

In The Realm Of Woman---Some Interesting Features

HIS HEART BADLY AFFECTED

"Fruit-a-tives" Soon Relieved This Dangerous Condition

632 GERRARD ST. EAST, TORONTO.

"For two years, I was a victim of Acute Indigestion and Gas In The Stomach. It afterwards attacked my Heart and I had pains all over my body, so that I could hardly move around. I tried all kinds of Medicines but none of them did me any good. At last, I decided to try "Fruit-a-tives". I bought the first box last June, and now I am well, after using only three boxes. I recommend "Fruit-a-tives" to anyone suffering from Indigestion."

FRED J. CAVEEN.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

FOR SALE
183 Acres, \$6200
Four miles from city.
Good buildings; well watered.

W. H. Godwin & Son
89 Brock Street Phone 424

GLASCO'S
Pure Scotch Marmalade and Jam.

In glass and tins.
Baker's Fresh Grated Coconut with the milk, 15c per tin.

D. COUPER
341-3 St. James St.
Prompt Delivery.

CATARRH OF THE BLADDER
Relieved in 24 Hours

SANTAL MIDY
Each Capsule contains 1/2 grain Santal Midy

Beware of counterfeits

Fresh Every Day
Fine Red Strawberry Rhubarb, 10c bunch
Lettuce, Radish, Green Onions
Choice Pineapples, Bananas, Sunkist Oranges and Lemons, Coconuts

J. R. B. Gage,
Montreal St. Phone 549

WOMAN WEAK, DIZZY, NERVOUS

Health Restored by Lydia E. Pinkham's Vegetable Compound.

Jamaica, N. Y.—"I suffered greatly with my head and with backache, was weak, dizzy, nervous, with hot flashes and felt very miserable, as I was irregular for two years. One day when I was feeling unusually bad my sister-in-law came in and said, 'I wish you would try Lydia E. Pinkham's Compound.' So I began taking it and I am now in good health and am cured. I took the Compound three times a day after meals, and on retiring at night. I always keep a bottle in the house."—Mrs. L. N. BURNHAM, 35 Globe Ave., Jamaica, N. Y.

Women who recover their health naturally tell others what helped them. Some write and show their names and photographs to be published with testimonials. Many more tell their friends.

If you need a medicine for Women's Ailments, try Lydia E. Pinkham's Vegetable Compound. Write Lydia E. Pinkham Medicine Co. (confidential) for anything you need to know about these troubles.

The fit of the tailor made suits often depends upon the pockets. Casting sheep's eyes is the bashful lover's favorite indoor sport.

THE CONFESSIONS OF ROXANE

(By Frances Walter)

EDWARD HEARS SYLVIA'S STORY.

(Copyright, 1916, by the McClure Newspaper Syndicate.)

Edward had noticed the mortification which he caused me when he intimated that I was delving into something which did not concern me, and hastened to relieve me of my distress. If my own desire to protect Sylvia had carried me too far, Edward was quick to realize that he had been unnecessarily cruel.

"I must ask your pardon again," he said contritely. "I did not wish to wound your feeling, but at the same time I am sure that you realize that we are discussing a matter of great delicacy. Under the circumstances I merely wanted to know that you had the right to speak for Sylvia. If you have, I assure you, I will welcome the opportunity to talk freely."

"I understand," I replied, "and I do not blame you for the attitude you assume. I should have been less abrupt in bringing up the subject, but it is one which has been near my heart for many a weary day and night, and when the opportunity came I fear that I must have gone too straight to the point."

"Then you do have the right to speak for Sylvia?"

"I shall let you judge for yourself," I said. Then I told him of the evening I had crossed the railroad track, of the cry of anguish I had heard, of finding Sylvia stretched before the oncoming train, and of my saving her against her will from a horrible death. Then I told him of taking her home with me, of the revelation she made, of my determination to find him, of our vigil night after night in the little restaurant where he used to go with her and finally of the urgent need under which Sylvia now suffered for his aid and comfort.

He listened at first with the calmness of a man who has himself always under control, but as my narrative proceeded his hands began to clasp and unclasp nervously and his eyes filled with tears, and when I had finished he was as completely unnerved as he had been when he and Sylvia held each other in their arms there in the public street.

It was some time before he could trust himself to speak, and when he did it was to utter only a brief:

"Go on, please."

"That is all," said I, "except that we have been waiting and watching for your until our hope was quite gone and we were face to face with despair. Then, by some miracle of Providence, we found you, and I have brought you here to see if something cannot be done to save this poor child."

He got up and paced up and down the floor. A few moments before he appeared to a youth hardly out of his teens. Now he seemed an old man, almost bent with care. At length he stood before me.

"I recognize you right to speak for Sylvia," he said brokenly. "What is it that I can do?"

"There is but one thing a man can do under such circumstances," I cried, "and in your case that is impossible."

"Because I am married already?"

"Because you are married."

He turned and resumed his walk up and down the room, but after he had taken two or three turns he again stopped near me.

"Did I tell you who the man was that was with me? Yes, I remember that I did."

"Your father-in-law?"

"Yes. And from his manner you would imagine that I would soon be free to marry Sylvia would you not? But such is not the case. His anger was half assumed and half—only half—real. To-night if I saw him he would slap me on the back, insist that I take one of his cigars, and forget that he ever was angry with me. He will not tell his daughter of the events of this evening?"

"Most assuredly not. There are reasons why he will find it convenient to forget them."

"Then your wife will know nothing, she will continue to cling to you?"

He laughed bitterly.

(To be Continued.)

What He Thought Of.

Mrs. MacHaggis was visiting her husband, Dougal, in hospital. Dougal, looking rather like a bundle of washing, lay back in bed suffering in silence like the hardy Scot that he was. "An' to think that my Duggy should fa' doon the lift-shaft, right from the top to the bottom o' a seven-storey buildin'! Hoots, but it's a mur-der you're no' killin', my kid!" "Ay, it is that," said Dougal, wearily. "While ye was fallin', Dougal," murmured his pretty little wife, putting her head a trifle closer to his, "did ye no' think of your wee wife, all alone in the house?" "I only mind thinkin' ance, and that was as I hurtled past the fourth floor." "And what did you think, Duggy, lad?" "I minded that I'd left me coat on the sixteenth floor with a saxpence in the inside pocket."

David Macowen Eberts, K.C., Victoria, B.C., has been appointed a puisne Justice of the Court of Appeal of British Columbia, with the title of Justice of Appeal.

The Whig's Daily Menu

Menu for Tuesday

BREAKFAST
Oranges
Cereal of Choice
Scrambled Eggs
Whole Wheat Muffins
Jelly
Coffee or Cocoa

LUNCHEON OR SUPPER
Macaroni with Cheese Sauce
Jellied Tomato Salad
French Shortcake
Tea or Cocoa

DINNER
Lamb Broth
Curried Lamb and Rice
Creamed Cabbage
Lettuce
Spanish Cream
Coffee

Southern Spoon Bread.
Materials—Two cups cornmeal, 2

cups milk, 2 eggs, 1 teaspoon salt, 1/4 pound bacon.

Utensils—Double boiler, two measuring cups, teaspoon, large spoon, bowl and platter, eggbeater, casserole dish, small frypan.

Directions—Put the milk and 2 cups of water on in top of double boiler; when boiling add the cornmeal slowly, stirring all the time until it thickens; add the salt, cover and let it boil 1 hour. Separate the eggs and add the well-beaten yolks and the whites that have been beaten until light; brush casserole or earthen dish with drippings, pour in the mush and bake in hot oven 35 to 40 minutes. Garnish top with fried bacon. Serve with spoon from the dish in which it is baked. A milk gravy made from the bacon drippings makes a good hearty addition.



PRETTY BATHING COSTUME.

Many pretty bathing suits were on exhibition at the Fashion Show, in Madison Square Garden, New York, but the one that would win the prize, if there were one, is this abbreviated bathing suit. Red satin is quite a new color for a bathing costume, and it created a sensation. The suit is quite tastefully trimmed with gold brocade. It is extremely doubtful if any of the fair sex will venture out on any of the public beaches in the socks and red canvas shoes together with the rest of the creation.

INLAND REVENUE DECREASED.

Effect of Prohibition Shown in Figures for March.

Ottawa, May 7.—The effect of prohibition is shown in the inland revenue of the Dominion. During March the gross revenue amounted to \$2,020,749, a decrease of a quarter of a million dollars, as compared with March, one year ago. The principal decrease is of course in spirits and malt liquor, the revenue from which is now less than the revenue from tobacco. Last month the excise revenue from spirits was \$369,938. The war tax amounted to \$136,056.

Saloon Man in Bankruptcy.

Utica, N.Y., John T. McKinley, saloon keeper of Clayton, filed a petition in bankruptcy in federal court to-day and states that, on March 25th, George H. McKinley procured by false representation a bill of sale of stock of goods in the saloon worth \$1,200. Bankrupt counts the stock as his assets. His debts are \$2,133.

"The Christian Community of Universal Brotherhood, Ltd., is the name of a million-dollar corporation which has been granted a Dominion charter. It is evidently a new Doukhobor enterprise."

Gary & Practical Home Dress Making Lessons

Prepared Specially for This Newspaper
By Pictorial Review

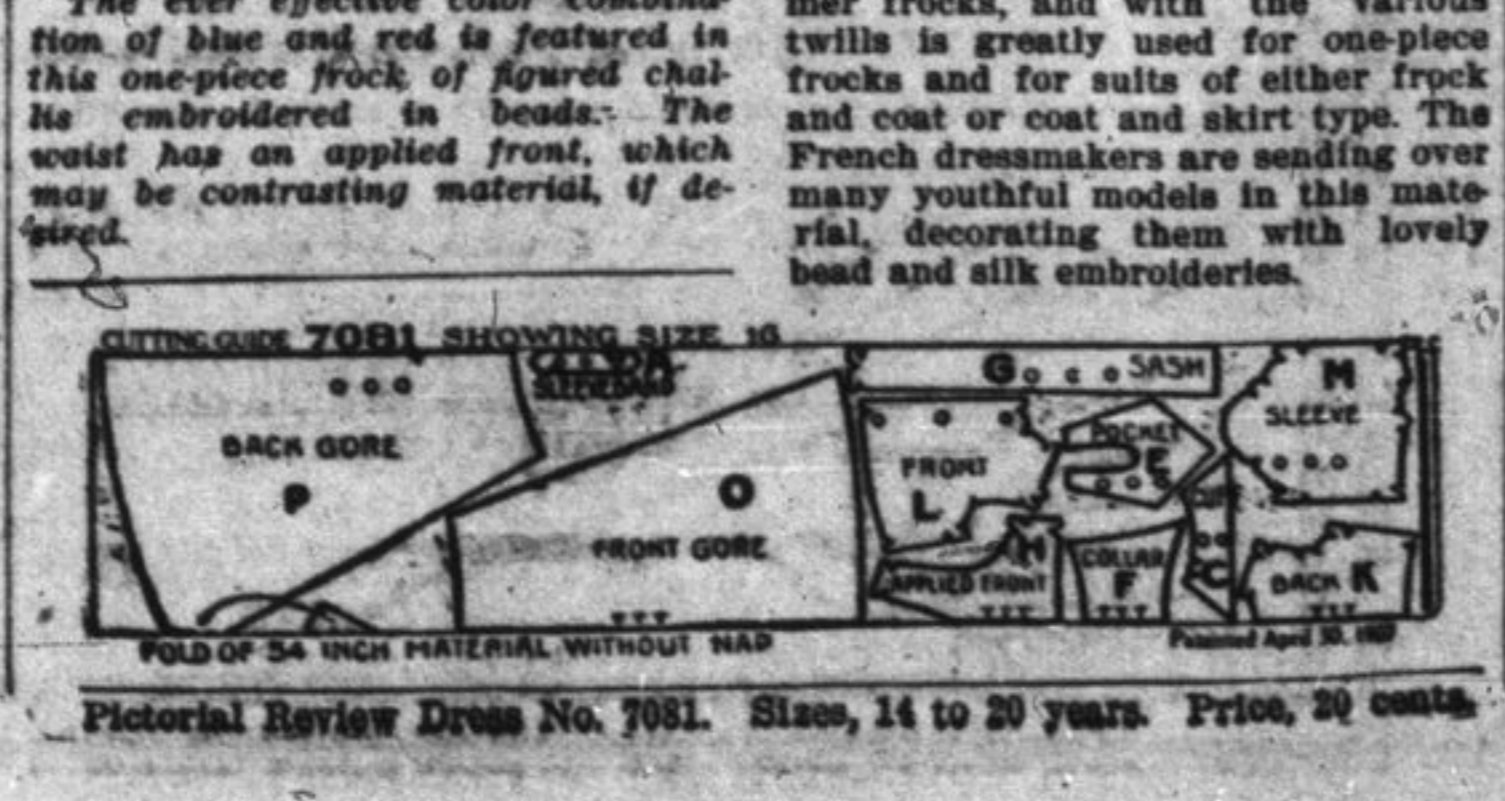
Figured Challis with Red Trimming.



A picturesque instance of what can be done with the one-piece frock to vary it from accustomed lines is illustrated here. Figured challis is the material used, and the trimming is carried out with red beads. The waist closes in front and has a V-shaped neck finished with a large collar. The three-piece skirt is gathered at the top and closes at the left side seam. The applied front is embroidered with red beads, plaited at each under-arm seam and joined to a sash which is fast in the back. To reproduce this dress in medium size requires 7 yards of medium material, with 3/4 yard of lining 3 inches wide for the stay. The home dress-maker has won half the matter when she has learned properly to cut her dress. With the aid of the guide shown here, there should be no trouble with the cutting. The back goes of the skirt is first laid on the material, after it has been placed on the sewing table, the pleating being placed to the right of the gore. The large "O" perforations rest on a lengthwise thread and this rule obtains also in placing the sleeveband.

Along the lengthwise fold, place the front gore of the skirt, then the remaining material may be used for the waist and applied front. Three sections, "H," and "K," are placed on the lengthwise fold of serge, obviating the necessity of sewing up seams. The front of the waist, its pocket, cuff and sleeve are laid with the large "O" perforations resting on a lengthwise thread of material.

Dark blue serge is as dear as ever to the heart of the designer of summer frocks, and with the various twills is greatly used for one-piece frocks and for suits of either frock and coat or coat and skirt type. The French dressmakers are sending over many youthful models in this material, decorating them with lovely bead and silk embroideries.



The treat that its lovers learn to expect from a cup of "SEAL BRAND" COFFEE, is always realized to the full for "Seal Brand" holds its aroma and flavour to the last spoonful in the air-tight can.

In 1/2, 1 and 2 pound tins. Whole-ground-pulverized—also fine ground for Percolators. Never sold in bulk.

CHASE & SANBORN, MONTREAL.

Living Canadian Models

Serve as standards for the various styles of D & A Corsets whose 1917 models embody the best features of leading Paris and New York designs.

For economy, as well as for comfort and style, ask your corsetiere to show you the D & A Models. There is a style for every figure.

DOMINION CORSET CO.
Toronto—QUEBEC—Montreal

Makers also of the "Le Diva" Corsets and "D & A" Good Shape Brassieres.

D & A CORSETS

WHY YOU SHOULD USE M.S.C. SHAMPOO

It maintains healthy hair, corrects unnatural scalp conditions, and assists nature in restoring normal, healthy conditions, by stimulating and renewing the hair-growing processes.

HEALTHY HAIR NEEDS ATTENTION, and any disorder of the scalp or falling hair will grow worse by neglect.

M. S. C. SHAMPOO contains pure Coconut Oil and other hair health ingredients, which by constant use will keep the scalp and hair in perfect condition.

Being in LIQUID form, it is easy to apply: You simply wet the head thoroughly in Hot water, then apply about two tablespoonful, which will instantly work up oceans of lather that will thoroughly cleanse the scalp, and after thorough rinsing will leave the hair beautifully soft.

Buy a bottle from your dealer and follow directions carefully, and you, like thousands of others, will be convinced of our claims.

Price 50 Cents

All Druggists, Everywhere, or if your dealer cannot supply you with the genuine write us.

MUTUAL SALES CO.
32 Front Street West - Toronto, Ontario

SPRING SHOWING OF NEW PUMPS AND COLONIALS.

We are all ready to show you the newest styles in dainty summer footwear. You will find no trouble with the fit of our low cuts. They are made on special lasts and fit snugly in the arch and around the top.

Patent leather and kid styles, \$5.00 and \$6.00.

J. H. Sutherland & Bro.
The Home of Good Shoes.

Had Fainting Spells, Nerves Completely Exhausted

A Friend Suggested the Use of Dr. Chase's Nerve Food—Cure Resulted—Now Strongly Recommends It to Others.

Kingston, May 7, 1917.—Here is another report which will be of special interest to every woman who is weak and run-down in health.

The headaches, the nervousness, the dizzy spells which accompany this condition soon disappear under the uplifting influence of Dr. Chase's Nerve Food. You can feel yourself gaining in health and strength and by noting your gradual increase in weight from week to week you can prove that new firm flesh and tissue is being added to the body.

Mrs. Nellie Harding, 377 Earl St., Kingston, Ont., writes: "Last winter I was suffering from nervousness, headaches and dizzy spells. The headache and dizziness were so bad that I used to faint. I didn't know just what to do, until a friend advised me to use Dr. Chase's Nerve Food. So I got a box and followed up the treatment, with splendid results. Now I have not had a fainting spell since and I can sleep quite well. I would recommend this treatment to anyone suffering from nervousness, dizziness or run-down system."

Another interesting statement comes from Mrs. Woolley, who has proven the curative effects of Dr. Chase's Nerve Food.

Mrs. M. H. Woolley, 165 Bagot street, Kingston, Ont., writes: "I was suffering from nervousness, dizziness and sleeplessness. After taking a treatment of Dr. Chase's Nerve Food I feel much better, having been benefited just as represented. I can now sleep well at night and feel better in every way. It certainly is a great boon to humanity to be able to get such a medicine. I recommend it to all suffering from nervousness and sleeplessness."

Dr. Chase's Nerve Food, 50 cents a box, a full treatment of six boxes for \$2.50, at all dealers, or Edman-son, Bates & Co., Limited, Toronto. Do not be talked into accepting a substitute. Imitations only disappear.