

In The Realm Of Woman--Some Interesting Features

FAMILY DOCTOR'S GOOD ADVICE

To Go On Taking "Fruit-a-tives" Because They Did Her Good

ROCHESTER, P. Q., JAN. 14th, 1915. "I suffered for many years with terrible indigestion and constipation. I had frequent dizzy spells and became greatly run down. A neighbor advised me to try 'Fruit-a-tives'. I did so and to the surprise of my doctor, I began to improve, and he advised me to go on with 'Fruit-a-tives'."

"I consider that I owe my life to 'Fruit-a-tives' and I want to say to those who suffer from indigestion, constipation or headaches—'try Fruit-a-tives' and you will get well". CORINE GAUDREAU. 60c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

The "WILHELMINA" Montreal. 242 Mountain Street. Rates — 75 Cents Per Day Up. Telephone, Uptown 5346. A Home for Strangers.

THE NEW FRENCH REMEDY... THERAPION THERAPION THERAPION

Carpenter and Builder W. R. BILLENNESS. Specializing Store Fronts and Finishes. Remodeling of all kinds. ESTIMATES — FREE. Address 272 University Ave.

There is a difference between Saving the Hair and trying to resurrect it. HERPICIDE is a hair saver! Applications at the better barber shops. Guaranteed by The Herpicide Co. Sold Everywhere.

You Get Better Cough Syrup by Making it at Home. What's more, you save about \$2 by it. Easily made and costs little.

You'll never really know what a fine cough syrup you can make until you prepare this famous home-made remedy. You not only save \$2 as compared with the ready-made kind, but you will also have a more effective and dependable remedy in every way. It overcomes the usual coughs, throat and chest colds in 24 hours—relieves even whooping cough quickly.

Get 2 1/2 ounces of Pinex (50 cents worth) from any good drug store, pour it into a 16-oz. bottle and fill the bottle with plain granulated sugar syrup. Here you have 16 ounces—a family supply—of the most effective cough syrup that money can buy—at a cost of only 55 cents or less. It never spoils.

Pinex is a highly concentrated compound of genuine Norway pine extract and has been used for generations for throat and chest ailments. Avoid disappointment by asking your druggist for "2 1/2 ounces of Pinex" with full directions and don't accept anything else. A guarantee of absolute satisfaction or money promptly refunded goes with this preparation. The Pinex Co., Toronto, Ont.

WIRE FENCING. Trellis, Flower Borders, Railings, Gates, Wire Guards, Baskets and every description of wire goods manufactured by Partridge & Sons. Crescent Wire Works, Kingston. Phone 380.



That Wistful Look — may be, in most cases attributed to constipation, disturbed digestion, rather than imprudent diet. A spoonful of ABBEY'S SALT in a glass of warm water will effectively but gently give instant relief. Even young children will delight in taking this sparkling, healthful—

Abbey's Effer-Salt. ABBEY'S VITA TABLETS strengthen the Nerves and enrich the blood. 50 Cents a Box.

THE CONFESSIONS OF ROXANE (By Frances Walter)

ANOTHER MYSTERY (Copyright, 1916, by the McClure Newspaper Syndicate). "I had no idea Mrs. Palmer was here," he said, as though he felt compelled to make some sort of explanation. "She and I were old friends." Neither Kenneth nor I spoke, and an awkward pause followed, but Mr. Higginbotham did not appear to notice it. He was looking down at the tablecloth as though lost in thought. His explanation did not remove one mysterious feature of the encounter with Mrs. Palmer. For Kenneth and I both noticed that she looked him squarely in the face and gave no sign of recognition, although she spoke to us with her accustomed cordiality. One thing was certain, our dinner was spoiled, and I felt that the sooner we left the dining room the more comfortable we would be.

WOLFE ISLAND WEDDING.

The Yatt McDonald Nuptials Last Wednesday Morning. A pretty wedding was solemnized in the Sacred Heart Church, Wolfe Island, Oct. 3rd, when Rev. Father Fleming united in marriage Miss Frances, youngest daughter of Mrs. A. R. McDonald, and Walter, second youngest son of Mr. and Mrs. Louis Yatt, of Wolfe Island.

NO SUBSTANTIAL EXCUSE FOR EXCLUDING CANADIAN AND BRITISH BORN WOMEN.

From the Franchise—A Pleiton Lady Comments Upon the Action of the Borden Government.

Charlotte Carson Talcott writes as follows in the Pleiton Times: "It is difficult to understand how the Borden Government can hope to find a substantial excuse for the enfranchisement of 'the female next of kin of overseas soldiers' to the exclusion of the Canadian and British born woman. Our Canadian women especially are bearing on their shoulders an almost overwhelming responsibility, and the new franchise bill, whereby many of the loyal women who have made sacrifices, are deprived of the right of the franchise—is nothing more than an insult to the womanhood of Canada. The conservative press gives us the Premier's words in favor of the general franchise for women, at a future time. He says: 'This is an exceptional time.' The Premier concluded by saying, 'When women realize the situation they will give the Government credit for doing the best possible under the circumstances.' The women of our country realize the situation, that is—the women who are interested in the status of women for all time, despite the fact that a delegation of women, well known in Toronto, waited upon the Premier in Ottawa, and discussed 'votes for women' with him, the Premier having been previously informed by a few leaders of women's organizations (their husbands are prominent Conservatives) that the granting of the franchise at this juncture would imperil conscription, and, under present circumstances, it was waived in view of present exigencies. This was the outcome of an informal conference called by the President of the National Equal Franchise League. Presidents of various other women's organizations were not called to this informal conference, yet they with unauthoritative assumption of power, forwarded information to the Premier, with the suggestion that the vote should be granted to mothers, wives and sisters of men at the front, or in training. This—in the face of the Premier's pledge to bring in a measure for Federal enfranchisement before the expiration of his term of office. The mass of Canadian womanhood will not concur with the decision of a few women who have usurped power that is clearly not their own. This is one of the 'difficulties' cases of comprehension." Women have been led to believe that they would be given the franchise, which would have no direct bearing on "win-the-war," because the women of Canada have saved the situation thus far, with the spirit of that real citizenship, whose first concern is the welfare of the whole. Many of "next of kin soldiers" have no conception of its real meaning—just why "daughters and sisters" should be included with the new franchise, is a mystery.



MRS. C. A. HANSON. Wife of the Lord Mayor of London who before her marriage was Miss Appelle, daughter of the late James Appelle, J.P., of county of Halton, Ont. The home of Mr. and Mrs. Hanson in London has welcomed many Canadians.

Wedding at Spencerville. Spencerville, Oct. 10.—The home of Mr. and Mrs. Hiram Shannon, Spencerville, was the scene of a pretty autumn wedding on Saturday evening, Oct. 6th, when Miss Flora J. Shannon was united in marriage to Herman E. Baker, son of Mr. and Mrs. C. J. Baker, Spencerville, by Rev. G. Stafford pastor of the Methodist church. The house was decorated beautifully for the occasion. The bride, was attired in blue silk and carried a bouquet of lily of the valley and roses with streamers of pale blue ribbon. Miss Edith McLean presided at the piano. After dinner, Mr. and Mrs. Baker left on a wedding trip to Toronto. The bride and groom were recipients of many beautiful gifts. On their return they will reside in Ottawa where the groom holds a position in the customs department.

Admitted to Bail. Peterboro, Oct. 6.—Thomas Flynn, Owen Foley and Frank Davis, who on Sept. 15th were arrested at the Peterboro Fair and accused of picking pockets, were yesterday admitted to bail of \$1,000 each. Samuel Scarrington, a Toronto member of the quartette, was not so fortunate as his three Boston friends, and he is still in jail on remand. In addition to three thousand dollars cash bail the police hold thirteen hundred dollars taken from the prisoners when they were arrested. The men are due to appear on October 9th. The police are doubtful of the return of the trio, who left Peterboro in an automobile.

Grace Lutheran Church, Beantown, will be dedicated on Oct. 14th. It is a handsome structure occupying a prominent site overlooking the north banks of the Bonnechere.

AT HYMEN'S ALTAR. The Murphy-Donovan, Wedding at Escott on Monday. Escott, Oct. 9.—One of the prettiest weddings of the season took place on Monday Oct. 8th, when Miss Mary E. Donovan, eldest daughter of Mr. and Mrs. John Donovan of Escott, was united in marriage to E. S. Murphy of Joyceville. Rev. Father Cullinane officiated.

The bride who was given away by her brother, Leonard Donovan, looked charming in a suit of nigger brown poplin with large picture hat and black fox furs and carrying a bouquet of white carnations and maiden hair fern. Her sister, Miss Cecelia, as bridesmaid, was attired in nigger brown with hat to match and black fox furs and carried a bouquet of pink carnations. P. J. Joyce of Kingston, brother of the groom, acted as best man. The wedding march was played by Mrs. Leonard Donovan. The groom's gift to the bride was a gold wrist watch, the bridesmaid a gold ring set with emeralds and pearls. Immediately following the ceremony Mr. and Mrs. Murphy motored to Brockville, thence to Ottawa and points east. The popularity of the bride was attested by the number of substantial cheques she received from friends and relatives. On their return they will reside at Joyceville, where the groom is a highly respected resident and has a home in readiness.

Lieut. Huycke on Furlough. Cobourg, Oct. 6.—Lieut. G. M. Huycke, third son of Judge and Mrs. E. C. S. Huycke, Peterboro, formerly of Cobourg, is home on furlough after an absence of two years in the war zone. Lieut. Huycke was seriously wounded at Fresnoy on May 8th and has been in hospitals in France and England since until invalided home.

How Much Whole Wheat do you eat? You have never thought much about food. You have eaten what you liked regardless of food value—and you may continue to eat what you like but you are certain to like the foods that nourish and strengthen if they are prepared in an appetizing way. Thousands now eat Shredded Wheat Biscuit as a substitute for meat, eggs and potatoes and they have learned many palatable ways in which to serve it. It is 100 per cent. whole wheat. For any meal with milk or cream, sliced peaches or other fruits. Made in Canada.

The farm lately owned by John A. Bowerman, Le Shore, has been purchased from his widow, Mrs. Anna Bowerman, by a gentleman in Trenton, at the price of \$6,000. Nursing Sister, Helen Fowlds, who left for overseas duty in France some months ago is spending a seventeen days' furlough at her home in Hastings. A Barn owned by Wesley Carley was burned at Melville on Wednesday. Miss Lena C. Fredenburg, Westport, graduated as a nurse at the Westport, N.Y., City Hospital.

Told In Twilight

(Continued from Page 3.) Mr. and Mrs. Robert Gaw, who have been spending the summer with Mrs. Gaw's mother, Mrs. Robert Shannon, Gleburnie, left for their home in Grand Forks, B.C., on Saturday.

Miss Dubriel, Montreal, is here on a visit to her sister, Mrs. Alfred A. Grenier, Division street, Mrs. Grenier and her sister will return to Montreal, where the former intends to spend some time. Mrs. William Kirkpatrick, Barrie street, out of town for a week returned on Monday. Mr. and Mrs. J. H. Seels, Peterboro, are in the city for a few days.

Mrs. J. H. H. Coleman, Napanee spent Thanksgiving with her sister, Miss Mildred Macmorine in Toronto. Lieut. Lewis Carling, Ottawa, spent the week end in Ottawa. Mrs. Edward Harrison, Madoc, is the guest of Mrs. John Jenkin, Princess street.

Miss Traver, Kingston, was the guest of Mrs. R. P. Mills, Westport. Mrs. Weston Brock spent Thanksgiving Day with her sister, Mrs. Jeremy Taylor, Earl street. Miss Smith, Kingston, was a guest of the Women's Canadian Club, Ottawa, in honor of Major P. Acland on Saturday.

Mrs. McMaster, Sr., Gore street, is visiting in Deseronto. Miss Alice Holland is the guest of Mrs. Daly, Robinson street, Napanee. Mrs. Herbert Robinson, Bagot street, returned home on Friday after a delightful visit in Winnipeg. Miss Dorothy Hodgins, Clergy street west, has returned from visiting friends in Barrie. Miss Marguerite Bellhouse left today for Montreal after spending the past two weeks with her mother, Mrs. W. A. Bellhouse, Earl street.

Miss Katie Doyle returned this week from Carleton Place. Mr. and Mrs. Leighton Guesb, Brock street, and Mr. and Mrs. Harry Guesb, Sydenham, left on Tuesday to visit friends in New York. Mrs. George Maudson, Alfred street, who has been visiting in Rochester, N.Y., for the past month is expected home early next week. Mr. and Mrs. Harold Day, King street west, spent Thanksgiving in Montreal.

Mrs. Rankin Smith and Miss Velma are visiting in Ottawa. C. A. Storey announces the engagement of his sister, Gladys Saundry, to Mr. William J. Watson. The marriage to take place shortly at Brockville.

After an illness of over a year the death of Edgar Vandusen occurred at Toronto, Oct. 3rd. The deceased in his forty-ninth year, was born in Pictou and was a son of the late E. B. Vandusen.

The home of Mr. and Mrs. Barritt, Burr's, was the scene of a pretty wedding on Sept. 26th, when their daughter, Miss Ila, was united in marriage to E. Barnes, son of Jesse Barnes.

Miss Mulvina McNish, a respected resident of Brockville for forty years passed away on Wednesday.

WAR MENUS

How to Save Wheat, Beef and Bacon for the men at the front. Issued from the office of the Food Controller for Canada.

MENU FOR WEDNESDAY Breakfast Oatmeal Porridge Milk Sugar Toasted Brown Bread Marmalade Tea or Coffee Luncheon Beet Salad Duchess Potatoes Bran Gems Bran Gems Pear Jam Tea Dinner Mutton Stew Mashed Potatoes Sheed Tomatoes Cottage Pudding with Caramel Sauce

The recipes for Duchess Potatoes and Bran Gems, mentioned above, are as follows: Duchess Potatoes—Mashed potatoes, with the addition of the yolk of an egg and seasonings. Bran Gems—1 1/2 cups flour, 3/4 cup bran, 1 cup sugar milk, 1/2 cup oil, 1/2 cup molasses, 1/2 teaspoon soda, 1 teaspoon salt, 2 tablespoons melted butter. Mix and sift dry ingredients; add molasses and combine mixtures; then add butter.

As to the meaning of the war—speak to them on this point and the answer as one woman; and—such are denied the franchise. They see with veiled eyes, and read with somnolent hearts; they realize that the cause of human liberty is at stake, and they have risen to the height of the duty to let them see it, that we live in an age upon which history will look back; and to-day, women will keep the places they have won and arise in their might to protest against this last iniquitous measure against woman's rights, at a time when the political horizon is exceedingly murky.

The women of Canada have saved the situation thus far, with the spirit of that real citizenship, whose first concern is the welfare of the whole. Many of "next of kin soldiers" have no conception of its real meaning—just why "daughters and sisters" should be included with the new franchise, is a mystery. The Premier hides behind a wall of excuses—"Naturalization" law and "lists." The names of soldiers' wives are on lists in pension offices no time is lost in placing their names on lists, but the same might be said of members of the Institute and their daughters of the Empire whose names are already listed, and are easily obtained. Why are no these women included? The bill a drafted, simply reflects the anticipations of the Government. The Premier is eager to rush into any opening he sees—for apparent political reasons. Women who have no desire for the franchise, who are not members of Women's Societies, who are not engaged in any definite work, are not engaged in the war, are excluded through no fault of their own.

Women who are working in munitions who are following industries out of the home, are not expected to fall in the matter of food; it is the women who are asked to "conserve especially" in beef, bacon and wheat, that the men in the trenches may live who have not seen to send an along with those women who have made the supreme sacrifice. Women of intellectual, thoughtful capacity trained in economic theory, receptive for every new idea, conspicuous for their loyalty and effort, must re-serve to unice their forces, in the face of this injustice to Canada's womanhood, because, women of intelligence are of one mind as to the real meaning of it all.

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Save that spoonful. Four and often five spoonfuls of ordinary tea do not go any further than three of Red Rose Tea. Less Red Rose is required because it consists chiefly of rich, strong, full-flavored Assam teas. Use Red Rose Tea and save that extra spoonful. Kept Good by the Sealed Package. RED ROSE TEA is good tea.

PARLOR, CHINA AND MUSIC CABINETS. Music Cabinets, \$6.50 to \$25.00. Parlor Cabinets, \$12.50 to \$45.00. China Cabinets, \$15.00 to \$65.00. R. J. REID, The Leading Undertaker. 230 and 232 Princess Street. Motor Ambulance. Phone 577.

As Age Advances the Liver Requires occasional slight stimulation. CARTER'S LITTLE LIVER PILLS correct CONSTIPATION. Colorless or Pale Faces usually indicate the absence of iron in the blood, a condition which will be greatly helped by Carter's Iron Pills.

The Time Has Come to Deal With Corns in a Scientific Way. This Man's Methods. Not This Man's.

Let An Expert Deal With Corns. Ask who makes it before you use a method for ending corns. Harsh methods are not sanctioned now. Mussey methods are unnecessary. Sores never need occur. Blue-jay was invented by a chemist of high repute. It is made by a concern of world-wide fame as a maker of surgical dressings. Its action is gentle and results are sure. It acts on the corn alone, not on the healthy tissue. Apply it as you wrap a cut finger. That's all. BAUER & BLACK, Makers of Surgical Dressings, Etc. Toronto, Canada.

How Blue-jay Acts. B is the B&B wax, which gently underlines the corn. Usually it takes only 48 hours to end the corn completely. C is rubber adhesive which sticks without wetting. It wraps around the toe and makes the plaster snug and comfortable. Blue-jay is applied in a jelly. After they don't feel the corn. The action is gentle, and applied to the corn alone so the corn disappears without soreness.

Redpath SUGAR. From "Ye Olde Sugar Loafe" of grandmother's day, to the sparkling "Extra Granulated" in your own cut-glass bowl, Redpath Sugar has appeared three times daily, for over half a century, on thousands of Canadian tables. "Let Redpath Sweeten it." Made in one grade only the highest!