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Shop early. Vote for the boy this time; partyism can wait. Remember the soldiers' kiddies' Christmas fund.

Straw votes taken in Canadian battalions in England show almost a solid support for the Union Government.

The coming of Hydro-Electric power within the next few days will mark another step in the city's advance.

If Canada delays sending reinforcements for a year, while we take a referendum, the boys at the front won't require any assistance.

The women of Kingston, who desire a furlough for their husbands, sons or brothers, can secure this only by voting for the Government and candidate pledged to send ample reinforcements to the front.

Kitchener has apologized, and her best citizens have that to be proud of. There remains, however, the memory of the cause of her disgrace. The lesson it taught may bear good fruit.

If you are inclined to oppose Union Government remember you are opposing a man as Minister of Public Works (Hon. Frank Carvell), who has been an outstanding figure in the fight Liberals have been making for clean public life.

"The man who by his vote and influence delays the despatch of reinforcements for our men in France is not far removed from him who betrays his country," declares T. C. Robinette, K.C., a one-time Liberal candidate in Toronto.

The Toronto Star puts the situation very clearly in these few words: "Sir Wilfrid Laurier is not leading the Liberal party to-day in this election. He is leading Quebec and those people, formerly of both political parties, who think and feel as Quebec does at this time."

The New York Bible Society has sent to each managing editor of a New York newspaper a copy of the New Testament, and our guess is that some of them need it. But the Syracuse Post-Standard fears that some of them may take it for a new book and write a learned review on it.

Should Laurier and the Nationalists and the disloyal vote win, the whole of Canada will be placed under French-Canadian rule. The policy of the Government is determined in the caucus, and if Laurier is returned to power it means that the caucus will be dominated by French-Canadian votes, and their policy must and will prevail. Is there a right-thinking British citizen who by his vote would knowingly and willingly bring about such a state of affairs?

LETTERS TO THE EDITOR. The Whig has been in receipt of a number of letters dealing with the Sister Basil case and the work of the Exemption Tribunals. It could see no good purpose to be accomplished by giving publication to these communications. On the contrary, they would probably provoke countless replies of a harmful nature. Letters to

the editor, if not too lengthy and dealing with important topics, are welcomed. These, however, should not contain malicious or slanderous statements. Following its accustomed policy, the British Whig will publish letters only over the name of the author.

HELP THE UNIONISTS. The Union Government is the direct product of the war; it is the most available combination of honorable men bound together with the great object of helping the Canadians overseas by reinforcements, helping the heroes who have brought honor to Canada's name, but who are being rapidly thinned. It was a mistake to have delayed Union Government so long, but it is not here, and if the country endorses it—and of which we have no doubt—it will be strengthened to the point of not only being a war government, but also a business government divested of all the barnacles of patronage and other past evils which neither party seemed alone able to circumvent.

FUEL LOST TO INCINERATOR. Much has been said in recent City Council sessions about the incinerator, instead of the city dump, being the place for depositing old paper and other combustibles. Certainly the incinerator is the place, but the experience of most householders has been that the garbage collectors are not inclined to take the little piles of papers and other combustible refuse left beside the garbage receptacles. It may be that the civic garbage committee has directed that these materials be collected, but it is not done in a great many cases. In fact this appears to be the general complaint, and the garbage committee might make a note of it and insist that the collectors do their duty. The householders are paying a mill in taxes for the collection of their garbage and refuse of a combustible nature. The latter materials are of great value to the incinerator, and would reduce the burning of so much wood.

PAUSE AND CONSIDER! Hon. J. A. Calder, to Liberals of Saskatchewan: "As a Liberal, I ask you to pause and consider why so many outstanding figures in our party have come boldly forward and taken their stand in the present crisis. Is it not because they honestly and sincerely believe that Canada, as a nation, must see this war through, and that this can best be accomplished by a Union Government enforcing the policies it stands for?"

HABITS, GOOD AND BAD. The ordinary housewife has many little domestic habits that have become almost as sacred as religious devotions. The sugar bowl must be in a certain spot on a certain shelf in the cupboard, or the whole house seems out of order. The broom must be in its corner, or there will be ill-temper.

These are but a few of the innumerable little habits that make up nine-tenths of our lives. Not an impression, not an emotion, not an opinion, not a resolution, not an action is possible to us that is not influenced, colored and directed by fixed conditions within ourselves—habit.

Habits are not without their advantages. They are formed by following the lines of least resistance. When a man has once put on his left shoe before his right, it is easier next time to follow the same order. His muscles and nerves have a preference for a procedure with which they have previously become acquainted. Besides, it leaves his mind free. Many a man has employed his mind in mapping out his day's work while his habit is putting on his shoes.

Every habit is, of course, a limitation of the easy exercise of free will. Bad habits are chains, holding us as prisoners. Good habits are like a well-made harness, enabling us to do our work in the world without friction or waste of energy. A great many men have contracted the habit of voting as their fathers did before them. Again it was the easiest way. They supported their party in every election because it had become a habit—a bad one, we admit. It required a great war—a world upheaval—to induce them to break the chains of party and to discard the practise of sticking to their party, be it right or wrong. Thus another bad habit is in way of being discarded.

THE SAFETY OF INSURANCE. An interesting point was brought out in a discussion carried on the other day by a group of business men. The opinion was expressed that the heavy casualties in the British armies would seriously cripple, if not force into bankruptcy, practically all of the life insurance companies in England. The losses have been enormous, and quite naturally this view point might prevail. An insurance man, however, exposed the

fallacy of this reasoning. He said: "It might be generally assumed that because the United Kingdom has raised enormous armies and maintained several millions in the navy, that the losses to the life insurance companies must have been extremely heavy. No so. The losses cannot be truly called light. In 1914 the war losses of twenty-three representative British companies, whose figures were obtainable, were only a little over 5 per cent. of the total losses. In 1915 the known losses were but 12 per cent. The 1916 figures are not available yet, but it is expected that the war losses are about the same as in 1915.

"The chief cause of this general light mortality is that the British people affect insurance at a more mature age than they do in America. The average age of the policy-holders on the books of the British companies when war started was nearer forty than thirty-five, while the average in America is probably about thirty. The reason for this is that men do not earn much money in the United Kingdom until they are almost middle-aged, and consequently they cannot afford life insurance at the same youthful age as the well-paid youngsters in the United States or Canada.

"Again when war started the British companies stopped the acceptance of insurance on the lives of persons of military age. They now find on their books clients mostly above military age who are not drafted for the army.

"The war mortality that does exist is perhaps less important than the depreciation in assets due to the war. One of the criticisms of British companies was that they held too large reserves. The wisdom of their course is now made plain. When the war ends the British life companies will almost certainly remain second to nothing in the world in point of real strength."

The many Canadian policy holders in British companies, who have perhaps feared that the war was going to jeopardize their investment, will breathe a little easier after this very lucid and satisfactory explanation.

If interested in Union Government attend meeting at City Hall tonight.

PUBLIC OPINION

Narrow-minded. (Brantford Expositor) He is a poor kind of Liberal, any way, who demands that every other Liberal think as he does relative to Canada's part in the world's war.

The Outlook. (London Advertiser) Political weather forecast: From December 1 to 17, stormy; December 18 some depression, but continued bright sunshine for the country as a whole.

Curious. (Montreal Star) The conscience of the conscientious objector will not let him fight, but it will let him sleep, while men whom he could help are dying to save his skin.

Liberalism Not Threatened. (Toronto Star) Nor is the future of Liberalism in any way prejudiced by the union. Liberals who support the Union Government are simply expressing their desire for vigorous prosecution of the war. They do not surrender or compromise any Liberal principles. They do not weaken themselves for the advocacy of the Liberal cause. Questions on which there is difference of opinion are not compromised, but merely postponed.

Words Without Meaning. Hamilton Herald. "The magic words 'Big interests,' 'patronage,' 'machine,' etc., are too precious to be discarded by the political campaigners and newspapers which rely upon the hypnotizing effect of words without meaning. But it is fairly well known by this time that the Union Government has absorbed patronage and has resolutely refused the placing of the outside civil service under control of the Civil Service Commission. With these administrative reforms there is nothing to fear from the aforesaid evils. Their claws will have been trimmed. Still they are useful as bogie-men."

To Hear a Case. On Saturday morning Col. G. H. Hunter will hear a case in which two farmers living on Wolfe Island are involved. The row followed a threshing bee, and it is alleged that a pitchfork figured in the affair.

Don't forget meeting, City Hall tonight. Good speeches. William Pieper, former manager of the Ogilvie Milling Company's grain elevators at Winnipeg, died at Kitchener in his sixty-fifth year.

Rippling Rhymes

SHIFTING WEATHER

The weather switches to and fro, from one extreme to 'other; one day we're ankle deep in snow, the next in heat we smother. When I retire at 9 o'clock, all tranquil is the weather; it looks as though there'd be a flock of balmy days together. "It is the finest climate built," in bed I keep repeating, and kick off coverlet and quilt, because they're overheating. So in a pleasant frame of mind I soon become a snorer, preparing for the morrow's grind with nature's sweet restorer. And when the clock is striking three, I wake from all my dozing; the snow is drifting over me, and I'm three quarters frozen. Oh, it would bother any gent to know what traps to carry, when he goes forth to pay his rent, to gamble or to marry. His ulster or a palm leaf fan? His rubbers or his sandals? This climate is too fierce for man, and weather sharps are vandals! One day I wade around in sleet, and think this life is phoney; the next day I have prickly heat, and then again pneumonia. One day the weather gives me a cramp, the next sunburn and freckles; and all the time I'm in the soup, and doctors get my shekels.

WALT MASON.

SAYS HOT WATER WASHES POISONS FROM THE LIVER

Everyone should drink hot water with phosphate in it, before breakfast.

To feel as fine as the proverbial fiddle, we must keep the liver washed clean, almost every morning, to prevent its sponge-like pores from clogging with indigestible material, sour bile and poisonous toxins, says a noted physician.

If you get headaches, it's your liver. If you catch cold easily, it's your liver. If you wake up with a bad taste, furrowed tongue, nasty breath or stomach becomes rancid it's your liver. Sallow skin, muddy complexion, watery eyes all denote liver uncleanness. Your liver is the most important, also the most abused and neglected organ of the body. Few know its function or how to release the dammed-up body waste, bile and toxins. Most folks resort to violent calomel, which is a dangerous, salivating chemical which can only be used occasionally because it accumulates in the tissues, also attacks the bones.

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