

ROYAL YEAST CAKES

Some women hold to the idea that bread-making is a long and difficult operation, but this is a mistake, for with Royal Yeast Cakes, light, sweet bread can be made in a few hours with but little trouble.

FREE: Our new Royal Yeast Cake Book will be sent free upon request. It contains full instructions for making bread and rolls with Royal Yeast Cakes. Send name and address to our writers and this valuable little book will be mailed promptly.

E.W. GILLET CO. LTD.
TORONTO, CANADA
WINNIPEG MONTREAL

WAR MENUS

How to Save Wheat, Beef and Bacon for the men at the front. Issued from the Office of the Food Controller for Canada.

MENU FOR FRIDAY

- Breakfast: Cornmeal Porridge, Milk, Sugar, Baked Apples, Toast, Tea or Coffee.
 - Luncheon: Fish Omelet, Stewed Figs, Brown Bread, Butter, Tea.
 - Dinner: Macaroni and Cheese, Baked Potatoes, Cabbage, Apple and Bread Crumb Pudding.
- The recipe for Fish Omelet, mentioned above, is as follows:
 Fish Omelet—2 heaped tablespoons cooked fish, 1 tablespoon grated cheese, 1 egg, 1 tablespoon butter.
 Pinch of cayenne and salt.
 Beat the yolk of the egg, and add the cheese and seasonings. Fold in the white of the egg, whipped to a stiff froth, and put the mixture quickly into a frying-pan or omelet pan in which the butter has been melted. When the egg begins to set, stir in the fish and cook until the omelet is done. Serve immediately.

The Heidelberg plant of the Aetna Explosives Co. was blown up at Pittsburgh, Pa., Wednesday. A number of persons were killed.

DON'T BE BILIOUS, HEADACHY, SICK OR CONSTIPATED

Enjoy Life! Live Your Liver and Bowels Tonight and Feel Great.
Wake Up With Head Clear, Stomach Sweet, Breath Right, Cold Gone.



Take one or two Cascarets tonight and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. Wake up feeling grand, your head will be clear, your tongue clean, breath sweet, stomach regulated and your liver and thirty feet of bowels active. Get a box at any drug store now and get straightened up by morning. Stop the headache, biliousness, bad colds and bad days. Feel fit and ready for work or play. Cascarets do not gripe, sicken or inconvenience you the next day like salts, pills or calomel. They're fine!
Mothers should give a whole Cascaret anytime to cross, sick, bilious or feverish children because it will act thoroughly and can not injure.

Removes Hairy Growths Without Pain or Bother

(Modes of To-day)
It is not necessary to use a painful process to remove hairy growths, for with a little delatone handy you can keep the skin entirely free from these beauty destroyers. To remove hair, make a stiff paste with a little powdered delatone and water. Spread this on the hairy surface and in about 2 minutes rub off, wash the skin and the hairs are gone. To guard against disappointment, be careful to get real delatone.

WANTED
To rent a farm of 200 acres with privilege of buying.
W.H. Godwin & Son
30 Brock Street Phone 624

CATARRH OF THE BLADDER
SANTAL MIDY
24 Hours
Each capsule bears the MIDY name and is guaranteed genuine.

GREATEST FEAT OF PUBLICITY

The World Has Ever Known in Connection With Wilson's Message.

HERALDED ALL OVER GLOBE

TRANSLATED IN FRENCH AND SPANISH AT WASHINGTON

Trains, Telegraphs, Telephones, Wireless and Cables Were Used to Circulate U. S. President's War Address.

New York, Dec. 6.—President Wilson's address to Congress was heralded throughout the world by the United States Government. The achievement is regarded as probably the greatest publicity feat ever undertaken.

Distribution of the message abroad was personally directed from this city by George Creel, Chairman of the Committee on Public Information.

Nearly every known means of communication—express train, telephone, telegraph, wireless and submarine cable—was utilized in transmitting the address. While an operator in New York was clicking off its text on a transcontinental wire direct to San Francisco, where it was immediately relayed to the Orient, another at his side was sending a Spanish translation to Colon, in the Panama Canal zone, from whence it radiated throughout Central and Southern American capitals.

Wireless operators picked the President's words out of the air and relayed them to Caribbean Sea points. Doubtless many ships in these waters knew what was being said in Washington at almost the same time as the address was being distributed over telegraphic systems in this country.

It is estimated that approximately 35,000 miles of telegraph and cable wires were called into use in transmitting the message.

In French and Spanish.

Chairman Creel received a copy of the address in this city by special courier from Washington early today. A corps of typists were put to work in a locked room to make duplicate copies. Meanwhile, in an adjoining room, it was being translated into French and Spanish. These rooms were guarded as a precaution against the contents of the message becoming public prematurely.

Upon receiving word from Washington that President Wilson had begun delivering the address, shortly after noon, a corps of telegraph and cable operators, at Mr. Creel's direction, immediately began their task of wiring the message broadcast across the United States to San Francisco, there to be relayed to Shanghai and thence to Tokio and to Peking; across the Atlantic to London, where it was picked up and re-sent to the continent; and down the eastern coast to Panama for re-transmission to Central and Southern American points.

London Relays It.
At London and Paris the message was placed in the hands of the established commercial and governmental news agencies. From London a French translation was forwarded to Paris, London also served as a relay point to Stockholm, Copenhagen, Christiania and The Hague. From Stockholm, a copy of the message was sent to the American Embassy at Petrograd. London also filed to Algiers and other Northern African points. From Paris were served Lisbon, Madrid, Rome and Bern.

New York sent the address to South America, the most southern point being Rio de Janeiro. This cable runs by way of Colon to Chile, Colon relayed to Bogota, Valparaiso, Quito and Lima, Lima in turn forwarding to La Pas, and Valparaiso to Santiago and Buenos Aires. Colon was the point from which the message radiated throughout Central America.

In the absence of perfected news agencies with extensive connections in Central and South America, copies of the message were placed directly in the hands of American Ministers in these countries for immediate release to newspapers and distributing organizations in their jurisdictions. The President's message probably will not appear in full in the Teutonic press, but the papers of neutral countries and the work of Allied aviators will get it to many Germans in unutilized form.

PLEA TO HUN SOCIALISTS.
Are Asked to Intercede for the Doomed Armenians.

Washington, Dec. 6.—Socialist organizations of the Central Powers have been called upon by the International Socialist Bureau to intervene in behalf of the few remaining Armenian women and children that the Turks have left in the Monia-Alep district. A Stockholm despatch today said the Bureau has learned it is the intention of the Turkish Government to deport these people into the deserts of Mesopotamia. The Bureau declares that this is equivalent to the condemnation to death of hundreds of women and children.

A joint resolution was introduced into both Houses of Congress on Wednesday to have the United States Government take over and work all railroads and coal mines in the United States.
At St. Andrew's, N.B., Sir Robert Borden said he had hopes of inducing a French Liberal to enter the Cabinet.

QUEBEC MOBS BRAVED BY COURAGEOUS WOMAN

She Publishes the Only French Canadian Newspaper Supporting Union Gov't.

Toronto, Dec. 8.—The Ottawa correspondent of the Toronto News says: There is but one French-speaking paper in the Province of Quebec which is supporting Union Government, L'Evenement. The courage that is required by the owners and the editor to "carry on" in the face of the reign of terror which has been inaugurated in the Province of Quebec by the Bourassa-Laurier alliance is the same kind of bravery which is required to face the Germans in France. Not only has the editor and the management had their lives threatened, but efforts have been made to put the publication out of business by black-balling it. It will be of interest to the people of Ontario to know that the courageous business manager who refuses to be coerced by threats is a woman, Mde. Chasse—and a remarkable woman she is said to be. She has two sons at the front, one Major Chasse, being second in command of the 22nd French-Canadian regiment which has made such a glorious name for itself. Mde. Chasse attends to all the financing and business management of her paper. The editor is Joseph Barnard, who is making a forlorn fight for Union in Quebec. The usual terrorist methods are being used against him. On nomination day he was mobbed and had to save his life by climbing out of a back window. Since then while on the stump a Laurier crowd wanted to lynch him. Yet these are the men who are continually crying about the protection of the minorities and minority rights. The minority in Quebec are being subject to a tyranny and persecution unheard of in a civilized country.

T. B. Rider, ex-M.P. for Stanstead County, died suddenly at Fitch Bay, Que., on Monday. He represented Stanstead at Ottawa from 1891 to 1896.

"Seal Brand" means a certain, definite blend of high-grade coffee—uniform in quality and always delicious.

Don't take any chances—always insist on having "SEAL BRAND" COFFEE.

In 1/2, 1 and 2 pound tins. Whole—ground—pulverized—also fine ground for Percolators. Never sold in bulk. 148

CHASE & SANBORN, MONTREAL.

It is denied that the Swedish legation is Petrograd offered or 's about to offer its services as intermediary between the Bolsheviki government and Germany.

CUNARD LINE

Passenger Service BETWEEN Halifax and Bristol

For particulars of sailings and rates apply to Local Agents, or The Robert Reford Co., Limited, General Agents, 30 King Street East, Toronto.

COAL CUSTOMERS Please Notice!

On and after first of May Coal Sales will be for Cash Only.

BOOTH & CO.
Phone 133.

GRAND TRUNK RAILWAY SYSTEM LOCAL BRANCH TIME TABLE

In effect Sept. 30th, 1917.

Trains will leave and arrive at City Depot, Foot of Johnson Street, Going West.

No. 19 Mail	Leave City Arr. City
No. 13 Express	12:20 a.m. 12:57 a.m.
No. 6 Mail	12:25 p.m. 1:02 p.m.
No. 23 Local	9:45 a.m. 10:17 a.m.
No. 1 Intern'l. Ltd.	1:41 p.m. 2:12 p.m.
No. 7 Mail	3:00 p.m. 3:49 p.m.

Going East.

No. 18 Mail	Leave City Arr. City
No. 16 Express	1:40 a.m. 2:17 a.m.
No. 8 Mail	2:38 a.m. 3:05 a.m.
No. 14 Intern'l. Ltd.	1:08 p.m. 1:58 p.m.
No. 25 Local	6:45 p.m. 7:27 p.m.

Other trains daily except Sunday.
Direct route to Toronto, Peterboro, Hamilton, Buffalo, Lethbr., Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Halifax, Boston, and New York. For Pullman accommodation, tickets and all other information, apply to J. P. Hanley, Agent, Agency for all ocean steamship lines. Open day and night.

A British shipping firm completed a big steamer in 64 days, and urges America to equal that record.

The Gift Supreme

Let Your Christmas Gift Spread Joy All The Year Round

SURELY that is ideal Christmas gift—one that not only gives supreme pleasure at Christmas time, but stands to radiate the joy and cheerfulness of the Christmas spirit at your bidding each day of the whole year and for many years to come.

Such a gift is the **Pathephone**.

It is like the purse of Fortunatus, that no matter how much drawn upon was inexhaustible in its wealth. The Pathephone is inexhaustible in its wealth of music and good cheer.

Moreover, as the **Pathephone** is the supreme gift as a maker of music, so is it the supreme achievement of all musical instruments.

The **Pathephone** is the result of over twenty years' study and the culmination of the inventive genius of the famous Pathe Freres. It possesses all the best features of all other phonographs, but it has

also additional advantages exclusive to the Pathephone.

For instance, the **Pathephone** plays with a Sapphire Ball instead of digging, tearing needles. This smooth, highly polished Sapphire Ball, gliding over the larger surface of the Pathe discs not only enhances the beautiful tonal effects of the **Pathephone**, but it also eliminates the nuisance of ever-changing needles. Moreover, it and the records are permanent. The Pathe Record will play over 1000 times.

Another outstanding feature of the **Pathephone** is its wonderful tone; the fullness, the mellowness, the depth of the music as it pours forth is rich, natural and indescribably sweet. It is due to a combination of scientific principles in its construction.

Consider these big Pathe advantages:—

- 1st. The Permanent Sapphire Ball—no digging, tearing needles to change.
- 2nd. Records that will wear thousands of times.
- 3rd. An all-wood tone chamber (on the principle of a violin).
- 4th. Pathe tone control—regulates the volume of sound.
- 5th. Plays perfectly all makes of records, as well as the Pathe's.
- 6th. The exclusive period design cabinets. Exquisite furniture for every home.
- 7th. A complete line of instruments to meet every purse.
- 8th. A repertoire of double disc records, unique, comprehensive and artistically perfect.

The Pathe Period Design Cabinets will appeal to those who take pleasure in good furniture for their homes. They are designed after the most famous periods of furniture history. These new creations demonstrate that the Pathephone is not only a perfect musical instrument, but also a beautiful and artistic piece of furniture which will harmonize perfectly with the most exclusively furnished homes.

In conclusion, let us suggest that as Christmas time is drawing near, you see your Pathe dealer NOW. He will gladly demonstrate the Pathephone and, if desired, he will tell you about a plan of easy payments most convenient to yourself.

Be sure and get the Pathe Art Catalogue, with full description of the Pathephone, and interesting chats on period furniture.

THE PATHE FRERES PHONOGRAPH CO. OF CANADA, LIMITED
4-6-8 Clifford Street - Toronto, Ontario

The Pathephone

Territory open for Live Agents. Progressive Merchants writing on their business letters head will receive a confidential booklet on the possibilities of a Pathe Agency.

SEE and HEAR
At Any of These Pathe Dealers in Kingston:
C. W. LINDSAY, Limited.
ROBERT J. REID

C. W. Lindsay, Limited

LOCAL AGENTS FOR PATEPHONES

121 Princess Street. Kingston.

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AGENT FOR
PATHE FRERES PHONOGRAPHS
230-232 PRINCESS STREET.

BISURATED MAGNESIA

FOR DYSPEPSIA, INDIGESTION
Heartburn, Belching, Sour Acid Stomach, Gas in Stomach, etc. take a teaspoonful of Bisurated Magnesia in a half glass of hot water after each meal. It is safe, pleasant and harmless to use and gives almost instant relief. It neutralizes stomach acidity and sweetens the food contents so that digestion is easy and painless. Sold by druggists everywhere.

DR. DeVAN'S FRENCH PILLS a remarkable Pill for Women. 25 a box at three for \$10. Sold at all Drug Stores, or mailed to any address on receipt of price. THE ROSELL DRUG CO., St. Catharines, Ontario.

PHOSPHORUS FOR MEN Restores Vitality for Nerve and Brain; increases "Energy"; a Tonic—will build you up. 25 a box, or 100 for \$1. at drug stores, or by mail on receipt of price. THE ROSELL DRUG CO., St. Catharines, Ontario.

"Sold at Mahood's Drug Store."