

In The Realm Of Woman---Some Interesting Features

ROYAL YEAST CAKES

Some women hold to the idea that bread-making is a long and difficult operation, but this is a mistake, for with Royal Yeast Cakes, light, sweet bread can be made in a few hours with but little trouble.

FREE: Our new Royal Yeast Cake Book will be sent free upon request. It contains full instructions for making bread and rolls with Royal Yeast Cakes. Send name and address plainly written and this valuable little book will be mailed promptly.

E. W. GILLETT CO. LTD.
TORONTO, CANADA
WINNIPEG

GERMANS IN CHINA.

Employees in Customs Service Were Paid Off.

Amoy, China, Aug. 22.—German employees in the Chinese customs service were paid off yesterday. What disposal is to be made of subjects of the Central Powers, with which countries China is now at war, has not yet been decided.

80,000 Are Homeless.

London, Aug. 22.—More than half the walled city of Salonika, in Greek Macedonia, which is under occupation by the Entente Allied troops, was destroyed by fire on Saturday.

Eighty thousand people who were rendered homeless were being removed to neighboring villages last evening, according to a despatch received in London. The fire is now under control.

HOME GROWN POTATOES

50c Peck.
Fresh Vegetables and Choice Groceries
Thompson's Grocery
Phone 387.
294 Princess St.

IMPERIAL LIFE

The average rate of interest realized by The Imperial Life on its investments in 1916 was 6.25 per cent. According to the latest available figures, the average rate earned by all Canadian companies was 6.25 per cent; by American companies in Canada, 5.25 per cent; by British companies in Canada, 5.25 per cent.

J. B. Cooke, Dis. Mgr.
832 King St.,
Phone 508; Residence 842.

JOHN M. PATRICK

Sewing machines, Umbrellas, Suit Cases, Trunks repaired and retined, Saws filed, Knives and scissors sharpened; Razors honed! All makes of firearms repaired promptly. Locks repaired; Keys fitted. All makes of lawn mowers sharpened and repaired.

149 Sydenham Street



THE CONFESSIONS OF ROXANE

(By Frances Walter)

AN ARGUMENT.

(Copyright, 1916, by the McClure Newspaper Syndicate.)
The place we had chosen for our camp was ideal for that purpose. High up on the grassy bank of the crystal, pure creek we had chanced to find a broad, flat rock, over which a wide spreading oak cast its cool shadow. Here we prepared our luncheon, for Kenneth declared he was famishing for food and could not enjoy another moment of life unless his hunger was satisfied, and, despite the fact that it was only eleven o'clock, we allowed him to have his way.

It was a very congenial little party which gathered about the improvised table. In fact, from the time I had thrown my arms about my newly-found cousin at the railroad station on the evening of her arrival, I had been drawn to her by the many charming qualities which she possessed. And she gave every indication that the attraction was mutual. As for Kenneth, both Virginia and I admired him. Had I been called upon to find fault with him, I should have said that he was perhaps too retiring, too dignified, but this fault was not striking when he was among his friends, for with those he liked he was unobtrusive to the extent that he became almost talkative.

It was a novelty for me to hear views such as his expressed by a man. In all my experience I had known only women to hold such opinions, yet Kenneth did not appear effeminate when he gave utterance to these unusual ideas.

Just as his opinion of sportsmanship had been unique for masculine utterance, so his views on nature itself proved refreshing.

"I cannot understand the attitude from which some persons regard nature," he was saying in reply to something Virginia had asked. "They seem to think it is a cadaver to be cut into size pieces and studied under a lens. And why? I can understand the necessity for studying the human body, but nature is much better left alone. In its entirety it is magnificent. In its details it may be wonderful, but it cannot be beautiful."

"Those who seek nature are not

seekers after the beautiful," replied Virginia. They are scholars. They are utilitarians. They seek medicinal herbs. They strive to understand insect life so that they may destroy that which is harmful and build up that which is beneficial. I suppose such a seeker would not know if a thing was beautiful if he looked at it, or he might consider a rare species of toad an object of admiration."

"It cannot be denied that what you say is true," returned Kenneth. "I know it is true, and that is the reason why I find it so regrettable. I would not preach so much if the search for useful knowledge were confined within proper limits, but it is not. In our schools they teach young and sturdy girls to tear flowers to pieces, to mangle the forms of worms, to pry into the roots and stems of herbs. What earthly good does it accomplish? None."

"But these young women may become scientists."

"The records do not prove it. The scholars usually are men. Why extend the power of destruction to women?"

There is more Catharrh in this section of the country disease is put together, and for years it was supposed to be incurable. Doctors prescribed local remedies by constantly fasting to cure with local treatment, pronounced it incurable. Catharrh is a local disease, greatly influenced by constitutional conditions and therefore requires constitutional treatment. Hall's Catharrh Cure, manufactured by P. J. Cheney & Co., Toledo, Ohio, is a constitutional remedy, taken internally and acts through the blood on the mucous surfaces of the system. One trial will convince you it is offered for any case that Hall's Catharrh Cure fails to cure. Send for circular and testimonials. Sold by Druggists, P. J. CHENEY & CO., Toledo, Ohio. Hall's Famous Pills for constipation.

Easy & Practical Home Dress Making Lessons

Prepared Specially for This Newspaper
By Pictorial Review

Bathing Suit Upon New Lines.



7318
A swimming suit over which to be made enthusiastically in this model is the blue silk poplin trimmed with white in block design. The sailor's collar below normal and has attached to it a two-piece skirt.

The long waisted effects extend even to bathing suits and this model in dark blue poplin trimmed with black printed taffeta is charming. The adjustment may be arranged at either the front or left side. Pockets are inserted at the side seams of the attached two-piece skirt. The bloomers are attached to a sleeveless undergarment which closes in front. Medium size requires 3 1/2 yards 38-inch material for the dress, with 1 1/2 yards for bloomers and 1/2 yard lining for underbody.

(ions) Fold on line of large "O" perforations and have notched edges to gather; then arrange pocket on edge of skirt, notches and edges even. Close side seam of skirt as notched (including the pocket in the seam). Turn hem at lower edge on small "o" perforations. Gather skirt at upper edge between "O" perforations and sew to waist, center-fronts and center-backs even, bring side seam of skirt to single small "o" perforation near lower edge of waist front, and small "o" perforation at top of skirt to under-arm seam.



TO TREBLE DESTROYERS.

Are Only Things That Sub. is Afraid Of.
Washington, Aug. 22.—Immediate expansion of building facilities of the United States to double or treble the output of destroyers during the next eighteen months was the object of a conference to-day between Secretary of the Navy Daniels and representatives of 25 or more ship and engine builders.

HARVESTERS! LOOK!

30,000 Farm Laborers Are Wanted in the West.
The Canadian Northern Railway will operate the first western train for the West, leaving Toronto Union Depot at 9 a.m. and 10 p.m. August 21st and 10 p.m. August 30th, and running through solid to Winnipeg.

LOVETT, PRIORITY DIRECTOR.

Coal to be Shipped to Centres Where Urgently Needed.
Washington, Aug. 22.—Government control of the coal industry moved a step nearer when President Wilson formally named Robert S. Lovett, of the war industries board, director of priority of transportation and approved an order issued by Judge Lovett directing that rail and steamship lines give bituminous coal shipments to the north-west preference over all other freight movements.

100,000 Tons of Sugar Ordered
Washington, Aug. 22.—Contracts for 100,000 tons of sugar have just been placed by the government for army and navy requirements at a price to be fixed by the food administration. At the present market price the order will total between twelve and fifteen million dollars.

Next to possessing there is nothing a woman likes better than being possessed.

"WHY WOMEN CANNOT SLEEP."



The highly organized, finely strung nervous system of women subjects them to terrors of nervous apprehension which no man can ever appreciate.

You may want to change your automobile, or your piano, or even your home—but you will never want to change the COFFEE, when once you taste the delectable flavour of Chase & Sanborn's "SEAL BRAND" COFFEE.

In 1/4, 1 and 2 pound tins. Whole-ground—pulverized—also fine ground for Percolators. Never sold in bulk.

California Fruit Store

CHOICE FRUITS
Bananas 15c, 20c, 25c, 30c dozen.
Oranges 20c, 25c, 30c, 40c, 50c dozen.
Peaches 30c, 40c, 50c dozen.
Pears 30c, 40c, 50c dozen.
Grape Fruit 4 for 25c
Home Grown Tomatoes 15c pound

FRESH HOME MADE CANDIES.
Milk's Chocolates 50c pound
Fruits Delivered to All Parts of the City.

286 Princess St. Charles Dafnas, Prop.

Dr. J. Collis Browne's Chlorodyne

THE ORIGINAL AND ONLY GENUINE.

Acts like a Charm in
DIARRHOEA and is the only
Specific in **CHOLERA** and
DYSENTERY.

Checks and arrests those too often fatal diseases—
FEVER, CROUP, AGUE.

The best Remedy known for COUGHS, COLDS, ASTHMA, BRONCHITIS.
Effectually cuts short all attacks of SPASMS.

Is the only palliative in NEURALGIA, RHEUMATISM, FOOTACHE.

Chlorodyne is a liquid taken in drops, graduated according to the patient's condition. It is a powerful sedative, relieves pain, creates a calm refreshing sleep; allays irritation of the nervous system when all other remedies fail; leaves no bad effects; and can be taken when no other medicine can be tolerated.

**INSIST ON HAVING
DR. J. COLLIS BROWNE'S
CHLORODYNE.**

The immense success of this Remedy has given rise to many imitations.

U.S.—Every bottle of Genuine Chlorodyne bears on the stamp the name of the inventor, Dr. J. Collis Browne.

CONVINCING MEDICAL TESTIMONY WITH EACH BOTTLE.
Sold by all Chemists.
Prices in England: 1/6, 2/6, 4/6.
Sole Manufacturers:
J. T. DAVENPORT, Ltd.,
LONDON, E.C.

Wholesale Agents, Lyman Bros. Co., Limited, Toronto

36,000 Harvesters Wanted

\$12.00 TO WINNIPEG

Plus Half a Cent per Mile beyond to any Station East of Calgary, Edmonton or Burbank, Alta.

Return Fare Half Cent per Mile to Winnipeg till November 30th, 1917, plus \$18.00 to Original Starting Point.

Special Through Trains Leave Toronto (Union Station)
9.00 a.m., August 21st
10.00 p.m., August 21st and 30th.

The Best of Equipment and Lunch Counter Cars
Electric Lighted Colonist Cars.
Special Accommodation for Women.

For Tickets and Leaflet showing number of laborers required at each point apply to
M. C. Dunn, City Agent, or General Passenger Department, Toronto, Ont.

Many Thousand Farm Laborers Wanted for Harvesting in Western Canada

"Going Trip West"—\$12.00 to WINNIPEG "Return Trip East"—\$18.00 from WINNIPEG

GOING DATES

August 21st: All stations in Ontario West of Sudby's Falls up to and including Toronto on Lake Ontario Shore Line and Hawke's Pointers' Line; also from stations between Kingston and Barrow Junction, including and from stations on Toronto-Sudbury Street Car. From stations on South Bay, South branch. From stations on Main Line, Beauvais to Frank, inclusive. From stations Bethany Junction to Port McNicoll and Burketon-Sudburyton.

August 22nd and August 30th: From stations West and South of Toronto up to and including Hamilton and Windsor, Ont. on Owen Sound, Walkerton, Teaswater, Wingham, Stora, Listowel, Goderich, St. Mary's, Port Burwell and St. Thomas branches, and stations Toronto and North to Kotton, inclusive.

SPECIAL THROUGH TRAINS
Full particulars from F. Conway, C.P.A., Corner Princess and Wellington Streets, Kingston, Ont. Phone 1197.

Mid-Summer Bargains Cut Prices

Men's white canvas Oxfords, with rubber sole, \$1.98.
Men's tan and black Oxfords, \$2.48.
Men's tan and black Oxfords \$2.98

The Sawyer Shoe Store

GRAND TRUNK RAILWAY SYSTEM

HARVEST HELP EXCURSIONS TO WESTERN CANADA

\$12.00

To Winnipeg, Man., plus 1/2 cent per mile beyond.

Return, 1/2 cent per mile to Winnipeg, plus \$18.00.

Going Dates, August 21st and 30th.

For further particulars apply to J. P. Hanley, C.P. and T.A. G.T. Ry. Sys., Kingston, Ont.

CANADIAN PACIFIC VISITORS

To the WORLD'S GREATEST Annual Exhibition TORONTO (Aug. 25th to Sept. 10th) Will Find the Canadian Pacific THE CONVENIENT ROUTE From All Points in Canada EXTRA TRAIN SERVICES To and from Parkdale Station and Exhibition Grounds from principal points on certain dates.

Particulars from F. Conway, C.P.A., City Ticket Office, Princess and Wellington streets, Phone 1197.

CUNARD LINE

Passenger Service
Between Montreal and London
(Calling Plymouth to land passengers) and Montreal and Bristol

For particulars of sailings and rates apply to local agents or to The Robert Reford Co., Limited, General Agents, 58 King Street East, Toronto.

Be Clean—and Safe.

Think of the germ-laden things your skin and clothes must come into contact with every day. Then remember that there is a splendid antiseptic soap

LIFEBUOY HEALTH SOAP

Use Lifebuoy for the hands, the bath, the clothes, and the home. Its rich, abundant lather means safety. The mild, antiseptic odor vanishes quickly after use.

LEVER BROTHERS Limited TORONTO
At all Grocers