

RHEUMATISM WAS MOST SEVERE

Deadly Pains All The Time Until He Took "FRUIT-A-TIVES".



Verona, Ont., Nov. 11th., 1915. "I suffered for a number of years with Rheumatism and severe Pains in Side and Back, from strains and heavy lifting. When I had given up hope of ever being well again, a friend recommended "Fruit-a-tives" to me and after using the first box I felt so much better that I continued to take them, and now I am enjoying the best of health, thanks to your remedy."

W. M. LAMPSON. If you—who are reading this—have any Kidney or Bladder Trouble, or suffer with Rheumatism or Pain in the Back or Stomach Trouble—give "Fruit-a-tives" a fair trial. This wonderful fruit medicine will do you a world of good, as it cures when everything else fails. 50c. a box; 6 for \$2.50, trial size, 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

The "WILHELMINA" Montreal. 242 Mountain Street. Rates—75 Cents Per Day Up. Telephone, Uptown 5346. A Home for Strangers.

Zutoo Tablets

Are used by thousands of good Canadians and cure thousands of bad headaches. ZUTOO cures any Headache in 20 minutes. 25c a box, at dealers. A Logical Mind. A new recruit was on sentry duty for the first time at night, when he saw someone approaching. "Who comes there?" he challenged sharply. "The officer of the day," said the other. "Then," was the sentry's unexpected inquiry, "what are you doing out at night?" A girl may refuse a man because she feels sure that he will propose again, but a widow seldom takes chances. The man without any money usually has more or less debts.

Labatt's LABATT IS MAKING A SPECIAL Ale and Porter FOR FAMILY USE Made from Malt and Hops, exactly like the Old Reliable Ale & Porter, only lower percentage of spirit. It is absolutely pure and superior to anything made in that line in Ontario, many prefer it to the old brands for summer and social drinking. TRY IT. JAMES McPARLAND 76 Princess Street. Phone 274

Women! Keep it On Dresser! Never Let Corns Ache Twice Instantly! Few drops stop corn-soreness, then corns and calluses shrivel, loosen and lift out with fingers—No pain! The world owes thanks to the genius in Cincinnati who discovered frezzone. Tiny bottles of the magic fluid can now be had at any drug store for a few cents. You simply apply a few drops of this frezzone upon a tender, aching corn or a hardened callus. Instantly the soreness disappears and shortly you will find the corn or callus loose and shriveled that you lift it off with the fingers. Not a bit of pain or soreness is felt when applying frezzone or afterwards. It doesn't even irritate the skin or flesh. For a few cents one can now get rid of every hard corn, soft corn, or corn between the toes, as well as painful calluses on bottom of feet without any pain. Ladies! Keep it on the dresser.

LOUGHBORO RED CROSS

HELD A CONCERT IN WESLEY HALL, SYDENHAM

Honor Roll of Loughboro Soldiers Enrolled—An Address Given By W. F. Nickle, K.C. Sydenham, Nov. 8.—Assisted by King-on later, the ways and means committee of the Loughboro branch of the Red Cross society gave its first concert of the season in Wesley Hall on Thursday evening, Nov. 8. The hall was beautifully decorated with flags by F. Sims and helpers. Mr. Towell, presided.

W. F. Nickle, K.C., gave a most instructive talk on his trip to France. He also showed a very interesting collection of war exhibits, explaining in detail how each served its purpose. Miss Parrott, with her charming personality, recited herself straight into the hearts of her audience and was recalled again and again. William Mack tenor soloist of Sydenham Street Methodist Church rendered three choice selections with encores. Bert Cooper acted as accompanist. One of the chief features of the evening was the unveiling of the honor roll of Loughboro township. While the audience stood and sang the national anthem, Mr. Sims assisted by Mr. Nickle, drew back the flag and unveiled the names of 319 men who have nobly offered their services to their country. Many have gone never to return having made the supreme sacrifice. Following is a list of those enrolled:

- Honor Roll. Sig. Ross Kavaner, Sig. Frank Kavaner, Corp. Lorne Richards, Pte. Edward Richards, Pte. Earl Redmond, M. Sig. Joseph Garvin, Capt. Archie Trousdale, Pte. Hedley Fulton, Lieut. Edward Keeley, Pte. James Embury, Pte. Joseph Lee, Pte. Blake Nellis, Pte. John Nellis, Pte. William Martin, Pte. Harold Barnett, Pte. Douglas Daiting, Gun. Ted Darling, Pte. Harry H. Smith, Pte. Ernest Smith, Pte. Frederick Smith, Pte. William Keon, Pte. Harry MacNamara, Pte. William Keene, Pte. Harold Horning, Pte. Edward Charlton, Pte. Cleveland C. Main, Pte. Charles Brackneridge, Pte. Kelsey Varrett, Serg. Eddie Kilgallon, Pte. Oscar Fillion, Capt. F. S. Rutten, Pte. Lloyd Caldwell, Pte. Manley Babcock, Pte. Foster Babcock, Pte. Robert Richardson, Pte. Henry Smith, Pte. Harry Smith, Pte. Albert James, Pte. Albert Macdigan, Pte. Clement Woodruff, Pte. Jack Woodruff, Pte. William Woodruff, Pte. Francis Roche, Pte. Leland Roche, Serg. Neil O'Connor, Pte. Arthur Knowlton, Pte. Albert Knowlton, Pte. Orin Boyce, Pte. Bruce Joyner, Pte. Victor Fraser, Pte. Edward Morey, Pte. Harry Deane, Pte. Fred Stevenson, Pte. George Cochran, Pte. George McDonald, Pte. Alfred McDonald, Pte. Bernard Switzer, Pte. Harry Letich, Pte. Andrew Armstrong, Pte. W. H. Brooks, Pte. William Wallace, Pte. R. G. Stewart, Pte. Thomas Mitchell, Pte. Thomas Burns, Pte. John Protheroe, Pte. John Wilson, Pte. Harold Roushorne, Pte. William Corey, Pte. Claude Lake, Pte. Alexander White, Pte. Schuyler Smith, Pte. Albert Harte, Pte. R. J. Convery, Pte. W. S. Dobbie, Serg. O. V. Hansen, Pte. Kenneth Blow, Pte. Percy Babcock, Pte. Grant Joyner, Pte. M. Harpell, Pte. Richard Taylor, Pte. Benjamin Botting, Capt. Lloyd Buck. At the close of the programme Rev. F. G. Kippatrick and Rev. F. A.

TROUBLED FOR YEARS WITH BRONCHITIS

DR. WOOD'S NORWAY PINE SYRUP GAVE INSTANT RELIEF.

Bronchitis is a disease which is very prevalent during the late winter and early spring, when there are sudden atmospheric changes. It is a condition of inflammation of the bronchial tubes which produces mucous and phlegm. This irritates the throat and causes you to cough in order to get rid of it. The cough may be tight or loose according as to whether this mucous is sticky and hard to remove, or soft and easily expelled.

Bronchitis is not really dangerous, but the complications which are liable to follow, makes it necessary to get rid of it on the first sign. This you can do by using Dr. Wood's Norway Pine Syrup. A remedy that has been on the market for over 25 years. John D. McFarlane, Jr., S.W. Margaree, N.S., writes: "I was troubled for years with bronchitis, and could not find any relief. I was especially bad on a damp day. I went to a druggist, and asked him for something to stop the constant tickling in my throat. He gave me a bottle of Dr. Wood's Norway Pine Syrup which I found gave me instant relief. It is the best remedy for bronchitis I know of, and I will take care that I always have a bottle of it on hand." See that you get "Dr. Wood's" Put up in a yellow wrapper; three pine trees the trade mark; price 25c and 50c; manufactured by The T. Milburn Co., Limited, Toronto, Ont.

Read tendered a vote of thanks to those who had so kindly given their services, after which the ladies of the Red Cross served refreshments to the entertainers. The sum of \$116 was realized.

Letters to the Editor

Fighting Sons of Guns. Kingston, Nov. 8.—(To the Editor): Re your article of the 7th inst. ("Fighting sons of guns") and my phoned message to you, that such an article does more harm than good. I forward you this letter, endeavouring to give you, my own and other Canadian soldiers' opinion of the article in question. At the same time we do not wish to hurt the feelings of our esteemed Italian friend, the writer of the letters which you published.

That Canadian soldiers have proved themselves in the past, and we all hope, and don't doubt that they will continue to prove themselves the equal of any soldiers in the world, many of them are heroes, and we take our hats off to them, and honor them, but we know by experience, of acquaintance with these same heroes that they are above all things modest, and they as well as us trust to the record of their heroism, to encourage other Canadians or any Britisher to endeavour to do likewise.

In our opinion such a letter as you published gives ample opportunity to those that at the present time has reasons of their own, wish to belittle the efforts being made by Loyal Canadians to uphold the Empire and all that it means. These people are ignorant enough to gear at an article though written in good faith, and with good intention, as being altogether too flattering and bombastic but confronted with a plain official statement of the acts of our men in the field, and of many of the women at home. Those that at the present crisis who are not doing or trying to do their Bit Remain Silent. The reason should be apparent to anyone.

My remarks apply to all Britishers who to-day are thinking of themselves alone, who are leaving to others their share of safeguarding the future of the Empire. Those who perhaps unable to take the field refuse to help in any of the many other ways in which they could help, but who will yet seize a chance to sneer at those that are trying to do their bit. These are a class of people, Mr. Editor, who would read your article and on the grounds that it is too bombastic in their own narrow minds sneer at the same, openly or otherwise. Though the sights of our crippled soldiers on the streets, the records on the field of battle, the heroism and self-sacrifice of millions of loyal British men and women of to-day and the knowledge of the fact that the people of the Empire believe their cause a just one. Though these facts fail to awaken some, perhaps many, to their sense of duty, God grant that the sacrifice of so many loyal souls is not in vain. —MIKE NOLAN.

Editor's Note.—The Whig's articles, above referred to, was a brief synopsis of the leading article in the Saturday Evening Post of Nov. 10th date. It seemed such a fine description of life in the Canadian army overseas, and such a splendid tribute to their valor, that failure to notice it would have been almost disloyalty to the boys themselves, as well as to their people at home. We would be glad to hear other opinions regarding the matter.

The Late William G. Johnston. Athens, Nov. 9.—On Nov. 7th William G. Johnston passed away. Deceased was seventy years of age and had been a sufferer from lung and heart trouble for some years, having been confined to his home for the past two or more years and to his bed for the past six weeks. At the last the end came rather suddenly. At 3 o'clock in the morning he took much worse and despite the best of medical skill, gradually grew worse, passing away shortly after the noon hour. The late Mr. Johnston was born at Seely's Bay, and lived at Lyndhurst before coming to Athens thirty-four years ago. He was a carpenter by trade. When falling health came, he went into the hardware business, having a store here for several years. He was a much respected resident of the village. In religion he was an Anglican. In politics, he was a Conservative. To mourn his loss are his widow and one son, Wallace, of Onondago Place

The Man on Watch

Kingston needs a plumbing inspector just as much as it needs a milk or a liquor inspector.

Now that no grain is to be permitted for liquor manufacture, look out for the old-time squirrel whiskey with the bluestone.

There is said to be quite a demand for ladies' cigarettes in Kingston since Lord Northcliffe has spoken. So there may be acquired the yellow "lady fingers."

Although the curfew bell is not to ring the kids still must hurry home at eight o'clock in the evenings. It is only the ringing of the bell that the Council has stopped.

If the public library board cannot make it a go, the Victory Loan publicity committee might be engaged to put some "pop" into the institution.

The quality and quantity of those applying for exemption from military service creates a lot of argument in favor of Laurier's manifesto.

Preaching a pulpit vacant must not be confused with preaching the pulps vacant. They are two different things.

Here is a rural gem written from Storms' Corners: "A great many of the careless farmers who have not gotten their potatoes housed are now pawing in the mud to find the tubers." There is self-criticism for you.

The Lampman is asked how the price of eggs can be forced down. "Well stop using them for a fortnight and you'll see."

The girls at Queen's college have come to the conclusion that if they can clean the grounds in war time, their successors can do it in peace time. Sure they can.

Nurses' fees have followed the upward trend of things and the red cross girls will now receive \$25 per week of special duty—not six, mark. Home military nurses receive the equivalent of that and why should the regular nurse, who works much harder and under more unpleasant conditions? Next thing the nurse will set her hours and not permit clients, especially in the rural districts, to work her twenty hours a day, waiting upon the whole family and even preparing meals for the dog and cat. —THE TOWN WATCHMAN.

POLITICAL NEWS.

Brantford parties agree on policy, but not on candidate.

Organization formed in Lincoln County for purpose of avoiding election.

Mervin Smith is chosen by Socialists of North Waterloo to contest riding.

Melghen appeals for unity at Dundas meeting, which endorses G. C. Wilson as candidate.

Ottawa reports Bowell will be given Brantford, but John Harold, Liberal nominee, thinks otherwise.

South Oxford Liberals have notified Conservatives of willingness to co-operate on selection of union candidate.

Conservatives and Liberals in South Essex, who are supporters of Union Government, will name a candidate on Monday next.

Unionists of North Waterloo fear that if Dr. J. F. Honsberger withdraws, W. D. Euler, Laurier nominee, will get control of the Liberals.

Great War Veterans, at meeting in London, charge Conservative organization will deliberate attempt to prevent them running candidate.

Hon. J. D. Reid, who is in Toronto adjusting the situation, states that the campaign for the Union Government is progressing satisfactorily.

West York Conservative Association will hold a convention at Weston on Saturday afternoon for the purpose of selecting a candidate for the forthcoming election to support the Union Government.

Wolfe Island News. Wolfe Island, Nov. 7.—The Roman Catholic church is nearing completion. The contractor's two sons are to be complimented on the splendid work they have done.

The farmers are ploughing and are making up for lost time. Mrs. Winbourne has returned home after visiting relatives in Detroit. William McAdoo has completed the cellar of his cow barn.

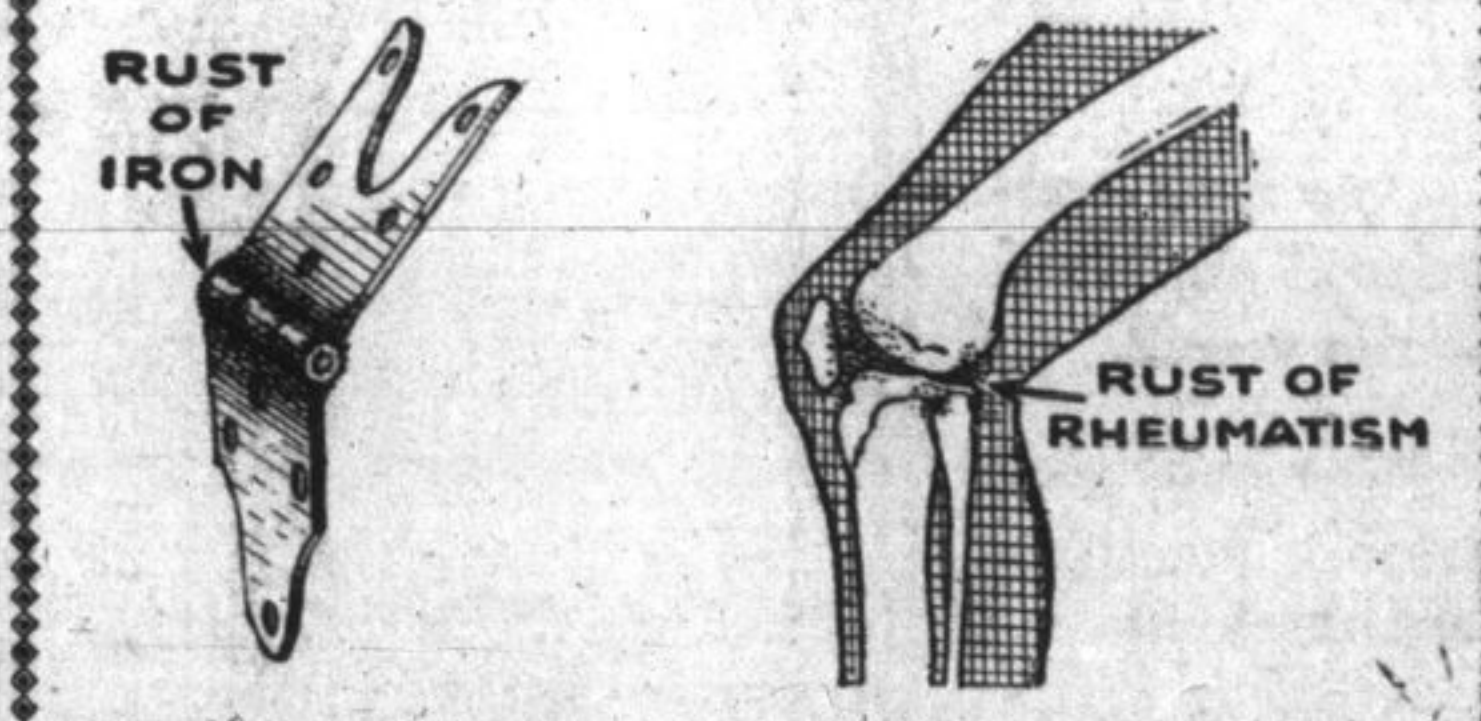
Grant Pyke shipped two boat loads of pressed hay for Frederick Constance, Cape Vincent. The sea gulls are very plentiful in the fields and are getting very tame.

Mr. Stewart and wife have taken up residence at Sydenham. Mrs. Duncan McRae has taken up her residence in Mrs. David Pyke's house. William Horne, Point Alexander, has gone to Kaledar on a hunting expedition. The roads are in very bad condition on account of the rain.

The cheese factories are closed after a very successful season. Miss Edith Hennegsey, Watertown, is visiting with her sister, Mrs. J. Green. The food controller has ordered the immediate sale at the best price available of ten tons of Spanish onions which were spoiled in storage at Toronto. Iceland is threatening to revolt against Denmark because the island's demand of a separate flag has not been granted. Occasionally a man is clever enough to know how important he is.

DRINK HOT WATER AND RID JOINTS OF RHEUMATIC RUST

Why rheumatism and lumbago sufferers should drink phosphated hot water each morning before breakfast



Just as coal, when it burns, leaves behind a certain amount of combustible material in the form of ashes, so the food and drink taken day after day leaves in the alimentary canal a certain amount of indigestible material, which if not completely eliminated each day, becomes food for the millions of bacteria which infest the bowels. From this mass of left-over waste material, toxins and ptomaine-like poisons, called uric acid, is formed and then sucked into the blood where it continues to circulate, collecting grain by grain in the joints of the body much like rust collects on the hinge as shown above.

Men and women who suffer from lumbago, rheumatism or sore, stiff, aching joints should begin drinking phosphated hot water, not as a means to magic relief from pain, but to prevent more uric acid forming in the system. Before eating breakfast each morning, drink a glass of real hot water with a teaspoonful of limestone phosphate in it. This will first neutralize and then wash out of the

stomach, liver, kidneys and bowels the previous day's accumulation of toxins and poisons; thus, cleansing, sweetening, and freshening the entire alimentary canal, each morning, before putting more food into the stomach. A quarter pound of limestone phosphate costs very little at the drug store, but is sufficient to make any rheumatic or lumbago sufferer an enthusiast on the morning inside bath. Millions of people keep their joints free from these rheumatic acids by practicing this daily internal sanitation. A glass of hot water with a teaspoonful of limestone phosphate, drunk before breakfast, is wonderfully invigorating; besides, it is an excellent health measure, because it cleanses the alimentary organs of all the waste, gases and sour fermentations, making one look and feel clean, sweet and fresh all day. Those who try this for one week may find themselves free from sick headaches, constipation, bilious attacks, sallowness, pasty breath and stomach acidity.

general principles enunciated in the Union Government programme, and a supporter of the immediate enforcement of the Military Service Act. Forgive your enemies—but if you have no enemies forgive a few of your friends.

Graham in Essex? Ottawa, Nov. 9.—It is understood here that Hon. G. P. Graham is likely to be either an independent Liberal or a Unionist candidate in South Essex, where it is possible an acclamation may be arranged for him. Mr. Graham has announced himself as an independent supporter of the

Re-Creation of a Mighty Song



WE INVITE YOU to hear Mr. Edison's re-creation of the "Forge Song" from Siegfried in our Edison Showrooms to-day. Jacques Urlus, the Wagnerian tenor of the Metropolitan Opera House, has sung this song for Mr. Edison. His sturdy, virile voice and his masterly interpretation lifts Wagner's great song to the heights of its power. Come and hear this thrilling aria and judge if it is indeed true that the master inventor has re-created music. Has he established a new and an epoch-making art? Music lovers, does this re-creation actually deceive your ears in its reality? Come and decide. Siegfried sings this song as he welds his magic sword. The majestic measures ring with the fire and vigor of the youthful hero's soul. And the strange plaintive note with the weird accompaniment of the woodwinds, cast a spell which dwells with you long after you have heard the song. All these subtle qualities Mr. Edison has re-created.

New Edison Diamond Disc No Needles to Change. Unbreakable Records. Easy Payments if Desired. We will present others of Mr. Edison's marvelous re-creations such as the Barcarolle from Jocelyn, a cello solo; the Bach-Gounod "Ave Maria," sung and played by Marie Rappold and Albert Spalding; also several selections of lighter music. Come and judge Mr. Edison's new art.

We are licensed to sell the New Edison. The J. M. Greene Music Co., Limited Cor. Princess and Sydenham Streets.

EXTRA CHOICE PRESERVING PEARS

By the peck and fine snow and strictest Red apples and fresh mixed nuts.

Thompson's Grocery 234 Princess Street, Phone 387.

GROCERIES & MEATS

You can get the best in the city at the Unique Grocery & Meat Market, 490 & 492 Princess street, corner of University. Phone 530.

C. H. PICKERING, Prop.

IMPERIAL LIFE

The interest earnings of The Imperial since commencement have been sufficient to cover all death claims and other payments to policyholders, and leave over \$750,000.00. This is the result of a conservative interest rate and a low death rate, two important factors in the accumulation of profits for policyholders.

J. B. Cooke, Dis. Mgr. 332 King St. Phone 563; Residence 842.

For the Boys at the Front. CHOCOLATTA

"The Ready-to-eat Chocolate" Contains the Chocolate Milk and Sugar. Prepared Instantly by Adding Boiling Water Only. No Cooking or Milk Required. For Sale By D. Couper, Phone 74. 241-3 Princess St.