THE TONIC THAT

"Fruit-a-tives" Builds Up The

Whole System Those who take "Fruit-a-tives" for the first time, are often astonished at the way it builds them up and makes disease, as Constipation, Indigestion, Chronic Headaches or Neuralgia, Kidney or Bladder Trouble, Rheumatism or Pain in the Back. And they find when "Fruit-a-tives" has cured the disease, that they feel better and stronger in every way. This is due to the wonderful tonic properties of these

famous tablets, made from fruit juices. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruita-lives Limited, Ottawa.



Far more effective than Sticky Fly Catchers. Clean to handle. Sold by Druggists and Grocers everywhere.

"Feel Like a New Person," says Mrs. Hamilton.

New Castle, Ind .- "From the time I was eleven years old until I was seventeen I suffered each



month so I had to be in bed. I had headache, backache and such pains I would cramp double every month. I did not know what it was My health was all run down and the me any good. A

neighbor told my mother about Lydia E. Pinkham's Vegetable Compound and I took it, and now I feel like a new person. I don't suffer any more and I am regular every month."—Mrs. HAZEL HAMILTON, 822 South 15th St.

When a remedy has lived for forty years, steadily growing in popularity and influence, and thousands upon thousands of women declare they owe their health to it, is it not reasona-ble to believe that it is an article of great merit?

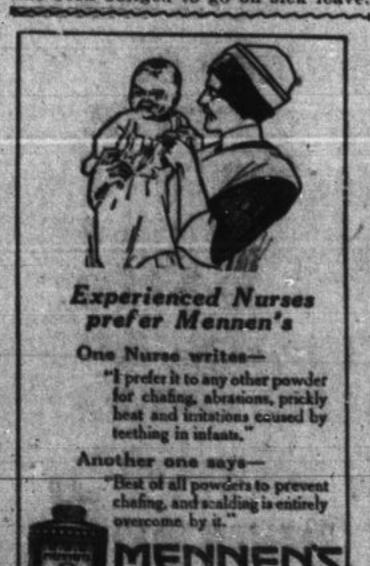
If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

PRINCE ALBERT IS ILL.

King's Second Son Suffers From Gastrie Trouble.

London, Aug. 22.-Prince Albert, second son of the King, has been obliged to leave his ship owing to gastric trouble, according to an announcement in the court circular. A consultation of physicians has been held, as a result of which it was decided that the prince must submit to a course of treatment. This will prevent him from undertaking any duty affoat for several

Prince Albert has suffered from gastric disorders for several years. He was operated on for appendicitis in 1914, and on several occasions has been obliged to go on sick leave



BORATED (G)

TALCUM

(By Frances Walter)

IN THE WOOD.

(Copyright, 1916, by the McClure

Realm

Newspaper Syndicate) As we entered the strip of woods smiled at the recollection of a fatethem feet better all over. They may be ful trip I had taken along the same taking "Fruit-a-tives" for some specific , path many months before. It was the time when I injured my ankle when walking beneath the trees, and Billy Bent had come along found me. Poor Billy Bent! had dealt none too gently with him. although he had realized his ambi- burden." tion and now he was a Congressman. But if he had an office, he had other possessions which offset the honor. He had, for instance, a rather elderly

and homely wife and several children of his own, to say nothing of the stepchildren he had become possessed of when he married the buxom and wealthy Widow Patrick. Billy's wooing and of my delusion becoming the pathfinder. that I was in love with him. Sup- "It is not right that a woman pose I had married him? What a should blaze the trail," he declared,

Billy was not so much a lawyer as a party." smelled rum on her statesman-hus- see the water from here I fear you band's breath. How did I know? I will not be a hero very long." knew because the whole town knew. Which was true. In another min-Mrs. Patrick-Bent being a prohibi- ute or two we had reached the creek tionist of the fanatical type. Her bank and prepared to camp. chief joy was to attend a W. C. T. U. meeting and tell her "experience." This "experience" consisted of a nar-

guish of his wife. The conclusion of work on the field of battle.

husband left her at home when he the Canadian militia. went to Washington to attend the sessions of Congress, and why he remained out at night until there was very little night left. Of course, I Power 's in Summer is a was glad that my affair with Billy had matter of fuel-food for the gone no further than it did, but I also was convinced that I could have human engine. Food that a more inspiring helpmate than the widow he had chosen.

row path until it merged into the work. It uses up needed thick undergrowth in the heavier forest, and there we all stopped. cumstances?" asked the nonplussed

Virginia and I both laughed. "Why, the proper thing, of course is to part the undergrowth with your hands and keep on."

"But you? What will happen to your skirts, and what will prevent

"Nothing," I replied, "But that is part of the penalty of a walk through

"I do not like the prospect," "declared Kenneth. "I suggest that we

seek the banks of the creek and set Although we had been walking only a short time he cast a look at the lunch basket, which could not be misinterpreted, and once more we were compelled to smile at his

'I do not deny it." Kenneth admitted cheerfully. "I could not eat much breakfast because of my desire to be in the forest, and I must con-Time less that there is a very appetizing odor emanating from this mysterious

> "If we retrace our steps a few hundred feet we will find a path that will lead us to the creek." I told him. "Then we shall retrace," he de-

We walked back, Virginia and Kenneth following my lead, until we reached the cross-paths. . At this

life I would be leading now. For "I shall be the Daniel Boone of this politician, and when he came home "Very well, Mr. Daniel," mocked at night the former Widow Patrick Virginia. "These two tenderfoots will -the present Mrs. Bill Bent-always follow you, but inasmuch as I can

(To be continued)

Ernest McIntosh, son of Dr. Mcrative of Billy Bent's weakness for Intosh, Carleton Place, has been comrum and the incidental mental an- missioned a lientenant a reward of

the "experience" was a horrible Lt.-Col. G. W. Kenny, Dublin Fuswarning to all women not to marry iliers, formerly of the Inniskilling Guards, is reported wounded. Col. Still Mrs. Bent wondered why her | Kenny was at one time an officer in

made the rising young Congressman is hard to digest and low in nutritive value does not sup-We picked our way along the nar- ply energy for the day's power by overtaxing the di-"What do you do under these cir- gestive organs. Shredded Wheat Biscuit is all food. It is 100 per cent. whole wheat and is prepared in a digestible form. Changing from meat and potatoes to your hands from being scratched to Shredded Wheat brings a mental buoyancy and physical alertness that makes one the woods. If the skirts survive the eager for the day's task. wear and tear, then so much the bet-ter. If the hands are torn and bleed- Eat it for any meal with ing, then it is nothing more than is sliced bananas, berries, or other fruits.

Made in Canada.

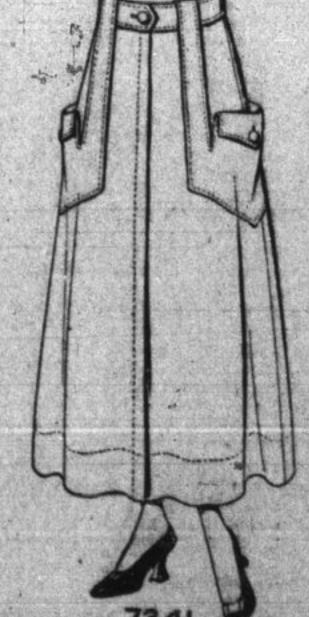
tures which distinguish them from

Gasy & Practical Home Dress Making Lessons

Prepared Specially for This Newspaper

By Pictorial Review

A Skirt With Several New Features. tremely simple in line, they have fea-



A new skirt which looks well in sique or linen and is cut in three pieces. There are three different styles of pockets and the closing is

ranged that the large "O" perfora-If made longer, extra material will be required for the hem. Skirt gths are conservative, reaching to

Although the newest skirts are ex-CUTTING GUIDE 7341 Showing Size 2 FRONT GORE

Have Invaded Many Occupations Formerly Exclusive to Men.

Women of Japan do not spend all their time and talents arranging flowers and embroidering beautiful kimonos, however much those of us who have never visited "The Flowery Kingdom" may think of those two occupations as employing the greater part of their days. The Japfinding her way into fields which after visiting her parents, Mr. and have hitherto been supposed to be Mrs. J. E. Whalen. country are engaged in no less than Lyons, Ordnance street. exclusively to men.

Imperial Railway Bureau is credited Bank to Winnipeg. men, but there the work is extremely spend the next two weeks. them a good wage. Still they furn- days. ish their women employes with workto their salaries. Two such institutions, the Lank of Japan and the ly 125 each. These women also Mrs. M. Polk. share in the semiannual bonuses which are common features of the industrial and mercantile life of the country. Many women are employed in the telephone companies. Many more earn good wages by typewrithave about the best positions of all. The salaries paid to actresses do not compare favorably with those to be

had by feminine members of that profession in western countries. Women have found their way into professio, al fields as well; they have become journalists, novelists, musicians, artists, and teachers. Also, they have become professors of the art of flower arrangement and ceremonies peculiar to their land. ored. In fact, they have to fill out their not munificent salaries with the respect and social recognition take place in October. which is lavished upon them.

The leader in the education of women in Japan is Miss Umeko Tsuda, Barrie street, announce the engagetry to the United States to study. ber She is now principal of what is considered to be the best school for girls to the study of English subjects, in September. three hours to the study of the English language, the other three to English literature.

Miss Tsuda founded her school some 16 years ago and, during that time, 224 pupils have been graduated from it. So high has been the standing maintained, that the Department of Education of the Em-| pire grants them licenses to teach in its schools, without the formality of examinations. No other school is thus honored, so it is said. 'Over 80 of the graduates of this institution are now occupying posts as teachers in high schools and colleges of the

One Japanese woman is so interested in affairs of state that she sometimes takes a seat in the gallery when the Diet is in session and practically always, when her husband, who is the Prime Minister of the nation, speaks. Not many of her countrywomen have yet adopted that custom, however.

A South American Doll. A prettily quaint description of a South-American girl and her doll is given in a book, "The Purple Land," by W. H. Hudson. It was during his wanderings near Monte Video that he came across a tiny native, and he said to her-

"'And what do you do all day long-talk and play?" "'I talk to my doll; I take it or the pony then I go with the sheep

the models of the past season. The model shown here is a three-piece "'Is your doll very pretty, Anita?" affair, closing in front. It is gath-"No answer. ered at the top and may be trimmed "'Will you let me see your doll, with three different styles of pec Anita? I know I shall like your doll

kets—round, pointed with strap ox-tension or pointed without extension "She gave me an anxious look. In medium size the skirt requires 3% Evidently doll was a very precious yards 36-lach or 3 yards 44-inch ma- being and had not met with proper torial. At this season nothing is appreciation. After a little nervous more fashionable for the develop fidgeting she left me and crept ment of such a skirt than pique or of the room; then presently she union linen, while for dressler effects there are pongee, foulard silk, screen something from the vulgar gaze in her scanty little dress. The cutting guide shows the pro-per arrangement of the round pocket companion of her rambles and rides, on the material, although the two With fear and trembling she allowed other designs may be accommodated me to take it into my hands. It was other designs may be accommodated in the same space. The front gore is placed into position first, with the large "O" perforations on a length-wise thread. By sloping the gore there will be sufficient room for the piecing of the lower edge. The high gore of the skirt is laid along the lengthwise fold and the piecing is provided for in the same way as for the front gore. The belt is placed along the lengthwise fold, to make it seamless and the pocket is so arcamless and the pocket is so ar emotions f the liveliest pleasure."

dropped a five-dollar gold piece in the plate at church, mistaking it for a nickel, could get no great satisfac-tion out of the deacon, as will be recalled, but he was not the man to

Accordingly he sought legal advice with a view of instituting a suit But the lawyer whom he consulted

as one of those rare and rifted ouls who would rather be witty han rich, or almost anything else, no case. You are guilty of contri-

Told In

Woman---Some Interesting

(Continued from Page 3.) Robert Henderson and wife left anese woman of these present times Monday to spend a couple of weeks is marching straight ahead, keeping at the former's home in Morrisburg. step as far as possible with her sis- Mrs. Charles Lyons and son, Howters of western lands. She, too, is ard, have returned from Ottawa,

open to men only. A Japanese paper | Miss Mildred McQuade has reinterested in the question recently turned to Watertown, N.Y., after a estimated that the women of the visit with her grandfather, P.

64 occupations, which not so long Dr. and Mrs. H. E. Day and little ago were considered as belonging Miss Elizabeth left on Thursday for Picton. They drove by way of For example, Japanese women Odessa to say good-bye to Mrs. Day's have gone into railroad work. They nephew, R. Harold Cairns, who has are occupying posts as cashiers, been transferred from the Odessa brokkeepers, and ticket sellers. The branch of the Northern Crown

with employing some 4,000 of them Miss Webber and her little in such positions. The Imperial Ar- niece, Miss Sybil Fraser, Ottawa, senal, too, employs a number of wo- are at Hay Island, where they will hard. The banks are finding their Mr. and Mrs. Guthrie, Hillier, services valuable, although they have have their cousin. Mrs. Clough. I smiled again when I thought of point Kenneth again insisted upon not yet reached the point of paying Kingston, visiting them for a few

ing clothes and lunches, in addition Miss Voight Proud, Kingston, is visiting Miss Jean Castle, Westport Mrs. Henry Prevost, Westport, is Hypothec Bank employ approximate- in Kingston to visit her daughter,

Miss Conor, Kingston, is a guest of Miss Fausta De Wolfe, Ganan-

Major W. P. Wilgar, D.S.O., who has been in France for several months, has returned to England to ing. In fact, the typists are said to join Mrs. Wilgar and their little son, Master Billy Wilgar, who have been in London, and with them left this week for Scotland, where they will remain during his leave of ab-

Edward Echlin, Ottawa, has entered the Royal Military College as

Rev. Dr. and Mrs. Tucker, Monttheir youngest daughter, Holly school teachers are especially on- B.S.A., Florenceville, N.B., eldest Miller, to Kenneth McLeod son of Rev. and Mrs. D. Fiske, of Yorkton, Sask., the marriage to

Mr. and Mrs. Albert Campbell, a graduate of Bryn Mawr College, ment of their daughter, Florence, to who was one of the first five girls James Grant, Portsmouth, the marsent by the Government of her coun- riage to take place early in Septem-

R. McEwen, Lanark, announces in all Japan. The courses of study the engagement of his youngest there she models after the curri- daughter, Olive Sinkler, to Victor S. culum of her American alma mater, Livingston, Toronto, second son of with both required courses and elec- Mr. and Mrs. John Livingston, Ottives. Six hours a week are devoted tawa. The marriage will take place



SCHOOL GIRL

Gingham is unquestionably a very gractical fabric for garments for the unger generation. Illustrated is a etching model in gingham. It is sure to delight its youthful wearer for there are bloomers attached of self material. The short waisted effect is accentuated by the cut of the waist, which is slightly suggestive of the Kate Greenaway costume. White pique affords smart trimming on the collar, and is also featured in th

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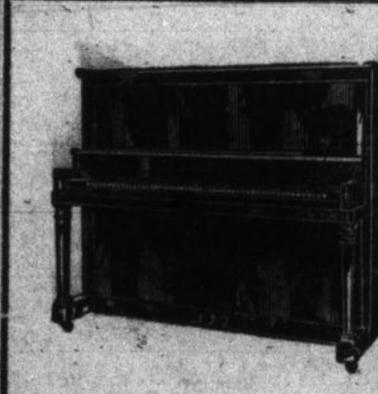


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