

THEY GAVE HER VINOL FOR BRONCHITIS

And it Cured Her—Read Mrs. Thayer's Letter

West Somerville, Mass.—"I suffered from severe attack of bronchitis, with a terrible cough, no appetite, no energy, no strength and loss of sleep. The usual remedies failed to help me, but they gave me Vinol and it restored my appetite, stopped the cough and built up my strength so I am able to do my household work again."—Mrs. P. B. Thayer.

We guarantee Vinol for chronic coughs, colds, bronchitis, because it is a constitutional cod liver and iron remedy. Formula on every bottle. Mahood's Drug Store, Kingston. Also at the best druggist in all Ontario towns.

Cook's Cotton Root Compound. A safe, reliable regulating medicine. Sold in three sizes of strength—No. 1, 2, 3. Sold by all druggists, or sent prepaid on receipt of price. Address THE COOK MEDICINE CO., TORONTO, 257, Church Street.

The "Wilhelmina." 242 Mountain St., Montreal. Warm, comfortable rooms, reasonable rates. A home for transients. Tel. Uptown 3246.

The idea of a "tonic" for baldness that is chronic is manifestly quite absurd. But when your hair is falling in quantities appalling, there's hope in that reassuring word.

HERPICIDE Applications at the better barber shops. Guaranteed by The Herpicide Co. Sold Everywhere.

CROUP HAS NO TERRORS FOR THE MOTHER WHO ALREADY HAS Chamberlain's COUGH REMEDY.

A Little Better Than the Rest You may have been looking for a change in your pancake flour. We have it. Teco self-rising pancake flour. So gently delicious when served with maple syrup and a cup of our steel cut coffee.

Baker's Grocery Phone 1016. Princess and Frontenac Sts.

Have You Tried Oleomargarine Yet? If not, we carry the best grade, along with a full stock of choice groceries, at

Thompson's Grocery 204 Princess St., Phone 387.

Easy to Make This Pine Cough Remedy Thousands of families agree by its prompt results. Inexpensive, and saves about 25¢.

You know that pine is used in nearly all prescriptions and remedies for coughs. The reason is that pine contains several essential elements that have a remarkable effect in soothing and healing the membranes of the throat and chest. Pine cough syrups are combinations of pine and syrup. The "Syrup" part is usually plain granulated sugar syrup. Nothing better, but why buy it? You can easily make it yourself in five minutes. To make the best pine cough remedy that money can buy, put 2½ ounces of Pine (30 cents worth) in a 16-oz. bottle, and fill up with home-made sugar syrup. This gives you 16 ounces—more than you can buy ready-made for \$2.50. It is pure, good and very pleasant—children take it eagerly. You can feel this like hold of a cough or cold in a way that means business. The cough may be dry, hoarse and tight, or may be persistently loose from the formation of phlegm. The cause is the same—inflamed membranes—and this Pine and syrup combination will stop it—usually in 24 hours or less. Splendid, too, for bronchial asthma, hoarseness, or any ordinary throat ailment. Pine is a highly concentrated, famous sound of Norway pine extract, famous world over for its prompt results. Beware of substitutes. Ask your druggist for "25¢ ounces of Pine" with directions and don't accept anything else. Guaranteed to give absolute satisfaction or money promptly refunded. The Pine Co., Toronto, Ont.

Have Your Car Overhauled and Stored for the Winter AT THE **Central Garage**, 225 King St. W., Registration. Six feet of bathtub makes all men equal.

Told In Twilight

(Notice—Hereafter, the Whig, in common with other papers, all over Canada, will make a charge of 50¢ for inserting an engagement, marriage or reception announcement.)

(Continued from page 3.) Miss Phyllis Knight, University avenue, entertained informally at the tea hour on Monday afternoon.

Miss Beth Small is in Ottawa the guest of Miss Hazel and Miss Doris Brown for a few days.

Miss Marjorie Williams, who has been visiting Miss Gabrielle Chevrier, Ottawa, has returned home.

The Toronto Globe says: Mrs. Valentine Schuyler, daughter of Justice B. M. Britton, may come on from New York towards the end of the week to see her sister, Mrs. Philip Gilbert, and it is just possible that she may decide to go to France, in response to repeated calls for help with the work of the American Women's Association there.

Mrs. J. D. Reid, Ottawa, will leave this week to spend a short time in New York.

Col. Perreau, of the Royal Military College, has gone to Ottawa for a brief stay.

Miss Sara Gill, late principal of Sydenham school is leaving for Arlington, Mass., to visit her brother, Rev. Frederic Gill.

Mrs. Charles McDonough, Woodstock, is the guest of Mrs. A. P. Christmas, Bagot street.

Capt. and Mrs. William Steacy, who have been spending a few days at the guests of Mrs. E. T. Steacy, Kingston, are returning to Halifax tomorrow.

Miss Kidd, Burritt's Rapids, is the guest of her brother, Major T. Ashmore Kidd.

Mrs. J. F. Meredith, King street, left on Monday for Albany, N.Y., to join her husband, Lieut. J. F. Meredith.

Miss Mollie Cartwright, Union street, spent the week-end in Montreal.

Miss Lorraine Shortt has returned from Ottawa to resume her studies at Queen's University.

Mr. and Mrs. Adolfo Laplante, Kingston, were guests during the past week of Mr. and Mrs. George Laplante, Pembroke.

Miss Edith Rees, Gananoque, has left for Toronto, and will enter the Conservatory of Music.

Miss Gene Hepburn has been in Toronto on her way from her old home in Pictou, to Edmonton.

The Duke and Duchess of Devonshire have arrived back from Washington, accompanied by Sir Cecil Spring-Rice, who will be their guest for a short time. Lady Spring-Rice is expected to come to Ottawa later.

The engagement is announced of Miss Muriel Maunsell, only daughter of Brig.-General and Mrs. Maunsell, Ottawa, to George F. Galt, Winnipeg. The marriage will take place on January 16th.

Canadian Inventor Appreciated.

The British press, and not least the medical journals, are speaking in warm appreciation of the Quain ozone apparatus invented by Mr. J. R. Quain, formerly of Ottawa, who is now resident in London.

In his earlier days Mr. Quain was manager of the Ottawa Telephone Company and founder of the Ottawa Athletic Association. His apparatus is now being employed in the military hospitals after a long testing in which its value has been amply demonstrated.

The latest instalment of its use is at the Ontario Hospital at Orpington and the Canadian Hospital at Cliveden, Major George Stoker, C.M.G., R.A.M.C., of Queen Alexandra's Hospital at Millbank, writes as follows in the *Lancet* concerning the ozone application:

"The cases were for the most part those of cavities and sinuses in the femur and tibia. It is the experience of those who have seen a great deal of war surgery that such cases ordinarily resist treatment and are apt to remain unhealed for months and years. The treatment consists of the application of ozone to the affected parts. This ozone is produced pure and in sufficient quantities, and is at once of great economy and great convenience, as it does away with the necessity of using oxygen cylinders. The apparatus is simple, light, and easily transportable, and can be easily worked from an electric light circuit or accumulators. We have treated a large number of cases with ozone prepared from atmospheric air by the new apparatus with the best results. The properties of ozone, which have a wonderfully healing effect, are, as far as one can say at present, three: (1) It is a strong stimulant and determines an increased flow of blood to the affected part; (2) It is a germicide, which destroys all hostile micro-organic growth; (3) As the French chemist, Hennocque, has shown, it has great powers in the formation of oxyhaemoglobin. It is added that this ozone treatment would seem to be especially helpful in cases of gassed soldiers."

To Bury Somebody.

A colored woman was busily engaged in emptying her savings stacked on the desk of the Victory Loan clerk. As the silver quarters, dollars, nickels, dimes, etc., rolled out on the desk the clerk said, "This must be the result of a number of hard years' savings." The old woman replied, "Yassuh, ah been a saving to bury myself, but ah not to thinkin' it owd an' ah just made up mah mind it would be a berry bettah to buy a Victory Bond to help bury dat Kaisar."

Laurel Leaves.

Laurel leaves in older times were believed to communicate the spirit of poetry.

Six feet of bathtub makes all men equal.

TO SUFFER FROM HEADACHES MAKES LIFE MISERABLE.

Headaches seems to be habitual with many people. Some are seldom, if ever, free from it, suffering continually with the dull throbbings, the intense pains, sometimes in one part, sometimes in another, and then over the whole head, varying in its severity by the cause which brings it on.

The varieties of headache most common are sick or bilious headache, nervous headache, headache from constipation, debility or indigestion and periodical and spasmodic headache, and undoubtedly the cause must be removed before permanent relief can be had.

Burdock Blood Bitters, that has been on the market for over 40 years, removes the cause of the headache, and not only does this but also restores the entire system to healthy action and buoyant vigor.

Miss Emily Smith, 214 Bellwoods Ave., Toronto, Ont., writes: "I cannot speak too highly of Burdock Blood Bitters. For two years I was greatly troubled with violent headaches, particularly in the morning. I tried everything to cure me until I tried everything B.B.B. I tried a friend recommended B.B.B. I tried it, and now I am completely cured."

Manufactured by The T. Millburn Co., Limited, Toronto, Ont.

England's Intellectuals.

A word should be said in reference to those leaders of the universities who, before the enrolment of the country's manhood had emptied the colleges; took their stand, like the enemy professors, in the line of intellectual defense. In our respect we may take a certain pride in our academic representatives. On the whole they have come out of the ordeal better than, say, the bishops and the editors. At all events, when we compare their general tone with that of their German counterparts, we feel that the judgment of the court can hardly be in doubt. There was revealed, however, a difference of character and sympathy between the two old universities of England. The Oxford historians and classicists of Oxford discovered an unsuspected facility in pamphleteering, and very nearly to a man they were engaged from the beginning in stating and defending the purposes of the Allies.

On the other hand, the mathematicians and metaphysicians of Cambridge furnished physicians of leadership for the inactivity against the war policy. Oxford, from Gilbert Murray to L. P. Jacks, is orthodox and confident about the end of the war; while Cambridge, its youth, has in Bertrand Russell the most uncompromising of non-resisters. In Lewis Dickinson the most philosophical and persuasive advocate of peace without victory, and in the conductors of "The Cambridge Magazine" the most resolute band of academic internationalists. The reasons for the contrast between the two ancient seats of learning might be hard to divine, but perhaps we may be content to recall that long ago Kant remarked upon the tendency of scientific studies toward intellectual remoteness from the passion of contemporary affairs.

WEDS BRITISH ARMY OFFICER IN PARIS



Miss Marion Barbara Carstairs, stepdaughter and granddaughter of the Comte and Comtesse Maurice de Perigny and granddaughter of the late Jabez A. Bostwick and of Mrs. Bostwick, of New York, was married in the British Embassy Church at Paris recently to Lieutenant John de Pret, First Life Guards, British Army. Lieutenant de Pret is the stepson and son of Colonel John Fowle and Mrs. Fowle and a grandson of the Comte de Pret and of Baronne de Caters.

Easy & Practical Home Dress Making Lessons Specialized Prepared for this Newspaper by Pictorial Review.

Picturesque Frocks for Girls the Season's Rule.



A removable front and back section which gives an apron effect supplies a novel touch to this dress. It is fashioned of challis, trimmed with either lace or braid.

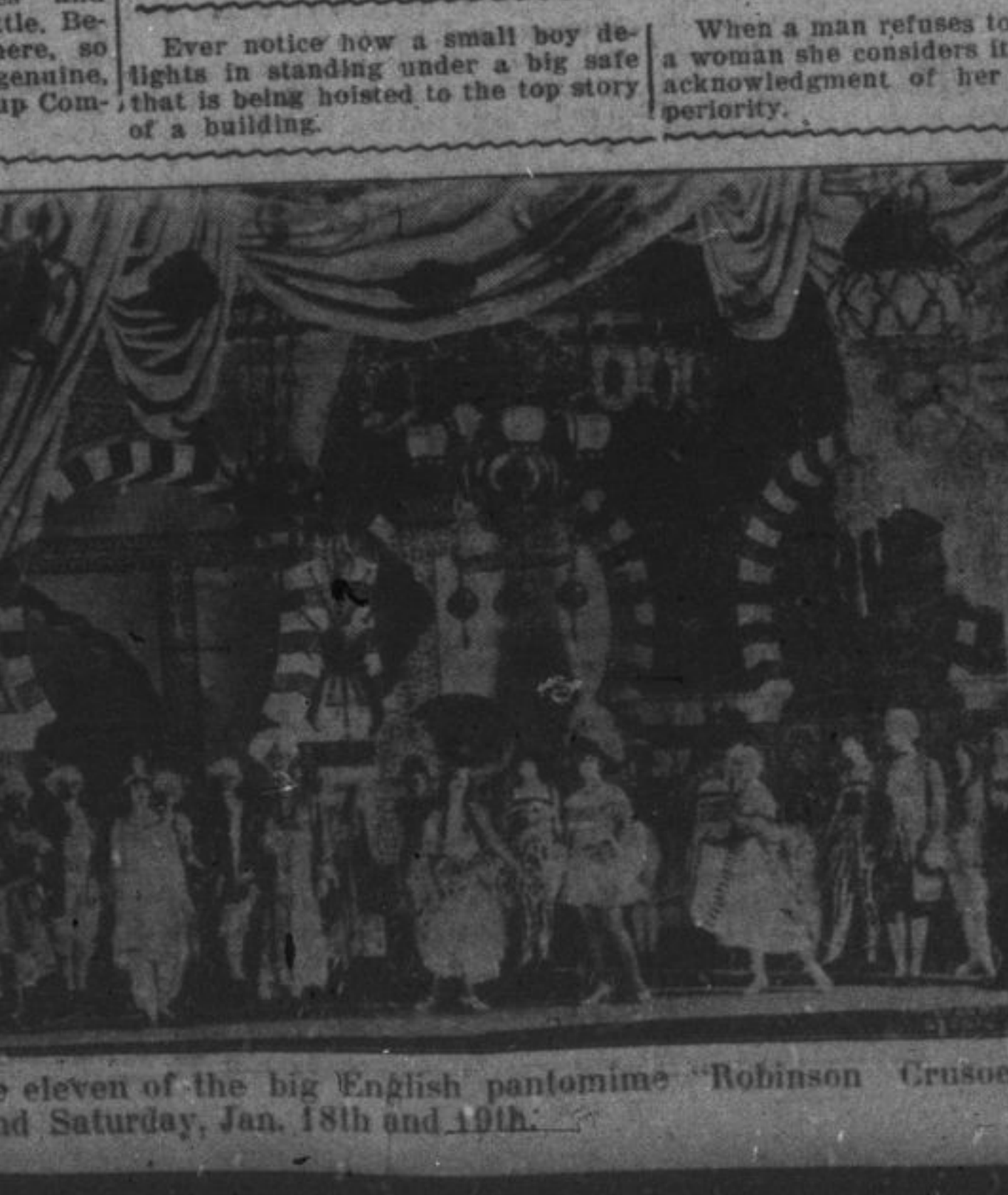
Three things that are necessary to make a frock for a girl all that it should be: it must be simple, stylish and picturesque. Little designs that look rather like separate waists with skirt joined under wide belts are numerous among the advance models.

A removable front and back is featured in this dress of dark red challis. It is tucked at the shoulders and gives a teapoonful of this harmless "fruit laxative," and in a few hours all the foul, constipated waste, sour and undigested food passes out of the bowels, and you have a well, playful child again. When its little system is full of cold, throat sore, has stomach-ache, diarrhoea, indigestion, colic—remember, a good "inside cleansing" should always be the first treatment given.

Millions of mothers keep "California Syrup of Figs" handy; they know a teapoonful today saves a sick child tomorrow. Ask your druggist for a bottle of "California Syrup of Figs," which has directions for babies, children of all ages and grown-ups printed on the bottle. Beware of counterfeiters sold here, so don't be fooled. Get the genuine, made by "California Fig Syrup Company."

Ever notice how a small boy delights in standing under a big safe that is being hoisted to the top story of a building.

When a man refuses to argue with a woman she considers it is a sort of acknowledgment of her mental superiority.



Act two, scene eleven of the big English pantomime "Robinson Crusoe" at the Grand on Friday and Saturday, Jan. 18th and 19th.

As Age Advances the Liver Requires occasional slight stimulation. CARTER'S LITTLE LIVER PILLS correct CONSTIPATION. Genuine bears signature. Usually indicate the absence of iron in the blood, a condition which will be greatly helped by Carter's Iron Pills.

ASK YOUR GROCER FOR **Charm Tea** IN PACKAGES. Black, Green and Mixed. Packed in Kingston, by GEO. ROBERTSON & SON, Limited.

In time of need Every woman should know the comfort, and experience the relief of a reliable remedy that can be depended upon to right conditions which cause headache, dizziness, languor, nausea and constipation. At such times, nothing is so safe, so sure and speedy as **BEECHAM'S PILLS**. During the past sixty years, millions of women have found them most helpful in toning and strengthening the system, and for regulating the stomach, liver and bowels. These famous pills are entirely vegetable and contain no harmful or habit-forming drugs. Use them with entire confidence for they cause no unpleasant after-effects, and **will not fail you**. Worth a Guinea a Box. Prepared only by Thomas Beecham, St. Helens, Lancashire, England. Sold everywhere in Canada and U. S. America. In boxes, 25 cents.

DEVELOPMENT It marks a big step in a man's development when he comes to realize that other men can be called in to help him do a better job than he could do alone. We believe we can help you get better results from your advertising. **JOB DEPARTMENT BRITISH WHIG PUBLISHING CO., Ltd.** Phone 292. Specializers on Direct by Mail Literature.

A Woman's Problem How to Feel Well During Middle Life Told by Three Women Who Learned from Experience. The Change of Life is a most critical period of a woman's existence, and neglect of health at this time invites disease and pain. Women everywhere should remember that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs. Read these letters:—

Philadelphia, Pa.—"I started the Change of Life five years ago. I always had a headache and back-ache with bearing down pains and I would have heat flashes very bad at times with dizzy spells and nervous feelings. After taking Lydia E. Pinkham's Vegetable Compound I feel like a new person and am in better health and no more troubled with the aches and pains I had before I took your wonderful remedy. I recommend it to my friends for I cannot praise it enough."—Mrs. MARGARET GRASSMAN, 759 N. Ringgold St., Philadelphia, Pa.

Beverly, Mass.—"I took Lydia E. Pinkham's Vegetable Compound, for nervousness and dyspepsia, when I was going through the Change of Life. I found it very helpful and I have always spoken of it to other women who suffer as I did and have had them try it and they also have received good results from it."—Mrs. GEORGE A. DUNBAR, 17 Rounsey St., Beverly, Mass.

Erie, Pa.—"I was in poor health when the Change of Life started with me and I took Lydia E. Pinkham's Vegetable Compound, or I think I should not have got over it as easy as I did. Even now if I do not feel good I take the Compound and it restores me in a short time. I will praise your remedies to every woman for it may help them as it has me."—Mrs. E. KIELME, 931 East 24th St., Erie, Pa.

No other medicine has been so successful in relieving women's suffering as has Lydia E. Pinkham's Vegetable Compound. Women may receive free and helpful advice by writing the Lydia E. Pinkham Medicine Co., Lynn, Mass. Such letters are received and answered by women only and held in strict confidence.