

WHEN THE RECIPE CALLS FOR MILK USE

KLIM

READ IT BACKWARD

For instance here is a pudding you can make even though there is not a drop of liquid milk in the house:

GRAHAM PUDDING

- 1-2 Cups Graham flour.
 - 1-2 Teaspoonfuls of dry Klim.
 - 1 Teaspoonful of salt.
 - 2 Teaspoonfuls of soda.
 - Eggs.
 - 2 Cup of Water.
 - Cup of raisins, seeded and cut in pieces.
 - 1-2 Cup of molasses.
 - 1 Teaspoonful of vanilla.
- Thoroughly mix the dry ingredients, add the beaten eggs, molasses, water and flavoring; beat all thoroughly, add the raisins, blend well, turn into buttered molds. Cover and steam 2 1/2 hours.

Use Klim in place of liquid milk for milk soups, cream sauces, puddings, gravies, cakes, bread, cookies, candy and all other recipes which call for liquid milk. Mix Klim dry with other dry ingredients, or dissolve in water and use as liquid. Klim is all the food value—and nothing else—of pure separated pasteurized milk in powder form. It will not sour, spoil or freeze. Use from the tin as you need it.

See demonstration at
Henderson's Grocery
Kingston



MARY GARDEN
FACE POWDER, TALCUM, ROUGE
AND PERFUME, AT
SARGENT'S DRUG STORE
Corner Princess and Montreal Sts.
Telephone 41.

Government Standard Flour
Kingston Milling Co. Limited
Is Eminently Satisfactory To All Users.
HUNGARIAN—For Bread.
WHITE ROSE—For Bread and Cake.
CROWN—Winter Wheat Pastry.
For Sale by All Dealers.

OUR BEST
Advertisement comes from our hundreds of satisfied patrons. "ASK ONE" and "YOU" will come to us for your EYE GLASSES.
We examine your eyes and make your glasses.
J. J. Stewart, Opt. D.
Opposite Post Office. Clarence and Wellington Sts. Kingston.
"Maker of the Better Glasses."

Oranges
40c, 50c, 60c a Dozen
Crawford's Grocery,
"Good Things to Eat" Phone 26

BE PREPARED
For Stormy Weather.
Beware of a Cold.
Wear Rubbers
The good kind
Old fashioned quality
Rightly priced.
Allan M. Reid,
111 Princess Street. Kingston.

AGAIN DEFEAT CORNWALL A MEANS IS OFFERED

KINGSTON JUNIORS WON MONDAY NIGHT BY 9 TO 3.

And Captured the Round By a Majority of Nine Goals—A Fistic Encounter Was a Feature.
Kingston Juniors defeated the Cornwall Union Jacks here last night by 9 to 3, and thereby won the round by nine goals, having defeated the Cornwallis by three goals in the first game of the home and home series. In last night's game the locals showed their superiority all the way through. After they had the game safe they gave the spectators a demonstration of nice combination plays and in effect they won.

Cornwall scored first, but it was not long till Elmer came back and made one from a scrimmage in front of the visitors nets. Gratton got the next from a short rush, and Cornwall came back successfully and made the first period a tie with the score two all.
McLaughlin and Gratton combined for some nice work in the second period, the former shooting and Gratton waiting in the centre position for the rebound. From a face off far out Elmer bored through and beat the Cornwall net-guardian, making the tally four to two. Cornwall began to fade at this point. The local defence weight told on the visitors. They resorted to long-distance shooting. The forwards were lucky in getting their last score against Connell. The game became faster and then Brown registered twice. This happened when two Cornwall men were on the fence tripping. After a face-off Brown and McLaughlin collided near the Cornwall nets and both deceived nasty cuts and had to go in, Spewell being put to use. The period ended without more scoring. Just before the third period opened the spectators were treated to a little amusement on the side. The rival goalkeepers were standing together near the Cornwall nets when suddenly a bit of a fistic encounter was tazed which involved almost the entire two teams. The incident last but a moment and no one was hurt. One of the Cornwall men was penalized.

Content, the speedy visiting wing man went up the ice a few minutes after the third period opened and got one past Connell. The crowd gave him some deserved applause. It was the only case of the whole game in which McLaughlin and McKelvey were beaten. With Brown and Gratton of Elmer had to work hard to keep the puck up, and he was warmly cheered for his splendid playing. Connell was kept busy for a few minutes but he did his work well and blocked all of the visitors long shots. Cornwall was getting tired and slackened up very much. Then the locals started end to end rushes in which two and three men combined. This spectacular work was spoiled by the lucky Gollinger in the nets. McKelvey and Gratton combined for two nice rushes and McKelvey did the net finding. Just a few minutes before the game ended McKelvey came down almost the length of the rink and notched up a nice one, making the final score nine to three.

Lawson Whitehead, Toronto, refereed the game.
The teams lined up as follows:
Kingston Juniors: goal, Connell; defence, McKelvey and McLaughlin; centre, Gratton; wings, Elmer and Brown; spare, Spewell.
Cornwall: goal, Gollinger; defence, Lane and Atchison; centre, Tilton; wings, Content and Sloan; spare, Perry.
Canadian Casualties.
Wounded—J. W. Carey, Sharbot Lake; J. R. McFadden, Carleton Place.
Wounded and Gassed—J. P. McGrath, Peterboro.
Ill—F. O. Reid, Frontenac, W. P. Doyle, Cobourg.
Reported died through German sources—E. N. Badour, Sharbot Lake.

The Food System The Source of Life
Any Derangements of Liver or Kidneys That Interfere with Digestion and Assimilation of Food Rob and Deplete the Body.
St. Catharines, Ont., Feb. 12.—It matters not how good your appetite, how you relish your food, or how much you eat, so long as there is anything to interfere with proper digestion and assimilation of the food by the body, strength and vigor will gradually decline and weakness and debility take their place.
The most frequent cause of disordered digestion is sluggish action of the liver, kidneys and bowels. The whole alimentary canal, through which the food passes on its way through the body, becomes choked and clogged, and the system is poisoned and diseased.
Dr. Chase's Kidney-Liver Pills have been wonderfully successful in exactly this class of disease, principally because they act directly on the kidneys, liver and bowels, regulating and invigorating their action, and restoring them to health.
Mrs. E. Husband, Moore St., St. Catharines, Ont., writes: "I was seriously afflicted with indigestion and stomach trouble for sixteen years. Finally I became so bad that I could scarcely eat anything without suffering terrible distress. Gradually I grew weaker and more emaciated, and though treated by three doctors, and a specialist, I received no benefit. After a time a pain began in my right side, which medical men said was liver trouble. I never got relief until I began the use of Dr. Chase's Kidney-Liver Pills, and they helped me at once. By using without a dozen boxes I was entirely cured. I owe my cure entirely to this treatment, and I make this statement with the hope that some poor sufferer may benefit by my experience."
Dr. Chase's Kidney-Liver Pills, one pill a dose, 25c a box, 5 for \$1.00, at all dealers, or Edmondson, Bates & Co., Limited, Toronto. Do not be talked into accepting a substitute. Imitations only disappoint.

CITIZENS AND FARMERS WORKED FOR GREATER PRODUCTION.

Took Up Hog Question in a Successful and Business-like Way—Details Are Given.
Raise hogs and still more hogs is the cry of the Government now. To answer that cry is the intention of every citizen, but the method is where the halt has been brought to the question to increase the production of hogs in the city the farmers must take up the work. They already know the financial gain of greater production in bacon and cannot do more very conveniently.
Through the kindness of A. W. Street, District Agricultural Representative, the Whig has been given a copy of an agreement which gives much light on the method which proved very successful in Wentworth county and which promises well for this district. The campaign went under the title of "Greater Hog Production." It brought forty men to subscribe \$10, each thus raising the capital of \$400. The regulations were:

The entire amount was to be spent in purchasing brood sows.
The sows were to be bred, and as soon as the litter could be removed from their mother, one little piglet enough were available—to be given to one boy in each rural school in the county.
The boy to be given charge of the pig signed an agreement to take proper care of same, to dispose of it in the fall, and to return enough money to make up his proportion of Four Hundred Dollars (\$400), collected as above.
It was estimated that \$400 would purchase at least nine brood sows. Nine members of Agricultural Section of the Board of Trade would keep these sows until the litter arrives. There should be at least 54 little pigs. Each one should be worth \$35 when eight months old, showing a total income of \$1,890. The estimated cost of keeping each pig until eight months old is \$12 or \$648 in all, together with \$400 loaned by the members, leaves a balance of \$842, to be divided among the fifty-four boys in their work or giving each boy a little over \$15 for his trouble.
The sow can be sold for more than enough to pay the farmer for keeping her until the little pigs are born. The costs of feeding brood sows for six months is \$25. The sow should then be worth amount paid for as above \$400, leaving a credit balance of \$175. This amount would further increase the profit to each boy.
All the citizen loses is the interest on \$10 for one year. The result should more than be worth this amount.

IN SEVERAL HOSPITALS.

Pte. G. A. Fitzgerald Tells About Some of His Experiences.
Writing from Seaford, Sussex, Eng., Pte. G. A. Fitzgerald tells of some of his experiences to his sister, Mrs. Stanley Husband, of Harrowsmith. The letter was written on December 4th. He says he went to France on Jan. 12th, remained in camp three days and then went on the line. He travelled ten days by train (box cars) and after a stop-over of a week, in a small French town, reached the line. Here he remained till March 17th afterwards making an advance through Bapuisian and was there until June 19th, afterwards going to Newport, Belgium, staying there until July 19th. On the latter date, Pte. Fitzgerald was wounded, and was taken to a hospital in France, where he remained for two weeks. He was then sent to England and was confined to Edmonton hospital for three weeks, and from this institution he was sent to the Canadian Convalescent Hospital, Uxbridge, and from there to the Canadian Military Hospital, Basingstoke. On Nov. 14th, he was discharged from the hospital, given ten days leave and then had to come back to the depot. The writer spent his leave in Ireland and had a good time there.

The Two Steamships.
Both the Canada Steamships Line's issues are interesting just now. The preferred has much of its speculative nature since dividend arrears were wiped out. Nevertheless, with the financial position in good shape and preferred yielding nine per cent. on the present price basis, it appears an attractive looking proposition on the stock exchange. The common has, or will, have the full benefit of speculative interest. Mr. Necessos stated that the directors would shortly consider the feasibility of paying a dividend on ordinary shares. In this way he did not keep the shareholders in suspicious suspense, but allowed them every advantage in common with the insiders. This open policy is too seldom practised in the affairs of companies.

Women's Canadian Club.
Madam Bielar of Montreal, will address the Women's Canadian Club in Convocation Hall on Friday, February 15, at 8 p.m. Madam Bielar is the wife of Professor Charles Bielar, Episcopalian College, Montreal, and daughter of Dr. Merle d'Aubigny, the well known historian of the reformation. Subject, the "Soul of France." Proceeds to go to French war relief work. Non members 25c.

KINGSTON EVENTS 25 YEARS AGO
A large crowd of Kingston people attended the Firemen's ball at Cape Vincent.
Applications by the dozen are pouring in for the position of farmer at the penitentiary.
Potatoes sold to-day at \$1 per bag. At Cape Vincent they are selling at \$1.50.
The Barrie Board of Trade will send a large deputation to urge the Ontario Government to develop the peat beds of the province.



2 Specials
at \$3.95

Ladies' Brown Kid Laced Boots, regular \$6.00 for \$3.95.
A few odd sizes, etc., in men's laced boots, regular \$5, \$5.50 and \$6.00, for \$3.95.

Abernethy's Shoe Store

OUR BIG FURNITURE SALE



THIS DINING ROOM SET IN SOLID BLACK WALNUT OR FUMED OAK
In William and Mary Style in nine pieces, in dull or polished finish. Also odd pieces to fill out your sett at manufacturer's prices.

James Reid
The Busy Store with Large Stock.
Phone 147—The Leading Undertaker.

Buy Furs Now

At the recent large sales of Raw Furs, the prices have advanced materially on practically all furs, and this means that all furs for next season will be advanced in price.

Take advantage of our present low prices.

Campbell Bros
Kingston's Oldest Fur Store.

Eczema Wash

A touch of D.D.D. to any eczema sore or itching eruption and you'll be able to rest and sleep once more. Think—just a touch! Is it worth trying? Get a trial bottle today. Your money back if the first bottle does not relieve you. Mahood's Drug Store, Kingston.

D. D. D.
A RECORD REVENUE FOR THE PROVINCE

Hon. T. W. McGarry to Bring Down Ontario Budget on Tuesday.

Toronto, Feb. 12.—With the debate upon the speech from the Throne out of the way the Ontario Legislature will settle down this week to real business. To-day Hon. T. W. McGarry will move the House into supply and bring down Ontario's fourth war budget. The financial statement this year will prove a very satisfactory one of the people of the province. The Provincial Treasurer during the fiscal year ending October 31st last was able to pile up a very substantial surplus on ordinary account due to large revenue increases. The new licence taxation—which brought in cheques for over \$1,300,000—and increases from succession duties and the amusement tax, brought the year's revenue, it is stated, close to \$15,000,000, the largest total in the history of the province.

WHEAT WASTAGE ALLEGED.

Through Feeding of Hogs at Stock Yards.
Toronto, Feb. 12.—Uniform feeding of hogs at the Union Stock Yards is possible in the near future if a probe started by the Food Controller justifies it. Enough wheat, it is claimed, to feed 20,000 people is wasted in a year at the stock yards through the feeding of hogs, and the result is only an addition to the weight of the animal, but no greater food-value.

To Be Bank Inspector.
Brandon, Man., Feb. 12.—S. A. Duke, manager of the Royal Bank of Canada in this city, will leave shortly to take up the position of assistant inspector of the bank's branches in Ontario.

Cardinal Bourne, Archbishop of Westminster, has issued a pastoral letter in which he dwells upon the grave changes in social conditions as a result of the war.
A U.S. Government vessel reports by wireless that she is towing in a disabled steamer to a U.S. port.
The greatest possible production this year of maple syrup and maple sugar is urged.

Beef, Iron and Wine

No wrong can be done with a combination like this. It is designed for all indications of ill health, and is a reliable combination for everybody. Wampole's Beef, Iron and Wine is a fine tonic to take. A good appetizer and just what you need now.

Prouse's Drug Store.

The Easiest Way To End Dandruff

There is one sure way that never fails to remove dandruff completely and that is to dissolve it. This destroys it entirely. To do this, just get about four ounces of plain, ordinary liquid arvon; apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips.

By morning, most if not all, of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it, no matter how much dandruff you may have.
You will find, too, that all itching and digging of the scalp will stop instantly, and your hair will be fluffy, lustrous, glossy, silky and soft, and look and feel a hundred times better.

You can get liquid arvon at any drug store. It is inexpensive, and four ounces is all you will need. This simple remedy has never been known to fail.

CREAM FOR CATARRH OPENS UP NOSTRILS
Tells How To Get Quick Relief from Head-Colds. It's Splendid!

In one minute your clogged nostrils will open, the air passages of your head will clear and you can breathe freely. No more hawking, snuffling, blowing, headache, dryness. No struggling for breath at night; your cold or catarrh will be gone.
Get a small bottle of Ely's Catarrh Balm from your druggist now. A little of this fragrant, massage healing cream in your jammed or penetrates through eye and relief of the head, soothes swollen mucous mat' stay stuffed comes instantly, catarrh—It's just healthy.
Get commission dealers are slow to confer with the Liv' of Agriculture on feeding goats before setting.

KLIM
Use it regularly in place of fresh milk. IT IS PURE, GERMANLY separated milk in powder form. A pound makes four quarts. 35 cents. Reduce your milk bill.
H.C. Merriman
Successor to J. A. BOYD
611 Princess Street
Phone 847.

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Ladies' Suits, Dresses and Furs, Gentlemen's Suits and Overcoats.
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Just to keep our name before you, and to remind you that we sell



And recommend it as satisfactory, economical and profitable to use.
Henderson's Grocery
A square house to deal with.
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