

# In The Realm Of Woman---Some Interesting Features

**GRAND TRUNK RAILWAY SYSTEM**  
**HARVEST HELP EXCURSIONS TO WESTERN CANADA**

**\$12.00**

To Winnipeg, Man., plus 1/2 cent per mile beyond.

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## THE CONFESSIONS OF ROXANE

(By Frances Walter)

ANOTHER LETTER FROM MARIAM.

(Copyright, 1916, by the McClure Newspaper Syndicate.)  
 Mariam's next letter described in detail the arrival of Dr. Gordon, his appearance and some of the experiences through which he passed after he left this country to aid the French in rebuilding their railroads.

"I expected him to show the effects of the hardships he endured," she wrote. "It is had enough to be in a battle, but it is infinitely worse to be captured by the enemy and confined with other prisoners in a camp. But even that is nothing compared with what one would have to suffer when escaping from his captors, as Uncle John did."

"I looked for signs of old age. I would not have been surprised to see a broken man hobbling toward me on crutches. But I saw nothing like that. He is the same John Gordon whom you used to know. There is not a new line on his face—eighty gray hairs, he has, but he is the same kind, considerate, deliberate, elegant gentleman that he was before he took the fateful trip. His greeting was as calm and as natural as if he had returned from Boston after an absence of forty-eight hours. That is the way with him: He takes everything for granted. Nothing surprises him. One would imagine that he knows in advance everything that is going to happen. A little moisture in his eyes was the only sign that he was moved by my meeting. There was no break in his voice, no fervid embrace such as most men would have indulged in on such an occasion. Yet I know that his feeling was as deep as any man's could be, and that his calmness was the result of his marvelous self-control."

"He has not told me a great deal about his adventures. You know he never would talk about himself or his affairs, and it is the same way with his experience in Europe. What he said to the newspaper reporters was characteristic of him. The newspapers heard, somehow, of his return and the reporters all flocked to the house to obtain a long interview with him on conditions in Germany. He invited them all into the drawing room and chatted with them awhile about almost every thing else in the world except him-

self. Finally, one of the reporters broke in with a protest that he had told nothing of his adventures. "What happened to me is of no consequence," Uncle John said. "I am but one man, and where a world is involved, where an entire civilization is at stake, one man's affairs are too small to be given any attention whatever." And that was all he would say to them.

"But when we are alone he sometimes drops a statement which reveals the extent of his hardships when he was escaping. For instance, last night when we were at dinner he picked up a piece of bread, looking at it for a few moments, and then said: 'It is impossible to imagine how much one can want bread!' Then he turned the subject suddenly, as though he was afraid he would betray a secret."

"The day after he came home he went to his office. Strangely enough, no one there had heard of his return, and when he walked in upon them they thought he was a ghost. Of course, some of the stenographers were compelled to faint, and this made it really romantic and interesting. And some of the men felt like fainting, I am sure, because I have known for some time that they did not expect Uncle John to return, and some of them have been conducting his business accordingly. I dislike to think what will happen to them when he finds out what they have been doing, nor will it take him long to find it out, for you know he is a genius at business, and if there is anything wrong about his affairs he senses it just as a mechanical engineer can listen to a house full of machinery and tell you that there is a hair screw loose in a certain engine. But I am sure that most of his assistants are fine fellows, and have been doing their best to direct his interests in the proper way. They will not lose anything by it, either, for you know he is the most generous man in the world."

"I told him about your husband's death, but I will write you about that and other matters concerning you and your affairs in a few days. Now that Uncle John is here, you can be sure that your business will be transacted in the proper way. Lovingly,

"MARIAM."

(To be Continued.)

### SEAFORD CAMP.

Graphic Poem Tells of Its Pleasures and Drawbacks.

There's an isolated place I'd like to mention,  
 Where all one hears is 'stand at ease, slope arms, quick march, attention.'

It's miles away from anywhere, by Jove,  
 A chap lived there for fifty years and never saw a woman.

There's only two lamps in the place,  
 So tell it to your mother,  
 The policeman carries one of them,  
 The policeman has the other.

You want a jolly night and do not care a jot,  
 You take a ride upon a car—the car they haven't got.

There are lots of little huts, all dotted here and there,  
 For those who have to live inside we've offered many a prayer;  
 Inside those huts are rats as big as any nanny goat,  
 Last night a soldier saw one trying on his overcoat.

For breakfast every morning, just like old Mother Hubbard  
 You double round the blooming hut and jump up at the cupboard.

Sometimes you get bacon and sometimes "hibby" chow,  
 That form platoons upon your plate, slope arms and stand at ease.

It's mud up to your eyebrows, it goes into your ear,  
 But into it you have to go without a sign of fear.

When you have had a bath of mud, you just set to and groom  
 And get cleaned up for next parade or else it's "orderly" room.

Week in, week out, from morn till night, with your pack and rifle,

Like Jack and Jill you climb the hill, of course that's just a trifle,  
 "Slope arms," "fix bayonets," then "present" they fairly put you to it,  
 And as you stagger to your hut the sergeant shouts, "Jump to it."

And there's another kind of drill invented for the army  
 I think you call it "Swish and it nearly drives you larry,  
 This blinkin' drill it does you good, it makes your bones so tender,  
 You coil yourself up like a snake and crawl beneath the fender.

With stinks, boots and puttees off, you quickly get the habit  
 You gallop up and down the hills just like a bloomin' rabbit.  
 "Heads backward bend," "Arms upward stretch," "Hoops raise,"  
 then "Banks change places,"  
 And later on they make you put your kneecaps where your face is.

—Contributed.

**MEN AT FRONT ARE ALL PLEASED**

Ottawa, Aug. 9.—Sir Edward Kemp, minister of militia, advised evening received the following letter from a very prominent Canadian officer at the front:

"We were all delighted to see that the conscription bill passed its first reading in the House. If it had not we should all have felt that we had been deserted and left without help during this internal struggle—nothing disheartens officers and men so quickly as to be under strength, in which state one man has to do the work of three. However, all's well that ends well."

**MUCH COAL FROM U.S. FOR THE CANADIANS**

No Embargo on Shipments Here—Distribution is the Problem.

Washington, Aug. 9.—Reports that the United States would embargo coal shipments to Canada were denied officially. Canada has been receiving large quantities of coal from this country recently because of the Dominion's reduced production, but coal experts now connected with the American Government say the United States is producing enough coal for both countries, and that the problem is solely one of equitable distribution.

New England users have complained that while coal is scarce in the north-eastern States great shipments are going through to Canadian consumers.

Troubles and gray mules should always be approached from the front. A man seldom forgives an injury until after he has got even.

The more you know about coffee—and the more particular you are about aroma and flavour—the more you will appreciate "SEAL BRAND" COFFEE. Once you have tried it, your choice will always be Chase & Sanborn's "SEAL BRAND" COFFEE.

In 1/2, 1 and 2 pound tins. Whole—ground—pulverized—also fine ground for Percolators. Never sold in bulk. CHASE & SANBORN, MONTREAL.

Beautiful Bust and Shoulders are possible if you wear a scientifically constructed Bien Jolie Brassiere.



The dragging weight of an unconfined bust so stretches the supporting muscles that the contour of the figure is spoiled. The bust back where it belongs, prevent the full bust from having the appearance of flabbiness, eliminate the danger of dragging muscles and confine the flesh of the shoulder giving a graceful line to the entire upper body.


They are the daintiest and most serviceable garments imaginable—come in all materials and styles: Crepe Back, Hook Front, Surplice Bandeau, etc. Banded with "Waldin," the rustless toning—permitting washing without removal.

Have your dealer show you Bien Jolie Brassieres. If not stocked, we will gladly send him special samples to show you.

BENJAMIN & JOHNS, 31 Warren Street, Newark, N. J.

Lifebuoy for the "Counter-attack"

All day long he's been standing the attacks of dirt, dust, grime, germs and microbes. Now for the counter-attack. Lifebuoy to the front! Its rich, creamy lather for skin, shampoo and bath—or for socks, shirts, handkerchiefs, etc., makes short work of "the enemy."



**LIFEBUOY HEALTH SOAP** is more than soap, finest of all soaps though it is. Lifebuoy has splendid antiseptic and germicidal power as well—its mission is to clean and purify. Send your soldier a package of Lifebuoy. He'll appreciate it.

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**LEVER BROTHERS LIMITED**  
 TORONTO

Here is dance music you can't resist!

**MUSIC** that just lifts you, carries you along—music that leaves you breathless and longing for more: that's a Columbia Record for the dance!

Listen to any one of these records—and you'll want to do something more than listen. You'll want to get up and DANCE!

A5815 THE MURRAY WALK. Fox-trot. Prince's Band.  
 12 inch \$1.25 THE GIRL ON THE MAGAZINE. Fox-trot. Prince's Band.

A5814 OH! JOE WITH YOUR FIDDLE AND YOUR BOY, YOU STOLE MY HEART AWAY. One Step. Prince's Band.  
 12 inch \$1.25 EVELYN. One Step. Prince's Band.

A5816 BABES IN THE WOOD. Fox-trot. Prince's Band.  
 12 inch \$1.25 LOVE ME AT TWILIGHT. Fox-trot. Prince's Band.

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 Farm of 150 Acres  
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 A safe, reliable, regulated medicine. Sold in three degrees of strength—No. 1, \$1 No. 2, 50c, No. 3, 25c per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address THE COOK MEDICINE CO., TORONTO, ONT. (Phone 1040)

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**WORKS WONDERS**  
 Recommended for toilet and bath. Lathers freely. Price 5c per cake.

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SPICE DROPS, CREAM ROLLS, LEMON MARGHERITES, PRESIDENTS, GINGER CUP CAKES.

You will find the eating quality of these to be very good, and from the standpoint of purity, we can strongly recommend them to you.

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Piano, violin and other stringed instruments; Elocution and Dramatic Art. Summer pupils may begin at any date. Terms on application.

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 Cut Prices

Men's white canvas Oxfords, with rubber sole, \$1.98.

Men's tan and black Oxfords, \$2.48.

Men's tan and black Oxfords \$2.98

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**36,000 Harvesters Wanted**

Plus Half a Cent per Mile beyond any Station East of Calgary, Edmonton or Burbank, Alta.

**\$12.00 TO WINNIPEG**

Return Fare Half Cent per Mile to Winnipeg till November 30th, 1917, plus \$18.00 to Original Starting Point EXCURSION DATES

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**SPECIAL TRAIN SERVICE**  
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The Best of Equipment and Lunch Counter Cars  
 Special Accommodation for Women

For Tickets and Leaflet showing number of laborers required at each point apply to

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 Montreal, Que., and Toronto, Ont.  
 M. C. DUNN, City Agent, 217 Princess St.



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Yes, higher by 600 feet—this rugged outpost of the Laurentian Mountains—Cape Trinity, on the Saguenay River. Eighteen hundred feet above the sea it towers. Its majestic companion, Cape Eternity, is almost as high.

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You can start your trip at Niagara Falls, at Toronto, or Montreal. Make it a two-week trip, or take any part of it. Between Toronto and Montreal, you will encounter the ever-changing, ever-glorious scenery of the Thousand Islands—and the exciting experience of "Shooting the Rapids." Later comes Quebec, the city quaint and beautiful. Visit the miracle-working shrine of Ste-Anne de Beaupre. The boats touch at Murray Bay and Tadoussac.

Send two cents postage for illustrated booklet, Map and Guide

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"Going Trip West"—\$12.00 to WINNIPEG "Return Trip East"—\$18.00 from WINNIPEG

**GOING DATES**

August 21st and August 30th All stations in Ontario West of Smith's Falls up to and including Toronto on Lake Ontario Shore Line and Sherbrooke-Peterboro Line; also from stations between Kingston and Bellevue Junction, inclusive, and from stations on Toronto-Sudbury direct line. From stations on South St. Mary's branch. From stations on Main Line, Beauport to Paris, inclusive. From stations Bethany Junction to Port McNeill and Huron-Sudbury.

August 22nd From stations West and South of Toronto up to and including Hamilton and Windsor, Ont., on Owen Sound, Walkerton, Newwater, Wingham, St. Mary's, Listowel, Goddard, St. Mary's Port Huron and St. Thomas branches, and stations Toronto and North to Bolton, inclusive.

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Full particulars from F. Conway, C.P.A., Corner Princess and Wellington Streets, Kingston, Ont. Phone 1197.