

BY JOVE!

said a well educated man the other day when he was asked this question: "Why, when you have a cold, a cough or bronchitis (troubles, you will note, of throat and chest) do you persist in pouring cough syrups, lung tonics and the like into your stomach, which is perfectly sound?"

Ever think of it? The stomach and the lungs are not connected, otherwise food swallowed would choke you. Lung and throat troubles were never yet cured by dosing the stomach. To cure coughs, colds and bronchitis, you must breathe the cure. Peps provide the rational treatment for these ailments. Peps are tablets made up of pine extracts and medicinal essences, which when put into the mouth turn into healing vapors. These are breathed down direct to the lungs, throat and bronchial tubes—not swallowed down to the stomach, which is not ailing. Try a 50c. box of Peps for your cold, your cough, bronchitis or asthma. All drug-gists and stores or Peps Co., Toronto, will supply.

Peps

COAL CUSTOMERS
Please Notice!
On and after first of May
Coal Sales will be for
Cash Only.

BOOTH & CO.
Phone 133.

**PUT CREAM IN NOSE
AND STOP CATARRH**
Tells How To Open Clogged Nostrils and End Head-Colds.

You feel fine in a few moments. Your cold in head or catarrh will be gone. Your clogged nostrils will open. The air passages of your head will clear and you can breathe freely. No more dullness, headache, no hawking, snuffling, mucous discharges or dryness; no struggling for breath at night.

Tell your druggist you want a small bottle of Ely's Cream Balm. Apply a little of this fragrant, antiseptic cream in your nostrils, let it penetrate through every air passage of the head; soothe and heal the swollen, inflamed mucous membrane, and relief comes instantly.

It is just what every cold and catarrh sufferer needs. Don't stay stuffed-up and miserable.

NOW ON SALE
Snow Apples, St. Lawrence, McIntosh Reds, Wolf Rivers, Tolman Sweets

WINTER APPLES
Northern Spies, Greenings, Cranberry Pippin, Pewaukee and Talman. Special for Sale This Week.

DUSTLESS CLOTHES LINE
Regular price 50c, sale price . . . 40c

60 FOOT CLOTHES LINE
Regular price 35c, sale price . . . 25c

Cooking Eggs 50c
Fresh Eggs 55c
Eastern Dairy School Butter . . . 50c

UNITED GROCERY
138 Princess Street.
BEN LEE & CO.

GRAND TRUNK RAILWAY SYSTEM

LOCAL BRANCH TIME TABLE
In effect Sept. 30th, 1917.

Trains will leave and arrive at City Depot, Foot of Johnson Street.

Going West

No. 13 Mail	12:20 a.m.	12:57 a.m.
No. 13 Express	1:25 a.m.	2:02 a.m.
No. 27 Local	9:45 a.m.	10:17 a.m.
No. 7 Internal Ltd.	1:41 p.m.	2:13 p.m.
No. 7 Mail	3:09 p.m.	3:40 p.m.

Going East

No. 18 Mail	1:40 a.m.	2:17 a.m.
No. 18 Express	2:55 a.m.	3:32 a.m.
No. 4 Mail	1:08 p.m.	1:52 p.m.
No. 14 Internal Ltd.	1:08 p.m.	1:52 p.m.
No. 25 Local	6:48 p.m.	7:27 p.m.

Other trains daily except Sunday.

Direct routes to Toronto, Peterboro, Hamilton, Buffalo, London, Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Halifax, Boston, and New York. For Pullman accommodation, tickets and all other information, apply to J. P. Hanley, Agent, Agency for all ocean steamship lines. Open day and night.

CUNARD LINE
Passenger Service
Halifax and Bristol

For particulars of sailings and rates apply to Local Agents, or The Robert Bedford Co., Limited, General Agents, 50 King Street East, Toronto.

The TRANSCONTINENTAL
Lv. TORONTO 9.00 P.M. TUESDAY, THURSDAY AND SATURDAY
Ar. WINNIPEG 6.00 P.M. THURSDAY, SATURDAY AND MONDAY

Connecting at Winnipeg for all Western Canada and Pacific Coast Ports

Time Table and all information from any Grand Trunk, Canadian Government Railway, or T. & N. O. Railway Agent.

FROM THE COUNTRYSIDE

NEWS FROM CATARAQUI.

Late J. Hunter, Killed In Tracks, a Well-known Resident.

Cataraqui, Nov. 30.—P. Letherland and J. Sprott are canvassing this section in the interest of Victory bonds. The children of the Anglican Sunday school are practising for a Christmas entertainment. Mrs. C. Gillespie and little son, Gordon, of Wolfe Island, have been visiting near aunt, Mrs. Weson. Miss Gertrude Northmore, New York, made a short visit at H. J. Simpson's this week. She expects very soon to go overseas as a nursing sister. Miss Geraldine Purdy, Kingston, was a recent visitor in the village. Miss Bessie Blair is remaining in Kingston for a time.

W. J. Cooke has again joined the Government exhibition car, "Better Farming Special," as a demonstrator. He left for Cornwall on Monday. Mr. and Mrs. J. Fairbanks attended the funeral of the former's aunt at Napanee on Sunday. Erwin Jackson is home from Kingston after being in hospital with an injured foot. Fred Denyes is recovering in Kingston General Hospital from a threatened attack of typhoid fever. The late J. Hunter, section boss on the G.T.R., who was killed by an engine while working on the track, leaves a widow, five sons, Herbert, in Toronto; Erwin, at Ernestown; John in Hamilton; Peter, in Watertown, N.Y.; and George at home; also one daughter, Mrs. S. Herrington, of Trenton. Mr. Hunter was a good citizen of a quiet, kindly nature.

Died at Harrowsmith.

Harrowsmith, Dec. 3.—A widely known and greatly beloved resident of Harrowsmith passed away on Nov. 30th in the person of Charlotte Brown, wife of John Hughes. The deceased was born at Petworth fifty-six years ago, and lived in this vicinity all her life. All her friends and neighbors found in her a true friend and ready sympathizer in all their troubles. She was a loving wife and devoted mother, and bore her long sufferings with Christian fortitude and patience. She suffered a number of years from a complication of diseases. Surviving are her husband, three sons and five daughters, viz., Earl, of Ottawa; Roy and Russell at home; Mrs. G. W. Bishop, of Sunbury; Maybelle, Jennie and Edythe, of Toronto; and Alberta at home. The funeral sermon was preached at Petworth on Sunday at one o'clock and the remains were taken to Harrowsmith cemetery.

Knitted 400 Pairs of Socks.

Perth, Dec. 3.—A card of honor for having knitted and turned in 100 pairs of socks has been received by Mrs. John A. Hart, Winnipeg, from Captain Mary Plummer, of the Canadian Field Comforts Commission, at Shorncliffe. The card is tastefully designed, showing the Union Jack in colors and the Maple Leaf in gold, while in the centre appear the words, "Loyalty, Love, Sacrifice." Mrs. Hart is the first Winnipeg woman who is known to have received this recognition. Mrs. Hart is knitting her ninety-third pair this year, and has a record of 400 pairs to her credit. Mrs. Hart is a sister of Mrs. T. B. Caldwell and Mrs. W. C. Caldwell, Lenark, and Mrs. A. Sheehan, Kingston.

Ransom-Fluker.

Pembroke, Nov. 29.—An event of more than ordinary interest in Pembroke social circles took place on the 21st inst. at the home of Mr. and Mrs. J. R. Fluker, Pembroke, when their only daughter, Miss Queenie, one of Pembroke's most popular

young ladies, and Captain (Rev.) A. B. Ransom, who in 1915 supplied the pupils of Pembroke Methodist Church, after the departure of Rev. Mr. Emsley for overseas, and who went overseas himself after leaving here, engaging in Y.M.C.A. service near the front lines, with rank of captain, were united in marriage.

Fire at Brockville Station.

Brockville, Dec. 4.—Several bags of mail awaiting transfer from the Grand Trunk to the C. P. R. narrowly escaped destruction on Sunday when a small frame structure at the Union station caught fire. The building was also used by the Dominion and Canadian Express Companies and a quantity of goods which came off the eight and early morning trains awaiting deliveries was ruined by fire, water and smoke. The fire is supposed to have started from a stove in the express department. The damage to the building and contents will be about \$6,000.

Eaten by a Bear.

Havelock, Dec. 3.—A gruesome tale comes from Loon Lake in Chandos, to the effect that Alva Lawrence, who was trapped in that section, has been apparently eaten by a bear or some other wild animal. The story has it that Lawrence's boot and part of his leg were found by some of the residents of the township, and that the scene bore every evidence of the awful tragedy. Lawrence was well known in Havelock and this section of the county.

West Hastings Strong For Union.

Bellefleur, Dec. 4.—The election in West Hastings is warming up as the day approaches for the depositing of the ballots. The prospects for E. G. Porter, the Unionist candidate, are exceptionally bright. The women's vote will be a factor in the election as about 2,000 have been placed on the list by the enumerators. A great majority are in favor of the election of the Union Government candidate.

GUILTY OF CARELESS DRIVING.

Cornwall, Nov. 30.—Dan McDonald appeared before the assize court on a charge of manslaughter and also of causing bodily harm, the case being the result of the death of Mrs. Capt. J. P. Stephenson, Avonmore, who was struck by an auto driven by McDonald on Sept. 9th last. The accused pleaded guilty to the second charge on condition that the manslaughter charge would be dropped. This was agreed to, and he was fined \$200.

Pembroke School Levy.

Pembroke, Dec. 3.—The Pembroke Board of Education this year asks the Town Council for \$16,894 for High School purposes, against \$10,383 last year, and for Public school purposes a total of \$28,868, as against \$22,526 for last year. The High School rate recommended is 3.3 mills compared with 2.7 mills last year, and 10 mills for Public school as against 8 mills last year a total increase of three mills.

Probably Heart Failure.

Bellefleur, Nov. 29.—An autopsy on the body of Mr. Covell, found in the bay at Presqu'ile Point, revealed the fact that death resulted from natural causes, and not by drowning. It is presumed that Mr. Covell, while attending his nets, was suddenly stricken with heart failure, and probably falling on the side of the boat, caused it to overturn, precipitating him into the water. Mr. Covell, whose home is in Brighton, leaves a widow and one son.

Lost His Life in Fire.

Cornwall, Ont., Dec. 1.—Word has been received that James L. Smith, aged thirty-five years, whose home is in Moultonette, lost his life in a fire in Fred Fleischer's hotel at Tonawanda, N. Y. The victim was employed on the steamer Bradley, which put into that place with a load of lumber, and he put up at the hotel for the night.

Cobourg Calls Minister.

Cobourg, Dec. 4.—By a unanimous vote the congregation of St. Andrew's Presbyterian church here decided to extend a call to Rev. W. A. Bremner of St. Thomas, to succeed Lieut.-Col. William Beattie, C.M.G., who went overseas as chaplain with the First Canadian Expeditionary Force, and who some months ago resigned his Cobourg pastorate.

Rev. Wm. Johnston Seriously Hurt.

Tweed, Dec. 3.—On Thursday Rev. William Johnston was taking a barrel of apples down cellar at the home of W. S. Gordon, his son-in-law, when he slipped and fell to the cellar floor, the barrel falling upon him. Dr. Kindred found no fractured bones, but Mr. Johnston was severely bruised and the shock was severe.

\$45 a Head Ahead.

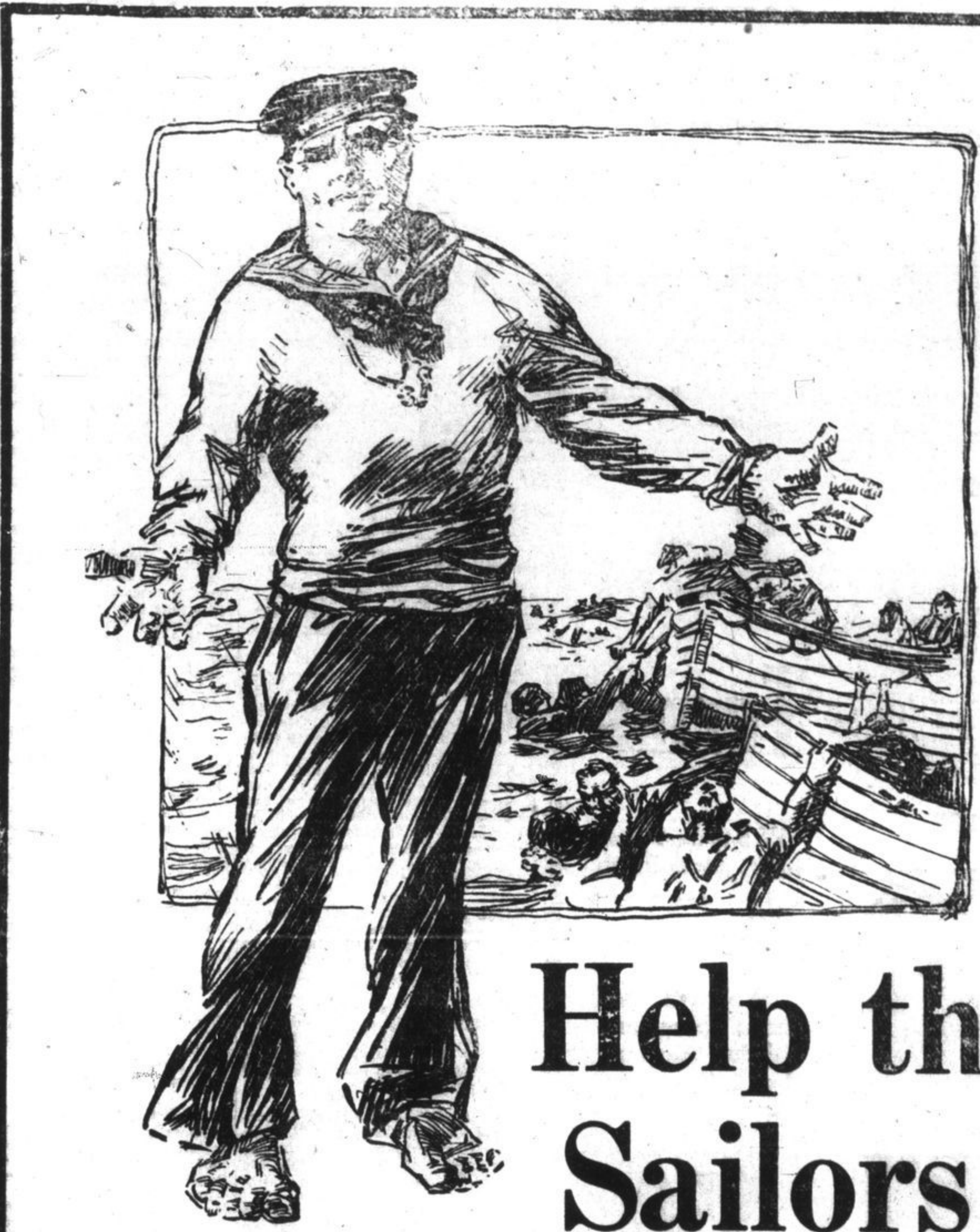
Picton, Nov. 30.—The Victory Loan slogan for Prince Edward county is "A million for Prince Edward county." Already over \$700,000 has been subscribed, which means for 16,500 people comprising the population of this island county, \$45 a head for every man, woman and child.

Now Captain Fauds.

Marmora, Dec. 4.—Rev. James Fauds, M.A., Arnprior, at one time pastor of St. Andrew's church here, who went overseas as a private, has been appointed chaplain, with the rank of captain. He is at present in France, but has been ordered to report in London, England.

Died Suddenly.

Brockville, Nov. 28.—William A. Young, native of Galt, Ont., who for many years conducted a barber shop in Brockville, died suddenly on Monday after being seized with hemorrhage. He was forty-four years old and unmarried.



Help the Sailors!

The strong, right arm of human civilization—the unconquerable sailor of the British Navy and Mercantile Marine—

He stands before you and asks your help on Sailors' Day, December 8th. Why does he do this?

Because millions have been given to the Army by public and private subscriptions—worthily so—but practically nothing to the Navy and Mercantile Marine.

Think of the superb bravery of the men who defy the perils of mine-sown, submarine infested seas and, with songs on their lips, cheerfully give up their lives for the Great Cause.

So that the great arteries of the Empire—the High Seas—may be kept alive with British traffic—carrying food, munitions, aeroplanes, artillery and the thousand things our boys need at the front to fight the barbarous Hun.

What happens—think you—to those poor fellows, maimed at their calling, or to their humble loved ones when the breadwinner is killed or drowned?

No pensions—no "allowances"—cold charity and little of that.

Is this fair—is it just—is it RIGHT?

Let your answer be expressed in a generous contribution on SAILORS' DAY, DECEMBER 8th, through the Daughters of the Empire who are seeking to increase Canada's contribution last year of \$700,000 "for the relief of British and Canadian Sailors and their dependents, for Sailors' Homes, Institutes and Hospitals in Canada and throughout the Empire" and for the full work of the Navy League. Won't you be generous on

Objects of the Navy League of Canada

ONTARIO BRANCH

Affiliated with the Navy League of the British Empire.

The Navy League of Canada is the Canadian Branch of the Navy League of the British Empire, and is an association of voluntary members formed to carry out the following objects:—

1. A thoroughly organized educational campaign in matters pertaining to the Navy and Mercantile Marine.
2. To raise funds for the relief of British and Canadian Sailors and their dependents for Sailors' Homes, Institutes and Hospitals in Canada and throughout the Empire.
3. To encourage volunteer Naval Brigades for boys and young men in which they can receive practical and theoretical instructions in seamanship to prepare them for service in our Mercantile Marine.

It shall be a fundamental principle of the League that its objects, membership, management and conduct shall be absolutely unconnected with and free from all party politics and from every organization connected with party politics.

Patrons—Their Excellencies the Duke and Duchess of Devonshire, K.G., &c.
Col. Sir John Headrie, K.C.M.G., C.V.O., Lieutenant-Governor of Ontario.
Hon. Pres.—Sir John C. Eaton, K.B., S.S.D.
Pres.—Commodore Abmillus Jarvis, S.S.D.

If the *Consignee* please you, please mail your subscription to the Secretary of the Ontario Branch of the Navy League of Canada, Lieut.-Col. CHAS. G. WILLIAMS, 34 King Street West, Toronto.

SAILORS' DAY, Dec. 8th