

STRICKEN IN THE STREET

Completely Restored To Health By "Fruit-a-lives"

882 St. Valere St., MONTREAL.

"In 1912, I was taken suddenly ill with Acute Stomach Trouble and dropped in the street. I was treated by several physicians for nearly two years, and my weight dropped from 225 pounds to 160 pounds. Then several of my friends advised me to try "Fruit-a-lives". I began to improve almost with the first dose, and by using them, I recovered from the distressing Stomach Trouble—and all pain and Constipation were cured. Now I weigh 208 pounds. I cannot praise "Fruit-a-lives" enough". H. WHITMAN.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

Tobin's Peerless Boxes for Overseas

Choice Stock of Groceries.

Thompson's Grocery 234 PRINCESS ST. Phone 287.

FRESH LAKE ONTARIO WHITE-FISH AND TROUT

All Kinds of Fresh Fish.

Dominion Fish Co.

CATARRH OF THE BLADDER
SANTAL MIDY
 Believed in 24 Hours
 Each Capsule bears the name MIDY
 Beware of counterfeits

"Ranks with the Strongest"
HUDSON BAY Insurance Company
 FIRE INSURANCE
 Home Office, Royal Insurance Bldg. MONTREAL.
 PERCY J. QUINN, Manager, Ontario Branch, Toronto
W. H. GODWIN & SONS
 AGENTS, KINGSTON, ONT.

Hockey Boots



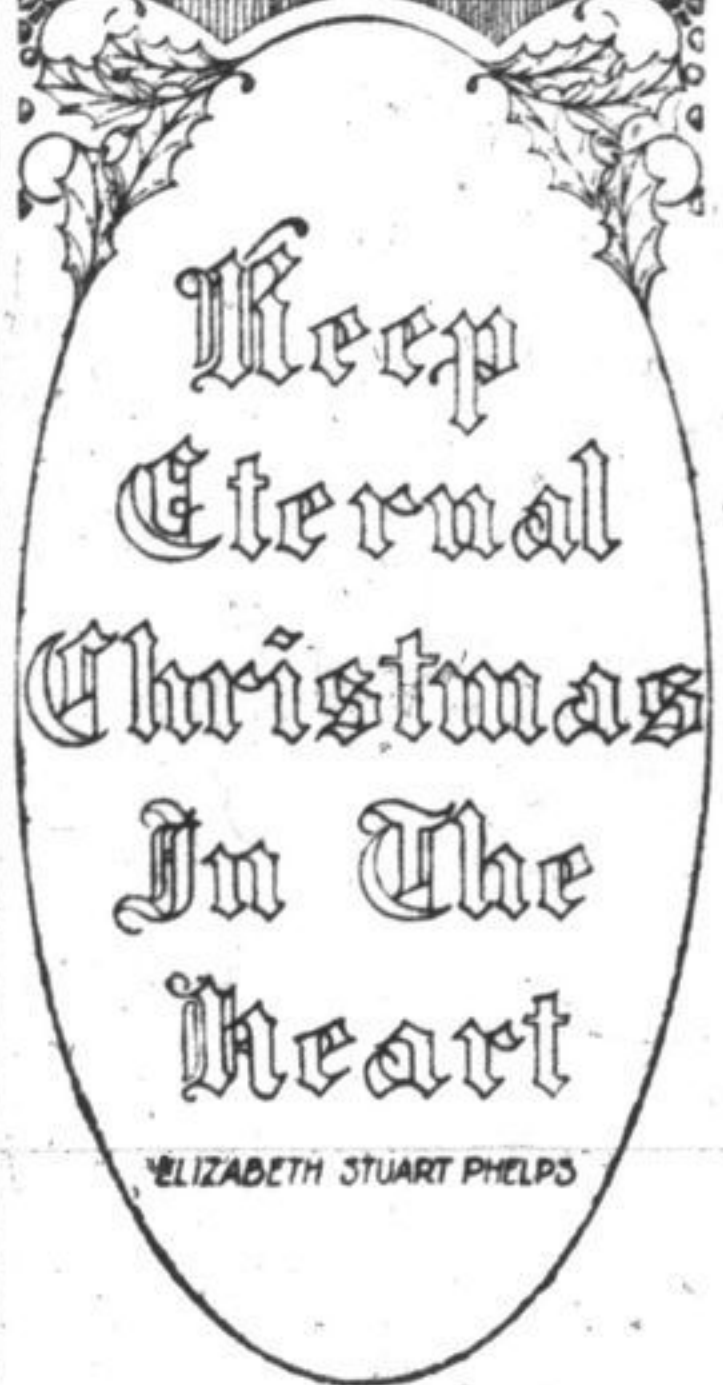
Lightning Hitch Quick Hitch Boys', Men's, Women's.

The Sawyer Shoe Store

William Young, one of Brockville's best known citizens passed away on Friday morning at his home, following a very brief illness. The deceased was born near Mallorytown seventy-three years ago and had resided in Brockville for about fifty years.

The death of Mrs. A. G. Dobbie took place at St. Vincent de Paul hospital, Brockville, Friday. The late Mrs. Dobbie had been a resident of Brockville for thirty-one years.

The Real Christmas



Working In the Name Of the Christ Child

SOME thirty years ago there lived in the city of Washington a young girl, the daughter of Richard T. Merrick, a distinguished lawyer, says the Survey. A serious injury, due to an accident, had left her an invalid, confined to her couch. The Christmas season was fast approaching and amid the preparations for the holidays, which the happy family were busily making, this young invalid, reared in luxury, conceived the desire of clothing in the name of the Christ Child some poor babe who was to come into the world in poverty. She made a simple but complete layette, sent for a friend who she knew could find the very mother who needed such assistance, and one small child was clothed in the name of the Christ Child.

The Christ Child, society, founded 27 years ago, distributed 139 layettes last year. Not one request has ever been refused to an applicant indorsed by its visitors. And from this has developed the material relief department, which clothes and shoes children, furnishes a fortnight's outing, a brace for a crippled leg or a book from the library. There are no religious qualifications. Active members contribute a definite number of hours' work each week, and anyone may become a member by promising to answer the Christmas letter of a poor child. Washington numbers 1,000 members, and there are more than 4,500 in all, including the branches in 22 cities.

From her couch, where she has lain for more than 25 years, Miss Merrick directs and leads all the society's work.

St. Nicholas Day and Christmas.

A writer in the Fall Mall Gazette thus speculated concerning the amalgamation of Christmas eve and St. Nicholas eve: "Perhaps the amalgamation of the two festivals was brought about by motives of economy, the giving of presents on December 5 and again on December 25 constituting too heavy a toll on parental purses. That this was the case appears to be proved by the custom prevailing in Catholic Germany, where St. Nicholas duly appears in each home on December 5, and, inquiring into the conduct of the children, rewards the worthy with fruits and cakes and lectures the unworthy on the duty of obedience. He then asks the Christ Child to bring them at Christmas, and on the morning of that day they usually find the desired articles in the shoes which this variation of the original Nicholas eve custom, for so long obsolete in England, probably accounts for our possession of Santa Claus in his present form. He is supposed to have been an importation from America about 40 years ago (as a little earlier we had derived the Christmas tree from Germany on the initiation of the prince consort, husband of Queen Victoria.)"

The Brawn and Brain of a boy are not made out of books or sermons. They are built out of foods that supply in well-balanced proportion and in digestible form every needed element. These elements are found in **Shredded Wheat Biscuit**, a real whole wheat food which contains all the material for building the human body. A perfect food for growing youngsters. Its crispness encourages thorough chewing, which develops sound teeth and healthy gums. Children like it and thrive on it. It is ready-cooked and ready-to-eat. For breakfast or any meal with milk or cream. **Made in Canada.**

December

By J. C. OLIVER.

O MONTH far famed! For festive days and nights renowned, Joy fraught, with hallowed benedictions crowned, Life's annual clearing house for retrospective thought, Where pensive memory recalls the smiles, the tears, The hopes and joys of youth, the loves of vanished years, And sighs to see the havoc, sad, that Time has wrought.

O hoary month! In regions of the north and east The song of bird and rippling of the breeze have ceased, And Nature's thousand charms of summer days have fled, There Hecates reigns, fierce God of wind and storms And winter all of verdure, into brown and white transforms And leaves no trace of life and beauty sped.

O happy month! When keen anticipation, sweet, Flies swift on wings of ardent love to greet With gifts the friend, the lover or the kindred near, As Winter closer draws his icy fettered chains The heart expands and love unselfish reigns And speeds its largesse to the ones most dear.

Illustrious month of most illustrious birth! Good tidings, peace and joy to all the earth, A heavenly choir announced when Christ was born, No other birth such mighty portent bore, This Prince of Peace whom heaven and earth adore, How thrills the heart at thought of Christmas morn!

The First Christmas Day

Told For the Littlest Children

LISTEN dear little children, and you shall hear about the very first Christmas day. It was in a country across the sea, far away from here, that some shepherds were watching their flocks one night. The sheep were resting on the grass, the little lambs were fast asleep beside their mothers, but the kind shepherds were not asleep. They were watching that no harm should happen to the sheep.

Perhaps they were looking up at the stars and the beautiful moon above them when suddenly there appeared a wonderful light in the sky, brighter than the moon, or stars, as if the sky had opened and they saw the glory within.

While the shepherds were looking up, wondering what was the cause of that strange light, a beautiful shining angel came near to them and said:

"Fear not, I bring you good tidings which shall be to all people. This day is born a Savior, and ye shall find the babe lying in a manger."

And suddenly the angel was joined by a multitude of the heavenly host singing praises to God. This was their song:

Glory to God in the highest, and on earth Peace, good will toward men.

When the angels had gone back to heaven the shepherds said they would go to Bethlehem and see this Savior of whom the angels sang. They went and found him, a little baby, in a stable, with no cradle to lie in, only a manger for his bed. That little baby was Jesus, who when he grew up said: "Let the little children come unto me and forbid them not, for of such is the kingdom of heaven." His birthday was the first Christmas day, and ever since that time we kept that day as a joyful and happy one.

To All Our Friends

May Christmas Bring You Merry Cheer, To Last You Through A Glad New Year

Nothing disgusts a girl more than to have a young man make a bluff at kissing her. A cold is a good deal like a street car. A man can always catch it when he doesn't want it.

"We never have coffee at our house, because I can't make good coffee". Have you ever started right —with Chase & Sanborn's "SEAL BRAND" COFFEE? In 1/2, 1 and 2 pound tins. Whole-ground-pulverized—also fine ground for Percolators. Never sold in bulk. CHASE & SANBORN, MONTREAL.

AS YOUR GROCER FOR Charm Tea IN PACKAGES. Black, Green and Mixed. Packed in Kingston, by GEO. ROBERTSON & SON, Limited.

Closely Related There's a closer relationship between feed, poultry and dollars than you may suspect. Right feed means better birds, quicker returns and more money. For bigger dividends on your poultry, let us supply your feed. The kind you need is here, and our advice is free for the asking. W. F. McBROOM 42-44 Princess Street.



Special Xmas Offer

GOOD UNTIL CHRISTMAS EVE

The Aeolian-Vocalion

With a Choice Selection of Records --- Delivered to You for a Small Payment Down



STYLE "F"
Included with this offer are the following:
The Phonograph — A Style "F" Aeolian-Vocalion in selected mahogany. This is a full-cabinet model with ample space for record albums.
New Tone Arm — This instrument is equipped with a new Universal Tone Arm and sound box for playing all standard make of records. No additional attachment required.
Records — Included in this offer are 24 record selections.
Needles — 200 Aeolian-Vocalion needles. These needles are of finest grade steel.

MONTHLY PAYMENTS AS LOW AS
\$7
COMPLETE OUTFIT \$135.20.

There should be music in your home on Christmas Day, and every day. And what better music can you wish for than that of the Vocalion, the new and greater phonograph that you can play?

This wonderful new phonograph, one of the Aeolian Company's latest and most notable productions—far surpasses anything hitherto known among such instruments.

In richness and musical depth, in delicacy and clearness of tone, the VOCALION is supreme.

Each one of the three popular models in this special offer, including the moderate-priced Style "F" \$125, has all the tonal superiority that has given the Aeolian VOCALION world-wide renown.

STYLE "H"
Included With This Offer Are the Following:
The Phonograph — A beautiful Style "H" Aeolian-Vocalion in finest selected mahogany and oak.
New Tone Arm—This instrument is equipped with a new Universal Tone Arm and sound box for playing all standard makes of records. No additional attachment required.
Records—Included in this offer are \$15 worth of records.
Needles—200 Aeolian-Vocalion needles.
This instrument is equipped with the Graduoia, the revolutionary tone control device for playing the records yourself.

Monthly Payments as low as
\$10
Complete Outfit \$210.00.



All three of the Vocalion models shown here are beautiful in design and finish, and are equipped with the Vocalion Automatic Stop and with Tone Arm and Sound Box for playing all makes of records.

In the Style "G" at \$155 and "H" at \$225, you have not only the advantage of listening to the instrument as a regular phonograph, but in addition you may control the expression by means of the GRADUOLA. With this fascinating device, you may put your own feeling into every record you play.

The instruments specified are three of our most popular and best selling styles and with the accessories as specified, make an opportunity to purchase a phonograph on terms you will not want to miss.

Records—Included in this offer are 30 records.
Needles—200 Aeolian-Vocalion needles.
This instrument is equipped with the Graduoia, the revolutionary tone control device.
Monthly Payments as low as
\$8
Complete Outfit \$167.75.

A NICE LINE OF NORDHEIMER AND STEINWAY PIANOS

R. J. RODGER

Exclusive Representative
132 Princess Street
Kingston, Ont.

20% DISCOUNT

Commencing Dec. 1st, we will give a reduction of 20% on all Fit-Reform

OVERCOATS

Good fitting, up-to-date garments. Inspection Invited.

Crawford & Walsh

Tailors.
Princess and Bagot Streets.

CALIFORNIA FRUIT STORE SPECIAL FOR CHRISTMAS

Oranges, Bananas, Apples, Pears, Sweet Grapes, Grape Fruit, Lemons, Figs, Dates, and Mixed Nuts. Fresh home made candy, Christmas candy, Chocolate boxes and candy canes of all prices. Holly.

Special this week — Sweet Oranges, 2 dozen for 25c. Prompt Delivery.

Phone 2168. Charlie Dafnas, Prop.