

# In The Realm Of Woman--Some Interesting Features

## Peel Off The Old Skin; Bring Out The New

You know that beautiful, rosy, clear, soft skin that you would only have this more beautiful skin exposed to view instead of the horrid old skin you now behold in your mirror. You can—and by a very simple, harmless process, which you can use yourself. Get an ounce of our famous "Peel Off" cream, and apply it to your face and neck, and in a few minutes you will have a new skin. Tomorrow morning wash it off with warm water. Small powder-like particles of the lifeless top skin will come off with the wash. Repeat this daily until all the worn-out skin has been removed. Then you'll have a lovelier, healthier, glowing complexion than you now think possible. No chaps, pimples, spots, freckles or other surface blemishes are of course removed with the skin itself.

If your skin be wrinkled or flabby, both the face daily for several days a lotion made by dissolving 1 oz. powdered salicylic acid in 1/2 pt. witch hazel. This is just splendid.

## For Women's Ailments

Dr. Martel's Female Pills have been ordered by physicians and sold by reliable Druggists everywhere for over a quarter of a century, don't accept a substitute.

## Tells How to Stop a Bad Cough

Surprising results from this home-made syrup. Easily prepared. Cures colds, whooping cough, etc.

If you have a severe cough or chest cold accompanied with soreness, throat tickle, hoarseness, or difficult breathing, or if your child wakes up during the night with a cough, and you want quick help, just try this pleasant tasting home-made cough remedy. Any druggist can supply you with 25¢ ounces of Pinex (30¢ cents worth). Pour this into a 10-oz. bottle and fill the bottle with plain granulated sugar syrup. Thus prepared, you have 16 ounces of really remarkable cough remedy—one that can be depended upon to give quick and lasting relief at all times.

You can feel that take hold of a cough in a way that means business. It loosens and raises the phlegm, stops throat tickle, and soothes and heals the irritated membranes that line the throat and bronchial tubes with such promptness, ease and certainty that it is really astonishing.

Pinex is a special and highly concentrated compound of genuine Norway pine extract and is noted for its special effectiveness in relieving coughs, throat and chest colds. Its millions of enthusiastic users have made it famous the world over.

There are many worthless imitations of this noted mixture. To avoid disappointment, ask for "25¢ ounces of Pinex" with full directions and don't accept anything else. It is guaranteed to give absolute satisfaction or money promptly refunded. The Pinex Co., Toronto, Ont.

## Suggestion on Eczema

It will take just a few moments to step in and ask what our experience has been in the way of grateful customers with the soothing wash of oils, D.D.D. Your money back unless the first bottle relieves you. Mahood's Drug Store, Kingston.

## D.D.D. The Liquid Wash

LEMONS BRING OUT THE HIDDEN BEAUTY

What girl or woman hasn't heard of lemon juice to remove complexion blemishes; to bleach the skin and to bring out the roses, the freshness and the hidden beauty? But lemon juice alone is acid, therefore irritating, and should be mixed with orchard white this way. Strain through a fine cloth the juice of two fresh lemons into a bottle containing about three ounces of orchard white, then shake well and you have a whole quart of skin and complexion lotion at about the cost one usually pays for a small jar of ordinary cold cream. Be sure to strain the lemon juice so no pulp gets into the bottle. This lotion will remain pure and fresh for months. When applied daily to the face, neck, arms and hands it should help to bleach, clear, smoothen and beautify the skin.

Any druggist will supply three ounces of orchard white at very little cost and the grocer has the lemons.

Under the provisions of an executive order issued by President Wilson, women are now allowed to take the place of men rural mail carriers, who have been called away to the army.

## Told In Twilight

(Notice—Hereafter, the Whig, in common with other papers all over Canada, will make a charge of 50¢ for inserting an engagement, marriage or reception announcement.)

(Continued from Page 7.)

The members of the Woman's Christian Temperance Union, whose president is Mrs. George A. Bateman, will receive in the Y. W. C. A. parlors, Johnson Street, Thursday, Jan. 24th, from three till six, when they will be pleased to welcome all those who are interested in the silver thimble and trinket organization, the purpose of which is to supply hot cocoa and coffee to the boys as they move back to their billets from the front trenches.

Mrs. J. W. Jones, 292 Albert street, will receive next Wednesday with Mrs. Austin Smith from 4 till 6 o'clock.

The Dean of Ontario was one of Sir Henry Pellatt's party at the Princess, Toronto, to witness the play "Seven Days' Leave," on Tuesday night last.

Mrs. Walter Cooke and Miss Mima Cooke, Cataract, spent last week-end at the guest of Mrs. H. E. Day and Miss Hilda Day, Alfred street.

Mrs. Philip Leadbeater, of Seely's Bay, has returned home after spending a few days in the city, the guest of Mr. and Mrs. Arthur Watson, 328 University avenue.

Miss A. M. Waldron, Deseronto, has come to Kingston to reside.

Aemilious Jarvis has succeeded Lord Strathcona as Dominion head of the British and Foreign Sailors' Society.

Mrs. Thomas Gardiner, Cataract, was the guest for a few days of Mr. and Mrs. W. C. Stratton, Deseronto.

Miss Florence Potter has returned to Detroit, Mich., after spending the past few weeks with her sister, Mrs. Edward Hartick, Division street.

The Duke and Duchess of Devonshire entertained at dinner at Government House on Wednesday and Thursday in honor of Sir Cecil Spring-Rice.

Brig-General Mansuett, who went to Ottawa from Kingston to attend the wedding of his daughter Muriel, is returning shortly. Mrs. Mansuett will accompany him, and will spend several weeks here.

Miss Mollie Cartwright, Kingston, spent the week-end in Ottawa.

The Marquis and Marchioness of Aberdeen, who have been in New York for several months, interesting themselves in procuring funds for Child Welfare in Ireland and Scotland, are shortly leaving for Scotland.

Mrs. Willoughby Cummings has been appointed by the M. S. C. C. associate editor of their magazine, the Mission World. This is the first time the position has been held by a woman.

Major and Mrs. J. McIntosh Bell are at Almonte, and will spend a few days at "Finchurst" with Mr. and Mrs. Archie Rosamond. Major Bell will shortly return to England.

Marion, only daughter of the late Arthur Meredith and of Mrs. Meredith now Mrs. (Capt.) James O'Reilly, Cornwall, is a niece of Sir Edmund Osler, and has been active in war work in London.

Hon. and Mrs. Frank Cochrane and Miss Edith Cochrane are expected back in Ottawa from New York next week, when Mr. Cochrane has recovered sufficiently to travel.

Miss Laura Nicolle, who has been spending the past two months with Mrs. Seth Richards, Shrewsbury, Mass., arrived in Tampa, Florida, early this week, where she will remain for the winter.

Hugh L. C. Farthing is spending a few days with Mrs. Sanford C. v. "Butlands," King street.

## GIRLS! MOISTEN A CLOTH AND DRAW IT THROUGH HAIR

It Becomes Beautifully Soft, Wavy, Abundant and Glossy At Once.

Save Your Hair! All Dandruff Goes and Hair Stops Coming Out.

Surely try a "Danderine Hair Cleanse" if you wish to immediately double the beauty of your hair. Just moisten a cloth with Danderine and draw it carefully through your hair, taking one small strand at a time; this will cleanse the hair of dust, dirt or any excessive oil—in a few minutes you will be amazed. Your hair will be wavy, fluffy and abundant and possess an incomparable softness, lustre and luxuriance.

Besides beautifying the hair, one application of Danderine dissolves every particle of dandruff; invigorates the scalp, stopping itching and falling hair.

Danderine is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. Its exhilarating, stimulating and life-producing properties cause the hair to grow long, strong and beautiful.

You can surely have pretty, soft, lustrous hair, and lots of it, if you will spend a few cents for a bottle of Knowlton's Danderine at any drug store or toilet counter and try it as directed.

Save your hair! Keep it looking charming and beautiful. You will say this was the best money you ever spent.

## THE ACTIVITIES OF WOMEN

It is being claimed that women make best soldiers.

American women spent over \$1,000,000 annually seeking beauty.

There are three times as many widows as widowers in the United States.

The Brooklyn Rapid Transit company is now employing women as subway guards.

The harvesting of the Canadian crops is being done mainly by women and girls.

The Chicago Grand Opera company has a chorus composed entirely of American girls.

Mary Pickford, the motion-picture star, has subscribed \$90,000 for Liberty bonds.

Women track hands have made their appearance on the northern division of the Pennsylvania railroad.

Since the war began the employment of women in the British metal industries has increased 84 per cent.

The gain in the number of British woman workers since 1914 has been 1,240,000, or 27.6 per cent.

Mrs. Woodrow Wilson, wife of the President, has sent her personal cheque to the District of Columbia's woman's national Liberty Loan committee as a subscription for bonds of the second Liberty Loan.

Of the 200,000 women and girls employed in the district of Birmingham, Eng., over 25,000 are organized.

On some of the street railways in Great Britain over half the cars are being operated by women motormen.

More than 300,000 girls are engaged in cutting moss in England, where, after being dried, it is used for fuel.

Mrs. William P. Snyder of Pittsburgh secured in one day subscriptions amounting to over \$3,000,000 for Liberty bonds.

Munition makers in the United States claim they can operate their plants successfully with 70 per cent. of women as employees.

In the French factories it is claimed that the output of females on small work equals and in some instances exceeds that of men.

A talented woman artist is employed by the department of agriculture to reproduce various plants in their natural and exact forms.

In the shell factories of England night work by women is common, but in general engineering women as a rule work only on the day shift.

Mme. Frances Alda, the opera singer, has a flower and vegetable garden on her estate, which she personally attends to when not on the stage.

Women over eighteen years of age employed in the large shell factories in England in unskilled and semi-skilled capacities receive \$4.87 per week.

## Easy & Practical Home Dress Making Lessons

Prepared Specially for This Newspaper

By Pictorial Review

In the Fashionable Silhouette.



Conforming to the fashionable silhouette is this costume of satin finished cloth with shawl-collared and cuffs of guano silk. The skirt is plaited back and front and gathered at the sides.

Since every woman knows that her skirt is to be narrow, although pleated or draped and her waist more or less fitted, she seeks the new designs emphasizing these features.



Pictorial Review Costume No. 7477. -Sleeves 34 to 44 inches bust. Price, 25 cents.

Wives of soldiers employed in the French munition factories and other military establishments will be granted leave of absence with pay for the same period that their husbands are home on furloughs from the battle front.

Because of the scarcity of men on account of the war, a large painting firm in New York city has hired two women, who are acting as painters and giving satisfactory service. They receive \$4 a day for their work.

Women have entered a railroad field in Kansas City that heretofore has been occupied by men as one of their few remaining masculine endeavors. Clad in overalls, American, Italian, Greek, Russian and negro women may be seen daily in the Santa Fe yards and the Pullman company's shops at Argenta helping to keep in motion the wheels of transportation.

A Soldier's Food.

The general knows to a nicety just what part each regiment is to play in a campaign, and the girl may learn to marshal the foods represented in the five groups so that she knows just which group of foods will provide strong muscle to carry the soldier into battle, which will furnish strong bones to meet the onslaught, which the heat for the struggle, and finally, how much driving-power is needed to carry it through.

So, then, when we marshal our forces we find that a man needs in a day twelve ounces of one, or of a combination, of the following: meat, poultry, cheese, dried vegetables, fish or eggs. To vary the above he may count every glass of milk drunk equal to an ounce of any one of the others.

The soldiers, either in home or military life, must have four pounds of fresh fruit and vegetables in order to keep the bony structure in good condition. He will need the three-quarters of a cup of fat (this includes butter, oil, the fat of meat eaten, or any other fat in the daily diet) to keep him warm, and to this group he must add one and one-fourth pounds of bread or cereal; and finally, in order to complete the necessary amount of driving-power, he must have two ounces of sugar or one-third of a cup of syrup.

Germ Proof Notes.

To the old National Bank of Spokane, Washington, belongs the distinction of circulating the first anti-septic germ-proof national banknotes.

The United States Treasury is still experimenting with devices to launder dirty banknotes to bright, crisp ones, but the Spokane Bank has the first sanitary money on record. Fifty thousand dollars in bills, just put out by the bank, were signed with an ink which consisted largely of carbolic acid. The result is the bills are saturated with an agency which means death to the most vigorous germ.

If, like the clouds, you save for a rainy day, you also will have a silver lining.

The experiment of employing women in industrial positions by the Baltimore and Ohio Railroad company has proven so successful that many more will be employed in other positions which had formerly been held only by men.

**MAGIC BAKING POWDER**

MADE IN CANADA

**E.W. GILLET CO. LTD.**

TORONTO, CANADA MONTREAL

## Township Councils

**LOUGHBORO.**

Sydenham, Jan. 14.—Council met at 11 a.m. and the following members took oath and qualification of office: Charles Truscott, Reeve; Edward Sills, Edward Lawrence and David Walker, Councillors; Wilson Knapp absent. Council adjourned till 1.30 p.m. for regular business. Applications for position of auditor was received from J. H. MacNamara and T. F. Lawrence. On motion, Lawrence-Sills, they were appointed at a salary of \$6 each. Applications for the position of assessor were received from J. S. McConnell and E. G. Rutman, but the appointment was held over until next regular meeting. Accounts paid: \$34.80, George T. Swerbrick, refund in taxes owing to loss by fire; \$15, Edward Barker, street lights for December; \$6, Charles Truscott three trips to King-

ston in connection with pool tables, township engineer and E. Docteur's children; \$8, Standard Pub. Co., nomination notices; \$14.10, H. W. Guess, 1 cord of wood for township hall, 200 feet of lumber and labor; \$1.85, John Karley & Sons, oil and felt paper; \$2.50, A. Blakeslee, covering stone bin; \$1, Fred Rutman, error in dog tax; \$56, township clerk election expenses; \$25, grant to Sick Children's Hospital, Toronto.

The collector's time was extended till Feb. 4th. The cheque of \$40 tendered by F. Trousdale for licenses for two pool tables was ordered returned to him. Council adjourned to meet Feb. 4th, at 2 p.m., or at the call of the reeve.

Owing to the scarcity of the men there is a possibility of women being called to act as jurors in the courts in New York city.

Much of the supplies for the Russian army which pass through the port of Tsuruga, Japan, are handled exclusively by women.

Canada is shortly to have standard flour and a standard loaf.

## BAKER'S COCOA HAS GREAT FOOD VALUE

THE food value of cocoa has been proven by centuries of use, and dietitians and physicians the world over are enthusiastic in their endorsements of it. It is said to contain more nourishment than beef, in a more readily assimilated form. The choice, however, should be a high-grade cocoa—"Baker's" of course.

IT IS DELICIOUS, TOO

Trade-mark on every package

Made only by

**WALTER BAKER & CO. Limited**

Montreal, Can. Dorchester, Mass.

Established 1780



## Newbro's Herculide Aids Nature and Keeps the Scalp Clean From Dandruff

Reasonable care and effort are all that are required to enable almost any woman to have good hair. When the hair falls out and is stringy, uneven, dry, brittle and generally unsightly, the condition is nearly always due to dandruff.

Before the hair will grow naturally and luxuriantly, the scale-like accumulation must be removed and the dandruff eradicated. That is what Newbro's Herculide does. It is an aid to nature. Herculide keeps the scalp clean, adds a softness and lustre to the hair which indicates health. It not only prevents the hair from falling out but causes it to become one of woman's greatest charms.

Beautiful hair and lots of it may be the reward of every woman willing to devote a little personal effort to the use of the First and Original Germ-Remedy for Dandruff. Herculide stops itching of the scalp. It has an exquisite odor.

You can obtain a trial size bottle and booklet telling all about the hair by sending ten cents in postage or silver to The Herculide Co., Dept. S, Detroit, Mich.

Your dealer sells Herculide in two sizes, 50 cents and \$1.00, and guarantees satisfactory results or money refunded. Insist upon having genuine Herculide and not some "off brand" said to be "just as good" preparation. The substitute costs you just as much as the real article. Why take chances?

Herculide applications obtained at the better barber shops and hair dressing parlors.

## JAPAN TEA

—lends genuine distinction to hospitality. Each cup contains the delicate aroma of the blossoms of Japan and the flavor that comes only from tender leaves, properly cured.

The Japan Tea Growers' Association and the Government of Japan place their guarantee on each pound—a guarantee of absolute purity.

"Tea is a medium of an inconsiderable amount of nutriment."

—See, International.

