AKER'S COCOA HAS CREAT FOOD VALUE

THE food value of cocoa has been proven by centuries of use, and dietitians and physicians the world over are enthusiastic in their endorsements of it. It is said to contain more nourishment than beef, in a more readily assimilated form. The choice, how-

ever, should be a high-grade cocoa, -"Baker's" of course.

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Orange Lily" - the woman's friend - will cansform your life! If you are of that numberless host of as and agonizing pains caused by obstinate and long-standing disorders an internal nature, let me make you this free and open promise ange Laly" will transform your life !

I know the symptoms as well as yourself, for I too suffered for years ne. A few days will work nders and, like hundreds of [

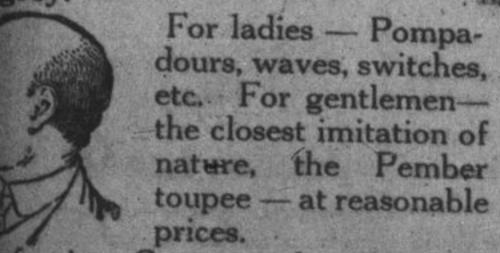
ers, you'll thank me for makknown the good news to you ge Laly"-absolutely free. from present troubles just thers, that is all I ask. Endence Mrs. Lydia W. Lindd, dsor, Ont. Sold by leading



ending his representative, D. Adams, who is specgifted in the art of suiting ladies and knows their

lr. Adams will be at Ransh Hotel, Jan. 9th and 10th, ed. and Thurs.) with the t stock of hair goods for s and gentlemen, for imving the personal appear-

; toilet preparations for improving the comion. He can prevent your own hair from turn-



Guaranteed — Remember

Women! Keep It On Dresser! Never Let Corns Ache Twice

Instantly! Few drops stop corn-soreness, then corns and calluses shrivel, loosen and lift out with fingers-No pain!

The world owes thanks to the | and shriveled that you lift it genius in Cincinnati who dis- off with the fingers. Not a bit Tiny bottles of the magic applying freezone or afterluid can now be had at any wards. It doesn't even irritate

rug store for a few cents, the skin or flesh. You simply apply a few drops. For a few cents one can now of this freezone upon a tender, get rid of every hard corn, soft aching corn or a hardened corn, or corn between the toes, cullus. Instantly the preness us well as painful calluses on sappears and shortly you will bottom of feet without any pain. find the corn or callus so loose, Lagies! Keep it on the dresser.

The Thrill and the Hell of the Trenches, Described by an American Boy.

Sergeant Alexander McClintock of Lexington, Ky., and the Canadian Army Has Gripping Tale That Every American Will Read, For He Tells the Facts-Unadorned. Wounded, a Distinguished Conduct Medal Man, He Was Invalided Home, but Is Going "Out There" Again to Fight For Uncle Sam and His Allies. An Inspiring, Interesting, Personal Narrative, Full of the Spirit and Atmosphere of the SERGEANT McCLINTOCK. Trenches.

shaken up. We were beginning als the woods surgically. Our wounds had merely been dressed. Each of us faced an extensive and serious operation. We arrived at Contay silent and pretty badly depressed. For twenty-four station they did little except feed us and take our temperatures hourly.

No. 6. Decorated For

Bravery; Home and

Uncle Sam.

By Sergeant Alexander McClintock,

D. C. M., 87th Overseas Batt.,

Canadian Gren. Guards.

Copyright, 1917, by the Bell Syn-

This is the concluding, article of the

series of six by Sergeant McClintock,

an American boy of Lexington, Ky.,

toho has seen service in France, was

decorated for bravery and invalided

home. He has been promised a com-

mission in our army. The first five in-

stallments told of the fighting in Bel-

gium and on the Somme, where he was

desperately wounded. This final in-

stallment describes his journey to the

rear with twenty-two pieces of shrapnel

king in a London hospital.

one leg and his meeting with the

WAS taken from Pozieres to Albert

in a Ford ambulance or, as the

Tommies would say, a "tin Lizzie."

The man who drove this vehicle would

make a good chauffeur for an adding

machine. Apparently he was counting

the bumps in the road, for he didn't

miss one of them. However, the trip

I was in fair condition when they lifted

me out and carried me to an operating

A chaplain came along and murmur-

ed a little prayer in my ear. I imagine

that would have made a man feel very

solemn if he had thought there was a

chance he was about to pass out, but

I knew I merely had a leg pretty badly

smashed up, and while the chaplain

was praying I was wondering if they

so, this would handicap my dancing.

on their first real dressing.

artillery officer and two privates of in-

shrapnel cases and probable recoveries,

which latter detail is remarkable, since

the most slightly injured of the four

had twelve wounds, and there were

sixty odd shell fragments or shrapnel

balls collectively imbedded in us. The

nurse had told me that I had about

twenty wounds. Afterward her count

proved conservative. More accurate

and later returns showed twenty-two

bullets and shell fragments were in

my leg. They took these out and pre-

We were fairly comfortable in the

ambulance, and I especially had great

relief from the fact that the nurse had

strapped my leg in a sling attached to

the top of the vehicle. We smoked

cigarettes and chatted cheerfully, ex-

got "clean ones"-that is, wounds not

probably fatal. The artillery officer

pattation that morning with one of the

A sacrifice battery, I might explain

officer said our battation that morning

had been supported by an entire divi-

alone, in a curtain fire which lasted

birty-two minutes, had discharged

I was impressed by his statement, of

15,000 rounds of high explosive shells.

ward the end of our trie to Contar we

were much exhausted and prefty hadis

ing them away for souvenirs.

uted them to me. I have been giv-

table in the field dressing station.

Germans Bomb Hospital Train. just ready to depart with a full quota lition until I myself sent them a cable of wounded men, was attacked by from London on Dec. 15. After the German aeroplanes from which bombs first official message, seemingly pre-



of the Nursing Sisters Were the Coolest Individuals Present.

mans so fearless and ferocious as the Red Cross big enough to be seen from The first formality in a shrapnel fase miles in the air. The German aviators s the administration of an anti-tetanus accepted them merely as excellent targets. Their bombs quickly knocked realize that they are sure trying to three or four cars from the rails and save your life. The doctor uses a horse | killed several of the helplessly woundon your chest as big as a base- and nervous from recent shock and inball, which stays with you for forty- jury, some of them half delirious and eight hours. After the injection a nearly all of them absolutely helpless aurse fills out a diagnosis blank with | and in pain, were thrown into near

description of your wounds and a panic record of your name, age, regiment, | Two of the nursing sisters in charge regimental number, religion, parentage of the train were the coolest individand previous history as far as she can uals present. They walked calmly up discover it without asking questions and down its length, orging the pa-After all of that my wounds were giv- male attendants how to remove the wounded men safely from the wrecked cars and paying no attention whatever decorated the two sisters with the Roy-

The trip from Contay to Rouen was a nightmare-twenty-six hours travelforever stopping and starting, its jerky and uncertain progress meaning to us just hours and hours of suffering. I do not know whether this part of the sysbeen improved now. Then, its inconbeen inevitable, for in every way aftercare was shown us. In the long rows eral hospital at Rouen we found oureled all the way from Poizers into

surrounded with quiet, trained, etilorepared me for the enjoyment of it led cigarettes, tobacco and a pipe.

w bathing my face and hands with When the ship docked at Southampwas X rayed and photographed. Ltold part of the British isles he would lib compatingly. I had five more opera- out to get more they had forgotten to

My wounds had become septic, and it was necessary to give all attention to frainage and cure. It was about thisime that everything for awhile seem. ed to become hazy and my memories cot all queerly mixed up and confused. recollect I conceived a violent dis-

The Alarming Cablegram.

It was at this time (on Nov. 28, 1916, hat my father in Lexington received he following cablegram from the offi-

Sincerely regret to inform you that Sercospital from gunshot wound in left thigh. hours in the Contay casualty clearing. Further particulars supplied when re-

It appears that during the time of Then we were put into a hospital train | ny adventures with the black dog and the inattentive nurse my temperature and ascended to the stage when the loctors began to admit another method Right here I would like to tell a lit- of treatment might have been successtle story about a hospital train leaving ful. But I didn't pass out. The one Contay for Rouen-not the one we thing I most regret about my close call were on, but one which had left a few is that my parents in Lexington were days before. The train, when it was in unrelieved suspense about my conwere dropped upon it. There is noth- pared almost as a preface to the an-And, as I didn't know that the official message had gone, I cabled nothing to him until I was feeling fairly chipper again. You can't have wars, though, without these little misunderstandings. If it were possible I should say something here which would be fitting and adequate about the Englishwomen who nursed the 2,500 wounded men in general hospital No. 5 at Rouen, but that power isn't given me. All I can found American expression of respect and say that my hat is off to them One nurse in the ward in which I lay and been on her feet for fifty-six hours,

with hardly time even to eat. dually fainted from exhaustion, was carried out of the ward and was back operation. And the doctors were do obligations which they considered to be theirs. An operating room was i very ward, with five tables After the fight on the Somme, in which was wounded, not a table was vacant any hour in the twenty-four for lays at a time. Outside of each room ing patients next awaiting surgical atthe petty pay of English army medical

from Rouen to Havre. Here I was placed on a hospital ship which every have a chance to inspect. Nothing ingenuity could contrive for convenience and comfort was missing. Patients were sent below decks in elevators



People Stand In Crowds, the Men Wil

operation when a truy of delicious food | Castle line. May you have a speedy was placed beside my bed and a nurse and good recovery." The box contain-

On the following morning my leg | channel, each patient was asked what the surgeon I thought the business of to be taken to for the period of his operating could very well be put off | convalescence. I requested to be takook the first lot of from out of me. I know many Americans, but I didn't appose these were just the surface need to know them. They found me leposits, for they only got five or six and made themselves acquainted. They pieces. However they continued sys- brought things, and then they went tions, and every time I came out of bring the first trip. The second day. little longer. After the number had I sent 1,500 eigarettes back to the box

eat and drink and smoke all the things just because I was an American I'd be back in that hospital new only getting fairly started on the job. It's

some country when you need it. Wounded Get Great Welcome. The wounded soldier getting back to England doesn't have a chance to imgins at the railroad station. All traf- tice from the British war office inform m at the ball game when she ought to the station. The people stand in medal had been awarded to me when and I was perfectly certain about her. | While the ambulances pass. Women 'spite glowing reports in the Kentuck

to be a government printing office and was nearing completion when the war broke out. It has been made a para-



my people for your services."

average hospital are unknown bere There are soft lights and comfortable beds and pretty women going about as visitors. The stage beauties and comedians come to entertain us. The food is delicious, and the chief thought nmates what a comfortable and cheery friends. I was there from December until February, and my recollections of the stay are so pleasant that some-

On the Friday before Christmas there was a concert in our ward. were Fay Compton, Gertrude Elliott (sister of Maxine Elliott), George Robie and other stars of the London stage. After our protracted stay in the trenches and our long absence from entertaining of dramatic exhibitions plause with kisses? Well, that's what we got. And I am proud to say that it was Miss Compton who conferred

At about 3 o'clock on that afternoon when we were all having a good time. ers. He walked around, presenting each patient with a copy of "Queen Mary's Gift Book," an artistic little by the most famous of English artists

"Is this the one?" The nurse nodded. He came and se with me. He asked as to what part of getting along and what I particularly been done for me.

Thanked by King and Decorated For the Virginia committee of West Au-

"I thank you," he said, "for myself and my people for your services. Our gratitude cannot be great enough to-

There was nothing in the least thrill-

After he had gone one of the nurse asked me what he had said "Oh." I said, "George asked me what | and the company assembled below, in-

she went out and reported that I was

tionsly do his best in any situation, but would never do or say anything with agine that his services are not appre- ters from the Canadian headquarters because she insisted on going to look the ambulances a clear way leaving I was told the king knew that the se sitting by to chase that dog away. crowds, the men with their hats off, he spoke to me in the hospital. Debeing at the ball game, because I saw | rush out and throw flowers to the press he didn't pin it on me. Probably ier there when I was playing third wounded men. Sometimes there is a be didn't have it with him, or perhaps cheer, but usually only silence and he didn't consider it good form to hang a D. C. M. on a suit of striped presents The King George hospital was built | tion pajamas with a prevailing tone of

ant, tired little man with a great bur-

While I was in the King George hospital I witnessed one of the most wonderful examples of courage and pluck I have ever seen. A young Scot only nineteen years old, McAuley by name, had had the greater part of his face blown away. The surgeons had patched him up in some fashion, but he was horribly disfigured. He was the brightest, merriest man in the ward, always joking and never depressed. His own terrible misfortune was merely the topic for humorous comment with him. He seemed to get positive amusement out of the fact that the surgeons were always sending for him to do some thing more with his face. One day he was going into the operating room and a fellow patient asked him what the new operation was to be.

"Oh," he said, "I'm going to have a It'll grow better than the one I have

age to get leave to absent himself from the hospital for an hour or two. He never came back alone. It took a couple of men to bring him in. On the next morning he would say:

"Well, it was my birthday. A man must have a few drinks on his birth-

I was discharged from the hospitat in the middle of February and sent to a comfortable place at Hastings, Sus-"I thank you," he said, "for myself and sex, where I lived until my furlough papers came through. I had a fine time in London at the theaters and clubs pending my departure for home When my furlough had arrived I went to Buxton, Derbyshire, where the Canadian discharge depot was located. and was provided with transportation to Montreal. I came back to America on the Canadian Pacific Royal Mail steamer Metagama, and the trip was without incident of any sort. We lay word that our convoy was ready to see stroyer escorted us 400 miles on on

I was informed before my departure that a commission as lieutenant in the Canadian forces awaited my return from furlough, and I had every intention of going back to accept it, but since I got to America things have hapened. Now it's the army of Uncle Sam for mine. I've written these stories to show what we are up against. bloody one and a sorrowful one for side and all wrong on the other-and I'm glad we're in. I'm not willing to quit soldiering now, but I will be when we get through with this. Because won't be any necessity for soldiering.

THE END. ".

The State of Westsylvania. The "province and government of Westsylvania" was a proposal made by the settlers in the southwest of Pennsylvania and the adjacent territory for the creation of a new state. It origibetween Virginia and Pennsylvania. and the scheme was brought forward early in July, 1776. A description of the proposed government defines the ands as "beginning at the eastern branch of the Ohio opposite the mouth of the Scioto and running thence in-a direct line to the Owasioto pass, thence to the top of the Allegheny mountain hase made from the Indians in 1768 at with the said limits to the Allegheny or Ohio river and then down the said river as purchased from the said Indians at the aforesaid treaty of Fort Stanwix at the beginning." A call for a convention to organize the govern ment was issued, but a memorial of gusta county to the lower house of asolan,-Philadelphia Press

London's Crystel Palace. Crystal palace was originally built Hyde park for the great exhibition of 1851, being afterward removed to he first state opening of the palace by Queen Victoria it was urged that the isual artillery salute should not be fired, the reason given being that the concussion would shiver the glass roof luding her majesty, would be cut into nincement. Dire were the predictions of the scaremongers when the design for the palace was made public. The first gale, they said, would inevitably it. Consequently if they escaped an Healty, I wasn't much impressed by avalanche of glass they would be roastof our battalion in France out of my the English king. He seemed a please of to death inside the case.

It is better to fix our attention on . Look at a picture in the best pos- Any man who has ever picked up a . A few men earn more than they . Sometimes it is better late than the Christmas tree and its fruits sible light, and be as courteous to bot store lid with his bare hands can get, but the majority get more than early. The bit of repartee you think Strange to say, a woman is not ture

why most men do not fear it.

your fellow men as you are to a pic- appreciate the value of a wife's sym- they carn. lafraid of the man with the spirit of | Death loves a shining mark. That's | One quart is liquor is needed

drown a spoonful of trouble.

Love looks through a telescope. En- | cost, you a friend.

of ten minutes too late might have vy looks through a pair of green! When hope looks backward it is

transformed into regret.