

WINNIPEG MAN CURED

Says Dr. Cassell's Tablets Saved Him From Nervous Breakdown.

Mr. G. C. Homan, 230, Harcourt street, Sturgeon Creek, Winnipeg, for many years a well-known man in the business life of Canada, says: "I was terribly run-down and weak. I had no appetite and I suffered if I forced myself to eat. My nerves were in a bad way and my sleep very disturbed. Everything pointed to a nervous breakdown. Then I got Dr. Cassell's Tablets. The first result was that I could sleep, and then my health rapidly improved. It was really astonishing how my strength and fitness came back."

Mr. Homan is now an Englishman, managing the well-known firm of A. W. Binnick and son, Printers and Publishers, Leeds. Letters will reach him here.

A free sample of Dr. Cassell's Tablets will be sent to you on receipt of 5 cents for mailing and packing. Address: Harold F. Ritchie & Co. Ltd., 10, St. Paul St., Toronto.

Dr. Cassell's Tablets are the surest home remedy for Dyspepsia, Kidney Trouble, Sleeplessness, Anemia, Nervous Affections, Nerve Paralysis, Irritation and Weakness in Children. Specially valuable for nursing mothers and during the critical periods of life. Sold by druggists and storekeepers throughout Canada. Price: One tube, 50 cents; six tubes for the price of five. Beware of imitations and to contain hypophosphites. The composition of Dr. Cassell's Tablets is known only to the proprietors, and no imitation can ever be the same.

Sole Proprietors: Dr. Cassell's Co., Ltd., Manchester, Eng.

How To Make A Good Hair Tonic At Home

If you have been using hair tonics purchased ready made at the drug store you can probably have some money and get a great deal better results by using the following recipe, which has been remarkably successful in stopping loss of hair and making new hair grow on bald and thin spots. Anyone can easily make it at home. Simply mix 2 oz. of Lavone De Compose with 6 oz. of pure Bay Rum and then add one-half ounce of menthol crystals and a little perfume if desired. The preparation should be well shaken and then allowed to stand a few hours before using. All these ingredients can be obtained from any well stocked drug store. In applying be sure to not merely wet the hair but rub the tonic right into the scalp as its ability to grow new hair depends entirely upon its nourishment being absorbed by the hair roots. For men and is entirely harmless and will not make the hair gray or sticky. Ladies should be careful not to apply to face where hair is not desired. G. L. B. Binghamton, N.Y.

CITIZENS MAKE AN APPEAL

TO HAVE SPEEDING ON THE STREETS STOPPED.

Dangerous Practice is Endangering the Lives of Pedestrians—Drivers Have No Conception of Speed.

That it is high time for the police authorities to take stringent steps to stop the speeding of autos, motorcycles and bicycles, who race around the streets at break-neck speed, with no thought whatever of the safety of pedestrians, and that it has been nothing less than miraculous that people have been able to escape serious injury. Complaints of a very serious character have been made about Barrie and Wellington streets. On these two streets the going is extra good for the autos, motorcycles and bicycles, and the speed has reached the limit—so much so that it has been nerve-wrecking upon many citizens, who are now appealing to the proper authorities to have the nuisance stopped.

Just within the past few weeks many citizens have had a narrow escape from being seriously hurt at the cross sections of the street. The drivers appear to have no conception of the speed at which they are travelling.

If a few extra heavy penalties were imposed for speeding, it is felt that the practice would be stopped. A fine of \$5 for offenders apparently is not enough to check the speeders and "joy riders."

The citizens are waiting patiently for the authorities to act.

WHAT BRITAIN SPENDS

\$60,000,000 Weekly in United States, Says Northcliffe.

New York, June 20.—Great Britain's weekly war expenditures in the United States amount to between \$50,000,000 and \$60,000,000. Lord Northcliffe, head of the British departmental missions in this country announced tonight on his return from Washington. A single contract for \$40,000,000 was placed in on day alone last week, he said.

The plans of the grim reaper are never changed by the use of the dollar.

When interest is due the devil shows mighty little pity. With the egotist the capital letter "I" is a prime favorite. Our estimates are often conclusive proof of our ignorance.

THE LATE W. P. MAITLAND.

An Old Resident of Kingston City and Pittsburg Township.



THE LATE W. P. MAITLAND.

The death occurred at Tichborne on June 6th of William P. Maitland, formerly of Pittsburg township. Deceased was the oldest son of Peter Maitland, a well-known instructor of schools in Kingston in the fifties. He spent his boyhood and early manhood in the city. Later he moved to a Pittsburg farm where he spent the greater part of his life living there until within two years of his death.

In January he was stricken with paralysis. Deceased was a man of sterling qualities, a kind neighbor and a loving father. The funeral service on Friday was conducted by Rev. J. J. Black, Presbyterian minister, from the home of his son-in-law, T. H. Swerbrick, Tichborne. The remains were then brought on the C.P.R. to Kingston where they were met by a number of relatives and old friends from Pittsburg and the city, who followed them to their last resting place in Cattanqui cemetery.

The deceased leaves to mourn his loss, an only son, Major O. M. Maitland of the 210th Battalion, Moosejaw, now in overseas service, and five daughters, Mary E. of Owen Sound, Mrs. T. H. Swerbrick, Tichborne, Margaret of Toronto, and Lillian and Grace of St. Catharines. One brother, George of Brewer's Mills and one sister, Mrs. John D. Iton, Coronation, Alta., also survive.

AT CHRISTIE'S LAKE.

May A. Bell Marks Pleased With "Ad" in Whig.

Christie's Lake, June 18.—Rev. Mr. Cole will give a verandah tea for the Red Cross on June 30th, where he is summing up.

Morey White got a big catch of fish. Robert W. Marks, Jr., hooked the largest black bass of the season. Mr. Phillip has taken possession of the lot purchased from R. W. Marks. Christopher Allen has pitched his tent. James Ferrin, Mrs. Joseph Marks and Miss Mazie Marks made a flying trip to Smith's Falls on June 17th. Several cottages are open now. It's expected all will be in full swing by the 27th.

Mrs. Mack Marks and Miss Bee Coles paid a visit to Mahery. Mr. Suckling visited his new bungalow. He is secretary of the C.P.R. Mr. and Mrs. Eardley Wilnot, (Mr. Wilnot is manager of Bank of Montreal at Christie's Lake.)

May Bell Marks received numerous answers to her "adv" in the Whig. She has six furnished cottages to rent and has rented four thanks to the advt in Whig.

There is a great improvement in the crops in the last week.

HUN CREPT TOWARD WOUNDED CANADIAN

But This Fox, Wounded Himself, Banged "Kamerad" in Distress—Endured Agony Together

A Canadian soldier in an English hospital wrote to a lady working for the Canadian Red Cross Society, asking her to come to see him as he was very ill and very lonely. She found the man suffering from a very severe wound in the arm; the arm was kept outstretched at right angles from the body, and the case was a serious one. The story the par told was, like so many of those of the battlefield, extremely pathetic. "Some time ago," he said, "I was told off for an advance on some of the ground that had been lost the day before. We went forward a few yards and then down again, and so on repeatedly, as the shells were coming over in great numbers. Suddenly I was hit, and this time, when I fell I could not get up again. The battle was over and I was left alone. I crawled into a ditch and then, I suppose, lost consciousness. For presently I found myself lying there in absolute quiet.

That Crawling German

"There was no one in sight. I looked round and a little way off I saw a German lying on the ground and began to crawl towards him. He was evidently wounded. I kept quite still, but by and by my wound gave me such pain that I could not help groaning. At this the German looked over to me and began to crawl towards me to make his way towards me. He had been wounded in both legs, and crawling was evidently painful work for him. Still he came on, and when he reached me he spoke to me in English and begged me to help him. He begged me to help him with the greatest kindness, and when he found that all the food I had got was a bit of bread, he proceeded to share his food, of which he had got a good supply, with me. We remained lying out in the open together for forty-eight hours and became very good friends. He showed me a photograph of his wife and four children, of whom he spoke with great tenderness.

Kindness Was Repaid

"At length, after two days and two nights, I saw some Canadian coming towards us. They did not see us, but stopped about fifty yards away and began to dig a trench. The German and I began to discuss the question as to which of us should go to the Canadian for help, and we decided that I should go, as the German, when crawling to them, might be regarded as acting with hostile intent. So I made my way as best I could to the Canadians, told them what a good Englishman the German had been, and they straightway went after him and carried him most tenderly back to our lines. I was glad to see them try to repay his goodness to me."

HERO OF COURCELETTE

"Dare Devil" Major Lavolette—A Brilliant Career Cut Short

A hospital car of the Military Hospital Commission brought back to his home Major Lambert Dumont Lavolette, M.C., who was paralyzed from the waist down as the result of wounds sustained at Courcellette. Capt. F. H. McQuay, of the Army Medical Corps, looked after the gallant officers on the journey from St. John, and immediately on arrival at Bonaventure station in Montreal, Major Lavolette was taken to hospital. Major Lavolette, who was known by his men as "the dare devil," was second in command of his battalion at the Courcellette fight and was hit by machine gun fire. Carried to the rear by his men, his life was spared for some time, but wonderful surgical work in England and French hospitals pulled him through.

The military career of this officer is a striking one. He was a private in a striking one. He was a private in the 65th Regiment when war broke out, and immediately took a course in the McGill C.O.T.C., and joined another battalion as a lieutenant under Lieut-Col. Gaudet. At first he acted as transport officer, but at his own request was transferred to the firing line, and given the position of scout officer. He was rapidly promoted, being successively captain and commander of a company, then major and finally second in command of the battalion. He was once wounded previously, and was awarded the Military Cross for gallantry. His brother was also overseas, having gone with the battalion raised by Lieut-Col. Dansereau, since broken up into drafts.

BURYING A CANADIAN

Simple, Grim—Details of Tragedy—Generals and Privates Together

A Canadian officer wrote: "To-day I was at the burial of a captain in the Second Division, and perhaps that is one of the saddest things one could look at. It was in a little cemetery at the side of the road which has sprung up like a western town. The graves are touching each other, colonels and privates side by side; just a rude cross with the name on it. And on the road beside it a great stream of traffic. He was killed up the line this morning. They brought him up to the graveside on a stretcher. Privates and officers stood around with hats off. There was a general mixed with us.

"The body was wrapped up in an old blanket, without any formality. As they lifted it up off the stretcher to lower it into the grave and the chaplain read the service I noticed that the canvas of the stretcher was red with his blood and it trickled back into the mud. I looked up over the hills and you could see the guns still flashing. On the road, the little parties of men passing, the officer in front of the stretcher the command 'Eyes right!' and salute, and then it was all over, and forgotten; except that perhaps somebody would say later on, 'Oh, Bill, so-and-so was killed.'"

Former King Constantine of Greece may not stop at Lugano, as it had been reported he would do, but go direct to Baden-Baden, the famous health resort in Germany.

Probs: Thursday, fair and a little cooler.

Advertisement for Steacy's Limited silk stockings. Features a woman in a hat and text: "3000 Pairs Silk Stockings for Women". Lists prices for various styles and includes the slogan "SEE WINDOW DISPLAY".

Advertisement for T. F. Harrison Company summer furnishings. Features a rocking chair and text: "SUMMER Furnishings". Lists various items like rug, rockers, chairs, and sewing machines.

Advertisement for Jos. B. Abramson men's and boys' clothing. Features text: "Special Sale of Men's and Boys' Clothing". Lists various clothing items and prices.

Advertisement for Jack Johnston's Shoe Store men's oxfords. Features text: "Men's Oxfords". Promotes summer wear and lists prices from \$4.00 to \$5.00.

Advertisement for Popular Cakes and Pastry. Lists items like almond macaroons, cream rolls, and fancy cakes. Promotes King St. Bakery.

Advertisement for Beecham's Pills. Promotes the benefits for health, digestion, and blood. Includes the slogan "Renew the Joy of Living".

Advertisement for Best's Popular Drug Store. Promotes open Sundays and various medicines. Includes address: 124 Princess Street.

Advertisement for Mennen's Borated Talcum. Features an image of a baby and text: "THE MOTOR BUS AT THE FRONT".

Advertisement for motor buses. Features an image of a motor bus and text: "When London's young men forsook their banks and offices to put on khaki, to be transformed into first class fighting men..."