

# In The Realm Of Woman--Some Interesting Features

## MISERABLE FROM STOMACH TROUBLE

### Felt Wretched Until He Started To Take "Fruit-a-tives"

504 CHAMPLAIN ST., MONTREAL.

"For two years, I was a miserable sufferer from *Rheumatism and Stomach Trouble*. I had frequent *Dizzy Spells*, and when I took food, felt wretched and sleepy. I suffered from *Rheumatism* dreadfully, with pains in my back and joints, and my hands swollen. A friend advised "Fruit-a-tives" and from the outset, they did me good. After the first box, I felt I was getting well and I can truthfully say that "Fruit-a-tives" is the only medicine that helped me". LOUIS LABRIE.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

### For Preserving Fruit

Fruit Jars and Rings.  
Parawax and Corks.  
Pure Sugar, Spices and Vinegar at the

UNIQUE GROCERY  
**C. H. Pickering**  
490 and 492 Princess St.  
Phone 530.

### Where's There's Life

There's Soap.  
**GOBLIN SOAP**  
WORKS WONDERS

Recommended for toilet and bath.  
Lathers freely. Price 5c per cake.

**P. H. BAKER**

Princess & Frontenac St. Phone 1016

Every 10c Packet of  
**WILSON'S FLY PADS**  
WILL KILL MORE FLIES THAN \$8 WORTH OF ANY STICKY FLY CATCHER

Clean to handle. Sold by all Drug-  
Stores, Grocers and General Stores.

### FOR SALE Farm of 150 Acres

135 of Plough Land, balance wooded. Township of Pittsburgh, four miles from Kingston. Cheap.

**W. H. Godwin & Son**  
89 Brock Street Phone 424

## HUSBAND OBJECTS TO OPERATION

Wife Cured by Lydia E. Pinkham's Vegetable Compound

Des Moines, Iowa.—"Four years ago I was very sick and my life was nearly spent. The doctor stated that I would never get well without an operation and that without it I would not live one year. My husband objected to any operation and got me some of Lydia E. Pinkham's Vegetable Compound. I took it and commenced to get better and, am now well, am stout and able to do my own housework. I can recommend the Vegetable Compound to any woman who is sick and run down as a wonderful strength and health restorer. My husband says I would have been in my grave ere this if it had not been for your Vegetable Compound."—Mrs. BLANCHET JEFFERSON, 701 Lynn St., Des Moines, Iowa.

Before submitting to a surgical operation it is wise to try to build up the female system and cure its derangements with Lydia E. Pinkham's Vegetable Compound. It has saved many women from surgical operations.

Write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for advice—it will be confidential.

## THE CONFESSIONS OF ROXANE

(By Frances Walter)

### MY IMAGINATION WORKS.

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I had formed a very vivid likeness of Virginia Pelham and another, though not as detailed a picture, of Kenneth Holman as a result of the few words which my mother had let fall about them. I was quite sure that Virginia was tall and lean and sour and preeminent, and that she would be about as welcome as a dose of medicine was to me when I was a child. Mother had not seen her since she was a girl and even then she was tall and thin. How much taller and thinner she must have become as she grew up, and how ascetic she must have grown as a result of teaching in a small Georgia seminary for young ladies. I could easily imagine. I had seen the type on the stage. Head thrown back, nose tilted in the air most of the time, hands folded primly while a half burlesque ought to be a confident self-satisfied smile lingering about the corners of her mouth. That must be Virginia Pelham. Even the name suggested it. And her conversation? I was quite sure it would be either about her blue blood and the glory of her ancestors or about the necessity of conforming strictly to all the conventionalities of life. She would, no doubt, take exception to every broad statement that was made, and would insist upon cramming her opinions down our throats.

But there was this consolation—the sparks were likely to fly when she clashed with the Chicago broker! Imagine a wealthy man of business from a metropolitan city being compelled to remain even for a very short time under the same roof with a Georgia school-ma'am! I laughed at the very idea. How long would it take Mr. Kenneth Holman to discover that the wheat market was going to pieces and that his presence was urgently required in the city? Just about twenty-four hours. Just as Virginia's name suggested the cobwebs of antiquity, primness and feanness, so Kenneth Holman's name suggested progress, plumpness of person, a love for the good things of life, laughter, quickness of wit and a thorough enjoyment of all the good things that could be obtained upon the face of the earth.

"Mystery!" I exclaimed impatiently, as I thought of the discomfort which was in store for both of our guests and for their two helpless hostesses.

"What did you say?" inquired my mother, whose presence I had momentarily forgotten to help us out in.

"I was just wondering how our two cousins will like each other," I replied, after a start. "I have been trying to form an idea of their looks and temperaments, and if my conclusions are correct, I am afraid that our little home party will be a dismal failure."

"I am sorry that I cannot tell you much about either of them, but Virginia gave promise of being a hand-

some girl when I saw her last, although she was just at that age when it is difficult to predict."

"I thought she was tall and lean?"

"So she was, but so were you."

"Thank you," I smiled.

"Virginia may have grown to be a beauty for all I know," mother went on. "If she is anything like her mother you may have to revise your opinion. It is always perilous to picture people whom you have not seen, for you may gain prejudices which it will be hard to remove."

"You are right, mother, as usual, but I am quite sure that Virginia is about like I have imagined her."

"As for Kenneth," she went on, gently changing the direction of the conversation in the manner which always made me ashamed of myself, "I can readily see how you could look alike, except as to the color of their hair and eyes."

"And they are all inclined to stoutness," I commented pessimistically.

"Wait and see," urged mother.

"Remember these two persons are the only relatives you have in the world, except Mrs. Pelham herself. I shall remember, mother, but the kinship is not close enough to compel me to like either of them if I don't want to."

"Let us hope that you will want to."

And so the conversation closed. (To be continued.)

At North Branford, Conn., seven persons were killed and upwards of two score injured, some probably fatally, when two trolley cars on the shore line electric railway crashed head on at high speed.

### Why Wait for War to learn real food values?

It is what you digest, not what you eat, that furnishes strength for the day's work. Many foods tax the digestive powers to the utmost without supplying much real nutriment. **Shredded Wheat Biscuit** is all food and in a form that is easily digested. It is 100 per cent. whole wheat. For breakfast, dinner or supper it takes the place of meat, eggs and potatoes. You don't know how easily you can do without meat or potatoes until you try it. Delicious with sliced bananas, berries, or other fruits, and milk. Made in Canada.



(Continued from Page 3.)

Mrs. Thomas Watson, Earl street, has returned home after visiting her cousin, Rev. W. J. Buell, Niagara, Ont.

Miss Kaife Dickson, of Syracuse, is visiting at her home on Ordinance street.

Mr. and Mrs. W. N. Linton, Wellington street, left Sunday to spend a few days in Montreal.

Miss Lockett, Stuart street, has returned from holidaying in Muskoka.

Miss Charlotte Flanagan, Barrie street, is home after a prolonged visit in Peterboro.

Mrs. A. F. Chown and daughter, Daisy, of Kingston, are visiting relatives and friends in Ingersoll.

Mrs. H. Doherty, St. Thomas, left this morning to spend a month with her mother at Kingston.

Mrs. William Hendrie, Hamilton, and her children will spend some time on their house boat on the French River.

Mrs. B. J. Cornett, Kingston, is visiting her son, Dr. W. F. Cornett, St. Thomas.

Mrs. Anson Aylesworth, Newburgh, is visiting her cousin, Mrs. J. H. Gallagher, 23 Springfield avenue, Westmount.

Miss Minnie and Miss Mabel Howells, visiting Miss Mary Rogers in Kingston, are now staying with their sister, Mrs. F. Washington, in Hamilton.

Mrs. E. F. Dawson, in England for the last two years, to be near her son, Capt. Ernest Dawson, and her daughter, has returned to Canada. Mrs. Dawson is on her way west to join her youngest son, John Dawson, and on her way is staying with Capt. Dawson's mother-in-law, Mrs. Robert Carson, "Romilly House."

Mr. and Mrs. George Turner, Belleville, who have been the guests of Mr. and Mrs. A. E. Hunt, Princess street, have returned home.

Miss Jackson, Queen street, after two weeks visit at Oshawa has returned home.

Mr. and Mrs. James A. Gill, Watertown, N.Y., are in Kingston for three weeks.

Mr. and Mrs. W. W. Ansley have returned to their home in Cleveland, Ohio, after spending a very pleasant week's visit with their parents, Mr. and Mrs. J. W. Ansley, Earl street.

Mrs. James Ferguson and daughter, of 154 Sunnyside avenue, Toronto, have returned from a visit to Kingston, where they were the guests of Mr. and Mrs. Samuel Arnie, York street.

Miss Lillian Knowles, Buffalo, N.Y., has accepted the position of General Secretary of the Association, Brantford.

Mr. and Mrs. Stewart M. Robertson, Sydenham street, are spending this week at Hay Island.

Miss Jean Young, Union Street, returned to-day from Quebec.

Dr. W. L. Uglow is expected this week from South America to visit his parents, Mr. and Mrs. Richard Uglow, Barrie Street.

Miss Margaret Wise, Toronto, is visiting Mr. and Mrs. Howard Folger, "Edgewater."

Mrs. R. G. Cox, Ottawa, is the guest of her sister, Mrs. G. A. Robinson, Alfred street.

Mr. and Mrs. David Murray and John, Frontenac street, left on Saturday for Pine Point, Maine, where they will spend the next few weeks.

Miss Josephine Cossitt and Miss Nan Champ, arrived from Brockville this week and are assisting with the V.A.D. work at Queen's Hospital.

Mrs. Smeaton, Clergy street, has returned after spending the past few weeks in Ottawa with her sister, Mrs. John Robertson.

Miss Florence Henderson and a number of friends came up from Thousand Island Park and spent Saturday in town.

### Recipe From Vermont.

At the request of a lady subscriber that we should print a recipe for canning green peas, and the Whig's appeal to his readers to help us out in this respect by contributing recipes which they had found to be satisfactory has brought forth a great many replies. The Whig has already published two very good recipes but another one has come to hand from Mrs. J. B. McKinley, of Stowe, Vt., a reader of the Whig in which it is published herewith:

Shell, wash and boil until tender; salt to taste; then let get cold. Fill jars, if not enough water on them, fill up with a little cold water. Put top on without rubbers. Place jars into a boiler with wooden or wire rack so the jars will not come in contact with direct heat. Have water enough in boiler to come up to neck of jars. Boil twenty minutes, then take them out and put on new rubber rings. Must be new. Fasten down quickly while jars are hot. When cool put away in a cold place. I drain off water when going to use. Does this way they will keep all winter. I do corn the same way. Boil the corn on cob and cut it off when it has boiled about twenty minutes. Fill in water it has been boiled in with a little salt to taste.

—Mrs. J. B. McKinley.

### FARMER LOSES HEAVILY.

Suffers Loss of Farm Buildings and Stock.

Cornwall, Aug. 10.—A disastrous conflagration occurred at Glen Nevis Saturday when D. J. McDonnell suffered the loss of his commodious barn, and stables together with their contents, including three fine horses, several head of thoroughbred cattle, about 40 tons of hay, farm implements, etc. When the fire was discovered by Mr. McDonnell it was impossible to save anything except the granary nearby. The origin of the fire is a mystery. The loss is exceptionally heavy one, as the buildings had only recently been thoroughly renovated. The loss is partially covered by insurance.

### Miraculous Escape.

Tweed, Aug. 13.—The little four-year old child of Mr. and Mrs. S. Marchen, had a miraculous escape from drowning on Monday and had it not been for the timely arrival of Messrs. Fred Arber and Gordon Sager who were crossing the bridge at the time, Mrs. Marchen might also have been drowned. The little lad was playing on a raft at the river shore opposite his home, when the raft left the shore, taking him out into the stream, where he fell off. His little sister who had been playing with him immediately gave the alarm to the mother who rushed to the scene and plunged in to the rescue. Notwithstanding that she is a good swimmer she found, after reaching the little one, that her skirts were a serious handicap and she had difficulty in keeping afloat. Fortunately the above named gentlemen happened to be crossing the bridge at the time, and rushing to the scene they rescued the mother and little one from their perilous position.

Mrs. M.P. Adams, Westport, died last week after an illness of several weeks.

### ATTRACTIVE SPORT TOGS FOR THE MODISH WOMAN.

Too much care cannot be used in the selection of sport togs in order that inconsistency be avoided. Every item from head to toe should be selected with the idea in mind that it must harmonize with the other things worn. Very stunning indeed, is the costume shown which consists of a skirt of moonlight silk, a white silk sweater featured with a stunning border and the all white mushroom hat. One notes with pleasure the fact that the tones introduced in the sweater and those in the skirt harmonize beautifully. Thus the color note is consistently carried out and the hat and shoes are all white.

## You may be deceived

some day by an imitation of

# "SALADA"

and possibly you will not detect this imitation until the tea-pot reveals it. Demand always the genuine "Salada" in the sealed aluminum packet, and see that you get it, if you want that unique flavour of fresh, clean leaves properly prepared and packed.

## BE SURE YOUR MILK IS DELIVERED IN SEALED BOTTLES.

All our milk is thoroughly pasteurized and bottled at once. It is safe. It is pure. It is good.

Phone 845 - Price's

Beautiful Bust and Shoulders are possible if you will wear a scientifically constructed Bien Jolie Brassiere.

The dragging weight of an unconfined bust so stretches the supporting muscles that the contour of the figure is spoiled.

put the bust back where it belongs, prevent the full bust from having the appearance of fatness, eliminate the danger of dragging muscles and confine the flesh of the shoulder giving a graceful line to the entire upper body.

They are the dearest and most serviceable garments imaginable—come in all materials and styles: Cross Back, Hook Front, Surplice, Bandeau, etc. Banded with "Walton," the rustless boning—permitting washing without removal.

Have your dealer show you Bien Jolie Brassieres, if not stocked, we will gladly send him, prepaid, samples to show you.

BENJAMIN & JOHNS, 51 Warren Street, Newark, N. J.

The Government has purchased the 1917-18 crop of Egyptian cotton seed.

All the crops in Saskatchewan province are good.

Not what a man knows, but what he doesn't tell shows his essential wisdom.

Italy is building merchant ships at a rapid rate.

# Redpath SUGAR



Redpath refining methods produce no second grade sugar. We make and sell one grade only—the highest—so that you will never get anything but the best under the name of Redpath.

"Let Redpath Sweeten it."

2 and 5 lb. Cartons—10, 20, 50 and 100 lb. Bags. Canada Sugar Refining Co., Limited, Montreal.

Any program of any sort by any artists you choose is yours the instant you want it if you own a **Columbia Grafonola**

The artists themselves—absolutely, to the last intimate touch and inflection—are there in *personality*, though they may be absent in *person*. The rich, round, full tone of the Grafonola is reality itself. "Hearing is Believing." Hear the Grafonola to-day—we have many styles from \$21 to \$475. On easy terms if desired.

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Sydenham and Princess Sts. Phone 1324