

FAMILY DOCTOR'S GOOD ADVICE

To Go On Taking "Fruit-a-tives" Because They Did Her Good

Rochester, P. Q., Jan. 14th, 1915. "I suffered for many years with terrible indigestion and constipation. I had frequent dizzy spells and became greatly run down. A neighbor advised me to try "Fruit-a-tives". I did so and to the surprise of my doctor, I began to improve, and he advised me to go on with "Fruit-a-tives".

SALTS IF KIDNEYS OR BLADDER BOTHER

Harmless to Flush Kidneys and Neutralize Irritating Acids.

Kidney and bladder weakness result from uric acid, says a noted authority. The kidneys filter this acid from the blood and pass it on to the bladder, where it often remains to irritate and inflame, causing a burning, scalding sensation, or setting up an irritation at the neck of the bladder, obliging you to seek relief two or three times during the night.

Bladder weakness, most folks call it, because they can't control urination. While it is extremely annoying and sometimes very painful, this is really one of the most simple ailments to overcome. Get about four ounces of Jad Salts from your pharmacist and take a tablespoonful in a glass of water before breakfast, continue this for two or three days. This will neutralize the acids in the urine so it no longer is a source of irritation to the bladder and urinary organs which then act normally again.

Jad Salts is inexpensive, harmless, and is made from a kind of grape and lemon juice, combined with lithia, and is used by thousands of folks who are subject to urinary disorders caused by uric acid irritation. Jad Salts is splendid for kidneys and causes no bad effects whatever.

Here you have a pleasant, effervescent lithia-water drink, which quickly relieves bladder trouble.

What Are You— Each of Us. Doing to Prove Our Worth? WE SHOULD BUY VICTORY BONDS The Best Drug Store L. T. BEST Chemist and Optician. 124 Princess Street, Kingston, Ont. Branch, Division and Princess Sts.

THE NEW FRENCH REMEDY. THERAPION THERAPION THERAPION

AT DAVIES' EVERY CENT OF THE VICTORY LOAN WILL BE SPENT IN CANADA! You will help the boys "over there"; you will help keep our country prosperous, and bring victory that much nearer because you helped. IF YOU CAN'T GO ACROSS — COME ACROSS. The Wm. Davies' Co., Limited Phone 597.

Told In Twilight

The following guests for the dance at the Royal Military College on Friday evening will be at "The Belvidere" while in town: Mrs. and the Misses Davies, Mrs. Watson, Miss Hewitt, Miss Macpherson and Miss Lillian Wright of Toronto; Mrs. Actland, Miss Julia Parker, Miss Mary Chaplain, Miss Frances Owen, Miss Jean Ruthergford, Miss C. McGill, Mrs. Robertson, Miss Baily, Miss Molson, Miss Hanson, Miss Hodgson, Miss Patterson, Miss Jefferson, Miss Lafleur of Montreal, and Miss Doris Macdonald of Hamilton.

Mrs. George S. Otto, 35 Aberdeen street, received on Friday afternoon last. Her mother, Mrs. Toole of Gananoque, received with her and the tea table was in charge of Mrs. W. M. Sharpley and Mrs. W. G. Anderson, who were assisted by Miss Marjorie Hopkirk, Miss Flora Fair, Miss Laura Wright and Miss Dora Stock. Mrs. Otto will be at home on the second Monday of each month.

Mrs. Herbert Ryan, "The Wellington," entertained informally on Monday evening when her guests were Major and Mrs. R. T. M. Scott, Major and Mrs. F. B. Eaton, Miss Mildred Jones, Miss Beth Small, Miss Margaret Cunningham, Major Goodwin, Major Bruce Hopkins, Captain Frank Ryan, James Swift and F. Brown of New York.

Mrs. Charles S. Kirkpatrick, Victoria street, was at home on Tuesday afternoon when many friends called and had the pleasure of meeting Mrs. Worrell of Halifax, who was receiving with Mrs. Kirkpatrick.

The Bridge Club, which was to have met at Mrs. Arthur Craig's on Tuesday evening was postponed.

Many guests from Toronto, Ottawa and Montreal are expected in town for the dance at the Royal Military College on Friday evening.

Miss May Chown is returning to Montreal this week.

Mrs. W. Balfour Mudie and her two daughters, who have been visiting Mrs. Walker in Buffalo have returned to Gananoque.

Mrs. C. J. Mitchell, who has been visiting Mrs. Frank Phillips, Johnson street, is leaving to-morrow for her home in Toronto.

Mrs. Frank Dobbs came down from Toronto this week and is the guest of Mrs. R. V. Rogers, Barrie street.

Dr. and Mrs. W. J. Knox of Kelowna, who have been in New York for the past three weeks were expected home to-day.

Mr. and Mrs. R. S. Waldron, Kingston, have returned from Montreal.

Miss Mildred Horsey is expected from Pictou to-morrow and will be the guest of her grandmother, Mrs. Cooke, at St. Mark's Rectory, Barriefield.

Mrs. David Murray, Frontenac street, is entertaining at a dance on Friday evening for her son John.

Mrs. W. Loughby Cummings, Toronto, is the guest of the Misses Muckleston, Union street.

Capt. and Mrs. John Aird and little Miss Helen Aird are leaving Deseronto to-morrow for Fort Houston, Texas, where they will spend the winter.

Miss Jean McLaughlin and Miss Audrey Young, Toronto, will come to town on Friday for the Royal Military College dance and will be the guests of Mrs. L. T. Best for the week-end.

Miss Dorothy McKie, Harold Hooper and Courland Elliott, motored from Kingston Sunday and spent the day with Miss Helen McLean, who is home from Kingston spending the week-end with her parents, Mr. and Mrs. F. J. McLean, Front Road west, Brockville.

Mrs. M. Rodden and her young son, Billie, have returned to Toronto after a lengthened visit with Mr. and Mrs. W. H. Wormwith.

Nursing Sister Dorothy Cotton, daughter of the late General Cotton, is now on the staff of the Daughters of the Empire Hospital in London, Eng., after long service in the Anglo-Russian Hospital at Petrograd.

Mrs. Edward Ryan is spending a few weeks with Dr. Ryan in Toronto. Miss Victoria Morrison, Toronto, is staying at Rockwood House with Charles Ryan during Mrs. Ryan's absence.

(Continued on page 12.)

MRS. CHAS. PEDEN GAINS 27 POUNDS Twice Examined and Each Time Told Operation Was Only Hope.

"I have just finished my third bottle of Taniae and have gained twenty-seven pounds," was the truly remarkable statement made by Mrs. Chas. Peden, residing at 559 Mill street, Huntsville, Ala. Mrs. Peden is one of the best known and highly respected women of that thriving little city, where she has made her home for a number of years.

"When I commenced taking the medicine," she continued, "I only weighed ninety-eight pounds, now I weigh 125 pounds and never felt better in my life. For years I have suffered with a bad form of stomach trouble, constipation and pains in my side and back. At times the pains took the form of torture and I was twice examined and each time I was told that I had appendicitis and that an operation would be my only hope. I had fallen off until I only weighed ninety-eight pounds and was so weak I could hardly get around.

"I had no appetite at all scarcely, and what little I did eat would cause gas to form in my stomach, which gave me palpitation of the heart, sick headaches and a dizzy feeling about the head. When the spells came on I would get awfully nervous. I worried about myself until I could rest and sleep but little.

"I had fallen off until I was almost skin and bones and my strength and energy were slowly leaving me. I had a dread of the future and could see nothing but the operating table and the knife. I had a perfect horror of an operation, but I had made up my mind that it was either life or death and prepared to submit to it. I had made all preparations for the operation and called on my sister to tell her good-bye, but I could not tell whether I would live to see her again or not. My sister begged and pleaded with me not to allow them to cut on me and told me to wait and try a good tonic for a while. The next day, as I returned from the consultation room I thought of what she said and as I had heard so much about Taniae I decided to try it as a last resort and stopped at Gilbert's Drug Store and bought a bottle. Of course, I had lost heart and had no faith in the medicine, but to please my sister I made up my mind to take it and oh, what a happy day that was for me!

"I never returned for the operation, but just kept taking the Taniae. Right from the start I began to feel better. The medicine seemed to take hold right at once. It had a soothing effect and in a few days I felt no pain at all. I was able to eat my wonderful improvement in my condition that I sent for my neighbors to tell them how much better I felt. I sent and got another bottle of Taniae and have just finished taking my third bottle and feel like I have been made all over again into a new woman.

"As I have said before, I now weigh 125 pounds, and my improvement has been so rapid that none of my clothes are big enough for me. I will have to make them all over again. I now have a ravenous appetite and my husband says I am simply eating him out of house and home. I have even gone back to my coffee, which I was told not to touch. Those terrible pains in my back and head have all disappeared and I sleep like a child. I am no longer nervous and when I get up mornings I feel refreshed, cheerful and bright. I am now able to attend to my household duties and I feel as if I had started life all over again. My husband is highly delighted, and my recovery is the talk of the neighborhood. I feel nothing but joy all day long over the recovery of my health and praise Taniae to everybody.

"I feel so grateful for my escape from the operating table and the knife that you may publish what I have said; you may if you will, tell other women suffering as I was, to come and see me and I will be glad to tell them all about my case."

Taniae is sold in Kingston by A. P. Chown.

—ADVT.

ters of the Empire Hospital in London, Eng., after long service in the Anglo-Russian Hospital at Petrograd.

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(Continued on page 12.)

NEWS FROM CATARAQUI.

An Exchange of Property—H. Merriman Leaving the Village.

Catarqui, Nov. 10.—The Red Cross workers have filled a dozen Christmas stockings for the boys overseas. Ken A. Smith and family are getting well settled in their new home. Miss A. Clark has a new motor car. Mr. and Mrs. Henry Harpell have the sympathy of the community in the loss of their month-old baby.

H. Merriman, Catarqui, and J. Boyd, storekeeper, Kingston, made an exchange of property. Mr. Merriman has had a sale, and will shortly leave the village, and Capt. L. C. Edwards and Mrs. Edwards are expecting to take up housekeeping on Collingwood street, Kingston.

Rev. E. R. Kelly was one of the speakers at Perth Road on Tuesday evening, and also at Sydenham on Wednesday evening. E. Caverley has purchased a horse from R. Harpell, and J. Baker one from P. T. Ward. Some of the local hunters are expected home this week with their trophies. Mrs. W. Smythe has been in hospital again for a few days, but has returned home.

Miss Pearl Martin, Kingston, has been the guest of Mrs. W. Cooke, Mrs. G. Horne and son, Eric, Pa., who returned home after spending the summer with her sister, Mrs. H. C. Simpson. Mr. and Mrs. W. Gordon are moving up with their son James Gordon for the winter. Mr. and Mrs. Gibson have returned home after a fortnight's visit with friends in Michigan. Miss Geraldine Purdy, Kingston, was a caller here this week. Mrs. O. Robinson, Front Road, has been the guest of her sister, Mrs. Morrison.

Probs: Fine on Thursday, stationary temperature.



Do Your Bit Buy a Victory Bond

Everyone who has the winning of the war at heart will want to share in the Victory loan. When you lend money to the government — at better than 5 1/2% interest — you help feed, clothe, equip and maintain our brave boys overseas — they help Great Britain, who has so far borne the heavy burden of financing the cause of the allies—the cause of civilization.

Money and more money is needed to win the war.

BUY BUY BUY Victory Bonds

Steady's - Limited

NURSES REALIZED \$140

At Their Red Cross Tea and Sale on Tuesday Afternoon.

The Nurses' Alumnae Association of the Kingston General Hospital held a tea and sale at the residence of Mrs. Howard Marshall, Colborne street, on Tuesday afternoon, and realized \$140 for Red Cross purposes. Mrs. S. Crawford and Mrs. S. Campbell had charge of the food table; Mrs. G. H. Williamson and Miss Florence Hiscock the work table; Miss C. Fairlie and Miss Jean McCallum the candy table, and Miss Brown and Nursing Sister Gussie Wright the tea table. The latter being assisted by four nurses from the hospital training school. Miss Lovick took the fee at the door. During the afternoon Mrs. W. F. Nickle and Mrs. John Wright addressed the people with regard to the Victory Loan. Miss Jessie Nicol, of Catarqui, won the electric stove, and T. A. Lapiere, 269 Montreal street, the electric iron, which were raffled. The J. M. Greene Company kindly loaned an Edison gramophone, which discoursed music.

IN MARINE CIRCLES.

Movements of Vessels Reported Along the Harbor.

The schooners Julia B. Merrill and St. Louis have been taken below Catarqui bridge to be stripped and laid up for the season.

The steamer Jeska is cleared to-day for Sodus.

The steamer Jeska is in Davis dry dock for repairs.

M-T Co.'s Bulletin: The steamer Advance is discharging grain from Port Colborne; the steamer Westport cleared with the barge Quebec for Port Colborne; the tug Smith arrived from Montreal with two light barges, and cleared for Montreal with two grain-laden barges; the steamer India is due to arrive to-night to discharge grain from Port Colborne.

Canada Steamship Lines: The steamer Ionic cleared for Port Colborne.

Face Nothing But Running Sores FROM ECZEMA

No rest day or night for those afflicted with that terrible skin disease, eczema, or, as it is often called, salt rheum.

With its unbearable burning, itching, torturing day and night, relief is gladly welcomed.

There is no remedy like Burdock Blood Bitters for giving relief to such sufferers; no other remedy has done, or can do so much for those who are almost driven to distraction by the terrible torture. Apply it externally and it takes out the stinging, itching and burning, and promotes a healthy healing.

Take it internally and it gets at the source of the disease in the blood, and completely and permanently drives it out of the system.

Miss Mary V. Chambers, Annapolis Ridge, N.B., writes: "I used Burdock Blood Bitters for eczema. I had it when an infant, but it left me. Two years ago it came back. I used doctors' medicine, but it did good only while I used it. At last my face was nothing but a running sore. I saw in the paper what B.B.B. did for people. I took it, and today I am free from that terrible disease."

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

CHILDREN HATE PILLS, CALOMEL AND CASTOR OIL

If Cross, Feverish, Constipated, Give "California Syrup of Figs."

Look back at your childhood days. Remember the "dose" mother insisted on—castor oil, calomel, cathartics. How you hated them, how you fought against taking them. With our children it's different. Mothers who cling to the old form of physic simply don't realize what they do. The children's revolt is well-founded. Their tender little "insides" are injured by them.

If your child's stomach, liver and bowels need cleansing, give only delicious "California Syrup of Figs." Its action is positive, but gentle. Millions of mothers keep this harmless "fruit laxative" handy; they know children love to take it; that it never fails to clean the liver and bowels and sweeten the stomach, and that a teaspoonful given today saves a sick child tomorrow.

Ask your druggist for a bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly on each bottle. Beware of counterfeits sold here. See that it is made by "California Fig Syrup Company." Refuse any other kind with contempt.

born at 3:45 p.m. on Tuesday; the steamer Belleville, on her way from Montreal to Toronto, passed at 4:30 o'clock on Wednesday morning.

News From Odessa. Odessa, Nov. 12.—The annual meeting of the Odessa branch of Canadian Red Cross Society took place on Nov. 1st with the members well represented. The same officers were elected for the coming year.

The year's report was very satisfactory to all present, and the majority renewed their fees, becoming members for 1917 and 1918.

Mrs. Sidney Sproule, who has been visiting friends in Peterboro, returned last Monday. Mrs. George Bittinger, Kingston, is visiting her parents, Mr. and Mrs. George Watts, Miss Byington spent the week-end at her home in Portland, near Jones Falls. Mr. and Mrs. Alexander Bell and Miss May Rodden, Ottawa, spent Sunday with Mr. and Mrs. H. S. Davy. Mrs. Archibald Burgess is the guest of her daughter, Mrs. Elgin Farrort. Mr. and Mrs. William Vrooman have moved in their new home on Main street, and their many friends are delighted to have them residing here.

Gets New Paper Making Machine. Watertown, Nov. 14.—A new paper-making machine is being installed at the Sewall Island plant of the Hinds & Dauch Paper Co. The machine will double the present capacity of the plant, which is engaged in box board manufacture.

To Be General Evangelist. Rev. O. C. Elliott has resigned as pastor of Centre Street Baptist Church St. Thomas, to accept the appointment of General Evangelist under the Baptist Home Mission Board. His resignation takes effect the end of November. Rev. O. C. Elliott was a former Kingstonian.

A Voice From the Front Says: BUY VICTORY BONDS

You do not need to be wealthy to do it—the bonds are from \$50 up.

You do not need all the money at once—the Bank will advance a part which you can re-pay gradually.

T. F. HARRISON CO., LIMITED

229-237 Princess Street. Phone 90

BUY VICTORY WAR BONDS

They are as good as gold and as certain as victory.

W. F. McBROOM 43-44 Princess Street.

FEED THE DEAF The Ears of the DEAF Must Be Stirred To Activity Let Us Send You for 10 Days' Free Trial The Acousticon For The Deaf

Canada's Victory Bonds

MEASURE YOUR VICTORY LOAN INVESTMENT BY A SOLDIER'S SACRIFICE.

Jack Johnston's Shoe Store

70 Brock Street.