

The Daily British Whig

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SECOND SECTION

H.P. SAUCE

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wanting anything done in the carpentry line. Estimates given on all kinds of repairs and new work; also hardwood floors of all kinds. All orders will receive prompt attention. 60 Queen street.

Get the Habit of Drinking Hot Water Before Breakfast

Says we can't look or feel right with the system full of poisons.

Millions of folks bathe internally now instead of loading their system with drugs. "What's an inside bath" you say. Well, it is guaranteed to perform miracles if you could believe these hot water enthusiasts.

There are vast numbers of men and women who, immediately upon arising in the morning, drink a glass of real hot water with a teaspoonful of limestone phosphate in it. This is a very excellent health measure. It is intended to flush the stomach, liver, kidneys and the thirty feet of intestines of the previous day's waste, sour bile and indigestible material left over in the body which if not eliminated every day, become food for the millions of bacteria which infest the bowels, the quick result is poisons and toxins which are then absorbed into the blood, causing headache, bilious attacks, foul breath, bad taste, colds, stomach trouble, kidney misery, sleeplessness, impure blood and all sorts of ailments.

People who feel good one day and badly the next, but who simply can not get feeling right are urged to obtain a quarter pound of limestone phosphate at the drug store. This will cost very little, but is sufficient to make anyone a real crank on the subject of internal sanitation.

Just as soap and hot water act on the skin, cleansing, sweetening and refreshing, so limestone phosphate and hot water act on the stomach, liver, kidneys and bowels. It is vastly more important to bathe on the inside than on the outside, because the skin pores do not absorb impurities into the blood, while the bowel pores do.



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Lots of patterns to choose from—
Fit positive and shape retaining to the end.
Do you want to be well dressed, if so for your next suit, try

FASHION-CRAFT

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114 Princess St.,
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A STATESMAN ON HIS KNEES.

The International Sunday-School Lesson For November 18th is "Nehemiah's Prayer Answered." Nehemiah 2:1-11.

By William T. Ellis.

These are the times of widened vision, with the whole world coming daily under review by all of us, and the welfare of far-separated parts inextricably bound up with one another. It is easier now than it was five years ago to understand this patriot Nehemiah, who, in comfort and affluence and honor himself, yet wept soul-tears for his people and for the city of his fathers. Go to any Zionist meeting to-day—and there are plenty of them—and the Nehemiah spirit will be found still alive and active.

With all the woe that it has wrought upon the earth, this war has also brought many boons, not the least of them being a passion for large patriotism. Rich and poor, wise and illiterate, are vying with each other to do service for the nation in its hour of need. In all time there has never been such a lavish dedication of life to great ends as has been witnessed during the past three years. A few days ago I saw a Russian general, who was travelling on the same train as myself, and whom I had mentally appraised as a fop and a martinet of the old regime, go weeping into his compartment upon receipt of the news of the retreat of the Russian army. He would not eat or talk; his patriotism was so real and deep that it mastered all other emotions.

Petty purposes perish in a passion of patriotism. The Nehemiah spirit is exemplified in every part of the land and of the world. There is something sanctifying about true patriotism. It lifts men out of their littleness and selfishness, and makes them rejoice to do any sacrifice or service. Personal ambitions are given up, and food and profits and personal aggrandizement are forgotten. This in part explains the socializing influence of the present war, in Great Britain and elsewhere. Patriotism has lifted life up to a higher plane, even as it made a hero and a statesman out of the courtier Nehemiah.

The Torch-Lighted by God.

It was a God-lighted flame of patriotism that burned in Nehemiah's breast. The old Jews, as we see clearly from the Psalms, associated God and country in all their holiest thoughts and noblest aspirations. Nehemiah, like the psalmist, loved Jerusalem above his chief joy. Heart-fires are altar-fires. It is a mission of religion—and one who is wandering in far lands wonders how the Church at home is living up to this imperative duty—to keep strong and vital the ties that unite love of country with loyalty to God. Back of all allegiance to land should pulse that living spirit of religion which made Nehemiah a great patriot. The most popular of modern poets has breathed this spirit of place loyalty into his poem about Sussex:

"God gives all men all earth to love, But, since our hearts are small, Ordains for each one spot shall prove Beloved over all. Each to his choice, but I rejoice, The lot has fallen to me In a fair land, a fair land, In Sussex by the sea."

No greater peril besets society today, with its intensified social conscience and its passion for humanity, than the so-called "internationalism," which professes to have no country save all the world. Unthinking sentimentalists, who have not discerned how the patriotic is always essential to make the general effective, decry patriotism as something narrow and local and selfish. They cannot see that it is necessary to love the whole by means of loyalty to a part. The best thing anybody can do for the institution of the home in general, for example, is to make his own home happy and wholesome. The finest service any woman can render the cause of womanhood elsewhere is by living a sweet and beautiful and noble life herself. And we do most for the cause of democracy in China and Russia and even in Germany, when we stand steady and strong for the ideals of democracy in our own beloved land.

There "internationalists," who do not understand what loyalty means, and who wrought such hurt in Russia, are usually of the same group who do not believe in marriage, for example, but in free love; nor in property rights, but in communism, in which everybody will get and nobody will give or sacrifice. In short, sentiment without sense, like love without loyalty, is capable of more harm than good. No "internationalist" was Nehemiah, but a passionate patriot, and God blessed him in it.

Some Things That Have Passed.

In the background of this romantic Oriental story we see the Persian monarch, a despot. All of Nehemiah's ambition was dependent, however, upon the will of a king. I am writing this lesson while sailing down the Volga, whose waters flow to the shores of Nehemiah's Persia, whither I also am bound; and all about me I have been seeing, for weeks past, the tokens of what one man's power could do. It needed the fall of the Czar and of the Russian autocracy to make clear what absolute power means. In the church, as in the state, one weak man's word was supreme. Out of this grew the evils that now afflict Russia; but the present ferment is more to be desired than the apparent smoothness of the old order.

Jerusalem, the city for which Nehemiah prayed, stood for the opposite thing. It was the mother of democracies. The first real democracy was among the Jews. They will come to power once more in the Land of Promise, if at all, by the principle of democracy; that is, by the votes of the people of Palestine, after

the Jews have settled in the Holy Land in sufficient numbers to give them control of the situation. It is unthinkable that the Syrians, who have lived on the land for thousands of years, should be dispossessed against their will, even to make way for Zionism. There is no Artaxerxes on earth to-day to accomplish by decree, as of old, the great desire of the Jews, which burns in so many myriad breasts.

Soul-Photographs on Faces.

Sometimes I have wished to conduct a woman's column in a great newspaper, for the one and singular purpose of saying over and over again to young women, by all the diversities of forms that I could command, this fundamental truth, that the soul photographs itself upon the face. There is no cosmetic like beautiful and unselfish thoughts. "As a woman thinketh in her heart so is she on her face. If you are lovely within, God will set His angels to work at painting that loveliness in your eyes and on your lips and cheeks. This is an eternal law. Would that all of us might learn it before it is too late."

By that law Nehemiah's spirit showed itself upon his features. If you pray hard, your face will show it. If you are petty and selfish and suspicious and mean, that, too, will show upon your face, as plainly as an automobile advertisement in a newspaper. Life's dominant desires cannot be hid. If I had to have the face of many a millionaire, along with his money, I would prefer to do with the money of Nehemiah's solicitude for Jerusalem was apparent to the king upon his throne. Thereby his prayer was answered.

Some of us have never wanted anything in the world so greatly as Nehemiah wanted the restoration of Jerusalem. Such are to be pitied. They have merely wanted good times, and automobiles and summer trips and the gratification of whims; and so they have never really lived. When we want any great boon earnestly, then we think of it always in prayer fashion. Millions of mothers are thinking Godward thoughts of their sons to-day, and sweethearts dream prayers of lovers, because of the dangers of battle and camp. No great soul can refrain from praying in time of lofty desire. All our best aspirations are inextricably bound up with thoughts of God. As we see saddened, Nehemiah standing before the Persian monarch, we are admonished to let all our trouble be big ones, at least of Jerusalem-size. Souls are made great by the size of their concerns. Love of country, solicitude for the welfare of others than self, sorrow and work in behalf of the poor, a burning zeal for justice—these, and their like, are the anxieties that exalt while yet they weigh down.

Man Who Prayed in a Hurry.

Two great passions flowed together to make up the solicitude that wrote itself on the face of Nehemiah. One was filial piety. Jerusalem was the city of his fathers and of their graves. Our western world does not fully apprehend the length to which respect for parents goes in the East. Perhaps the interchange of ideals which this fluid time is effecting may help us in this respect. The other great desire of Nehemiah was patriotic. His love for his native land, like that of our own people at the present time, was an overmastering passion. So possessed was he by these ideals that the king read them on his face, and inquired the reason for the unwearied sadness.

That was a critical moment for Nehemiah. It is dangerous to attract the special attention of despots. Men who serve kings are expected to smile. So Nehemiah, we are told, prayed. This was not the long, fine

"Tea and Coffee Interfere with Digestion"

says a well known authority.

Many who use tea or coffee, not knowing that it aggravates stomach troubles, could still enjoy a delicious hot table beverage and escape harmful effects by a change to the wholesome, pure cereal drink—

POSTUM

"There's a Reason"



formal prayer about which we studied last week. It was an ejaculatory prayer, such as perhaps a teacher of grammar could not parse, shot straight out of the heart to heaven. As Moody used to say, it went to heaven so fast that the devil had no time to interfere with it. Peter prayed the same sort of prayer to Jesus when he was sinking in Galilee; there was no time for ornate petitions then. Zaccheus prayed the same fashion. As if such petitions are particularly popular with God, because of their clear sincerity, they are quickly answered. Blessings continue as they originate, by prayer. Perhaps that is what the apostle meant by the injunction to be instant in prayer.

A Chance To Do Hard Thing.

There were courtiers not a few about the Persian court who would have envied Nehemiah the opportunity which came when the king asked him what he desired. They wanted jobs for themselves, and for their wives' relatives. But Nehemiah sought only a hard thing for himself, and a great boon for his people. He reminds us of the college-bred lads who are eager to go into the aviation service. He wanted to go to Jerusalem, and investigate the plight of the city, and of the remnant who remained therein.

That was no small journey, as the British prisoners from Kut el Amara, which is not far from the ancient Persian palace, can testify; as can also, it meant giving up comfort, and ease, and the meeting of obstacles and enemies. Old Xenophon led the Ten Thousand over part of the same route. Also it meant a large military escort, and material for rebuilding Jerusalem. Nehemiah, you asked largely when you did ask. That is the way to go to a king. "Whoever goes to God for porridge should carry a large bowl," said old John Bunyan.

Letters for the journey were asked. It was on this very route covered by Nehemiah that I arrived one evening in the town of Severek, to spend the night. I called on the governor with a letter from the Sublime Porte, and straightway he wanted to throw out of the best room in the inn a guest already established, because of the letter I bore. In the East the recipient of such a letter will sometimes touch it to his head, in token of loyalty and esteem. In the case of Nehemiah, the letters did the work, as he set out to Jerusalem. He was aided on the way, and succeeded in his mission. His prayer had been answered—by way of his own interest and endeavor. How God delights to answer our prayers on our own feet!

THE WORLD'S NEWS IN BRIEF FORM

Tidings From All Over Told in a Pithy and Pointed Way.

Holland is seeking wheat from Argentina.

Close watch is being kept on Count von Luxburg in South America.

An American ship was sunk by a submarine and five of the crew were killed.

A big meeting in Toronto Tuesday night cheered for Laurier and his policies.

Six George Foster was nominated as Union Government candidate in North Toronto.

Hugh Chambers, for many years M.C.R. car inspector, was killed by a train at Niagara Falls.

All strikes. An American Government work were ordered discontinued by the Federation of Labor.

Hon. J. D. Hazen, late Minister of Marine and Fisheries, was sworn in as Chief Justice of New Brunswick.

Charles Kemp was nominated for the Commons by supporters of the Union Government in East Toronto.

Six-cent bread has been placed on sale at ten local retail stores as an experiment by the Minnesota Public Safety Commission.

The Canadian Government will take half of the packing house profits above seven per cent on capital and all profits over fifteen per cent.

Pressure is being brought to bear on Mayor Church to become the winter-war candidate in both Parkdale and West Toronto.

At Hamilton the grand jury in the case of four men accused of the death of Dr. D. G. MacRobbie brought in a true bill on a manslaughter charge.

Bellefonte City Council decided to buy about 25 acres of land and give it to Albert College on condition that buildings costing not less than \$200,000 be erected.

Mrs. William Cleaver, an elderly lady, was struck and instantly killed by the propeller of an aeroplane which was rising from the ground at Georgetown.

The United States is about to add several hundred thousand tons of shipping to a stream of ships carrying American troops and supplies to the aid of the Allies.

Howard G. Kelley, president of the Grand Trunk Railway Company, has issued an appeal to all the officers and employees of the G.T.R. to subscribe to the Victory Loan.

Demands for wage increases averaging forty-two per cent are being made in a secret strike vote being taken this week by conductors and brakemen on all railroads in the United States.

Montreal military district leads the Dominion in total registrations up to and including Monday, and Quebec district stands second, with Charlotteville, Toronto and London. Toronto stands highest in reports for service, with Calgary and Vancouver second and third.

Captured Towns.

Berlin, via London, Nov. 14.—The capture by Austro-German forces of the towns of Primolano, in Susana Valley, and Petto, west of upper Piave river, is claimed to-day by army headquarters. Only artillery fighting is reported along Piave river.

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Positive—Convincing Proof

It is all very well to make claims, but can they be proven? We publish the formula of Vinol to prove the statements we make about it.

Try **God-Liver and Beef Peppones, Iron and Magnesium Peppones, Iron and Sodium Citrate, Lime and Soda Glycero-phosphate**.

Any doctor will tell you that the ingredients of Vinol as published above, combine the very elements needed to make strength.

All weak, run-down, overworked nervous men and women may prove this at our expense. Vinol to restore strength and vitality to feeble old people, delicate children and all persons who need more strength.

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STOP CATARRH! OPEN NOSTRILS AND HEAD

Says Cream Applied in Nostrils Relieves Head-Colds at Once.

If your nostrils are clogged and your head is stuffed and you can't breathe freely because of a cold or catarrh, just get a small bottle of Ely's Cream Balm at any drug store. Apply a little of this fragrant, antiseptic cream into your nostrils and let it penetrate through every air passage of your head, soothing and healing the inflamed, swollen mucous membrane and you get instant relief.

Ah! how good it feels. Your nostrils are open, your head is clear, no more headache, dryness or struggling for breath. Ely's Cream Balm is just what sufferers from head colds and catarrh need. It's a delight.

Supply of Eggs Found.

New York, Nov. 14.—An additional supply of eggs, valued at \$1,000,000, which had not been reported to the Federal authorities as prescribed by law, was discovered in storage by Secret Service agents to-day. The value of the eggs found yesterday was placed at \$3,294,434.

Special Agents

Fit Reform Clothing

A Select Line of Overcoatings in Stock Inspection Invited

Crawford & Walsh

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IRON AND BRASS BEDS

Special Prices
\$4.50, \$6.50, \$8.50, \$12 and up.

Springs, Best Made,
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Special Term Offer

Whereby You May Obtain On Payment of a Small Cash Sum, an

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And a Supply of Records.

We are introducing this new and greater Phonograph in Kingston. We have decided to offer a limited number on Special Terms.

These terms will enable you to select an Aeolian-Vocalion as your chief Christmas Gift—paying for the instrument in convenient instalments.

Of all Phonographs the Vocalion is the one most desirable—either for yourself or for the home you wish to make happy at Christmas time.

It is not only supremely beautiful in tone and in finish; it is moreover the only phonograph possessing a satisfactory expression device. The Graduola, a patented Vocalion feature, enables you to control the voice of each record.

Note the following Special Term offers. For an ordinary phonograph, these offers would be nothing noteworthy. But on so unique an instrument as the Vocalion, it is indeed a privilege for us to be able to advertise such reasonable terms.

It is a rare opportunity for you to own the phonograph you will always be satisfied with.

<p>Outfit No. 1</p> <p>Includes Aeolian-Vocalion, Style G, priced at \$129.00, also 20 record selections, valued at \$25.00. Total \$154.00</p> <p>This outfit complete for a cash payment of \$10.00 and monthly payments of \$5.00</p>	<p>Outfit No. 2</p> <p>Includes Aeolian-Vocalion, Style F, value \$119.00; also 20 record selections, value \$25.00. Total \$144.00</p> <p>Entire outfit for a cash payment of \$10.00 and monthly payments of \$7.00</p>	<p>Outfit No. 3</p> <p>Includes Aeolian-Vocalion, Style G, priced \$149.00, and 20 record selections, value \$25.00. Total \$174.00</p> <p>This outfit complete for a cash payment of \$10.00 and monthly payments thereafter of \$8.00</p>
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For Christmas Delivery

We will accept as initial payment \$10.00 and monthly payments thereafter of \$5.00

Or for Christmas Delivery

We will accept as initial payments \$10.00 and monthly payments thereafter of \$7.00

These offers will be maintained for a short time only. Come, if possible, this week and make your selection. We have exclusive representation for STEINWAY and NORDHEIMER Pianos. A full display of Nordheimer styles is always on display in our showrooms.

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