HISTORIC NATURE.

Account of Some of the Places he

tain attract, inland watering places have their charm; yet I know of nothing more pleasing than the "Sunny Southern Coast" of England Brighton-it is more or less world famous. Eastbourne, Weymouth. Bournemouth, and Hastings present ever" phase of seaside life-bathing, rowing, motor-boating, sailing and dancing; for dancing pavilions are

Unfortunately I have never been able to visit the watering places on Nice, Cannes, or Monte Carlo; so I am not in a position to compare them with the English resorts. However, I may say that I have found the coast cities of Northern France most enjoyable; the Plage at Calais is an agreeable spot; Wimereux, on the outskirts of Boulogne is not at all bad; Le Havre and Dieppe (including Trouville) are better. As for the Paris Plage at Etaples, it is lively and "tres chic," as our French

friends would say. Yet on the whole I prefer Hastings to any of the above mentioned places. It is rich in spots of historic interest also, tending to enhance its value as a place for visitors. At Battle, a village about seven miles from the city, William the Conqueror defeated Harold in the Battle of Hastings. Quite a collection of trophies may be seen in the old abbey at Battle. In the city of Hastings stand the ruins of what was once Hastings Castle. High up on the cliff, it majestically overlooks the sea; although but one single arch of the original structure now remains intact. The time for castles as objects of defence has long since passed: so the castle has naturally fallen into decay. The moss covered walls are interesting and unique; but little of the battlements remain.

It is very attractive along the promenade on the sea front. Small candy booths in the shape of oriental kiosks ornament the "prom" at inthe new band-stand, an up-to-date structure, surrounded by rows of seats arranged in amphitheatre style. Nearly every morning, afternoon and evening the public are entertained with a good selection of musicgrand opera, musical comedy hits. national airs, and even rag-time. Now that the United States has entered the war, the Englishman does not mind American music at all. fact it is quite a common thing to hear the band playing: "Massa's in the Cold, Cold Ground," "The Star Spangled Banner," and many other familiar airs. Flags of the allies ornament the whole waterfront.

Visitors from London and elsewhere prefer Hastings to Margate, Ramsgate, and other places farther annoy the inhabitants of the Eastern coast towns by giving them severe "made in Germany," by Bertha Krupp. Civilians as a rule do not care to become involved in these east coast "arguments"; as someone generally gets hurt before our destroyers chase Fritz back to his lair at for the occasional boom of a big gun at practice at Lydd, the "natives" would never know that there was a war on. Of course they have "po-'tatoless" days the same as everywhere else in England; and as Shakespeare says, so may they well say: "ay there's the rub." Still the people are not depressed to any noticeable extent-cinemas, dancing pavilions, the Gaiety and other theatres, and even the bowling greens

seem to be doing a thriving business. A word about the hotels and restaurants of Hastings: like every south coast watering place, the city has its Grand, Metropole, and Queen's hotels; these names seem to be almost catching, so frequently do they occur. One happy feature about them is that they are all good hotels. and as a consequence the traveller is pretty certain to secure first class service. I would not for a moment try to compare them with the average first-class hotels in Canadian and American cities, since our service is khaki, all doing their "bit." Some are idea of speed is a hard one to knock into the average Englishman's head; he acts slowly and deliberately, as if time were not to be considered at all. And as for telephones—they are usually conspicuous by their absence; in

## SERVICE TO THE NATION DEMANDS GOOD HEALTH

War is bringing home to every man, woman and child the fact that service to the nation is not a matter alone for the soldier and sailor and munition

There is work, necessary work, for everyone to do, in the way of thrist and production and to do this work, health is the first essential. Even the most willing will find progress is slow if the

Probably the most common complaint among those doing unaccustomed tasks is backache. Work may cause a tired feeling that will easily pass off but this backache that almost doubles one up is an indication of a condition of the system that needs treatment. The Kulneys are giving evidence of their weakness and the sufferer should be thankful for the timely warning given by this pain:

The quickest and surest relief from backache is a treatment with Gin Pills Gin Pills are the tested specific for the healing of the Kidneys. Anyone who wishes to perform his or her full duty to the Nation in these stremons times will find relief from backache in Gin Pills.

request to National Drug & Chemical Co. of Canada, Limited, Toronto, or to the U.S. Address, Na-Dru-Co Inc., 202 Main St., Buffalo, N.Y.

fact they are classed as luxuries. Rural telephone systems such as we Usually the English hotel can boast IT IS RICH IN SPOTS OF A MOST of a good cuisine: the food is well cooked and tasty, the menus are printed in intelligible English, and Mallory Shaw Writes an Interesting not in phrases semi-English, semi-French, calculated to impress the unsophisticated. Tipping is 'the cus-Visited and Gives Some Impres- tom; in fact it becomes a bore. The sions-Very Attractive for Tour- waiter, the chamber-maid, the porter and "boots," all expect their tips. Large cities fascinate, the moun- English hotels are not burdened with elevators, or "lifts," as the English term them. They believe in plenty of exercise, which probably accounts for their willingness to climb in season. Everyone has heard of four or five flights of stairs without a murmur. The leading restaurant of Hastings is undoubtedly Ferrari's, a decent little place where you can get practically anything in season to order. It has been a mystery to me why the Italian waiters there always speak French to each other. Tea shops are to be found everywhere—their prices are moderthe southern coast of France, such as ate, and their meals very good in-

> The parks and the drives are unusually pretty and well kept. The lawns are well suited to bowling. tennis, and other outdoor pastimes, making it an easy matter to pass away a few spare hours at leisure Taxicabs there are in abundance; so if you desire to take a joy ride out to Ore, St. Leonard's-On-Sea, or St. Helens, you merely have to say the word and "James" will do the rest. Henry Ford's tin tanks certainly take the hills around Hastings like steeple-chasers. Of course there are some real cars there as well. Fairlight Glen is a beautiful little vale, situated about a mile from Ore. It is unusually attractive, being in the heart of a pretty wood where winding paths point the way to the sea. small waterfall known as the Dripping Well, reminds one strangely of Minnehaha Falls, Minnesota; the scene of Longfellow's Hiawatha. The cold water, clear as crystal, tumbling over the smooth rocks, cools the whole glen. The sence is truly rustic, possessing nothing of the arificial, everything being a product of nature. In the morning the sound of the cuckoo echoes and re-echoes throughout the wood; while in the evening the clear, resonant notes of the nightingale ring out in their sweet, melodic tones calling to mind Keats' Ode to the Nightingale: 'Thou wast not born for death, im-

moral bird. tervals. On the pier may be seen | No hungry generations tread thee

The voice I hear this passing night In ancient days by emperor and

It is a scene of perfect restfulness and quiet; nothing grates on the nerves there. The complete absence of noise, bustle, and the stifling air

of the city is most agreeable to the

St. Helens, Ore, Hollington, Bohemia, and St. Leonards-on-Sea are healthy residential districts of the town; although St. Leonards has a couple of fairly decent business thoroughfares, and thus can hardly be classed as entirely residential. Near St. Helens there is a Jesuit's college, where priests receive their north; as the Germans occasionally training; and two sanitariums, Pinewood and Fairlight. Because of the comparatively high altitude of St. doses of their famous "iron rations." Helens, it is an ideal spot for fresh, dry air. The tram system connects all of these places, although the service is none too good. The schools of Hastings are well constructed buildings of brick, surrounded or nearly surrounded by concrete court-Zeebrugge or Kiel. Hastings is quite | yards which serve as playgrounds for safe from sea raids, and were it not the children. Tunnels and aqueducts are to be seen everywhere on account of the hilly nature of the surrounding country. As Hastings is not a manufacturing city, there is a distinct absence of smoke and grimy dirt, so prevalent at Liverpool, Leeds, and in certain parts of London.

> Old Town is the more ancient part of Hastings. Fisher folk make up the greater part of the inhabitants. In the Fishermens' church a huge fishing net on either side presents an interior of the little building. Narrow streets, some of them paved with cobbles wind in and out between the irregular rows of old fashioned houses, and little plots of cultivated ground ornament the hilly background. Owing to the war, much of its business activity has ceased, and now the thoroughfares which in former days might well boast of cease-

less activity, are practically deserted Yet, along the promenade, in Robertson street, on Old London Road on Queen's Road-everywhere, you preparing for the front, others are convalescing from wounds, whereas still others are training to become officers. A boy scouts' company is marching through the streets, while at its head the boys bugle, fife and drum band is proudly playing "Sussex by the Sea." Hastings is well worth visiting, being one of nature's choicest spots.

-MALLORY SHAW.

WOLFE ISLAND HOTEL

Is to Be Reopened-J. Briceland Has Bought it.

Wolfe Island, Oct. 10 .- "Jack" Briceland has purchased the island hotel and will make some improvements before it will be ready for the opening. It will shortly be ready for the local trade and travelling public. It has been closed for the past two years. All concerned will be pleased to see it opened for business

Hugh Horne held a sale of his household effects on Monday afternoon. Everything being sold and commanding high prices. Mr. Horne has purchased a farm consisting of 140 acres near Syracuse, N.Y. He left on Tuesday via Cape Vincent with his family to get the farm in readiness for next season's crop. Vin McDonald, Watertown, N.Y. motored to the island to visit relatives last week. Walter Yott and bride have returned home after an extended honeymoon, through the principal cities in New York State. Born unto Mr. and Mrs. George Rogers a son. H. Esford held a suc-Sold by all dealers-50c. a box, or 6 | cessful sale of stock and farm imboxes for \$2.50 Money back if you plements on Wednesday afternoon. are not satisfied Free sample on Everything was sold and retalized good prices.

> A man can walk a mile without moving more than two feet.



GEORGE the FIFTH, by the Grace of God, of the United Kingdom of Great Britain and Ireland and of the British Dominions beyond the Seas, King, Defender of the Faith, Emperor of India.

To all to whom these presents shall come, or whom the same may in any. wise concern—GREETING:

A Proclamation calling out the men comprised in Class 1 as described by the Military Service Act, 1917

The Deputy Minister of

Justice, Canada

WHEREAS it is provided by our Militia Act of Canada, Revised Statutes of Canada, 1906, chapter 41, Section 69, that our Governor-General of Canada in Council may place our militia of Canada or any part thereof on active service any where in Canada, and also beyond for the defence thereof, at any time when it appears advisable so to do by

reason of emergency; And Whereas that part of our militia of Canada known as the Canadian Expeditionary Force is now engaged in active service overseas for the defence and security of Canada, the preservation of our Empire and of human liberty; and it is necessary owing to the emergencies of the war to provide re-enforcements for our said Expeditionary Force in addition to those whose inclination or circumstances have permitted them to volunteer;

And Whereas by reason of the large number of men who have already left agricultural and industrial pursuits in our Dominion of Canada in order to join our Expeditionary Force as volunteers, and by reason of the necessity of maintaining under these conditions the productiveness or output of agriculture and industry in our said Dominion, we have determined by and with the advice and consent of our Senate and House of Commons of Canada that it is expedient to secure the men so required, not by ballot as provided by our said Militia Act, but by selective draft; such re-enforcement, under the provisions of the Military Service Act, 1917, hereinafter referred to, not to exceed one hundred thousand men;

And Whereas it is accordingly enacted in and by the provisions of an Act of our Parliament of Canada, holden in the 7th and 8th years of our reign, and known as the Military Service Act, 1917, that every one of our male subjects who comes within one of the classes described and intended by the said Act shall be liable to be called out on active service in our Canadian Expeditionary Force for the defence of Canada, either within or beyond Canada; and that his service shall be for the duration of the present war and demobilization after the conclusion of the war:

And Whereas the men who are under the provisions of the said last mentioned Act, liable to be called out, are comprised in six classes of which Class I'is, by the provisions of the said Act, defined to consist of all our male subjects, ordinarily, or at any time since the 4th day of August, 1914, resident in Canada, who have attained the age of twenty years, who were born not earlier than the year 1883, and were on the 6th day of July, 1917, unmarried, or are widowers but have no child, and who are not within any of the following enumerated

EXCEPTIONS:-

1. Members of our regular, or reserve, or auxiliary forces, as defined by our Army Act.

2. Members of our military forces raised by the Governments of any of our other dominions or by our Government of India.

3. Men serving in our Royal Navy, or in our Royal Marines, or in our Naval Service of Canada, and members of our Canadian Expeditionary Force.

4. Men who have since August 4th, 1914, served in our Military or Naval Forces, or in those of our allies, in any theatre of actual war. and have been honourably discharged therefrom. 5. Clergy, including members of any recognized order of an exclusive-

ly religious character, and ministers of all religious denominations

existing in Canada at the date of the passing of our said Military Service Act. 6. Those persons exempted from military service by Order in Council of August 13th, 1873, and by Order in Council of December 6th,

And Whereas it is moreover provided by our said Military Service Act that our Governor-General of Canada in Council may from time to time by proclamation call out on active service as aforesaid any class of men in the said Act described. and that all men within the class so called out shall, from the date of such proclamation, be deemed to be soldiers enlisted in the military service of Canada and subject to military law, save as in the said Act otherwise provided; and that the men so called out shall report and shall be placed on active service in the Canadian Expeditionary Force as may be set out in such proclamation or in regulations; but that they shall, until so placed on active service, be deemed to be on leave of absence without pay;

And Whereas it is also provided by the said Act that at any time before a date to be fixed by proclamation an application may be made, by or in respect of any man in the class to be called out, to one of our local tribunals, established in the manner provided by the said Act in the province in which such man ordinarily resides, for a certificate of exemption from service upon any of the following

GROUNDS OF EXEMPTION:-

(a) That it is expedient in the national interest that the man should. instead of being employed in military service, be engaged in other work in which he is habitually engaged;

(b) That it is expedient in the national interest that the man should instead of being employed in military service, be engaged in other work in which he wishes to be engaged and for which he has special

(c) That it is expedient in the national interest that, instead of being employed in military service, he should continue to be educated or trained for any work for which he is then being educated or trained; (d) That serious hardship would ensue, if the man were placed on

active service, owing to his exceptional financial or business obligations or domestic position; .

(e) Ill health or infirmity; (f) That he conscientiously objects to the undertaking of combatant service and is prohibited from so doing by the tenets and articles of faith, in effect on the sixth day of July, 1917, of any organized religious denomination existing and well recognized in Canada at such date, and to which he in good faith belongs;

And that if any of the grounds of such application be established, a certificate of exemption shall be granted to such man.

And Whereas moreover it is enacted in and by the provis-ions of an Act of our Parliament of Canada holden in the 7th and 8th years of our reign, and known as the War Time Elections Act, that certain persons thereby disqualified from voting, with such of their sons as on polling day are not of legal age, shall be exempt from combatant military and naval service;

And Whereas it is further provided by our sa.d Military Service Act that applications for exemption from service shall be determined by our said local tribunals, subject to appeal as in the said Act provided, and that any man, by or in respect of whom an application for exemption from service is made, shall, so long as such application or any appeal in connection therewith is pending, and during the currency of any exemption granted him, be deemed to be on leave of absence without pay;

And Whereas our Governor-General of Canada in Council has determined to call out upon active service as aforesaid the men included in Class I as in the said Act and hereinbefore defined or described;

Now Therefore Know Ye that we do hereby call out the said Class 1, comprising the men in our said Military Service Act, 1917, and hereinbefore defined or described as to the said class belonging, on active service in our Canadian Expeditionary Force for the defence of Canada, either within or beyond Canada, as we may, in the command or direction of our Military Forces, hereafter order or direct.

And we do hereby strictly command, require and enjoin that each man who is a member of the said class shall, on or before the 10th day of November, 1917, in the prescribed form and manner, report himself for military service, unless application for his exemption shall then have been made by him or by another person entitled to apply on his behalf; wherein our loving subjects, members of the said class, are especially charged not to fail, since not only do their loyalty and allegiance require and impose the obligation of careful and implicit obedience to these our strict commands and injunctions, but moreover, lest our loving subjects should be ignorant of the consequences which will ensue if they fail to report within the time limited as aforesaid, we do hereby forewarn and admonish them that any one who is hereby called out, and who without reasonable excuse fails to report as aforesaid, shall thereby commit an offence, for which he shall be liable on summary conviction to imprisonment for any term not exceeding five years with hard labour, and he shall nevertheless, if we so require, be compelled to serve immediately in our said Expeditionary Force.

And we do hereby proclaim and announce that for the greater convenience of our subjects, we have directed that prescribed forms, for reporting for service, and for application for exemption from service, may, at any time on or before the said 10th day of November, 1917, be obtained at any post office in our Dominion of Canada; and that reports for service and applications for exemption from service, if obtained at any of our said post offices and properly executed, shall be forwarded by our postmaster at the post office from which the same are obtained to their proper destination as by our regulations pre-

scribed, free of postage or any other charge.

And we do further inform and notify our loving subjects that local tribunals have been established in convenient localities throughout our Dominion of Canada for the hearing of applications for exemption from service upon any of the statutory grounds, as hereinbefore set out; that these our local tribunals so established will begin to sit in the discharge of their duties on the 8th day of November, 1917, and that they will continue to sit from day to day thereafter, as may be necessary or convenient, at such times and places as shall be duly notified, until all applications for exemption from service shall have been heard and disposed of; also that men belonging to the class hereby called out who have not previously to the said 8th day of November, 1917, reported for service, or forwarded applications for exemption through any of our post offices as aforesaid, may make applications in person for exemption from service to any of our said tribunals, on the 8th, 9th or 10th day of November, 1917.

And we do hereby moreover notify and inform our loving subjects who are within the class hereby called out, that if, on or before the 10th day of November, 1917, they report themselves for military service, or if, on or before that day, application for exemption from service be made by them or on their behalf, they will not be required to report for duty, or be placed upon active service as aforesaid, until a day, not earlier than the 10th day of December, 1917, which will, by our registrar for the province in which they reported or applied, be notified to them in writing by registered post at their respective addresses as given in their reports for service, or applications for exemption from service, or at such substituted addresses as they may have respectively signified to our said registrar; and we do hereby inform, forewarn and admonish the men belonging to the class hereby called out that if any of them shall, without just and sufficient cause, fail to report for duty at the time and place required by notice in writing so posted, or shall fail to report for duty as otherwise by law required, he shall be subject to the procedure, pains and penalties by law prescribed as against military

Of all of which our loving subjects, and all others whom these presents may concern, are hereby required to take notice, rendering strict obedience to and compliance with all these our commands, directions and requirements, and governing themselves accordingly.

In Testimony Whereof We have caused these Our Letters to be made Patent, and the Great Seal of Canada to be hereunto affixed. Witness: Our Right Trusty and Right Entirely Beloved Cousin and Counsellor, Victor Christian William, Duke of Devonshire, Marquess of Hartington, Earl of Devonshire, Earl of Burlington, Baron Cavendish of Hardwicke, Baron Cavendish of Keighley, Knight of Our Most Noble Order of the Garter; One of Our Most Honourable Privy Council; Knight Grand Cross of Our Most Distinguished Order of Saint Michael and Saint George; Knight Grand Cross of Our Royal Victorian Order; Governor General and Commander-in-Chief of Our Dominion of Canada.

At Our Government House, in Our City of OTTAWA, this TWELFTH day of OCTOBER, in the year of Our Lord one thousand nine hundred and seventeen, and in the eighth year of Our Reign.

By Command,

Thomas muling

Under-Secretary of State.