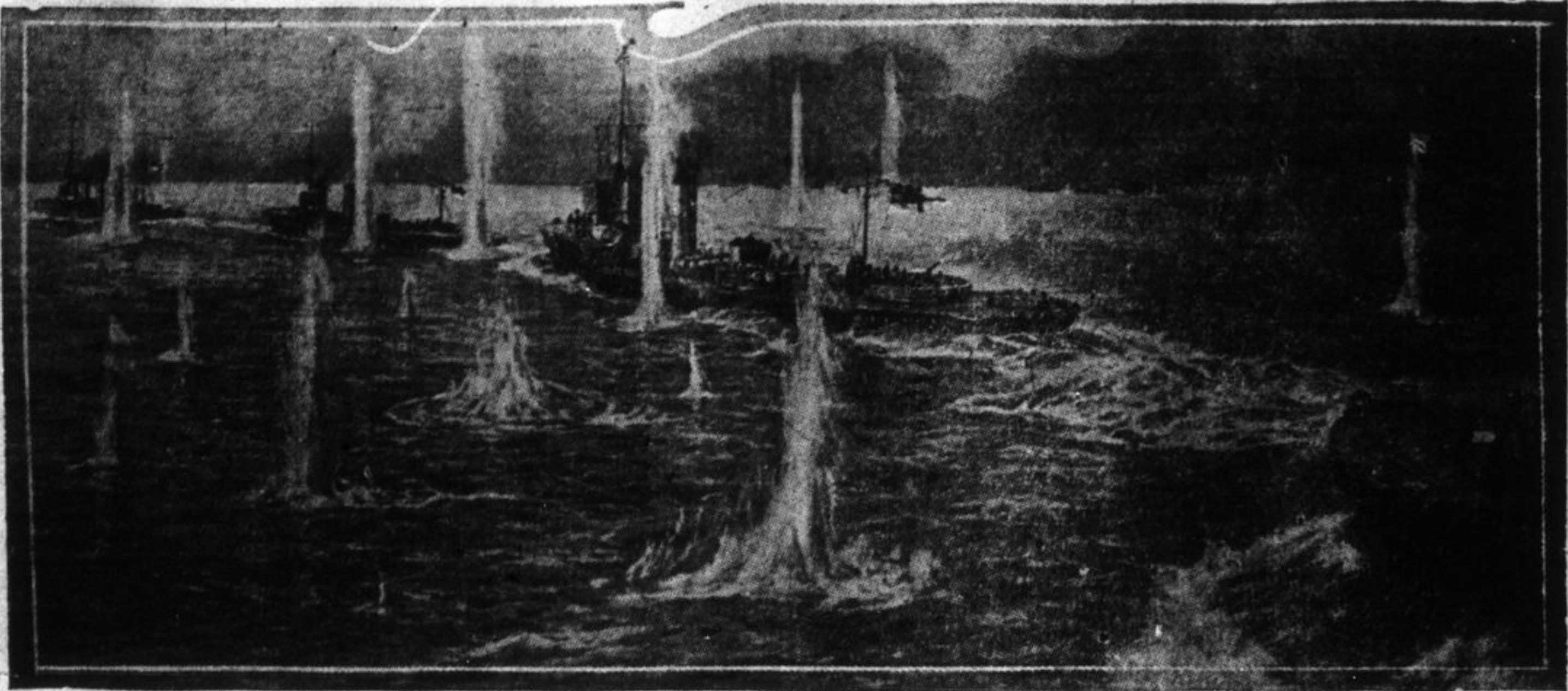


INTENSE MOMENTS DURING AN ACTION OF DESTROYERS OFF THE BELGIAN COAST



Recently, writes the London Sphere, four British destroyers chased eleven German destroyers to within range of the guns of the batteries of Zebrugge. The illustration, from a drawing prepared especially for the London Sphere and this newspaper, depicts the moment when the four pursuing British destroyers came within range of the German shore batteries, when things became very warm for the pursuers. The British reported only one casualty, that of one man slightly wounded, and stated the enemy made off at full speed under cover of a dense smoke screen.

WHIM OF AN ARTIST.

Turner and His Great Painting, "The Building of Carthage." When Turner exhibited his great picture, "The Building of Carthage," he was disappointed because it had not been sold at once at the private view and angry with the press for criticising it severely. Sir Robert Peel called upon him. "Mr. Turner," said he, "I admire your 'Carthage' so much that I want to buy it. I am told you want 500 guineas for it." "Yes," said Turner; "it was 500 guineas, but today it's 600."

GRAND TRUNK RAILWAY SYSTEM HARVEST HELP EXCURSIONS TO WESTERN CANADA

\$12.00

To Winnipeg, Man., plus 1/2 cent per mile beyond.

Return, 1/2 cent per mile to Winnipeg, plus \$18.00.

Going Dates, August 21st and 30th.

For further particulars apply to J. P. Hanley, C.P. and T.A. G.T. Ry. Sys., Kingston, Ont.

How men drink staggers a woman, but what they drink staggers the men.

CUNARD LINE

Passenger Service

Montreal and London

Montreal and Bristol

JOHN M. PATRICK

Sewing machines, Umbrellas, Suit Cases, Trunks repaired and redressed. Saws filed, Knives and scissors sharpened; Razors honed; All makes of firearms repaired promptly. Locks repaired; Keys fitted. All makes of lawn mowers sharpened and repaired.

149 Sydenham Street



Take Your Summer's Vacation This Year in Canada

amid the scenic wonders of the Thousand Islands and the Saguenay. You will enjoy every mile of this thousand-mile trip.

"NIAGARA-TO-THE-SEA"

You can start anywhere, at Montreal, Niagara or Quebec. Make it a two-weeks' trip if you can, or take any part of it. Between Montreal and Toronto you will encounter the ever-changing ever-glorious scenery of the Thousand Islands—and the exciting experience of shooting the river rapids, which the Indians used to

navigate in their birch-bark canoes. Quintal old Quebec, with its old-world charm, is a constant delight to the traveller. Finally, on to the River Saguenay—deep as the height of its tallest promontories, Capes Trinity and Eternity—higher than Gibraltar.

The trip of a thousand miles—the trip of a thousand thrills

SEND FOR BOOKLET

Canada Steamship Lines Limited

This is the Year for an Inland Water Trip 46 Yonge Street, Toronto, Ont.

36,000 Harvesters Wanted

\$12.00 TO WINNIPEG

Return Fare Half Cent per Mile to Winnipeg till November 30th, 1917, plus \$18.00 to Original Starting Point

Special Through Trains Leave Toronto (Union Station) 9.00 a.m., August 21st 10.00 p.m., August 21st and 30th.

The Best of Equipment and Lunch Counter Cars Electric Lighted Colonist Cars Special Accommodation for Women

For Tickets and Leaflet showing number of laborers required at each point apply to M. C. Dann, City Agent, or General Passenger Department, Toronto, Ont.

Proofs of Unity.

Right Hon. Walter Long, Colonial Secretary, recently opened the new extension of the Ontario Military Hospital at Orpington, England, the capacity of which is now doubled, it having accommodation for 2,500 beds. Among those present were Sir George Perley, Canadian Overseas Minister of Militia, and the Agents-General of Ontario, Quebec, and Nova Scotia, also General Sir Richard Turner.

The above plea for an increased consumption of fish was made by the Organization of Resources Committee of Ontario, and in this connection the following report has been issued by the Ontario Government: "The commercial fishing in Lake Erie began a little later this year than last and from the reports received up to date, the catch would appear to be an average one. This affords much satisfaction to the Department in view of the high cost of food, and should be the means of relieving to some extent the distress which prevailed in some parts of the Province. The statistics for this year are not yet available. Last year, however, there were caught from the 16th of March to the 21st of May, in the waters of Lake Erie, including the Province of Ontario, 404,324 lbs. of whitefish, 5,899 lbs. of trout, 141,282 lbs. of pickerel, 11,596 lbs. of sturgeon, 928 lbs. of caviare, 391,551 lbs. of herring, 99,633 lbs. of perch, 1,305,626 lbs. of blue pickerel, 24,708 lbs. of pike, 4,959 lbs. of catfish, 4,823 lbs. of carp, and 342,200 lbs. of coarse fish valued at \$232,691.97. Fishing in the other lakes of the Province is not carried on to any extent until the month of May.

It is well known that a great portion of the fish caught are sold in the American market and frequent protests against this are lodged in the department. The fishermen, however, must be allowed the privilege of disposing of their fish in the market which will bring them the best returns, and fish of the coarser kind, which could find no buyer in Ontario, are quickly sold at good prices in the large cities of the United States. All licensed fishermen are required to furnish for home consumption such fish as are required for local consumption at their contract prices."

He is an Optimist.

Anyone who knows the Hughes brothers, Sam and Jim, know that they are apostles of efficiency rather than of regard for "red tape." Another feature of Dr. J. L. Hughes' character, manifestly itself very strongly in his book of verse issued under the title "Life Songs of Gladness and Growth," namely that of most refreshing optimism. Would anyone suspect, for instance, that Dr. Hughes would have a vision of life as is evidenced in the following? "You think you have failed; and you lie Disheartened, and fearing to fight; Why let a few clouds on your sky Prevent you from seeing the light? You look for dark omens alone, Forgetful of bright days that have gone; Around you shines joy, but you moan, And fear to rise up and go on.

The weak ones alone lie and wait For others to help when they're down; And only the foolish blame fate When fortune continues to frown.

'Tis only the faithless can fail, Look upward with hope and cheer; Meet life with your face to the gale, Go down, if you must, with a cheer.

Your plans have miscarried; I know; 'Tis only the hopeless can fear; The struggle will make your heart glow And win you the trust of true men.

Life's gates are still open to you; Look upward with hope and cheer; The future is yours. Dare and do, And make life a triumph sublime.

A new literary draft is to be raised in the Toronto military district.

GETTING THE BOOK THAT GETS US

By William T. Ellis.

That in a red letter day in the life of a young man of Paris when he first meets the masters of literature, Shakespeare, once but a great name, becomes a land of Arcadia; Tennyson moves the noblest sentiments of his heart; Browning summons him to the soul's home on the heights; Scott leads him into the golden fields of romance, and Hugo shows him that he is a blood brother to all humanity. The ending of these beginnings who can tell?

Especially momentous is the occasion when a person of sensitive nature first finds the Bible for himself as a living book, and not as a mere article of ecclesiastical furniture. He has known it always as a repository of texts, from which sermons were preached, and as a book much affected by religious people. But of a sudden, in a shining, transfiguring hour he realizes that the Book is for him individually—that it is a throb with present import, that it is delicately attuned to his immediate need and attitude, and that it is directly for him, a clear, insistent and authoritative message of duty and destiny.

The discovery of the Bible, as each person makes it for himself, is as great an occasion as Columbus' discovery of America, or as King Josiah's discovery of the old Book of Law. This is the one vital, comprehensive, power-imparting, and eternally contemporaneous volume. It continues year after year, to be the "best selling book of the week." It is as its name declares, "The Book."

A King's Treasure. It was while treasure hunting that the priests found among the silver and gold of the temple the better riches of the Book of the Law. Josiah had been instituting reforms as last week's lesson showed, and in the progress of the work this particular and precious roll—possibly the original; certainly a special and authorized copy—was unearthed. The discovery recalls the principle that we get light as we go on; the converse of which is that "Every duty we omit obscures some truth we should have known." Because the temple had been neglected, its guidance had been lost.

Some of us cherish the hope that that Jerusalem passed out of the power of the Turk there will be momentous discoveries in the subterranean chambers and passages of

ending Word. It is a portentous fact that only where the Bible has been a living book has Christianity flourished in vitality and fruitfulness. Many a soldier will testify that it was worth his while to go in to the trenches to become acquainted with a pocket Testament.

Even a purely secular body like the National Educational Association, has spoken out in unmistakable terms concerning the indispensability of the Bible in any complete scheme of modern education. The pre-eminent importance of the Bible in public instruction and progress is indicated by Huxley's saying, "The Bible has been the Magna Charta of the poor and oppressed."

After all, the world needs and must have, some invariable rule of conduct. The final appeal is not to convention, reason or conscience; for those are fallible. The supreme court of ethics is the old Bible, which has for centuries moulded the lives of the best people of the world.

A Book That Does Things. No other writings have the Bible's power to make men squirm. It has the keenest, subtlest, most biting and most burning language ever penned, as well as the gentlest, tenderest and most comforting. The power of the Book to move men to action is prodigious; it has caused wars, overturned empires and been the dominating influence in shaping the course of history. It has nerved men to battle and it has bent them to the dust in contrition.

The power of the simple Word of God to transform lives is none the less marvelous because an everyday spectacle. President Wilson's long training in the ethics and language of the Bible has been wonderful fruit for the world. Well did the Psalmist say, "The entrance of Thy Word giveth light," and again, "Wherewithal shall a young man cleanse his way? By taking heed thereto according to Thy Word."

Young King Josiah so felt. The reading of the newly-discovered Law stirred his spirit's depths. He rent his clothes as a contumacious rebel, and he proclaimed his people's sins afresh in the light of this revelation. It has been said that truth can only be understood in the light of a deed; conversely, a deed can only be understood in the light of a truth. Josiah felt as if the unseen power from the mountain ready about to fall upon his nation to crush it. For the first result of an accession of God's light is an intense hatred for sin. That is why the purest souls are most concerned over their own impurity.

What he learned, moved Josiah to know more. We go through present knowledge to greater knowledge. He has that pre-eminently royal trait of the noblest human spirits, a thirst for truth. Therefore he sent the priests to inquire further concerning the will of Jehovah. Willingness to know the will of God is a sign of the truly religious character of the old-fashioned, hilarious camp meeting from this continent; but since its place is being more than filled by the Summer Bible Conferences, which are characterized by education instead of excitement, though with no less devotion, one can scarcely regret the change which the times are witnessing.

The messengers repaired to a woman prophet, Hulda. She gave Jehovah's word to Josiah and it was a dire message. With a "Thus saith Jehovah" she foretold the fulfillment of the curses which the King had read in the newly discovered Law, because the chosen people had forsaken God and worshipped idols. Causes produce effects; "Righteousness exalteth a nation, but sin is a reproach to any people." Suffering follows sinning. "God is not mocked; whatsoever a man soweth, that shall he also reap." Down was the destiny of the derelict Jews.

Right here comes in the working of a higher law than the laws of nature: a law written in the character of God. The gracious Jehovah was mindful of Josiah's faithfulness. His tender-hearted humanity had pleased the great King. Thus, for Josiah's sake, He promised to avert the evil prophesied, so that His faithful servant should never see it. In this manner Josiah stood in the breach between the nation and its just Lord. For

his sake the people were spared; even as many a community has been spared by the remnant of the righteous in it.

PLENTY OF FISH. Crop in Great Lakes Can Be Easily Harvested. "There is one great food resource which we have that requires no tilling, seeding, or preliminary investment to harvest. That is our fisheries. God put the fish into the seas, rivers, and lakes. They are there yet and can be easily harvested. With a food of this nature so easily within our reach, it should be the patriotic duty of every citizen of the Province to take advantage of this more frequently than they have done in the past, remembering that every pound of fish consumed, a pound of meat or its equivalent is conserved, to be sent overseas to help feed our soldiers in the trenches, and the people of the British Isles."

At New York a gift of \$100,000 from the Rockefeller foundation to the war work committee of the Young Women's Christian Association is announced.

SUFFERED FROM BACKACHE, RHEUMATISM, DROPSY. Dear Mr. Editor—I wish to tell you of a recent experience I had when suffering from backache, weak back, rheumatism, dropsy, and congestion of the kidneys. I tried a new medicine called "Anurie," which has recently been discovered by Dr. Pierce, of whose medicines and surgical instruments in Buffalo, N. Y., you have no doubt heard for years. This medicine acted upon me in a wonderful manner. I never have taken any medicine so helpful in such quick time. I do wish anyone in need of such a remedy would give it a trial. (Signed) G. H. HERR.

NOTE: Folks in town and adjoining counties are delighted with the results they have obtained by using "ANURIC," the newest discovery of Dr. Pierce, who is head of the Invalids' Hospital and Surgical Institute, in Buffalo, N. Y. Those who started the day with a backache, stiff legs, arms and muscles, and an aching head (worn out before the day began because they were in and out of bed half a dozen times at night) are appreciating the perfect rest, comfort and new strength they obtained from Dr. Pierce's Anurie Tablets. To prove that this is a certain uric acid solvent and conquer headache, kidney and bladder diseases and rheumatism, if you've never used the "Anurie," cut this out and send ten cents to Doctor Pierce for a large sample package. This will prove to you that "Anurie" is thirty-seven times more active than lithia in eliminating uric acid—and the most perfect kidney and bladder corrector. If you are a sufferer, go to your best druggist and ask for a 50-cent box of "Anurie." You may also write for Dr. Pierce's good name stands behind this wonderful new discovery as it has for the past half century for his "Golden Medical Discovery" which makes the blood pure, his "Pain-Expeller" for weak women and "Pain-Expeller" for liver ills.

Many Thousand Farm Laborers Wanted for Harvesting in Western Canada

GOING TRIP WEST—\$12.00 TO WINNIPEG "Return Trip East"—\$18.00 FROM WINNIPEG

GOING DATES August 21st All stations in Ontario West of Smith's Falls up to and including Toronto on Lake Ontario Shore Line and Toronto-Peterborough Line; also from stations between Kingston and Bedford Junction, inclusive, and from stations on Toronto-Sudbury direct line. From stations on South Bay Mills branch, from stations on Main Line, Beauport to Franca, inclusive. From stations Bethany Junction to Fort McNicoll and Markton-Bethanytown. August 23rd From stations West and South of Toronto up to and including Hamilton and Windsor, Ont., and from stations on Toronto-Windsor, Toronto-Wingham, Wingham, Wingham, Listowel, Goderich, St. Mary's, Fort Burwell and St. Thomas branches, and stations Toronto and North to Bolton, inclusive. August 30th

SPECIAL THROUGH TRAINS Full particulars from F. Conway, C.P.A., Corner Princess and Wellington Streets, Kingston, Ont. Phone 1197.

Advertisement for Grape-Nuts cereal, featuring a bowl of cereal and a box of Grape-Nuts. Text includes "Starts It Off Nicely", "Nothing quite like a strengthening, sustaining dish of Grape-Nuts FOOD to begin the day right."

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