those present were Sir William and Lady Osler, Lady Perley, Lady Drummond, Brig-Gen. Panet, D.S.O., and Mrs. Panet, Lt.-Col. and Mrs. George Cassels, Mrs. J. K. Kerr, Mrs. A. Meredith, D.S.O., Mr. and Mrs. Charles Canine, Col. and Mrs. Lamb, Mr. and Mrs. F. L. Osler, Mrs. Gavin Ogilvie, Mrs. Charles Lindsay, Capt. and Mrs. Wm. Harty and Mrs. Fraser.

Among those present at the Skating Club on Saturday evening were Captain and Mrs. Horace Lawson, Captain and Mrs. Morton Hall, Mr. and Mrs. Harold Howe, Mr. and Mrs. Jack Inglis, Mr. and Mrs. Hubert Ryan, Mr. and Mrs. Gordon Smith, Miss Mildred Jones, Miss Lillian Kent, Miss Eva Richardson, Miss Mamie and Miss Ruth Anglin, Miss Mary Prime, Miss Helen Uglow, Miss Marjorie Uglow, Miss Isobel Fraser, Miss Nora Martin, Miss Ethel Rod (Orilla), Miss Lucy Waddell, Miss Margaret Hemming, Miss Ethel Kent, Miss Ethel Wier, Miss Edith Morrison, Miss Helena Wier, Miss Phyllis Knight and Mrs. Jean Duff.

Colonel and Mrs. G. Hunter Ogilvie, Earl street, entertained at the tea hour on Tuesday afternoon in honor of Commander and Mrs. Nixon and Miss Phyllis Neilson-Terry.

Major Bishop, V.C., D.S.O., and Mrs. Bishop have arrived safely in England.

Miss Marie McMinn, Ottawa, was a week-end visitor with Mrs. D. G. McPhail, William street.

Miss Kathleen Saunders, Kingston, spent the week-end in Hamilton with Mrs. R. J. Renison, at the rectory, Charlton avenue.

Commander and Mrs. Nixon are the guests of Col. and Mrs. C. N. Perreault at the Royal Military College.

Cadet Gordon, Conant Myers, Barrie, returned to the Royal Naval College, is spending a few days with his aunt, Mrs. Walton Hall, Toronto.

Herbert Sheridan, Brockville, spent the week-end in Kingston and Toronto.

Lady Mann, Toronto, who is spending the winter in Montreal has taken a house on Westmount boulevard.

Mrs. James Kirk, after a week's pleasant visit with her mother and sisters returned to her home in Brooklyn, N.Y. today.

Miss Beth Small is again visiting her aunt, Mrs. A. D. Cartwright, in Ottawa.

Brigadier-General and Mrs. G. Stoford Mauseell are in Ottawa from Kingston for a few days, staying at the Chateau Laurier.

Alfred Ernest Day and Dr. Henry Egerton Day announce the engagement of their sister, Mabel Elizabeth to Matthew Robert Davis, Dominion Government Steamship Inspector. The marriage will take place shortly.

Capturing Wild Monkeys

Monkeys are frequently captured in nooses and in traps built in the shape of houses. The only entrance is a trap-door in the roof, which communicates with a trigger set upon the ground. Food is spread about inside, the monkeys enter, and skimming around, disturb the trigger, and the trap shuts them in. Another method for catching them is a most ludicrous one. An old hard coconut is taken and a small hole made in the shell. Furnished with this and a pocketful of boiled rice, the sportsman sallies into the forest and stops beneath a tree tenanted by monkeys. Within full sight of these inquisitive spectators, he first eats a little rice and then puts a quantity into the coconut, with all the ostentation possible. The nut is then laid upon the ground, and the hunter retires to a convenient ambush.

No sooner is the man out of sight than the monkeys race helter-skelter for the coconut. The first arrivals peep into it, and, seeing the plentiful store of rich rice inside, squeeze his hand in through the small hole and clutch a handful. So parsimonious is greed over every other feeling connected with monkey nature that nothing will induce the creature to relinquish his hold. With his hand thus clasped he cannot possibly extract it, but the thought that if he leaves go one of his brethren will obtain the feast is overpowering. The sportsman soon appears upon the scene. The unnumbered monkeys fly in all directions, but the unfortunate brute who still will not let the rice go is thereby handicapped beyond hope by the possession of a coconut—a state of affairs quite fatal to rapid locomotion. The sequel is that he falls an easy capture to the hunter, a victim to his own greed.

Heart Beat So Fast COULD NOT SLEEP. Had To Sit Up In Bed.

Heart trouble has of late years become very prevalent. Sometimes a pain catches you in the region of the heart, now and then your heart skips beats, palpitates, throbs, or beats with such rapidity and violence you think it will burst. You have weak, dizzy spells, are nervous, irritable and depressed, and if you attempt to walk upstairs or any distance you get all out of breath.

There is no other remedy will do you so much good as Miltburn's Heart and Nerve Pills. Build up your strength and give you back vigor and vitality as Miltburn's Heart and Nerve Pills.

Mrs. A. Russell, Niagara Falls, Ont., writes: "At nights I could not sleep, and had to sit up in bed, my heart would beat so fast. "When I went to walk very far I would get all out of breath, and would have to sit down and rest before I could go any further. I was advised to get Miltburn's Heart and Nerve Pills and before I had used two boxes I could sleep and walk as far as I liked without any trouble."

Miltburn's Heart and Nerve Pills are 50c per box at all dealers, or mailed direct price by The T. Miltburn Co., Limited, Toronto, Ont.

A CANDID GERMAN.

Writes Book About the Blunders of His Country.

One of the most extraordinary books of the war, "Two War Years in Constantinople," by Dr. Harry Sturmer, has recently been published in Berne. The author returned to Germany at the war's outbreak from the German colonies, volunteered and served as an officer in part of the Masurian Lake campaign. The New York Evening Post recently printed the following account of him: "In the beginning of 1915 he became uncharged, and took up his old profession of correspondent. His newspaper, Die Kolnische Zeitung, one of the most influential in Germany, sent him to Turkey, where he reported the Dardanelles campaign.

"Part of his stay in Turkey coincided with the Armenian massacres and deportations, of which he saw a great deal and saw and met many German, Turkish, and other reliable sources. He became firmly convinced that the German Government had played a cowardly and dastardly part in compounding this, as he calls it, the most terrible crime in history. While serving in the army, he had already heard from returning officers sufficient to convince him of German treachery in Belgium. Now he found his countrymen playing an even more fearful part. He wrote a series of articles for his newspaper which slipped through the censorship, but caused him to be dismissed. Later he was recalled to the colors, although suffering from a severe case of heart failure. His physician told him that service at the front would be fatal to him. In some way he seems to have escaped to Switzerland, where he has written the present book, as he says, without being prompted thereto by any outside influences, and for the sole purpose of showing that there is at least one German able and willing to speak the truth.

The Slang of the Polit.

The polit calls his bayonet by various pet names: "Rosalie" (respectfully for the new-style bayonet), which makes a wound like a cross), "a knitting-needle," "a roasting-spit," "a Josephine," "a fork," and "the old-style bayonet" a "sabage-cutter," "a cork-screw." A motor-cyle is a "teak-leaf." His machine gun is a "coffee-mill" or an "un-sewing machine." Small bombshells are called "sparrows," and bullets are "grenades" or "shot-stones." The golly's knapsack is his "crystal closet." The famous .75 field piece is called "the little Frenchman" or "Charlotte." "Un cou-cou" is a small bombshell; and a large bombshell is called "uncouils a domicile," literally a C.O.D.

THE DREAD OF AN OPERATION

Keeps Many Pile Sufferers From This Risky and Expensive Method of Treatment - You Can Be Cured Without an Operation.

St. Jean, Que., Feb. 13.—Possibly you are a sufferer from piles, and have been distressed about this, and discouraged because your physician has told you that nothing short of an operation will cure you.

You dread the thought of a surgical operation, for, besides the expense and strain on the nervous system, there is the risk of life itself. Dr. Chase's Ointment has frequently cured piles after surgical operations have failed. It is every day curing cases which physicians have stated to be incurable by any treatment short of an operation.

If you could read a few of the letters we receive from persons who have been cured of piles by using Dr. Chase's Ointment, you would soon be convinced of its wonderful control over this frightfully common disease.

Mr. Charies Beauvois, a well-known citizen of St. Jean, Que., writes: "For fourteen years I suffered from chronic piles and considered my case very serious. I was treated by a celebrated doctor, who could not help me and ordered a surgical operation as the only means of relief. However, I decided to try Dr. Chase's Ointment, and obtained great relief from the first box. By the use of three boxes I was entirely cured. This is why it gives me great pleasure to recommend Dr. Chase's Ointment to all who suffer from piles as a treatment of the greatest value."

Dr. Chase's Ointment, 60 cents a box, at all dealers, or Edmondson, Bates & Co., Limited, Toronto. Do not be talked into accepting a substitute. Imitations only disappoint.

LOSSES ON GREAT LAKES.

Only Fourteen Vessels Were Destroyed Last Season.

The loss of life on the Great Lakes during the last season was much smaller than it was in 1916, and the property loss was very small when it is considered that all the ships of all classes were in commission from the start to finish and that conditions were very bad during the first month of six weeks and during the latter part of the season. The Lake Superior traders had to work through ice up to the middle of June and about a dozen steamers were stuck off Duluth harbor on the 15th of that month. Ice crushers had to force a channel between Lake Huron and Lake Superior in May, and while a number of boats were forced ashore and damaged, not a ship was lost.

Steamers that were out after the first week of December had to be taken through the ice fields by car-ferris and tugs. The ice crushers succeeded in keeping the Soo river open, but the channel between Lake St. Clair and Lake Erie was blocked a large part of the time from December 10 to Dec. 22, when the last boats of the down-bound fleet reached open water in Lake Erie. The steamer Henry Cort, which was sent out from Buffalo to assist the boats through the ice, was sunk in collision near Bar point.

Twenty-five lives were lost on the fourteen vessels that passed out of existence during the past season, compared with seventy in 1916, when thirteen ships were total losses. Seven members of the crew of the little sand steamer Demond were drowned when she foundered on Lake Michigan, and the other men were lost on old barges, the steamer George A. Graham, which stranded in Georgian Bay, and the steamer Goudreau, which was driven ashore in a sixty-mile-an-hour gale on Lake Huron, were the only steel boats that were total losses. The Goudreau, which had a cargo of pyrites, was the biggest loss of the season. She was insured for \$195,000. The Goudreau was formerly the Pontiac. The Graham, which was abandoned by the owners, will cost the underwriters about \$125,000.

The passenger steamer Germanic and the steamers Case and J. J. Boyce were destroyed by fire, and the steamer John Plankinton, which was sunk in the Detroit river, was the only boat lost in a collision, and two of the boats foundered, and seven stranded. The steamers Pentecost, Mitchell, Saxona, and Natronco were sunk in collisions, but they were all raised.

The fourteen ships that were total losses had a carrying capacity of 26,750 tons a trip, or 535,000 tons for a season, figuring twenty trips for each boat. The ships were valued at about \$914,000.

The boats that were lost in 1917, their capacity, where lost and valuations, follow:

- Germanic, Collingwood, Ore, \$75,000.
- Case, Lake Erie, Ore, capacity 2,500, \$30,000.
- J. Plankinton, Detroit, collision, capacity 3,000, \$60,000.
- I. J. Boyce, Lake Erie, Ore, capacity 600, \$20,000.
- G. Graham, Georgian Bay, stranded, \$125,000.
- Goudreau, Lake Huron, stranded, capacity 3,500, \$195,000.
- Demond, Lake Michigan, foundered, seven lost.
- Geo. Marsh, Lake Ontario, foundered, 12 lost, capacity 350, \$4,000.
- Mitchell, Lake Erie, foundered, capacity 2,900, \$30,000.
- W. Rend, Lake Huron, foundered, capacity 2,000, \$25,000.
- Hiawatha, Lake Ontario, foundered, capacity 700, \$5,000.
- Athens, Lake Huron, foundered, five lost, capacity 3,500, \$14,000.
- Abyssinia, Lake Erie, stranded, capacity 3,700, \$20,000.
- Aloha, Lake Ontario, foundered, one lost, capacity 1,000, \$5,000.

An Epitaph to a Shell.

In a letter from Pte. Wm. Price, R.A.M.C., Toronto, who is somewhere in France, he tells of a modern miracle of the war.

"Last Sunday week" he writes, "about 6 p.m., a shell (coal boxes we call them) eight inches wide and four feet long, passed through the roof and side wall of a barn in which the hospital was situated, and fell into the grounds of the hospital; but, thank God, it didn't explode.

"Strange to relate, the subject of the service was 'Miracles,' and this was one of the greatest, for had it come a little later there would have been a disaster, and the hospital and rest in the barn. The shell smashed heavy beams, hurling them just where I would have been resting. We buried the shell, and enclosed it with a fence. This is the verse we made up and placed on it—

"Here lies a shell of German invention. To do us great harm was the intention. And miraculously a barn it caused great alarm.

While the troops were staging the twentieth Psalm. But don't be afraid, the danger is o'er; Still, if it goes off, we'll say 'au revoir.' So now we'll conclude with love and affection. Sincerely trusting there'll be no resurrection."

Spruce Beer.

The fishermen of Newfoundland, Labrador, and the Gulf of St. Lawrence drink large quantities of spruce beer; it is considered an admirable corrective of their diet, which consists principally of fat pork and salt fish. The process of making it is simple. A few black spruce branches are chopped into small pieces and put into a 20-gallon cask containing six or eight gallons of water and boiled for several hours. The liquor is then strained and put into a cask that will contain eighteen gallons. Molasses is added in the proportion of one gallon to eighteen gallons; a pint of the grounds of the last brewing and a few hops, if at hand, are also put in, and the cask, filled up with cold water, is left to ferment. In twenty-four hours it becomes fit for use.

The man who tries to live beyond his means usually winds up by having to live with his friends. One of the differences between men and women is that men have to die to become angels.



Give At Least 10 Days Moving Notice---

THERE is a great scarcity of skilled telephone men through army enlistments.

If you have a telephone and intend moving, we should be notified immediately so that arrangements can be made to move your telephone promptly.

War-time demands have also caused a shortage of all telephone materials. Subscribers are asked to co-operate with us in conserving telephone supplies by ordering only absolutely necessary changes or new installations.

The Bell Telephone Co. of Canada

"Good service... our true intent."



TO ALL WOMEN WHO ARE ILL

This Woman Recommends Lydia E. Pinkham's Vegetable Compound—Her Personal Experience.

McLean, Neb.—"I want to recommend Lydia E. Pinkham's Vegetable Compound to all women who suffer from any functional disturbance, as it has done me more good than all the doctor's medicine. Since taking it I have a fine healthy baby girl and have gained in health and strength. My husband and I both praise your medicine to all suffering women."

—Mrs. JOHN KOPPELMANN, No. 1, McLean, Nebraska. This famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, has been restoring women of America to health for more than forty years and it will well pay any woman who suffers from displacements, inflammation, ulceration, irregularities, backache, headache, nervousness or "the blues" to give this successful remedy a trial.

For special suggestions in regard to your ailment write Lydia E. Pinkham, Medicine Co., Lynn, Mass. The result of its long experience is at your service.

Women Relieved At Home

Women's disorders always yield from the very beginning of the treatment to the mild, but effective, action of Orange Lily. Within two or three days after commencing its use the improvement becomes noticeable, and this improvement continues until the patient is completely restored. Orange Lily is an applied or local treatment, and acts directly on the woman's organs, removing the congestion, toning and strengthening the nerves, and restoring perfect circulation in the diseased parts. In order to convince all suffering women of the value of this remedy, I will send a 4-cent box, enough for ten days' treatment, absolutely FREE to each lady sending me 3¢ postage. Enclose 3¢ stamp and address: MRS. LYDIA E. PINKHAM, W. LADD, Windsor, Ont. Sold by leading druggists everywhere.

GRAND TRUNK RAILWAY SYSTEM LOCAL BRANCH TIME TABLE IN EFFECT JAN. 6TH, 1918.

Trains will leave and arrive at City Depot, Foot of Johnson Street. Going West.

No. 19 Mail	12:30 a.m.	Lvs. City	12:57 a.m.	Ar. City
No. 13 Express	2:55 a.m.	Lvs. City	3:22 a.m.	Ar. City
No. 37 Local	3:45 a.m.	Lvs. City	4:12 a.m.	Ar. City
No. 11 Int'l. Ltd.	1:41 p.m.	Lvs. City	2:12 p.m.	Ar. City
No. 7 Mail	3:00 p.m.	Lvs. City	3:40 p.m.	Ar. City

CUNARD LINE

Passenger Service Between Halifax and Bristol

Money remittances made by mail or cable. Apply to Local Agents or The Robert Bedford Co., Limited, General Agents, 50 King St. East, Toronto, Ont.

When you see a storm brewing don't expect the downfall to take the form of beer.

Advertisement for CHOCOLATTA, "The Ready-to-use Chocolate" containing the chocolate, milk and sugar. Prepared instantly by adding boiling water only. No cooking or milk required. For sale by D. Couper, Phone 76, 241-2 Princess St.

Advertisement for Oleomargarine Yet? If not, we carry the best grade, along with a full stock of choice groceries, at Thompson's Grocery, 204 Princess St., Phone 887.

Advertisement for Cook's Cotton Root Compound, a safe, reliable regulating medicine. Sold in three sizes: 50c, \$1.00, and \$2.00 per bottle. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address THE COOK MEDICINE CO., TORONTO, ONT., Canada, West.

Advertisement for Government FISH FRESH EVERY DAY OLEOMARGARINE DAIRY and CREAMERY BUTTER. Buy Here and Save Money. C. H. Pickering, 490 & 492 Princess Street.

Advertisement for McCormick's Jersey Cream Sodas. Always Crisp and Delicious. Sold in Different Sized Packages. Made Under Our Own, More Exact, Pure Food Laws. The purity and goodness of McCormick's Jersey Cream Sodas is assured by the careful selection of the very best materials; by the skill of our experts who bake them; by the perfect cleanliness and appliances of our great, snow-white, sunshine factory; and finally, by the perfect protection of an air-tight, sealed package that excludes all dust and moisture. Ask your grocer. McCormick's JERSEY CREAM Sodas SOLD FRESH EVERYWHERE.