

# In The Realm Of Woman--Some Interesting Features

## NO MORE GRAY HAIR!

The free trial bottle of MARY T. GOLDMAN'S HAIR COLOR RESTORER proves how quickly gray hair disappears when this scientific restorer is used. Simply applied with special comb; leaves hair clean, fluffy and natural; does not interfere with washing. Make this last on a lock of hair and you will never accept a cheap imitation. Then buy a full sized bottle from your druggist or direct from us. Not be sure that the bottle you buy is the real Mary T. Goldman's.

Send for trial bottle today and say whether your hair is naturally black, dark brown, medium brown or light brown. If possible, send a lock of your hair.

Mary T. Goldman  
62 Temperance St.  
Toronto, Can.  
Cedar Rapids, Minn.  
Established 37 Years



## POOR BLOOD AND WEAK NERVES

(By F. Raymond Ward, M. D.)

Lack of strength is about the first symptom of violation of the laws of health. There come nervousness, uneasy hair and limbs, skin eruptions, dizziness, sleep, loss, heart palpitation, and with the feeling that the life blood is being sapped come complete prostration. In this condition the sufferer is indifferent to all things and looks upon life with a gloomy, melancholic view.

It is given as a statistical fact that seven out of every ten people in the United States are suffering from nerve exhaustion, and of this number less than half realize it. They know that they have gloomy thoughts, a depression of mind, an impaired memory, dizziness and headache, watery eyes and spells of extreme exhaustion, but they attribute it to any other cause but the right one. They feel languid, irritable and restless, the why and wherefore of which they cannot explain. They are suffering from nerve exhaustion, a condition which is undoubtedly the means of causing more misery and causing more hope than any other trouble that flesh is heir to.

Nervous exhaustion will not cure itself. The sufferer who thinks that nature alone will bring about a restoration of health is simply deluded by a false hope. He will realize that if the power of realizing is left him, when he becomes a hopeless victim to one of the many diseases which follow in its path.

Those suffering from nerve exhaustion or loss of energy as a result of overwork, mental worry, excessive use of nature, are quickly restored to sound health by Dr. Ward's special treatment. Dr. Ward's office is located at 79 Niagara Square, Buffalo, N. Y., which is right opposite the McKinley Monument. His office hours are Mondays, Wednesdays and Saturdays 9 A. M. to 2 P. M., and Tuesdays, Thursdays and Fridays 2 P. M. to 4 P. M. Consultation and examination is always without charge.

## ROYAL COMMISSION TO PROBE HONORS.

London, June 7.—The Daily Chronicle, following an editorial in The Times discussing the honours or list, suggests that any inquiry why Peerages, etc., have been conferred should be retrospective. "Let us have a Royal Commission," says The Chronicle, "to inquire into the reasons why honours have been conferred during the last twenty years, and let the recipients have the opportunity of justifying the titles they have accepted, and the Ministers and party agents state the reasons which prompted, or provoked or induced them to offer the said honours."

## Plan to Form Organization.

Ottawa, June 7.—That steps will be taken to form an organization of soldiers and workmen somewhat similar to the Russian organization, was the announcement made to-day by James Simpson, vice-president of the Dominion Trades Congress. "The interests of the workmen and soldiers are identical," he said.

## British Prisoners in Germany.

London, June 7.—In the House of Commons the Postmaster-General stated that the number of British prisoners of war in Germany was 42,831, as compared with 39,710 last year. The number of German prisoners in the United Kingdom was 48,133, compared with 46,821 last year.

Allen miners will not have any reduction of pay, as had been proposed, so long as they keep the law and refrain from seditious talk or actions. Ontario will employ at least six thousand men after the war in building roads.

## THE CONFESSIONS OF ROXANE

(By Frances Walter)

### I BEGIN TO PLAY TRUMPS.

(Copyright, 1916, by the McClure Newspaper Syndicate.)

It is not very pleasant to be ordered from the presence of a woman whom one does not like, and it is particularly disagreeable when one has started out to accomplish something and is ordered away before one's purpose has been carried out. That feeling probably was what detained me in spite of Mrs. Blake's invitation for me to depart. I did not think directly of Sylvia or of Edward or of their happiness, which, there was no doubt, was swinging in the balance. I do not think that the thought of any one on anything shaped itself definitely in my mind. Yet I stayed. I am convinced, merely because I objected to being ordered away. Human nature is such that the best reason, sometimes, for not doing a thing is because you have been instructed to do it.

"Mrs. Blake," I cried defiantly, "I shall not leave your house until you relinquish your claim on Edward. I came here to ask your aid in my effort to make three persons a little less miserable, and I propose to obtain that aid before I leave. Therefore I must insist upon remaining until you reconsider the decision which you have just uttered."

My statement was made with all the emphasis which I could command, and I could see that its effect was immediate, although, seemingly, not very favorable, to my cause. The venom which I had once before seen leap into Mrs. Blake's face came back with a rush, and this time she was unable to control herself.

"How dare you!" she cried, in a veritable fit of passion. "Leave this house instantly!"

"I will not," I replied with unaltered firmness.

By way of emphasizing my assertion I resumed the seat which I had quitted a few moments before and pretended to make myself comfortable for an indefinite stay.

Mrs. Blake, choking with rage, darted to the other side of the room and pressed a button. Almost at once the impassive butler appeared.

"Henry," she said, "show this person out."

"Henry," I replied, "I have no intention of going out just now."

"Take her out!" cried Mrs. Blake in a voice which was almost a scream. "Take her out!"

"Wait a moment," I protested, de-

termined to take a last desperate chance. "The moment I leave this house by compulsion, at the same moment a police officer will enter it to arrest you. Do you hear me—arrest you!"

Mrs. Blake's utterances were checked momentarily.

"He has a warrant for you," I hurried on, "and if I give him a signal that you are here there will be no escape for you. You must accompany him to the police station, and you know what that means, in these days of newspaper activity. It will mean that your photograph will be snapped by photographers, and that long articles will be printed tomorrow morning giving all the sensational details."

"What do you mean?" asked the angry woman when she at length found her voice.

"I mean that you have laid yourself amenable to the law, and that I am in a position to direct that the law take its course."

"Ridiculous!" she exclaimed. "I shall not leave your house until you relinquish your claim on me."

"Upon any ground that might be sworn to," I retorted. "That is all that is necessary to get a warrant—the oaths of several witnesses. With such affidavits any one's arrest may be ordered no matter who they happen to be."

"And what charge could there be against me?"

"Kidnaping," I replied simply. (To be Continued.)

KEATING'S POWDER KILLS BUGS

Death to all insects

Get the genuine Keating's

Made in England

Sold by all Dealers

## The Whig's Daily Menu

### Menu for Friday

- BREAKFAST**
- Fruit
  - Sliced Sausage Meat
  - Beaten Biscuits
  - Coffee
- LUNCHEON**
- Hamburg Steak
  - Lettsauce
  - French Dressing
  - Braised Cakes
  - Food Tea
- DINNER**
- Braised Veal Cutlets
  - Parasip Fritters
  - Sweet Potatoes
  - Importance Salad
  - Pineapple Snow
  - Coffee

to the yolks one tablespoon of grated cheese, one-fourth teaspoon of salt and one teaspoon of chopped parsley, and work these together with a wooden spoon until of a creamy consistency. Beat up the whites of the eggs with a broad-bladed knife until so stiff that you could turn the plate up side down without the whites falling off. Then fold the whites into the cheese mixture. Melt two tablespoons of butter in an omelet or small frying pan and pour the mixture into it. Stir the mixture until it begins to set, stirring mostly on the surface and not scraping the bottom of the pan. Then put the omelet in the oven to brown nicely, slip a knife under it and double over first from one side and then from the other towards the centre. Then turn it into a hot dish and serve as quickly as possible with a little grated cheese sprinkled over the top. The inside of the omelet should be soft and creamy.

### Cheese Omelet

Separate the yolks from the whites of three eggs. Put the yolks into a bowl and the whites into a plate. Add

FLORENTINE ST. CLAIR

Brilliant American soprano who will sing the role of Seibal with the Boston-English Opera Company in Gounod's beautiful opera, "Faust," coming to the Grand on Saturday, June 9th, matinee and night.

MAKE TRIESTE FREE.

Italians will be similar to Hamburg and Bremen. Emperor Charles will personally go to Trieste in order to announce the resolution.

John Thomas Moore, founder of Moore Park, died at his home, "Emsellie," Toronto.

Jessie A. Tymon of the Toronto ferry fleet, who was stricken while in charge of his boat, died at his home.

## PLEA FOR A HALF NICKEL.

It Would Be Mandy In Making Change and Might Reduce Prices.

The ham sandwich, which was once 5 cents, now frequently costs a dime. The same disturbing truth applies to other things in common life, both inside and outside of lunch rooms. There is no need of statistics from economists to inform us that the cost of living has advanced. Every spender of money knows it. Retailers are more reluctant to put prices up than is generally realized. They know that consumption decreases as prices advance. That means less business, and profits depend partly on large business. When more than the traffic will bear is charged the traffic falls off.

Change making is one of the items in up to date retailing. It must be done quickly if expenses are to be kept down. The young woman at the lunch room desk has not time to count pennies. She must deal in nickels, dimes and quarters if she is to maintain her astonishing speed and accuracy.

We need another coin. Three cent pieces were confused with dimes and were hard to use because they were not fractions of our currency. No one but a statistician thinks in decimals. The rest of us do our sums in fractions. Four three-cent pieces make 12 cents, but there is no such coin. Eight of them make 24 cents, but the coin almost corresponding is worth 1 cent more. If three cent pieces were spent issued they would not fill the bill.

With a half nickel it would be different. Half a nickel is a fraction of every coin from the mint. Were there such a coin 5 cent raises would not have been so common. If there should be such a coin many prices would come down.

## SAVING THE RUG.

Tale of a Bottle of Ink, a Quick Witted Friend and Some Salt.

While stopping at a new and expensively furnished hotel a guest spilled a bottle of ink on a costly velvet rug, light blue and pink in color. A friend who was calling on her at the time quieted her fears by assuring her that she would fix it so that not the slightest stain would be left.

First she had a quart of fine table salt sent up at once. Sifting the salt through her fingers, she covered the ink spot entirely. To all appearances there was nothing but a pile of fine table salt on the rug.

Over this she placed a heavy chair, cautioning the guest not to disturb it nor to allow the maid to do so. After promising to return the next afternoon to finish the job she went cheerfully about her own affairs.

True to her word, she made her appearance the following afternoon and, calling for a dustpan and whisk broom, removed the salt. There was not the slightest stain of ink on the rug. The salt, having carefully sifted on the spot, had slipped into the pile and absorbed all the ink. Of course the salt, except a thin layer on the outside of the pile, was as black as ink could make it.

This method of preventing ink stains is as effective as it is simple. The secret of success lies in acting promptly, having fine salt, sifting it on the spot so slowly and gently that it slips into the goods and allowing it to remain undisturbed until it is bone dry. Then it may be safely removed with a whisk broom and dustpan.—New York Sun.

## The Seismograph.

Though the man in the street might easily mistake a seismic disturbance for the rumbling of a traction engine or an explosion, the marvellously delicate instruments which record earthquake shocks are immune from such delusions. The recording pen of the seismometer ignores any local tremblings which have not a seismic origin, but the faintest real earth quakings, though they have traveled thousands of miles through the earth, set the pen tracing the telltale graph by means of which the seismologist calculates the place, time and magnitude of the happening.—London Chronicle.

## Our First Tariff.

The first tariff act in our country was signed by President Washington on July 4, 1789, near the very beginning of his first administration. Hamilton was the author of the measure, which provided for specific duty on some forty-seven articles and ad valorem rates on other groups of articles. The second tariff act was approved by the president in August, 1790.

## An Old Superstition.

It was a common superstition in ancient Italy that if a woman were found spinning on a highroad the crops would be ruined for that year. In most sections of Italy a woman was forbidden by law thus to spin or even to carry an uncovered spindle on the highway.

## Heard in Court.

"Your honor, I acknowledged the reference of the opposing counsel to my gray hair. My hair is gray, and it will continue to be gray as long as I live. The hair of that gentleman is black and will continue to be black as long as he lives."—Boston Transcript.

## An Originator.

"My last painting." "I never saw a sunset look like that." "Well, what do you think I am—a mere copyist?"—Louisville Courier-Journal.

As a rule, a man seeks your friendship with a motive in view; the woman who does so usually has two or three of them.

A "sameness" that is most enjoyable—the daily, unvarying goodness of a cup of "SEAL BRAND" COFFEE. It never fails to greet you with that same exquisite fragrance, amber clearness and delightful flavour, that win people with the first cup.

In 1/2, 1 and 2 pound tins. Whole-ground—pulverized—also fine ground for Percolators. Never sold in bulk. 154

CHASE & SANBORN, MONTREAL.

Beautiful Bust and Shoulders

are possible if you will wear a scientifically constructed Bien Jolie Brassiere.

The dragging weight of an "unconfined" bust so stretches the supporting muscles that the contour of the figure is spoiled.

Bien Jolie Brassieres put the bust back where it belongs, prevent the fall bust from having the appearance of "babiness," eliminate the danger of dragging muscles and confine the flesh of the shoulder giving a graceful line to the entire upper body.

They are the cleanest and most serviceable garments imaginable—come in all materials and styles: Cross Back, Hook Front, Surplice, Bandeau, etc. Banded with "Washin," the rustless finish—permitting washing without removal.

Have your dealer show you Bien Jolie Brassieres, if not stocked, we will gladly send him, prepaid, samples to show you.

BENJAMIN & JOHNS, 51 Warren Street, Newark, N. J.

Dr. J. Collis Browne's Chlorodyne

THE ORIGINAL AND ONLY GENUINE.

Acts like a Charm in

DIARRHOEA and is the only Specific in CHOLERA and DYSENTERY.

Checks and arrests those too often fatal diseases—FEVER, CROUP, AGUE.

The best Remedy known for COUGHS, COLDS, ASTHMA, BRONCHITIS.

Effectually cuts short all attacks of SPASMS.

It is the only palliative in NEURALGIA, RHEUMATISM, TOOTHACHE.

Chlorodyne is a liquid taken in drops, graduated according to the malady. It temporarily relieves pain of whatever kind; creates a calm refreshing sleep; allays irritation of the nervous system when all other remedies fail; leaves no bad effects; and can be taken when no other medicine can be tolerated.

BEST ON HAND

DR. J. COLLIS BROWNE'S CHLORODYNE

The immense success of this Remedy has given rise to many imitations.

N.B.—Every bottle of Genuine Chlorodyne bears on the stamp the name of the inventor, Dr. J. Collis Browne.

CONVINCING MEDICAL TESTIMONY WITH EACH BOTTLE.

Sold by all Chemists.

Prices in England: 1/4, 2/6, 4/6.

Sole Manufacturers: J. T. DAVENPORT, Ltd., LONDON, S.E.

Wholesale Agents, Lyman Bros. Co., Limited, Toronto

This Summer wear FLEET FOOT and Save Money

With leather prices still high, you may have several pairs of attractive Fleet Foot Summer Shoes for what one good pair of leather boots cost.

Fleet Foot line is so complete, that there are many styles for work and play—for sports and outings—for men, women and children.

Ask your dealer to show you the full line of Fleet Foot Shoes—and save money this summer. 206

DOMINION RUBBER SYSTEM

GRAND TRUNK RAILWAY SYSTEM

HOMESEEKERS EXCURSIONS

To Points in ALBERTA, MANITOBA, SASKATCHEWAN & BRITISH COLUMBIA, VIA COCHRANE and "THE NATIONAL ROUTE" or CHICAGO, NORTH BAY, SARNIA OR TORONTO. Round trip tickets will be sold at

LOW FARES

Going each TUESDAY from MAY 27th to OCTOBER 30th, 1917. Return limit of five months, excluding date of sale. An extension of time limit, not exceeding two months, on Home Seekers' tickets valid in May, June, and July only, can be had on payment of \$2.00 for each month or part thereof.

Stop-over privileges may be had at Winnipeg and West, also between Cochrane and Hearst.

For full particulars, apply to J. P. Hanley, Agent, Corner Johnson and Ontario streets.

HOMESEEKERS EXCURSIONS

MAY 8th to OCTOBER 30th Every

TUESDAY "ALL RAIL" - also by THURSDAY'S STEAMER "Great Lakes Routes" (Season Navigation)

Your Future is in the West

The fertile prairie has put Western Canada on the map. There are still thousands of acres waiting for the man who wants a home and prosperity. Take advantage of Low Rates and travel via

Canadian Pacific

Particulars from F. Conway, C. P. R. City Ticket Office, corner Princess and Wellington streets. Phone 1197.

CANADA S.S. LINES FREIGHT SERVICE

Between Hamilton, Toronto, Picton, Kingston, Cornwall, Montreal and Quebec.

EASTBOUND

- "Belleville" Lv. Toronto 10 p.m. Monday
- Ar. Kingston, Monday 5 a.m.
- "City of Ottawa" Lv. Toronto 5 p.m. Tuesday
- Ar. Kingston, Thursday 9 a.m.
- "City of Hamilton" Lv. Toronto, 8 p.m. Saturday
- Ar. Kingston, Monday 8 a.m.

WESTBOUND

- "Belleville" Lv. Montreal 7 p.m. Friday
- Ar. Kingston, Monday 4 a.m.
- Picton, Monday a.m.
- "City of Hamilton" Lv. Montreal, 2 p.m. Tuesday
- Ar. Kingston, Thursday 9 a.m.
- "City of Ottawa" Lv. Montreal 12 noon Saturday
- Ar. Kingston, Monday 8 a.m.

For further information, apply Phoenix 206 or 31.

M. E. PARKS, General Agent.

CUNARD LINE

Passenger Service

Montreal and London (Calling Falmouth to land passengers) and—

Montreal and Bristol

For particulars of sailings and rates apply to local agents or to The Robert Redford Co., Limited, General Agents, 50 King Street East, Toronto.

Automobile Owners, Attention!

The place where all auto troubles are made right. Auto supplies of all kinds; cars washed and stored. Regular work a specialty; prices reasonable. Call and give us a trial. Always open.

DALY'S GARAGE

335 King Street.

COAL CUSTOMERS Please Notice!

On and after first of May Coal Sales will be for Cash Only.

BOOTH & CO.

Phone 133.

FRESH PINEAPPLES TOMATOES

Lettuce, radishes and City Dairy Milk and Cream.

Thompson's Grocery

Phone 387, 294 Princess