

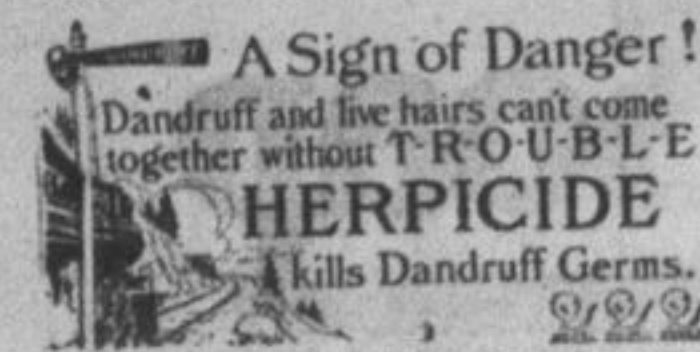
# ONLY MEDICINE MADE FROM FRUIT

## Extraordinary Success which "Fruit-a-tives" Has Achieved

One reason why "Fruit-a-tives" is so extraordinarily successful in giving relief to those suffering with Constipation, Torpid Liver, Indigestion, Chronic Headaches, Neuralgia, Kidney and Bladder Troubles, Rheumatism, Pain in the Back, Sciatica and other Skin Affections, is, because it is the only medicine in the world made from fruit juices.

It is composed of the medicinal principles found in apples, oranges, figs and prunes, together with the nerve tonics and antiseptics of proven repute.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.



**A Sign of Danger!**  
Dandruff and lice hairs can't be together without **TR-O-U-B-L-E**  
**HERPICIDE**  
Kills Dandruff Germs.

Applications at the better barber shops. Guaranteed by The Herpicide Co., Sold Everywhere.

## Make Your Own Cough Syrup and Save Money

Better than the ready-made kind. Easily prepared at home.

The finest cough syrup that money can buy—costing only about one-fifth as much as ready-made preparations—can easily be made up at home. The cough, throat and chest colds will really make you enthusiastic about it. Any druggist can supply you with 2½ ounces of Pinex (50 cents worth). Pour this into a 16-oz. bottle and fill the bottle with plain granulated sugar syrup. Shake thoroughly and it is ready for use. The total cost is about 35 cents and gives you 16 ounces—a family supply—of a most effective pleasant tasting remedy. It keeps perfectly. It's truly astonishing how quickly it acts, penetrating through every air passage of the throat and lungs—loosens and raises the phlegm, soothes and kills the inflamed or swollen throat membranes, and gradually but surely the annoying throat tickle and dreaded cough will disappear entirely. Nothing better for bronchitis, spasmodic croup, whooping cough or bronchial asthma.

Pinex is a highly concentrated compound of Norway pine extract and is known the world over for its prompt healing effect on the throat membranes. Avoid disappointment by asking your druggist for "2½ ounces of Pinex" with full directions and don't accept anything else. A guarantee of absolute satisfaction or money promptly refunded goes with this preparation. The Pinex Co., Toronto, Ont.

## THOMAS COPLEY Telephone 987

wanting anything done in the carpentry line. Estimates given on all kinds of repairs and new work; also hardwood floors of all kinds. All orders will receive prompt attention. Shop 25 Queen street.

## Shall It Be Hair or No Hair



## It Is Up to You And Cuticura

Cuticura does shampooes preceded by light touch of Cuticura Ointment to spots of dandruff and itching are most effective. They tend to arrest falling hair and promote a healthy scalp.

## Have You Tried Oleomargarine Yet?

If not, we carry the best grade, along with a full stock of choice groceries, at

**Thompson's Grocery**  
294 Princess St., Phone 337.

## A WONDERFUL REMEDY



Orange Lily is daily relieving the most obstinate cases of Female Disorders. Falling of the Womb, Leucorrhoea, Painful and Spasmodic Menstruation, etc., etc. are all of them relieved from the start by its use, and a few weeks or months' treatment accomplishes satisfactory results. This remedy is a positive scientific preparation, and is based on the discoveries of Pasteur and Lister. It is not taken internally, but is applied direct to the suffering parts. It therefore acts with all the certainty of the known laws of chemical action. As it comes in contact with the diseased tissue, its antiseptic and nerve-food properties cause it to have a beneficial influence. I receive from 10 to 50 letters daily, appealing of the benefits and cures it is performing, and so sure am I that it will do what is claimed for it that I will send, absolutely free, a six box to every suffering woman who will write for it. Price \$1.25 per box, which is sufficient for one month's treatment. Enclose 3c stamp and address Mrs. Lydia W. Ladd, 211-10th St., St. Paul, Minn. Send for leading druggists everywhere.

## Historic Capital of Nova Scotia

IN the early part of the eighteenth century, an expedition fitted out and dispatched by the Earl of Halifax, president of the Board of Trade and Plantations, fixed upon the peninsula situated near the centre of the south-east or Atlantic Coast of the Province of Nova Scotia, as a site for fortifications and a naval station, and the selection was confirmed. The Earl of Halifax was one of the most advanced and far-seeing among the English statesmen of his times. He appears to have obtained information in advance of the report of his expedition, and to have acquainted himself thoroughly with the numerous advantages which Capetown Bay, now Halifax Harbor, had to offer to both the navy and the merchant marine of England. Large sums of money were immediately expended upon the site. So much discernment had been displayed in the preliminary work that Lord Cornwallis settled a community between the fortifications on the water front and, in honor of the man who had so intelligently paved the way for it, named the place Halifax.

Two of the same title have sometimes been confounded, George Selville, Marquis of Halifax, was the first. He held high places and took a conspicuous part in the political activities of three reigns, as Baron Saville, Viscount Halifax, and, finally, as the Marquis of Halifax. Rewards came to him for his participation in the restoration, and to his eloquence is attributed the rejection of the bill excluding the Duke of York from the succession. Because of the manner in which he accommodated himself to changing conditions later on, he came to be known as a "trimmer," a name which he adopted and defended with signal ability.

Charles Montague, Earl of Halifax, after whom the city of Halifax was called, was the second. He entered the House of Commons as member for Maldon during the convention Parliament, and was made First Lord of the Treasury in 1697. He is sometimes called the father of the English dog-in-the-manger, a great fund-measure was passed while he was Lord of the Treasury. When a second loan became necessary, he met the emergency by establishing a national bank, with a capital of £1,200,000, the shareholders of which were to be called the Governor and Company of the Bank of England. Partly as a consequence of his bold manners, and partly because of high party feeling, certain charges were brought against him alleging a breach of trust as Chancellor of the Exchequer, and he was impeached, but the proceedings fell through. Although out of office during the reign of Queen Anne he took an active part in the negotiations that led to the union between England and Scotland, and in those for the succession of the House of Brunswick. Notwithstanding the demands of a remarkably busy career, he found time to write poetry and to befriend authors and artists.

Halifax grew up, naturally, from the water's edge, for, from the beginning, shipping constituted the principal industry of the community. In the course of time, the street along the water front was supplemented by another higher up and running parallel, and eventually other thoroughfares appeared, one above another, like terraces, until they reached the fortifications, known as the Citadel, on the summit of the hill. With the further passing of time, the city grew westward, to the north and south of the Citadel, and toward the north-western arm of the bay. The harbor, about one mile in width, terminates in a magnificent sheet of water known as Bedford Basin, which is capable of floating the navies of the world. With its suburbs the city proper extends, along the slope of the fortified hill, over an area about three miles in length and one mile in width. Dartmouth, a handsome suburb, on the other side of the harbor, has become a busy and quite populous place during the last three years. The view from the bay, looking either way, has delighted thousands of visitors.

For over a hundred and fifty years the English warships of the North American station, comprising some of the largest and finest vessels of the Royal Navy, have made Halifax their headquarters. Likewise the city has long been one of the most important transatlantic terminals and calling stations. During recent years it has been making vast and costly dock and harbor improvements, and little of this work has been impaired by the recent disaster.

The recognized value of the port, in both a naval and a commercial sense, makes it certain that Halifax will be quickly, solidly, and handsomely rebuilt.

## CASTORIA For Infants and Children In Use For Over 30 Years

Always bears the Signature of *Dr. J. C. Ayer*

Orange Lily is daily relieving the most obstinate cases of Female Disorders. Falling of the Womb, Leucorrhoea, Painful and Spasmodic Menstruation, etc., etc. are all of them relieved from the start by its use, and a few weeks or months' treatment accomplishes satisfactory results. This remedy is a positive scientific preparation, and is based on the discoveries of Pasteur and Lister. It is not taken internally, but is applied direct to the suffering parts. It therefore acts with all the certainty of the known laws of chemical action. As it comes in contact with the diseased tissue, its antiseptic and nerve-food properties cause it to have a beneficial influence. I receive from 10 to 50 letters daily, appealing of the benefits and cures it is performing, and so sure am I that it will do what is claimed for it that I will send, absolutely free, a six box to every suffering woman who will write for it. Price \$1.25 per box, which is sufficient for one month's treatment. Enclose 3c stamp and address Mrs. Lydia W. Ladd, 211-10th St., St. Paul, Minn. Send for leading druggists everywhere.

## Suffered Terribly With Her Heart WOULD WAKE UP SMOTHERING

The terrible smothering and choking-up sensations and sinking spells, the feelings of dizziness and faintness that come over those whose heart and nerves are deranged causes the greatest distress of both mind and body.

Milburn's Heart and Nerve Pills give prompt relief and effect complete cure in cases of such severity. Mrs. A. M. Powell, Norval Station, Ont., writes: "I cannot speak too highly of Milburn's Heart and Nerve Pills. I suffered five years with my heart and nerves, but the last two years I have suffered terribly. If I went to bed I would wake up as if I were smothering. I did not get one night's sleep out of seven. I got so very weak that the doctor was called in, and he said it was my heart, and that I must take great care of myself. I saw your advertisement in your almanac for Milburn's Heart and Nerve Pills, and said I would try them, and I feel a new woman. I will recommend them to anyone afflicted with heart trouble."

Milburn's Heart and Nerve Pills are 50c a box at all dealers, mailed on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

## TREACHERY OF THE HUN.

### Colonel Kirkcaldy of Winnipeg Had Narrow Escape.

Colonel Kirkcaldy is wounded in hospital in London. He is doing well and is able to get about freely although still in hospital. His wound was incurred on the night of November 1st, when out in No Man's Land, where his men were making a sap.

A man seventy yards away called for help. The colonel thinking he was possibly one of our own wounded, ordered the remainder of his party to remain behind while he moved forward. Guided by the cries he got within twenty yards. Then the caller suddenly opened quick fire on him, the second bullet crashing into Colonel Kirkcaldy's left shoulder. The colonel, who carried a rifle, dropped into a shell hole and blazed away in reply. Our troops on either side behind, not knowing that he had gone forward and believing the Germans were attacking, opened fire. Colonel Kirkcaldy was thus between two fires.

### Boyd Cable Speaks.

The other day I asked some questions of a number of Canadian men who have been fighting in France for two or more years and from all they tell me I had, to my surprise, that I have a vital interest in the Canadian general election, that every member of the British Empire has, that Australians particularly and emphatically of all, that every man in khaki has, that every man in khaki has a vital interest in the Canadian general election, that every member of the British Empire has, that Australians particularly and emphatically of all, that every man in khaki has, that every man in khaki has a vital interest in the Canadian general election.

Never heap coals of fire on an enemy's head until you burn your own fingers. Some times have we won out when asked to play another man's game.

## Told In Twilight

(Continued from Page 3.)

Among those present at the Skating Club on Saturday evening, which was unusually large, were: Major and Mrs. Horace Lawson, Capt. and Mrs. Morton Hall, Mr. and Mrs. Harold Howe, Mr. and Mrs. Jack Inglis, Mr. and Mrs. Herbert Ryan, Mrs. Christmas, Mr. and Mrs. Gordon Smith, Mr. and Mrs. George McKay, Miss Mildred Jones, Miss Marion Leslie, Miss Lillian Kent, Miss Eva Richardson, Miss Mamie Anglin, Miss Ruth Anglin, Miss Helen Uglow, Miss Marjorie Uglow, Miss Laura Kilborn, Miss Nora Martin, Miss Margaret Hemming, Miss Ethel Kent, Miss Lucy Waddell, Miss Edith Morrison (Calgary), Miss Marjorie Campbell, Miss Beloliel, Miss Ethel Wier, and Miss Wier, Miss Marjorie Hopkirk, Miss Jean Duff, Miss Gwendoline and Miss Doris Polger, Miss Jessie Smith, Miss Marion Booth, Miss Frances Wright and Messrs. J. H. Birkeat, Eaton, C. Allan, Penny, Alderson, Richardson, Phillips, Miller, Minnes, A. B. Laird, Douglas, Chown, Kenneth Taylor, Parke, Cameron, Plunkett, Broom, E. C. Gilderleeve, Percy Lyman, Gowitt and others.

Mrs. A. D. Cartwright, Ottawa, entertained at tea in honor of her niece, Miss Beth Small, Kingston.

Bishop and Mrs. Bidwell, Kingston, were in Montreal for the Mills.

### For Pain in the Back

## GIN PILLS FOR THE KIDNEYS

Also for Swollen Joints and Ankles, Constant Headaches, Urinary and Bladder Troubles and all Irregularities of the Kidneys.

Smithers wedding, and were guests of Mrs. Lennox Mills. Mrs. J. P. Vrooman, Nananee, has left for St. John, N.B., where she will visit friends.

Miss Winifred Porter, Ottawa, a recent Kingston visitor, has returned home.

Mrs. V. Rivers, Ottawa, is with her mother, Mrs. C. F. Gilderleeve, King street.

Miss Lizzie Liddle, Lismark, is spending a few days the guest of her friend, Miss Helen Halliday.

Ford Cook, Brockville, spent the week-end in the city.

Miss Beattie McLean, Brockville, is the guest of her sister, Miss Helen McLean, Queen's University.

Assistant Paymaster Philip Macarow, R.N., C.V.R., Ottawa, has left for New York, where he will be stationed for a while.

Miss Nan Champ and Miss Josephine Coslett were in town from Brockville on Saturday.

Miss Sybil Kirkpatrick, Johnson street, returned from Toronto on Monday.

Miss Alice Goodwin, who has been in Toronto for a few days, returned home on Monday.

The engagement is announced of Miss Madeline Hope Hanson, youngest daughter of Edwin Hanson, Montreal, and Capt. Arthur Frederick Nanton, son of Frederick Nanton, Victoria.

Calico Frocks Coming. News comes that one of the latest developments for war time fashions will be frocks of simple calico.

Some of the smartest houses which specialize in garments for women are creating models in this fabric which certainly before all else should appeal to the war economy instinct.

Women have been warned to conserve wool and to go lightly as to silk, so naturally when they are offered garments of so humble a fabric they will believe they are redeeming their patriotism by accepting it and a calico frock will be the reward of virtue.

The calicoes that are engaging the attention of designers at the present moment are those of quaint printed effects on light grounds.

It appears that many of the frocks will be given a certain lightness not expected of calico by combination with sheerer fabrics such as organdie and net, and that the extreme femininity and quaintness will give them a distinction of their own which will not permit them to be scorned by even the most exclusive of fashionable women.—From Women's Wear.

A swelled head is never caused by the abnormal growth of the brain. A man's actual measure is never marked off on his tombstone.

## There's a Big Advantage in Buying Package Goods

Any grocer will tell you that "package" goods are much cleaner and fresher than "bulk" goods, because the sealed package preserves the quality and keeps the contents free from dust, dirt and disease germs.

## McCormick's JERSEY CREAM Sodas

are baked in white enamelled ovens by men in spotless white suits. They are then elevated to an airy, sunny room, neatly packed in boxes lined with waxed paper and tightly sealed to insure their reaching your table fresh, crisp and delicious.

### Sold Everywhere in Different Sized Packages

## Government FISH

FRESH EVERY DAY  
OLEOMARGARINE  
DAIRY and CREAMERY  
BUTTER  
Buy Here and Save Money.  
**C. H. Pickering,**  
400 & 402 Princess Street.

## CHOCOLATTA

"The Ready-to-use Chocolate"  
Contains the Chocolate Milk and Sugar.  
Prepared Instantly by Adding Boiling Water Only.  
No Cooking or Milk Required.  
For Sale By  
**D. Couper,**  
Phone 76, 841-3 Princess St.

## Announcing the new bigger Comfort bar

# No Premiums - but more Soap

The Comfort Soap bar is now much larger. It's the same soap absolutely, but we are giving you a bigger bar for the same money. We do this because we are withdrawing all premiums as it is now impossible to get satisfactory premium goods owing to the war.

Dozens of factories from which we used to buy premiums are now making more necessary war supplies. Others again cannot ship, being across the ocean. The new premiums being offered us are away under Comfort Soap standards so when our present stock is exhausted we will not issue any more—certainly not until after the war.

But we can still buy the splendid materials that go into Comfort Soap, so we have decided to make the Comfort bar materially bigger, right away. There's where we can give you the same, old splendid-quality soap—only more of it.

We can't give you good Premiums but we can make it up to you in Soap.

All Comfort wrappers now out in the stores will be redeemed as heretofore but the wrapper on the new big Comfort bar will not be good for premiums.

You will meet the bigger Comfort bar any day now at your grocer's. Give it a friendly reception. It means more value in the wash tub. For a while yet you may be getting the old bar—it's just as valuable, the wrapper being still good for premiums.

Enormously the largest sale in Canada.

## it's all right

**PUGSLEY, DINGMAN & CO., LIMITED, TORONTO.**