

YEAR 85, NO. 8

KINGSTON, ONTARIO, THURSDAY, JANUARY 10, 1918

SECOND SECTION

HE CURED CHRONIC COLD WITH VINOL

Mr. Bagley's Letter Printed Here as Proof

Dunn, N. C.—"I suffered with a chronic cold for four months, coughed day and night. Had to keep on working when I was not able to. I saw Vinol advertised and tried it, and I want to tell you it just cured that cold in a short time."

That's because Vinol is a constitutional cod liver and iron remedy which aids digestion, enriches the blood and creates strength. Then chronic coughs and colds naturally disappear. Your money will be returned if it does not help you.

Mahood's Drug Store, Kingston. Also at the best druggist in all Ontario towns.

COAL CUSTOMERS

Please Notice! On and after first of May Coal Sales will be for Cash Only.

BOOTH & CO. Phone 133.



Be Clean—and Safe.

Think of the germ-laden things your skin and clothes must come into contact with every day. Then remember that there is a splendid antiseptic soap.

LIFEBUOY HEALTH SOAP

Use Lifebuoy for the hands, the bath, the clothes, and the home. Its rich, abundant lather means safety. The mild, antiseptic odor vanishes quickly after use.



GRAND TRUNK RAILWAY SYSTEM

LOCAL BRANCH TIME TABLE

IN EFFECT JAN. 6TH, 1918.

Trains will leave and arrive at City Depot, foot of Johnson Street, Kingston, Ont.

Table with columns for train number, destination, and departure/arrival times.

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Direct route to Toronto, Peterboro, Hamilton, Buffalo, London, Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Halifax, Boston, and New York.

CUNARD LINE

Passenger Service BETWEEN Halifax and Bristol

Money remittances made by mail or cable. Apply to Local Agents or The Bank of Montreal, Ltd., Kingston, Ont.

Save Your Coal

James Soward's Coal Co. Phone 155.

WHEN CHRISTIANITY BECAME ORGANIZED

The International Sunday School Lesson For January 13th is "Jesus Begins His Work."—Mark 1:12-20.

By William T. Ellis.

Jesus identifies himself with the big crowd of plain people. He was one of "the masses." A toiler and a son of a toiler; He was in such close fellowship with the working man that He was called "the Carpenter." Dr. Van Dyke has written:

"But I think 'He King of that country comes out from His tireless host. And walks in this world of the weary, as if He loved it the most; And here in the dusty confusion, with eyes that are heavy and dim. He meets again the laboring men who are looking and longing for Him."

No Buddha Immured in lonely and ascetic contemplation, was He, but a real man, touching life on all levels, and yet closest to the dust-gripped and sweaty crowd of common people. The modern fashion of preaching Christ as the best Brother of all mankind, who loved them up to the level of life and the timeless measure of death, is as near to "the simple gospel" as preaching can get.

Lining Up With the Crowd.

A snob wants to emphasize the differences between himself and the mass of mankind; a Saviour stresses the points of likeness. This lesson upon the baptism and the temptation of Jesus, has one great message; the identity of the Master with the life and lot of people. He was at constant pains to associate himself with the sorrows and toils, joys and hopes and religious aspirations of the big crowd of us.

John's preaching was not perfect; it was only a preparation; none the less, Jesus insisted that He be publicly enrolled as one of John's crowd. A lot of concealed persons think the church is not perfect and do not quite up to their standard; and so refuse to unite with it. To all such may be commended the example of Jesus: He joined John's church. He found the best crowd and stood with it. No idle, carping critic He.

Each in his place standing for the best he knows and not withholding open allegiance to the best and most hopeful organization God has provided in the programme of progress. Open and public confession by church membership is the counsel conveyed by the example of Jesus in His baptism. He wanted to be counted among the friends of God on earth. That way comes Christian solidarity.

A Real Man's Battle.

After exaltation comes depression; the ecstatic experience of baptism, when the heavens opened and the Father attested His approval of the Son, was succeeded by the temptation in the wilderness. Jesus went apart awhile; to take the measure and meaning of himself. His new experience and His mission. Every normal person understands the mood. Jesus wants to get away from the crowd; to be alone with himself and God.

But He did not get away from the devil. Modern philosophy, which is the devil's tool, is inclined to ignore the deity. Personally I prefer to think better of man and accept Satan. Everybody who has lifted his eyes six inches from the rim of a book knows that there are forces in the world which make for unrighteousness. The ugly thing called sin is no mere theological term; it is a fact of life.

A successful business man sat opposite me and said, "I tell you, I know men and I know myself and it is only the grace of God that keeps me from tumbling over into the volcano." That man was not talking about any metaphysical or subjective errors; he meant gross sins, such as the law of the land recognizes as crime. Yet he is a good man, made such, he avows only by the religion.

Had Bronchitis

FOR THREE YEARS. COULD GET NO RELIEF.

Bronchitis is generally the result of a cold caused by exposure to wet and inclement weather. It begins with a tightness across the chest, difficulty in breathing, and a wheezing sound comes from the lungs. There is also a raising of phlegm from the lungs, especially in the morning. This is at first white, but later becomes of a greenish or yellowish color, and is occasionally streaked with blood.

On the first sign of bronchitis you should check it immediately by using Dr. Wood's Norway Pine Syrup and thereby prevent it becoming chronic and perhaps turning into some more serious lung trouble.

Mr. Theodore E. Beers, Upper Main River, N.B., writes: "I was troubled with bronchitis for three years and could get no relief. I was always worse when I got wet. I tried lots of different medicines, but none did me good until a friend told me to try Dr. Wood's Norway Pine Syrup. I got three bottles and before I had them half used I was better."

"My mother is now using it for asthma. It is a great medicine and we never want to be without it." Dr. Wood's Norway Pine Syrup is put up in a yellow wrapper; three pine trees the trade mark; price 25c and 50c; manufactured only by The Milburn Co., Limited, Toronto, Ont.

Rheumatism Cured

In the days of our fathers and grandfathers rheumatism was thought to be the unavoidable penalty of middle life and old age. Almost every elderly person had rheumatism as well as many young people. Medical science did not understand the trouble—did not know that it was rooted in the blood. It was thought that rheumatism was the mere effect of exposure to cold and damp, and it was treated with liniments and hot applications, which sometimes gave temporary relief, but did not cure the trouble. In those days there were thousands of rheumatic cripples. Now, medical science understands that rheumatism is a disease of the blood, and that with good, rich, red blood any man or woman of any age can defy rheumatism, can be cured by killing the poison in the blood which causes it.

There are many elderly people who have never felt a twinge of rheumatism, and many who have conquered it by simply keeping their blood rich and pure. The blood making, blood enriching qualities of Dr. Williams' Pink Pills is becoming every year more widely known, and it is the more general use of these pills that has robbed the rheumatism of its terrors. At the first sign of poor blood, which is shown by loss of appetite, palpitations, dull skin and dim eyes, protect yourself against the further ravages of disease by taking Dr. Williams' Pink Pills. They will cure thousands of people—if you give them a fair trial they will not disappoint you.

You can get these pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

A Dog Outwitted the Germans.

If you place the tip of your finger on a map of the world, and run it along the Equator, writes an Australian officer, in the Wide World, you will discover the island of Nauru. The richest spot on earth, being composed almost entirely of phosphate, of which it is said there is nine hundred and fifty million dollars' worth actually in sight. Prior to the war the Germans had erected an immense wireless station on this island, the lofty mast of which is visible a couple of hours before one sights the land from a steamer.

Very soon after the struggle commenced the British authorities "rushed" the place in order to silence the voice of the great station. On the near approach of our warships the Hun in charge tried to render the station useless to us by hiding all the essential parts in a big cave, the existence of which was unknown to anyone but themselves.

When the station had been thoroughly dismantled, and all parts stowed away in their subterranean hiding-place, the mouth of the cave was closed and hidden with rubbish.

As for the Germans, an old black dog was an interested onlooker during certain phases of the concealment, and the old saying that "for want of a nail a shoe was lost" might be re-written to read "for want of a bullet a radio-plant was found." When our men reached the place, they found that the working parts of the precious "wireless were missing, and started a careful search for them; the dog, like the Vicar of Bray, joined the side of the victorious party, and led the soldiers to the concealed mouth of the cave, where they commenced to dig vigorously. There were cuts forefellers looking on, and the excited animal was soon assisted by a band of helpers who were missing nothing. The soon made the earth and rocks fly, uncovered the cave, and big enough to hold a platoon—and, to their huge delight, located the missing parts. As a result, in a few hours more we were in communication with British warships, and the Pacific knew the Hun no more.

Sleep Broken, Rest Impossible

Kingston Man Found His Nervous System Greatly Exhausted—Benefited by a Friend's Experience—and Health Was Completely Restored.

Mr. W. H. Moore, No. 4 Lower Quebec St., Kingston, Ont., writes: "About five years ago, I was suffering from nervous trouble, pains in my back, and general run down condition, and was next door to dying a couple of times. I was so nervous at times that I could not get a cup of tea to my lips. Sometimes I would never close my eyes during the whole night, and if I did get to sleep, would wake up with a jump. Through seeing the effect of Dr. Chase's Nerve Food on a friend of mine; I was induced to try it. After taking treatment, I found a great improvement, could sleep well, and an enjoying good health at present."

When the nerves give out everything goes wrong. The heart's action is weakened, the stomach fails to digest the food, headaches result, you cannot rest or sleep properly, and you get run down and discouraged.

There is only one way to get out of this condition and that is by feeding the nerves and thereby nourishing them back to health. The most successful treatment used for this purpose is Dr. Chase's Nerve Food.

This fact has been proven in so many thousands of cases all about you that it seems as though everybody should know it by this time. Ask your friends and neighbors about this great food cure, and put it to the test in your own case. You will then understand why so many people are enthusiastic about Dr. Chase's Nerve Food. 50 cents a box, 10 for \$2.75, all dealers or Edmondson, Bates & Co., Ltd., Toronto. The genuine bears the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, on the label.

Old Kinsmen Getting Together

NOT even Germany has tried to incite patriotic feeling more earnestly than our kinsmen and partners in the South. It is said that in the authorized edition of the primary German school-book—there is this question: "What is Germany?" The answer is "Our Fatherland, surrounded by enemies." It was not true when written, however it may now approximate to the truth. In the United States the answer to a school-book question as to what is England, the answer is in effect, "A tyrant that we liked." American school-children for several generations have been taught that they and their country came into being by defeating, more than once, the stupid bully, England, that had desired to treat Americans as "Scotchman" were treated by cruel "landlubbers." Hence has arisen prejudice against Great Britain, which is not to be explained away by Fenianism. Millions of Americans destitute of Irish blood have had the notion that England is a robber nation, and that the foreign policy of the United States might properly be concentrated into watchfulness of perfidious Albion.

Americans who are readers and whose knowledge of history is not confined to what they were taught when in knickerbockers, have rid themselves of the prejudice against England, but as most Americans, like most Canadians, do not learn anything about ancient history after they escape from the Public Schools, it is not unnatural that the majority of American citizens have had the idea that as soldiers the English were either jokes or tragedies, that the general were an unpleasing combination of boor and fool, and that the aim of Great Britain was to enslave whatever portions of the earth remained open for conquest. Before the war more than one American writer combated this idea, and it had made considerable headway. Since the United States and Great Britain have become allies the work of enlightening the average American has proceeded apace, and now it is by no means uncommon to find an American newspaper telling its readers that what they were taught about England at school is, to use the happy phrase of Emerson, "the old bunk."

In last Sunday's Portland Oregonian, one of the best papers on the Pacific slope, the leading article is devoted to "Our Anti-British School-Books." The writer points out that the mischief of the average American school-book, when it attempts to teach history, is not that it invents history, but that it presents facts in such a manner that the victory of an enemy which he takes 10,000 prisoners is represented as an important triumph with a victory for the home troops when they take 18 prisoners. For instance, in the history of the War of 1812, the Battle of Lake Erie is used as a Home-land and decisive conflict, while the "affair at Bladensburg" is treated as a severe. The glorious Canadian repulse of Chateaugay, Lundy's Lane, and Queenston Heights might as well be appertained to the history of Peru, so as the average American school-boy is concerned.

Before the war Mr. Charles Altshuler, who certainly bears no English name, wrote a book in which he examined the various American histories used in the schools. He carefully reviewed the events leading up to the American revolution, and showed that the injustices which the American colonists were called upon to endure were not imposed upon them by the English people, but by a King of England who was as German as the present Crown Prince. He showed that the greatest Englishmen of the day, Pitt and Fox and Burke, were brothers in spirit to Franklin, Adams, and Washington, and that they fought for the contentions of the colonists in Parliament as bravely as ever Washington fought for them in the field.

The fact is that in its history the United States has had just two important wars apart from inter-colonial war, and both happened to be against England. The scrap with Mexico and the brush with Spain are not worth a twinkle of an eye. Popular American history has overlooked the fact that had it not been for Great Britain the United States would have had its first great war with Germany and Austria at the time it was battling Spain.

Any hostility that there has been between the two countries since Cleveland delivered his Venezuelan ultimatum has been artificial, and has been provoked by silly text-books, by Fenians, or by pro-Germans. Now that the two nations stand shoulder to shoulder in the greatest war that the world has ever seen, the old mistaken distrust will disappear forever, and the chief glory will go to the Canadian soldiers who first died in this war and were hailed as brothers and Americans by the press and public of the United States.

The wisdom of nature is proverbial, but why she gave to man a jawbone and teeth that enables him to bite off more than he can chew is a mystery.

To accuse her of meaning every word she says is a serious charge to bring against a woman.

One-half the world doesn't let his better half know how he lives.

Man claims to be woman's intellectual superior, yet the records show few women bigamists.

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